The Portland Branch of the Anthroposophical Society in America

Anthroposophic Times

Newsletter of the Portland Branch of Anthroposophical Society

www.PortlandAnthroposophy.org

Volume 124.

December, 2014



Raphael's Sistine Madonna, which according to Dr. Steiner is the picture that can arise out of all that we can feel at Christmas time.

The Christmas Imagination

An excerpt from: The Four Seasons and the Archangels, Dr. Rudolf Steiner, October 6, 1923

Ed. Note: As a community we are working to build up our understanding of and connection to the Festivals by working together with Dr. Steiner's lectures. (So much more rewarding than working alone!) See the Calendar and attached flier for information about *The Christmas Imagination* gathering. The entire lecture, containing considerably more information and context, is available at:

http://wn.rsarchive.org/Lectures/GA229/English/RSP1968/19231006p01.html

... Hence we can say something like this. In order to bring the essence of Christmas rightly before our souls, let us transpose ourselves into the being of man. In the Christmas spirit is expressed the coming to birth of the Jesus-child, who is ordained to receive the Christ into himself. Let us look closely at this. If we look at the figure of Mary, we are bound to see that her head reflects something heavenly in its whole appearance, its whole expression. We must then indicate that Mary is preparing to take into herself the Sun, the child, the Sun as it rays through the encircling air. And then we can see in the form of Mary the Moon-Earthly element.

Now imagine how this could be portrayed. First we have the Moon-Earth element, spread out below the Earth's surface. Then, going out into the great spaces, we find a raying forth from man into the cosmos, and this could be shown as a heavenly Earth-star radiance, sent out by the Earth into the cosmos. The head of Mary is like a radiant star, which means that her whole countenance and bearing must give expression to this star-radiant quality (see plate II, p. 2).

If then we turn to the breast, we come to the breathing process; to the Sun-element, the child, forming itself out of the clouds in the atmosphere, shot through by the rays of the Sun.

Further down we come to the Moon-like, salt-forming forces, given outward expression by bringing the limbs into dynamic relation with the Earth and letting them arise out of the salt and the Moon-elements in the Earth. Here we have the Earth in so far as it is inwardly transfigured by the Moon.

The Portland Branch of the Anthroposophical Society
Invites you to

Save The Date!

See the Calendar & fliers for more info.

Nov. 30-Dec.21

Four Sundays of Advent

Rainbow Phenomena and
Color in Nature, Presentation

December 6

The Christmas Imagination

Dec 26-Jan 6

Holy Nights Readings – sign
up to host an evening!

February 1

Annual Branch potluck and
conversation.

April 24-26 Evil as a Challenge: A Manichaean Journey to the

Heart of our Time

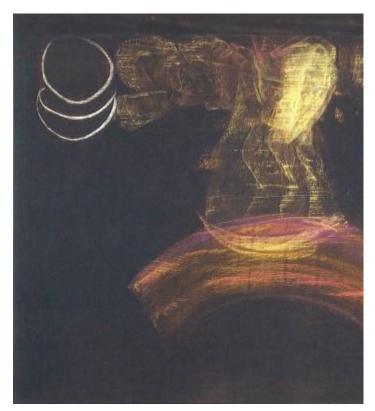


Plate II

All this would really have to be shown through a kind of rainbow colouring. For if we were to look from the cosmos towards the Earth, through the shining of the stars, it would be as though the Earth were wishing to shine inwardly, beneath its surface, in rainbow colours. On the Earth we have something related to the Earthforces, to gravity and to the formation of the limbs, which can be expressed only through the garment which follows the Earth-forces in its folds. So we should have the garment down below, in relation to the Earthforces. Then we should have to portray, a little higher up, that which gives expression to the Earth-Moon element. We could even picture the Moon, if we wished to symbolise; but the Moon-element is clearly expressed in the configuration of the Earth.

Higher up still, we must bring in that which comes forth from the Moon-element. We see how the clouds are permeated with many human heads, pressing downwards; one of them is condensed into the Sun resting on Mary's arm: the Jesus-child. And all this must be completed, in an upward direction, through the starradiance expressed in the countenance of Mary.

If we understand the depths of winter, how it shows us the connection of the cosmos with man, with man who takes up the birth-forces in the Earth, the only possible way of presenting the woman is in this form: formed out of the clouds, endowed with the forces of the Earth: with the Moon-forces below, with the Sun-forces in the middle, and above, towards the head, with the forces of the stars. The picture of Mary with the little Jesus-child arises out of the cosmos itself.

If we understand the cosmos in autumn, so as to represent all its formative forces in a picture, we come by necessity to an artistic portrayal of Michael and the Dragon, as I indicated yesterday. In the same way, everything we feel at Christmas-time flows together into the picture of Mary and the child — that picture which hovered so often before painters in earlier times, especially in the first Christian centuries, and of which the last echoes have been preserved in Raphael's Sistine Madonna. (emphasis added)

The Sistine Madonna was born out of the great instinctive knowledge of nature and the spirit which prevailed in ancient times. For it is a picture of the Imagination which must in fact come to a man who transposes his inner vision into the secrets of Christmas in such a way that they become for him a living picture. Hence we can say: The course of the seasons must come to expression for inner vision in clear and glorious Imaginations. If one goes out with one's whole being into the world, the approach of autumn becomes the glorious Imagination of Michael's fight with the Dragon. Just as the Dragon can be represented only in a sulphurous form — born out of the sulphur-clouds and just as the sword of Michael emerges when we think of the meteoric iron as concentrated in the sword and blended with it, so out of all that we can feel at Christmas time, arises the picture of Mary the mother, the folds of her robe following the forces of the Earth, while in the region of the breast — even these details are apparent in the painting — her garment has to be inwardly rounded, taking on the quicksilver form, so that here one has a feeling of inward enclosure. Here the Sun-forces can find entry, and the innocent Jesus-child, who must be thought of as having yet received no earthly nourishment, is the Sun-activity resting on Mary's arm, with the radiance of the stars above. That is how we have to represent the head and eyes of Mary, as though a light were shining out from within them towards men. And the Jesus-child in Mary's arm must appear as though emerging from the rounded cloudshapes, tender and lovable, inwardly sheltered; and then the garment, subject to earthly gravity, expressing what the force of earthly gravity can become (see plate II)

All this is best rendered in colours. Then we have the picture which comes to shine out for us as a cosmic Imagination at Christmas-time — a picture we can live with until Easter, when out of cosmic relationships once again an Easter Imagination can arise; we will speak of it tomorrow.

You will see from this that art is drawn from the heavens and their interplay with the Earth. True art is an expression of that which man experiences in the cosmos, spiritual-psychical-physical, which reveals itself to him in magnificent Imaginations. So, in order to represent all that is involved in the inner struggle for the

development of self-consciousness out of nature-consciousness, nothing will do but the grand picture of Michael's fight with the Dragon; and in order to bring before us everything that can work from nature into our souls during the deep winter season, we have an artistic, imaginative expression of it in the picture of the Mother and child.

To observe the course of the seasons is to follow the great cosmic artist, so that the things which the heavens imprint on the Earth are brought to life again in powerful pictures — pictures which grow into realities for the mind of man.

Thus the course of the year can reveal itself to us in four Imaginations: the Michael Imagination, the Mary Imagination and — as we shall see later on — the Easter Imagination and the St. John Imagination.

The 2014 Natural Science/ Mathematics/
Astronomy Section Conference, "A Path
Towards Understanding the Imponderable in
Nature: Enlivening our Understanding
Through Color," will take place this year in Portland,
Oregon. (see calendar listing) The conference is open to
members of the School for Spiritual Science who are working out
of science or math or astronomy. For this particular meeting,
artists who have participated in the color studies at Jannebeth
Roell's studio over the past couple of years, who are also
members of the School for Spiritual Science, are also welcome to
participate. Please register early or indicate your interest through
the website contact page. Space is limited to 15 in Jannebeth's
studio.

We will continue our theme of inner capacity building toward a qualitative science, through the practice of what Rudolf Steiner referred to as "feeling--understanding" in our experiencing of color. We have been studying the collection of lectures by Rudolf Steiner, *Colour*, Rudolf Steiner Press, 1992, reprinted 2008, 217pp, ISBN 978 1 85584 085 0.

Jannebeth Röell will lead us in this study. We will continue to hone our phenomenological methods of research and to develop new organs of perception. Some of you will remember the work we did in 2006 and 2007 with Jannebeth on Dick van Romunde's seminal work, *About Formative Forces in the Plant World*. That first year we worked intensively with the leaf, and the following year with the flower. These were deeply rewarding and valuable conferences. We are pleased to be with Jannebeth again, working now on the inner nature of color. We are also very pleased that Johannes Kühl will be joining us again this year and will bring his research on color in nature. Please contact James Lee by email at anthroposophynow@comcast.net if you have any questions.

Housing Wanted for Science Section Attendees

A few of those attending the Natural Science Section Conference are looking for lodging in private homes with local community members December 4-7. They will pay \$35/night for a room with a bathroom. If you have room available contact James Lee at anthroposophynow@Comcast.net

Here Come the Holy Nights Readings

The time for The Holy Nights Readings is fast approaching, and it is time to put in your request to host an evening. For those who have never attended, the readings are every evening during the twelve nights of Christmas. They begin on December 26th and continue until January 6th. Each evening we read a lecture series from 7:30 to about 9:00 and then have some time to socialize and partake of the refreshments provided by our hosts and others. This type of event happens in many anthroposophic communities and has been celebrated here for more than twenty-five years. Last year there were about 14 people each evening and 30 people attended at least one reading.

It is a unique experience to attend an event like this over twelve nights at this time of the year. There are often special events on some of the evenings, including dropping lead on New Years' Eve. This is an old ritual where people drop molten lead into water and try to see the coming year in the resulting structures.

This year we will be reading *The Apocalypse of St John* lecture series which we last read in 2007. This has been a crowd favorite.

Please call me at (503-777-3176) and reserve an evening to host. I will give priority to people who hosted last year if you reserve by November 21st. After the 21st I will give out dates on a first come first serve basis. I look forward to seeing you all during the holy night's readings.

~ Tom Klein

St. John on Patmos by Hieronymouse Bosch Circa 1489

Marie- Laure Valandro's Presentation, Workshop & Art Exhibit/Sale



Always the gracious hostess, Jannebeth Roell serves up her famous soup at the luncheon in Marie's honor.

Ms. Valandro graced The Art Hall and everyone who entered with her magnificent and healing paintings, inspired by her beloved teacher, Liane Collot D'Herbois. The titles allude to the inspiration each calls forth: Threshold, Sophia Imagination, Simon/ Buddha/ Child/ Mary, Archangel of Healing, and Moses are just a few of the fourteen sacred works. Taking months to create, these veil paintings reveal the dynamic relationship between light and darkness, out of which is born color. It is clear that Marie-Laure is an artist of great intensity and devotion, carrying forward the important work of her teacher in exploring the healing qualities of color. Ms. Valandro kept us engaged in Cedarwood's Waldorf School's adjacent and newly lazured performance space for over an hour during her presentation on The Arts, which was really more a collaborative experience than a lecture. She quickly won over her audience of several dozen with her vitality, depth of knowledge, and love for humanity and its future, focusing on the critical role of the arts in our collective evolution.

Twice during her presentation Marie-Laure invited us all to go back into *The Art Hall* to participate in an exercise: first to observe the light in a painting and second to note where one's eyes would naturally fall and focus. In each case we shared our impressions—in the form of a *feeling* word—and together began to develop an emotional understanding of the power we had experienced. The presentation was both lively and informative and was met with enthusiasm and grand applause.

Friday morning *The Art Hall* hosted a three-hour workshop on *Light and Darkness* in charcoal with Marie-Laure. Such a study is a precursor to working with color as first prescribed by Liane and then later taught by Marie-Laure at her school in Wisconsin. Though brief, the workshop gave the thirteen participants more than just a taste of how one begins to understand—and feel—the dynamic tension between light and darkness. We again want to thank Marie-Laure for her

thoughtfulness and the tremendous amount of labor she put into wrapping each painting, piling them all in her truck, making the long drive down from Bellingham, and then hanging the show all in one day.

All the paintings are for sale: Marie-Laure donates her proceeds to charity and, as usual, a portion will also go to *The Art Hall* to support our mission of community enrichment through exhibits and presentations by artists working out of Anthroposophy. If you are interested in a private viewing please contact Robin Lieberman at 503-222-1192 or robin@robinlieberman.net.

Calendar of the Soul November 30-December 6; Verse 35

Can I know what it is "to be"
So that true life can find itself
Again in soul's creative urge!
I feel that I am granted power
To make my Self, as humble part,
At home within the cosmic Self.

December 7-13; Verse 36:

Within my being's depths there speaks, Intent on revelation,
The cosmic Word mysteriously:
Imbue your labor's aims
With my bright spirit light
To sacrifice yourself through me.

December 14-20; Verse 37

To carry spirit light into world-winter-night My heart is ardently impelled, That shining seeds of soul Take root in grounds of worlds And Word Divine through senses' darkness Resounds, transfiguring all life.

December 21-27; Verse 38: Christmas Mood

The spirit child within my soul
I feel freed of enchantment.
In heart-high gladness has
The holy cosmic Word engendered
The heavenly fruit of hope,
Which grows rejoicing into worlds afar
Out of my being's godly roots.

December 28-January 3; Verse 39

In secret inwardly to feel
How all that I've preserved of old
Is quickened by new-risen sense of self:
This shall, awakening, pour forth cosmic forces
Into the outer actions of my life
And, in becoming, mould me into true existence.

Portland Branch Book Sale!

If there's a book you've been wishing for, now is the time to make it your own (or someone else's). Choose from the extensive stock of



books that we have on hand (listed below). Members of the Branch will receive a 10% discount. Please call and order or call and come by (503-777-3176). We accept credit cards and checks. There is a \$5 charge per order for shipping.

~Tom Klein



Embryo in Motion (4 DVD set) Japp van der Wal \$85.00

Sacred Agriculture Dennis Klocek \$30.00

The Seer's Handbook Dennis Klocek \$25.00

Climate Soul of the Earth Dennis Klocek \$35.00

The Battle for the Etheric Realm Nick Thomas \$14.00

The Healing Process Rudolf Steiner \$25.00

Learning to See into the Spiritual World Rudolf Steiner \$13.00

Bees Rudolf Steiner \$25.00

Illness and Therapy Rudolf Steiner \$35.00

Start Now Rudolf Steiner \$20.00

Six Steps in Self-Development Rudolf Steiner \$19.00

Strengthing the Will Rudolf Steiner \$19.00

The History and Contents of the first Section of the Esoteric School Rudolf Steiner \$35.00

Rudolf Steiner and the Fifth Gospel Peter Selg \$20.00

Rudolf Steiner and the School for Spiritual Science Peter Selg \$15.00

The Lord's Prayer and Rudolf Steiner Peter Selg \$17.95

Rudolf Steiner's Intentions for the Anthroposophical Society Peter Selg \$15.00

Unbornness Peter Selg \$15.00

I am Different From You Peter Selg \$12.00

The Essence of Waldorf Education Peter Selg \$12.00

Christ and the Desciples Peter Selg \$15.00

The Destiny of the Michael Community Peter Selg \$15.00

The Therapeutic Eye Peter Selg \$15.00

The Fudemental Social Law Peter Selg \$15.00

Spiritual Resistance - Ita Wegman 1933-1935 Peter Selg \$30.00

Core Anthroposophy Ernst Katz \$25.00

Honoring Life Sergei Prokofieff & Peter Selg \$15.00

Time Journeys, a Counter Image Anthroposophical Spirtitual Research Sergei Prokofieff \$25.00

The Guardian of the Threshold and the Philosophy of Freedom Sergei Prokofieff \$30.00

The Witsun Impulse Sergei Prokofieff \$17.00

Wisdom of the Bees Erik Berrevoets \$18.00

Food Full of Life Gill Bacchus \$19.95

The Bodhisattva Question Thomas Meyer \$18.95

Rudolf Steiner's Core Mission Thomas Meyer \$26.00

Clairvoyance and Consciousness Thomas Meyer \$18.00

Light for the new Millennium Thomas Meyer \$49.00

Mani His life and Work Richard Seddon \$20.00

A Guide to Child Health Michaela Glöcker \$40.00

Medicine at the Threshold Michaela Glöcker \$24.00

Storytelling with Children Nancy Mellon \$25.00

The Inner Work Path Lisa Romero \$15.00

Footprints of an Angel Sigfried Finser \$20.00

The Gentle Will Georg Kühlewind \$14.95

A Farmer's Love Walter Moora \$14.00

Into the Heart's Land Henry Barnes \$40.00

Friendship and Healing Sheila Zarrow \$24.95

Therapeutic Storytelling Susan Perrow \$37.00

Transformational Teaching Mary Goral \$22.00

Making Geometry Jon Allen \$24.95

The Story of Waldorf Education in the United States Stephen Sagarin \$20.00

Education Toward Freedom Frans Carlgren \$30.00

Autism Dr Marga Hogenboom \$35.00

Healing for Body, Soul and Spirit Dr. Michael Evans \$16.95

About Formative Forces in the Plant World Dick von Romunde \$28.00

Perceiving Plants experiencing Elemental Beings Dick von Romunde \$12.00

Paths of the Christian Mysteries Virginia Sease \$40.00

Portland Branch Calendar

December 2014

First Class of the School of Spiritual Science - Lesson Seven

Sunday, December 14, 9:30 am sharp (no admittance after the class starts) • Bothmer Hall, 5919 SE Division St, Portland, 97206, Contact Diane Rumage at 971-271-7479 or Cheri Munske at 503- 484-4133 Blue card required. Second Sunday of each month.

Portland Branch Council Meeting

Monday, December 15, 7pm • 2606 SE 58th Ave. • Contact Valerie Hope, 503-775-0778; email valerieannhpdx@aol.com.

All Branch members are welcome to attend, and/or to call us with agenda items, proposals, suggestions, or to observe. Meetings are on the second Monday of each month.

Celebrate Advent with the Portland Branch

Four Sundays of Advent, November 30 & December 7, 14, 21, 7 pm – 8:30 pm • At the home of James Lee & Jannebeth Roell • Call 503-249-3804 or email anthroposophynow@comcast.net to reserve your space.

Light refreshments will be provided afterward by Branch members. The following selections from *Leading Thoughts*, *The Michael Letters*, will be considered, with copies made available by the Portland Branch Library:

Advent Sunday 1: *Michael-Christ Experience in Man:* Michael-Christ will stand in future as the guiding word at the entrance to the path upon which man may arrive at his world-goal, in a way that is cosmically right, between the Luciferic and the Ahrimanic powers. http://wn.rsarchive.org/Books/GA026/English/RSP1973/GA026_c07.html

Advent Sunday 2: *The World-Thoughts in the Working of Michael and in the Working of Ahriman:* One who holds fast to Michael cultivates love in relation to the outer world, and he thereby finds that relation to the inner world of his soul which brings him in touch with Christ. http://wn.rsarchive.org/Books/GA026/English/RSP1973/GA026_c09.html

Advent Sunday 3: *Mystery of the Logos:* To turn the human heart in love to these great cosmic facts: this is the true content of the festival of remembrance which approaches man each year when he contemplates the cosmic Initiation-Night of Christmas. http://wn.rsarchive.org/Books/GA026/English/RSP1973/GA026 c14.html

Advent Sunday 4: What is the Earth in Reality within the Macrocosm? The life of all this earthly realm becomes clear and transparent when we feel at its foundation the germ of a new Universe. http://wn.rsarchive.org/Books/GA026/English/RSP1973/GA026 c19.html

The Christmas Imagination: Portland Branch Exploration

Saturday, December 6, 7:30 pm • The Hope's House, 2606 SE 58th Ave. • Copies will be provided, all are invited, light refreshments afterward • Please rsvp if you can to facilitate set-up - contact Valerie Hope, 503-775-0778; email <u>valerieannhpdx@aol.com</u>.

As we continue in our striving to penetrate and understand the deep significance of the festivals, we will come together to read and explore *The Christmas Imagination* which was given to us by Rudolf Steiner. This lecture is available at: http://wn.rsarchive.org/Lectures/GA229/English/RSP1968/19231006p01.html

We were pleased to explore together *The Michael Imagination* in September, and perhaps will be able to continue with *The Easter Imagination* and *The St. Johns Imagination* over the course of the year.

"In the thought of Christmas and the thought of Easter, the soul of man wills to look upon the two great mysteries. And, as it thus looks, it finds in this contemplation strength filled with light for man's thought, content filled with power for the will, an upright lift of the whole man, from whatever situation he needs this upright lift. As they thus confront us, these two pillars of the spirit – the thought of Christmas and the thought of Easter – they possess an eternal worth." ~ Rudolf Steiner

A Path Towards Understanding the Imponderable in Nature: Enlivening our Understanding Through Color

Thursday, December 4 - Sunday, December 7 • at Jannebeth Roell's studio, Portland, Or. • Contact James Lee by email at anthroposophynow@comcast.net

Attached to this newsletter you will find the 2014 conference schedule, registration form, costs, and logistics around the conference. The conference is open to members of the School for Spiritual Science who are working out of science or math or astronomy. For this particular meeting, artists who have participated in the color studies at Jannebeth's studio over the past couple of years, who are also members of the School for Spiritual Science, are also welcome to participate. Please register early or indicate your interest through the website contact page www.naturalsciencesection.org. Space is limited to 15 in Jannebeth's studio. If a larger venue becomes necessary, we would need time to confirm those arrangements. We will continue our theme of inner capacity building toward a qualitative science, through the practice of what Rudolf Steiner referred to as "feeling-understanding" in our experiencing of color. We have been studying the collection of lectures by Rudolf Steiner, *Colour*, Rudolf Steiner Press, 1992, reprinted 2008, 217pp, ISBN 978 1 85584 085 0. See article in this newsletter.

Rainbow Phenomena and Color in Nature with Johannes Kühl

Thursday December 4, 7:30 pm • Cedarwood Waldorf School, South Space, 3030 SW 2nd Ave, Portland 97201 • Contact James Lee at anthroposophynow@comcast.net if you require further information

Johannes Kühl will make a presentation on the topic of rainbow phenomena and color in nature. This public event is hosted by the Natural Science Section and the Portland Branch of the Anthroposophical Society in America. The talk will be followed by questions, discussions, and refreshments. The event will be brought to a close by 9:30 PM. Johannes Kühl will be visiting us from the Goetheanum in Dornach, Switzerland where he is a leader of scientific work. Donations will gladly be accepted.

Rose Well Painting Studio - Open during the Holy Days with Sandra Burch

December 26, 27, 30 & January 2 & 5, 9:30 am-12:30 pm • Cost is sliding scale (\$15-\$50) • Contact Sandra Burch to attend one or more days, 503-353-1818 or galenalyn@gmail.com

Come and work on a veil painting or one simple wet on wet painting during this special time of year.

Evil as a Challenge: A Manichaean Journey to the Heart of Our Time with Christine Gruwez April 24-26, 2015 • Cedarwood Waldorf School, South Space, 3030 SW 2nd Ave, Portland 97201 • Fee, \$100 • Contact Valerie Hope,

503-775-0778; email valerieannhpdx@aol.com

We are so looking forward to hosting Christine Gruwez, who has worked intensively with Manichaeism which "... attempts to integrate its views of the meaning and significance of good and evil in terms of a human image." Her life's research question became: How can we actualize what historical Manichaeism has initiated in human history?"

Be sure to mark the dates on your calendar.

Portland Branch Annual Potluck and Conversation!

Sunday, February 1, 1-4pm • 2606 SE 58th Ave. • Contact Valerie Hope, 503-775-0778; email valerieannhpdx@aol.com.

All are invited to this festive gathering. Such good cooks we have in our community! And Tom Klein has volunteered to prepare another turkey for us. Last year our conversation, which everyone contributed to, centered around the question, "What is our responsibility for the future of Anthroposophy?" – and evolved from each of us sharing our first touch with Anthroposophy (whether it 'took' or not), to varied perspectives on the importance of 'presence'. Contact Valerie if you have a suggestion for this year's conversation.

Christian Community Events for 2015

Contact Sandra Burch with questions - 503-353-1818, galenalyn@gmail.com

Rudolf Steiner gave new life to education with the Waldorf School, and he helped found the Christian Community - a Movement for Religious Renewal - a Christian path for modern people. Come experience the renewed Mass and the Children's Service.

February 19 – 22 Reverend Craig Wiggins visits Portland

March 5 – 8 Reverend Sanford Miller visits Eugene

April 16 – 19 Confirmation in Eugene

April 30 - May 3 Reverend Sanford Miller visits Portland

Ongoing Local Activities and Study Groups

First Class of the School of Spiritual Science • Second Sunday of the month

9:30 am sharp (no admittance after the class starts) • Bothmer Hall, 5919 SE Division St, Portland, 97206 • Blue card required. Contact Diane Rumage at 971-271-7479 or Cheri Munske at 503 772-2632

Council Meetings of the Portland Branch • Second Monday of the month

7-9 pm • 2606 SE 58th Ave., Portland • Contact Valerie Hope, (503) 775-0778, valerieannhpdx@aol.com

All Branch members are welcome to attend, and/or to call us with agenda items, proposals, suggestions, or to observe.

Anthroposophical Leading Thoughts Study Group • First Monday of the Month

7:45-9:00 pm • Bothmer Hall, 5919 SE Division St., Portland 97206 • Contact Jerry Soloway 503-908-7615 or resolvenge-nc-2 Portland 97206 • Contact Jerry Soloway 503-908-7615 or resolvenge-nc-2 Portland 97206 • Contact Jerry Soloway 503-908-7615 or resolvenge-nc-2 Portland 97206 • Contact Jerry Soloway 503-908-7615 or resolvenge-nc-2 Portland 97206 • Contact Jerry Soloway 503-908-7615 or resolvenge-nc-2 Portland 97206 • Contact Jerry Soloway 503-908-7615 or resolvenge-nc-2 Portland 97206 • Contact Jerry Soloway 503-908-7615 or resolvenge-nc-2 Portland 97206 • Contact Jerry Soloway 503-908-7615 or resolvenge-nc-2 Portland 97206 • Contact Jerry Soloway 503-908-7615 or resolvenge-nc-2 Portland 97206 • Contact Jerry Soloway 503-908-7615 or resolvenge-nc-2 Portland 97206 • Contact Jerry Soloway 503-908-7615 or resolvenge-nc-2 Portland 97206 • Contact Jerry Soloway 503-908-7615 or resolvenge-nc-2 Portland 97206 • Contact Jerry Soloway 503-908-7615 or resolvenge-nc-2 Portland 97206 • Contact Jerry Soloway 503-908-7615 or resolvenge-nc-2 Portland 97206 • Contact Jerry Soloway 503-908-7615 or resolvenge-nc-2 Portland 97206 • Contact Jerry Soloway 503-908-7615 or resolvenge-nc-2 Portland 97206 • Contact Jerry Soloway 503-908-7615 or resolvenge-nc-2 Portland 97206 • Contact Jerry Soloway 503-908-7615 or resolvenge-nc-2 Portland 97206 • Contact Jerry Soloway 503-908-7615

Please join us in lively discussions centered on Rudolf Steiner's *Leading Thoughts – Anthroposophy as a Path of Knowledge: The Michael Mystery*. These short paragraphs, written in the last year of Rudolf Steiner's life, were meant to guide members in their study and discussion of Anthroposophy.

Mystery Dramas of Rudolf Steiner and Speech-Formation Exercises • Second and Fourth Wednesdays (holidays excluded)

7:30-9:00 pm • Starting anew November 12, 2014. Free. Beginners are welcome –come check us out! • 8654 NE Boehmer St., Portland 97220 • Contact Diane Rumage by e-mail at drumage@comcast.net or by phone at 971-271-7479.

Portland Waldorf School Community Choir • Friday Mornings

8:45-10:15 am • Portland Waldorf School, 2300 SE Harrison St., Milwaukie, in the Orchard Room • Free will donations gladly accepted, all voices are welcome. Contact www.portlandwaldorf.org • pws_choir-subscribe@yahoogroups.com (503) 654-2200

The Spiritual Hierarchies and the Physical World Study Group • First and third Tuesdays 7:30-9 pm • 3046 NE 33rd Ave. contact Donna Patterson and Bob Kellum, 503-331-7393 • All are welcome

Threefold Social Renewal Study Group • Every Friday

10:00-11:15 am • Portland Waldorf School • contact dr.ali.nd@gmail.com or 503-303-4078

We will start with reading and discussing Johannes Rohen's "Functional Threefoldness in the Human Organism and the Human Society", and will continue to choose readings together under the general topic of the threefold social organism. All are welcome. Hope you are able to join us!

World Economy Study Group • First and Fourth Thursdays

6:30-8:00 pm • 3046 NE 33rd Ave. • contact <u>mgivens.lac@gmail.com</u> or 503-303-4078

Please join us in a diverse study group around the principles and practices of Associative Economics. We will be reading and discussing Rudolf Steiner's 14 lectures on the "World Economy". The recommended text is "Economics: World as One Economy", translated by Dr. Christopher Houghton Budd. It can be found at https://www.cfae.biz/publications/shop/

Waldorf Education and Teacher Training Lectures and Courses

Conducted throughout the year by the Micha-el Institute. Contact John Miles, 503-774-4946 johncmiles@usa.net

Waldorf Teacher Education, Eugene

September-June • Eugene Waldorf School • Contact Lee Ann Ernandes @ message phone, 541-686-9112

Preparing Waldorf teachers for their future vocation since 1990.



Apple in acrylic by Zoe Hunt Class 11

2015 Waldorf Arts Calendar

Student work in the Fine Arts from kindergarten through high school is featured in this beautiful Waldorf Arts Wall Calendar produced by Summerfield Waldorf School & Farm. This 15 month calendar runs from January 2015-March 2016 and illustrates the special place art enjoys in the Waldorf curriculum. See sample pages here: Monthly Pages | Front and Back cover | Intro Pages Calendars are priced \$18 (\$15 for orders of 10 or more). Order online through Summerfield's website. Any questions, or to place bulk orders, please call Summerfield on 707.575.7194 x 100 (ask for Tracy).

The **Portland Anthroposophic Times** is published monthly to serve Branch members and friends. To learn more about the Portland Branch of the Anthroposophical Society, contact Diane Rumage at 971-271-7479.

To submit an article or a calendar item, email it to <u>both Valerie Hope</u>, <u>valerieannhpdx@aol.com</u> and Wes Burch, <u>truelion@comcast.net</u>, The deadline for submissions is the 15th of the month. Items selected for publication may be edited for style, content and length.

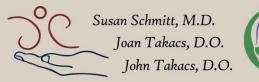
To sign up for our email list, or contact the Branch Council, go to http://www.portlandbranch.org/contact

Newsletter co-editors are Wes Burch & Valerie Hope. Seth Miller is our webmaster, and Ruth Klein is our treasurer.

The newsletter and calendar are posted on the Branch website, www.portlandanthroposophy.org. Paper copies are available at the Takacs, Pohala and Healthbridge Clinics; and the Cedarwood, Michael & Portland Waldorf Schools, and Swallowtail School.

The Portland Branch thanks the following Members & Friends for their Dues and Generous Donations in 2014: Karen Arthur, Christine Badura, Betty Baldwin, Virginia Berg, Sandra Burch, Wes Burch, Sara Case, Yvonne DeMaat, Mia Ellers, Lauren Johnson, Bob Kellum, Donna Kellum, Ruth Klein, Tom Klein, James Knight, James Lee, Robin Lieberman, Patricia Lynch, Cheri Munske, Robin O'Brien, Padeen Quinn, Diane Rumage, Jeff Rice, Jannebeth Roell, Diane Schell-Rowley, Jerome Soloway, Rebecca Soloway, Barbara Strong, Elizabeth Webber, Neil & Cindy WeinbergPlease submit your Branch membership dues (\$50) each January, or your donations, to: The Portland Branch c/o Ruth Klein, 3609 SE Center, Portland, OR 97202

Physical Medicine & Injury Rehabilitation



The clinic offers alternatively extended medicine including Physical Medicine and Rehabilitation and Comprehensive Family Practice. The physicians utilize holistic principles that include the Anthroposophical world conception and its medical modalities, movement principles from Spacial Dynamics*, Feldenkrais*, Intermuscular Stimulation (IMS), Musculoskeletal Ultrasound and refined hands-on techniques to augment alternative and mainstream medical approaches in diagnosis, treatment and prevention of illness and injury including work related injuries, personal injuries, motor vehicle injuries and sports injuries.

5909 SE Division Street, Portland, OR 97206

www.anthroclinic.com 503-234-1531







Place Your Ad Here!

And Support the Portland Branch

Contact Valerie Hope at valerieannhpdx@aol.com

Embryo In Motion: Understanding Ourselves as Embryo

4-DVD Set Now Available With Jaap van der Wal, PhD, MD
This beautiful 4-DVD set was professionally recorded live in Portland, OR, June 3-6, 2010.

To learn more about the 4-DVD set and for instructions on how to order it, go to the "shop" portal on the Portland Branch website at www.PortlandAnthroposophy.org.

The Christmas Imagination

A Portland Branch Exploration: Working together, we hope to understand more.

Saturday, December 6, 7:30 pm The Hope's Home 2606 SE 58th Ave.

Light refreshments after the study

Please rsvp if you can to facilitate set-up

Contact Valerie, 503-775-0778 valerieannhpdx@aol.com



Continuing our striving to penetrate the deep significance of the festivals, we will come together to read and explore *The Christmas Imagination* which was given to us by Rudolf Steiner.

"In the thought of Christmas and the thought of Easter, the soul of man wills to look upon the two great mysteries. And, as it thus looks, it finds in this contemplation strength filled with light for man's thought, content filled with power for the will, an upright lift of the whole man, from whatever situation he needs this upright lift. As they thus confront us, these two pillars of the spirit – the thought of Christmas and the thought of Easter – they possess an eternal worth." ~ Rudolf Steiner

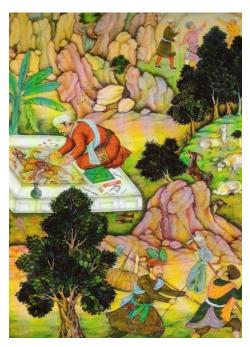
Evil as a Challenge

A Manichaean Journey to the Heart of our Time

With Christine Gruwez

April 24, 25, 26 Cedarwood Waldorf School

The world, in an ever accelerating pace is shaken by violence and the urge to revenge and destroy. Hate, fear and overt cynicism take the upper hand while despair and powerlessness increase. What to do? Can something be done? How do we face these outbursts of evil forces? For many of us, the border has been crossed: we can no longer look away. But then, where to look?



Fragment from Mughal miniature painting, India: Mani while painting, anonymous,

At this point, more than ever, it could become important to learn about the Manichaean stream and about what Rudolf Steiner has told about it. The Dutch Anthroposophist Bernard Lievegoed was the first to clearly denote an intrinsic, although not so well known relationship between anthroposophy and the Manichaean impulse, as Rudolf Steiner has called it. And it is his great merit that he gave the stream of Manichaeism its justified place in the context of what is moving in Anthroposophy as an all- encompassing stream in humanity. To Lievegoed, Anthroposophy as a deed does not appear in its full reality until it is viewed in the light of Manichaeism.

The salvation of the soul, the central motif of Manichaeism, is a deed, a deed to which we are called as contemporaries living in turbulent times. But Manichaeism will have to develop further in the future, as Rudolf Steiner expresses it. Knowledge and wisdom may indeed help us, but they can be no substitute for the actual deed. This deed is related to good and evil as they are present in each of us. This deed becomes a presence which concretizes in a particular relationship to the other, whoever he may be. Only through this can we develop an inner organ to listen to the future. A listening with the heart. In the words of Bernard Lievegoed: More and more people will find methods to help others in the

most surprising ways. To put yourself in the service of the difficulties of another person, that is the point!

amounted of another person, that is the point.

Fee: \$125 including lunch and breaks. Work Study available.

Donations to help with Christine's travel from Europe will be gratefully accepted.

Registration form coming in January.



Christine Gruwez in Japan