

Portland Anthroposophic Times

Newsletter of the Portland Branch of Anthroposophical Society in Portland, Oregon www.PortlandAnthroposophy.org

Volume 7.2 February 2011

THE HEALTH OF A FAMILY

By Julie Foster, Happy Valley, Oregon

Our family consists of a mom, a dad, two daughters, a son, a grandfather, a grandmother, four cats, 1 kitten, 1 puppy, two rabbits, and a bee hive; all of us living in the suburban rolling hills of Happy Valley, Oregon.

This year after much consideration we decided to homeschool our three children. Many reasons existed. One reason was financial and another was a concern for how our children were learning. We questioned 'What was the best way for our children to learn?' Ultimately the decision seemed to be guided by a spiritual impetus, like a call from something higher to inquire.

12 years ago, I had researched homeschooling when we lived rurally. My younger sister was the first to capture my attention for exploring another type of education as she chose to homeschool my niece and nephew for kindergarten and 1st grade.

At the time, as a Family Nurse Practitioner in Northeast Washington State, I had been exposed to homeschool families. Often I'd be treating a mother and her five children would sit in the lobby quiet as mice studying. They didn't carry video game devices. *How novel*, I thought. I was inspired and enchanted by this phenomena and the idea of being a central part of my children's education.

Through my review of curriculum and pedagogical approaches I stumbled across natural learning rhythms and a description of the 3 fold; thinking, feeling, willing or also known as head, heart, and hand; seeing a way to educate the whole child from the inside out. I didn't think much about it, not knowing yet about Waldorf education. A few years prior I had been introduced and began my study into Anthroposophic Medicine through a friend and didn't yet put the two together. It wasn't until I moved back to the city, my hometown area, pregnant with our third child and daunted by the thought of homeschooling that I remembered something about Waldorf education. We enrolled our eldest, then later our younger two for the next nine years in a Waldorf school.

Neither my husband nor I went to a private school as children, as we come from humble backgrounds, so without a financial plan we started the initial commitment of paying \$400 odd sum dollars per month. At the time, I had yet to set up my NP practice in Portland, Oregon and my husband was re-establishing his career.

The stress of meeting the payment, even with financial assistance drove me to accept a second job, later even a third and my husband took on extra projects. In the back of my mind, I remembered reading that the presence of the mother and the rhythm made in the home was essential and if the strain outweighed this then it defeated the goal of a private Waldorf Education. We managed over the years to find the money almost like magic and we are firm believers in investing in something worthwhile. We often heard that parents would take out loans for tuition. This seemed counter-intuitive so as the monthly payment approached nearly \$3,000/month we had to reconsider our decision.



Livia, Laurel and Gavin

Like many parents, we worked wholeheartedly to provide the best for our children. We witnessed the value of a private Waldorf education and its ideals. Even so, two of our children displayed ‘learning difficulties,’ and we found that the extra support needed was not met in this setting. Overall, we rarely doubted the quality of the education, and although we were aware that the teachers on average are paid a pauper’s wage, we recognized that it merited its cost.

We found ourselves tilting our heads of how this could be? My husband and I make a good living, both being professionals and consciously have chosen to live extendedly with my parents to minimize resources and costs. We have impeccable credit and have not mismanaged our money. We also haven’t been hit negatively by the downturn in the economy. We hold steady and increasing incomes, just not enough to match the rising cost necessary for 3 children’s education. Sometimes the joke is “If we knew we wanted our children to have a Steiner-based education we would have had only one.” Of course, we wouldn’t ever think of trading back any one of our children.

In an ideal world, Rudolf Steiner indicated that education should not cost and it ought to be accessible to all. What that might look like is another matter. I then, painstakingly explored other schools. I relinquished to enrolling my children in the local public school. I thought the foundation of my children’s education was solid. I had known other parents from sports and knew them to be wholesome people.

I wanted to tour the schools and have my children visit for a day, then found this was not allowed. I felt this was odd. How could I know it would be a good choice? I wondered if as an average citizen I wasn’t supposed to question the quality of the education. I’m not your typical hover parent, overbearing or overprotective, but fancied the idea in the moment. I did have the opportunity to attend a school carnival with my younger two. Sure this would show me the community, and I could meet teachers and the principal. My high-school student was permitted a 10 minute tour. Again it all felt so odd. When I asked parents why they liked the school I got strange looks and one father said he liked it because there was a computer in every room and the school scored very high state-wide for academics. I wondered, “Was their definition of academics and mine the same? It probably was not. I started to develop a pit in my stomach. People seemed nice enough, though it didn’t feel right. How does an education truly serve the developing human being? For us, a Waldorf school came the closest to meeting this expectation.

For many years, we felt overbooked and rushed. We wondered how we could simplify. The more we wanted to simplify the more demanding life became. We loved our life, our jobs of service, and our community. I had heard from homeschooling moms that time seemed to open up, that two and a half hours of homeschool was equivalent to six hours of regular school. How could it be? Even a private Waldorf school is an institution. Who knows their child better than a parent? Another homeschool mom said children want to learn, just provide then the space to freely offer this.

In the state of Oregon about 18,000 children were homeschooled in 2008. More and more states are working collaboratively between public and homeschool sectors. There are many facets and options for the type of homeschooling one might choose from Unschooling to teacher-assisted on-line programs. There are Waldorf-based homeschooled curriculums. For instance Shining Star School led by Marsha Johnson is a co-op for Waldorf families homeschooling here locally. Live Education is a Waldorf guided curriculum led by Rainbow Rosenbloom

IF YOU ARE INTERESTED TO LEARN MORE ABOUT THE PORTLAND BRANCH OF THE ANTHROPOSOPHICAL SOCIETY, PLEASE CALL DIANE RUMAGE AT (503) 908-0131.

THE PORTLAND BRANCH THANKS THE FOLLOWING MEMBERS AND FRIENDS FOR THEIR GENEROUS DONATIONS IN 2011!

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The *Portland Anthroposophic Times* is published twelve times a year by the Portland Branch of the Anthroposophical Society in America to serve members and friends in the wider anthroposophical community. Printed copies of the newsletter are available at the Takacs Clinic, Portland Waldorf School, Cedarwood Waldorf School, Shining Star and Swallowtail School. The newsletter and calendar are also posted on the Portland Branch website at www.portlandbranch.org.

Questions, suggestions and submissions may be sent by e-mail to anthroposophy@earthlink.net. Items selected for publication in the *Portland Anthroposophic Times* may be edited for style, content and length. The deadline for submissions to the *Portland Anthroposophic Times* is the first day of each month for publication in that month’s edition. Submit calendar items to branchcalendar@mindspring.com no later than the first of each month for publication in the next edition.

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c/o Ruth Klein at 3609 SE Center, Portland, OR 97202**

in California. The late Charles Kovacs' writings offer a wealth of knowledge.

Soon, *Class Dismissed* will be the first full-length documentary devoted to exploring homeschooling as an alternative to the industrial school model. This film will show how homeschooling is not only rapidly growing in popularity, but how it crosses all social and economic boundaries and covers a wide spectrum of the population. It will answer the questions that many people have about homeschooling and break down the myths that surround it.

As for us, we are highly educated and have grandparents who want to help us. We don't worry about lack of socializing our children as we are very involved with our local community through various activities, like sports, and spiritual endeavors. I like what another past homeschooling parent said to me, "Really where in life in an average setting do you surround yourself with 25-30 others the exact same age?" We live multi-generational and see the world at-large is just the same.

We're fortunate our children have established friends and we can continue to foster the relationships. Plus there are many options of co-ops where other homeschoolers take a class or share events. Awareness remains to avoid overbooking ourselves as a family.

In the first few weeks, to be honest, I nearly rocketed out of myself. I rearranged my clinic schedule to afternoons as I chose to homeschool weekdays 9am-noon. Daily I remember and I am inspired by the success of a fellow medical colleague and her husband who have been homeschooling their 7 children while maintaining their livelihoods.

My portion includes main lesson (covering the main subjects required of each year), foreign language, and arts. In the afternoons my mother does handwork and my father teaches music and both as well tutor all children for reading, math, writing, and projects. Physical education is mostly taught by my husband and is incorporated with sports, horseback riding, dance, and swimming for this year. Movement therapy by means of Eurythmy and Spatial Dynamics will be offered privately. My high-school student chose an online teacher-assisted program from the school Oak Meadows in Vermont. It allows for a moderate amount of parent involvement overseeing that assignments are met and learning opportunities created. Additionally she has joined the local high school Equestrian Team and is

taking electives there too. We covered all our bases thus far.

I let go of attempting to reproduce all a Waldorf School might offer and traded it for the intimacy and luxury of tailoring the day to what is essential for my children. One unschooling author writes that a child moving from an institutionalized school to homeschool may need to do literally nothing for many months, just to find their own natural learning rhythm again. Even though this has not been necessary for my children, I am taking their cues for learning. Surprisingly, their zest for learning and enthusiasm for life has opened another doorway for them.

The process has created an intense transformation for our family. It's not without worry or frustrations. I knew we could not know the implications or insights of this choice until we entered inside the choice.



Michael and Julie

Being like barometers the feedback from our children displays the effects of our choice. My high-school student says she "Loves homeschooling" and doesn't miss the 'drama' of her classmates even though she has fond memories of her experiences. Our younger two are content. Other comments are "I like that we are at

home... I like that my mom takes the extra time with me when things are harder and we move faster when it's easy." There has been less bickering among the siblings and actually a deeper bond seen as they encourage each other when things are challenging or one of them has a breakthrough of learning something new.

The experience is much richer than I could have imagined. Interestingly time has indeed opened up. When I go to work I think "Wow, today I've already spent quality time with my children." As a family we have slowed down and are enjoying so many things together. We are well rested like never before.

We had planned to homeschool for 1 year. As for now we will take one day at a time and see what wants to unfold. The health of our family is precious and through homeschooling we have regenerated our life forces. In times like this, this is worth its weight in gold.

Julie Foster is a Family Nurse Practitioner and owner of Pohala - A Place of Healing, a Primary Care Clinic integrating Natural and Anthroposophic medicine. She would love to hear from you---- julie@pohalaclinic.com.

150TH ANNIVERSARY CONFERENCE THE VISION OF RUDOLF STEINER SAVE THE DATE!

The General Council of the Anthroposophical Society in America, in cooperation with the Portland Branch, warmly invites you to join us this fall in Portland, Oregon, to celebrate the 150th anniversary of Rudolf Steiner's birth. A very special conference is planned for this important milestone from October 14-16, 2011.

We are delighted to announce that our keynote speaker will be Virginia Sease who, stating that she wouldn't miss it, will be coming to the United States from Dornach, Switzerland especially for this occasion. Additional speakers include U.S. General Secretaries, Marijo Rogers and Torin Finser. Artistic undertakings, workshops, exhibits, celebratory activities and good food will all contribute to this observance.

We would like to hear from those of you who are working and doing research and art based on Steiner's indications, hoping that you would be willing to share what you are doing in some form. One of our goals is to make visible the work of anthroposophy in the world today. We are also hoping that each attendee will bring or send some expression of what anthroposophy has meant in his or her life, to be displayed and shared. This could be done through an artistic or verbal medium.

The conference is followed on Sunday by the Annual General Meeting of the Anthroposophical Society. Fliers and registration materials will be available this spring.

For more information, contact the Society's administrative office: phone 734.662.9355 or email information@anthroposophy.org.

The Soul Forces of Addiction

Dennis Klocek Workshop

Not to be Missed! March 4 & 5

It is a rare and special occasion when Dennis Klocek comes to Portland for any reason. He has profoundly influenced many souls with his Goethean Studies and Consciousness studies programs, counted among them several of my own friends and family. Through countless workshops, lectures, and his wonderful website he has reached many more. We on the Council are therefore delighted that he has agreed to come to Portland in March to address the topic of addiction, one of the great scourges of our time. As we can easily see all around us and in ourselves, whether it be computer activities, drugs, smart phones, or any number of material pursuits, the distractions from our personal destinies and the destiny of all mankind are numerous and enticing. Here is how he describes his offering:

This weekend workshop will address the issue of the forces in the soul life of human beings that lead to addictive tendencies. The key is that in physiology all addictive impulses use the same "reward pathway" in the brain. This means that whether the addiction is to drugs, alcohol, money or a memorabilia collection, the pathway in the neurology is the same. It just so happens that this pathway is also a key to understanding the autistic spectrum from true low functioning autism to high functioning and gifted persons with Asperger's syndrome. Dennis Klocek will present the neurology of these pathways and the various modalities used to work with these symptoms in a Friday evening lecture. Then on Saturday the theory of miasm, the role of the arts, and the practice of meditation with symbols will be the focus of group exercises designed to enhance understanding of these important contemporary educational issues.

Cost will be \$75 for the entire workshop, \$20 for Friday Evening. **You can register online at the branch website:** www.PortlandAnthroposophy.org.

**Location: National College of Natural Medicine
49 Southwest Porter Street
Portland, OR 97201-4848**

Friday, 7:30 PM, Saturday 9:00 AM — 8:30PM

For more information, or to register by telephone or mail, and to inquire about senior and student rates contact Valerie Hope, 503-775-0778, mail 2606 SE 58th Ave Portland, OR 97206 **Attn: Klocek workshop.**

Portland Anthroposophical Society Calendar - February 2011

Ongoing Activities and Study Groups

Anthroposophical Course for Young Doctors, Study Group

1st Tuesday of the month 7-8:30 PM

Pohala Clinic, 12050 SE Holgate Blvd.

Contact Julie Foster by phone at (503) 572-4196 or by e-mail at julie@pohalaclic.com.

Karma Exercises and Study

1st and 3rd Thursdays at 7:00 PM

NE Portland

The study group has just completed its multi-year work with the entire *Karmic Relationships* lecture cycle, and is now starting to work with Rudolf Steiner's karma exercises. Call James Lee for information 503 249-3804 or send an e-mail to him at anthroposophy@earthlink.net.

Knowledge of the Higher Worlds

1st and 3rd Tuesdays 7:30 - 9:00 PM

3046 NE 33rd Avenue, Portland, OR 97212.

Contact Donna Patterson and Bob Kellum at 503-331-7393.

Moms and Dads Parenting Group

2nd Mondays

North Portland

This group is intended for parents of very young children wishing to connect through the inspiration of Rudolf Steiner's lectures and writings specifically regarding the incarnation and growth of the young child and how we can apply this wisdom to our modern day circumstances as parents. Meets for potluck and discussion 6:00 - 8:00PM at Rose Hip Preschool in North Portland, please contact Kristin Zay (formerly Kresch) for more information at 503-830-1003 or heyheykk@gmail.com.

Mystery Dramas, with Speech-Formation Exercises

2nd and 4th Wednesdays

7:30 - 9:00 PM, in SW Portland.

Currently working on the 2nd *Mystery Drama* by Rudolf Steiner, *The Soul's Probation*. No acting experience necessary, just a love of the Word. Contact Diane Ramage by e-mail at drumage@comcast.net or by phone at (503) 908-0131 for information.

Portland Waldorf School Community Choir

Friday morning from 8:45 - 10:15 am

Portland Waldorf School, 2300 SE Harrison Street, Milwaukie in the Orchard room - whenever school is in session. Anyone in and outside the PWS community who enjoys singing songs through the seasons, across the centuries and around the world is very welcome, including drop ins. This event is free and a community builder. More information: Marion Van Namen (503) 956-4046.

Portland Youth Discussion Group

At the moment the group is taking a break. Please contact Chrystal Godleske if you are interested in meeting again. socialsculptor@gmail.com.

Waldorf Education and Teacher Training

Lectures and courses conducted throughout the year by the Micha-el Institute. Contact John Miles at 503/774-4946. johncmiles@usa.net.

Events

Finding Purpose and Healing Through the 12 Senses Saturday FEBRUARY 12

3135 NE 17th Ave. Portland 97212, 10 AM-4 PM.

A workshop and potluck lunch (sense of taste) with Lynn Madsen. Our 12 senses - not only do we see, hear, taste, touch, and smell - we also balance ourselves on the earth, have a sense of well-being, and discern hearing into tones, language, along with concepts - using our senses more consciously provides powerful tools to discern life purpose and promote inner healing. This workshop will be filled with as many hands-on and dynamic exercises as time will allow, including several biography exercises, movement, and art.

Lynn Madsen, PhD, MD, is an anthroposophic and family physician, who also draws from her prior career as a PhD psychologist in her healing arts. Study of the 12 senses has become a vital component to her healing practice. Cost: \$50. For reservations, call 971-404-6862, or email bewellmed@gmail.com.

First Class of the School of Spiritual Science

Sunday, FEBRUARY 13

5919 SE Division St., Portland, OR 97207. Bothmer Hall. Blue card required – Discussion on Lesson 10 at 8:30 AM, class at 9:30 AM sharp. Lesson 11. Please contact Diane Ramage at (503) 908-0131

Portland Branch Council Meeting

Monday, FEBRUARY 14

1304 SE Main Street, Portland, OR 97214.
7 PM – 9PM at the home of Chrystal Godleske. Phone 503-816-2440 All Branch members are welcome to attend.

Polarities

FEBRUARY 18- 20, 2011

2300 SE Harrison Street, Milwaukie, Portland Waldorf School.

7-9 Friday, Sat. 9-11:30 AM & 1 – 3 PM, Sunday 9 – 11:30. Cost \$120 – \$160. A course exploring polarity and the space between, with Laura Summer, cofounder of the Free Columbia Art Course. Laura Summer's work can be found in private collections in the United States and Europe, has been exhibited at The National Museum of Catholic Art and History in New York City, and is on permanent exhibition at the Sekem Community in Egypt. Her work can be seen at the 345 Gallery in Hudson, NY and at the 78th Street Gallery in Sante Fe, NM www.78thstreetgallery.com. Detailed information about the workshop at <http://www.portlandwaldorf.org>

The Soul's Probation – Scene V

FEBRUARY 20, 2011

Bothmer Hall, 5919 SE Division St, Portland OR 97207, 7-8PM

Come see the Mystery Drama Group's presentation on Sunday in honor of Rudolf Steiner's 150th birthday. We are delighted to offer Scene V of the 2nd Mystery Drama by Rudolf Steiner to members and friends. Admission is free. We will recite 2 poems in speech chorus: the 4th panel of the "Foundation Stone Meditation" by Rudolf Steiner, and "For Rudolf Steiner" by Arvia MacKaye Ege.

There will be an explanation of what has led up to Scene V, and what to expect in the scene, and then the actual performance. We are excited to share this with you, and hope you and your friends will come. Questions: Diane Ramage drumage@comcast.net 503 908-0131

Becoming More Effective Treating Cancer

FEBRUARY 25-27, 2011

9100 Bathurst Street, Vaughan, ON L4J 8C7, Canada. Annual conference of Canadian Anthroposophic Medical Association. Helping people with cancer, using mistletoe preparations and other modalities from Anthroposophic Medicine. Flyer: <http://www.anthromed.ca>.

Kim Payne on Slow Parenting

Friday, FEBRUARY 25, 7:00 PM

First Unitarian Church, at 1211 SW Main St, Portland
Kim John Payne, M.Ed., believes that today's busier, faster society is waging an "undeclared war on childhood." With too much stuff, too many choices, and too little time, children can become anxious, have trouble with friends and school, or even be diagnosed with behavioral problems. To address these "cumulative stress issues," Portland Waldorf School is bringing Payne to Portland to give a lecture and workshop on February 25 and 26. www.simplicityparenting.com. \$10 advance tickets; \$15 at the door. Contact Michelle Marcyk: mmlm812@comcast.net 503-872-8648

Kim Payne on Simplicity Parenting

Saturday, FEBRUARY 26

Portland Waldorf School, 9AM-1PM at 2300 SE Harrison St, Milwaukie
Simplicity Parenting offers parents a do-able, orderly, and effective pathway to address children's stress disorders, and helps parents reclaim for their children the space and freedom that all kids need for their attention to deepen and their individuality to flourish. The evolving Simplicity Parenting Movement echoes slow movements everywhere, calling for us to slow down, be present, pay attention, and most of all enjoy the simple moments. www.simplicityparenting.com \$35 advance tickets (recommended); \$40 at the door. Contact Michelle Marcyk: mmlm812@comcast.net. 503-872-8648

Eurythmy Classes**Tuesdays, MARCH 1, 8, 15, 22.**

Bothmer Hall, 5919 Division St., Portland, OR 97207. 7:30-8:30PM. A series of four classes taught by James Knight. Connecting to the Cosmos through Movement. Explore the relationship of vowel gestures and musical intervals to the planetary archetypes. Beginners welcome. \$45 for the series. Pre-registration required. Call Sandra Burch to register (503) 353-1818 or Email galenalyn@gmail.com.

Christian Community Events**MARCH 3-6**

Eugene, OR

Lectures and Sunday Services. Contact Sandra Burch for more information or to carpool - (503) 353-1818.

Dennis Klocek: The Soul Forces of Addiction**MARCH 4 - 5**

Friday, 7:30 PM; Saturday 9:00 AM - 8:30 PM

**Location: National College of Natural Medicine
49 Southwest Porter Street
Portland, OR 97201-4848**

This weekend workshop will address the issue of the forces in the soul life of human beings that lead to addictive tendencies. The key is that in physiology all addictive impulses use the same "reward pathway" in the brain. This means that whether the addiction is to drugs, alcohol, money or a memorabilia collection, the pathway in the neurology is the same. It just so happens that this pathway is also a key to understanding the autistic spectrum from true low functioning autism to high functioning and gifted persons with Asperger's syndrome. Dennis Klocek will present the neurology of these pathways and the various modalities used to work with these symptoms in a Friday evening lecture. Then on Saturday the theory of miasm, the role of the arts, and the practice of meditation with symbols will be the focus of group exercises designed to enhance understanding of these important contemporary educational issues.

Cost will be \$75 for the entire workshop, \$20 for Friday Evening. You can register online at the branch website, *Portland* www.anthroposophy.org. For more information, or to register by telephone or mail contact Valerie Hope, 503-775-0778, 2606 SE 58th Ave Portland, OR 97206 Attn: Klocek workshop.

First Class of the School of Spiritual Science**Sunday, MARCH 13**

5919 SE Division St., Portland, OR 97207. Bothmer Hall

Blue card required - Discussion on Lesson 11 at 8:30 AM. Class Lesson 12 at 9:30 AM sharp. Please contact Diane Ramage at (503) 908-0131

Portland Branch Council Meeting**Monday, MARCH 14**

1304 SE Main Street, Portland, OR 97214.

7 PM - 9PM at the home of Chrystal Godleske. Phone 503-816-2440 All Branch members are welcome to attend.

Lectures and Sunday Services**MAY 5 - 8**

Portland, OR

Reverend Sanford Miller of The Christian Community will be in Portland giving Lectures and Sunday Services More details in future newsletters or call Sandra Burch (503) 353-1818.

International Postgraduate Medical and Nurses Training**MAY 13-20, 2011**


101 San Antonio Rd, Petaluma, CA 94952

Fourth Annual! Sponsored by PAAM. New nursing certificate available. More information, and online registration on PAAM's website, www.paam.net.

Nineteen Lessons of the First Class**AUGUST 7-12, 2011**

9200 Fair Oaks Blvd., Fair Oaks, CA 95628

Tel 916-961-8727. The School for Spiritual Science would like to invite all members of the School to a conference of the nineteen lessons, to be held at 9200 Fair Oaks Blvd., Fair Oaks, CA 95628. Look for more information in the Anthroposophical Society's *Evolving News for Members and Friends*.



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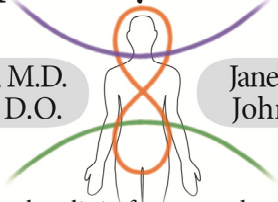
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EMBRYO IN MOTION: UNDERSTANDING OURSELVES AS EMBRYO
4-DVD SET NOW AVAILABLE WITH JAAP VAN DER WAL, PHD, MD

This beautiful 4-DVD set that was professionally recorded live in Portland, OR, June 3-6, 2010.

To learn more about the 4-DVD set and for instructions on how to order it, go to the "shop" portal on the Portland Branch website at www.PortlandAnthroposophy.org.

THE SOUL'S PROBATION – SCENE V

FEBRUARY 20, 2011

7:00 – 8:00 PM ADMISSION IS FREE

IN CELEBRATION OF RUDOLF STEINER'S 150TH BIRTHDAY!

BOTHMER HALL, 5915 SE DIVISION ST. PORTLAND, OR 97207





L'Absinthe by Edgar Degas (detail)

The Soul Forces of Addiction

lecture and workshop with
Dennis Klocek

March 4 - 5, 2011

This workshop will address the issue of the soul forces in the life of human beings that lead to addictive tendencies. All addictive impulses – whether to drugs, alcohol, activities or things – use the same “reward pathway” in the brain. This pathway is also a key to understanding the autistic spectrum and gifted persons with Asperger’s syndrome. While parents, educators, and mental/medical health professionals may find this exploration especially helpful, this important topic may be of interest to all of us, whether affected by an addicted individual, or struggling with activities of our own that may be out of balance.

Dennis Klocek is one of the outstanding thinkers/researchers of our time. He graduated in 1975 with an MFA from Temple University’s Tyler School of Art with a thesis on Goethe’s color theory. In 1982, his love for the work of



Rudolf Steiner took him to Rudolf Steiner College in Sacramento, California, where he has been the director of the Consciousness Studies Program since 1992.

LECTURE: Friday, March 4, 7:30-9 pm

Lecture on the neurology of reward pathways and the various modalities used to work with these symptoms.

WORKSHOP: Saturday, March 5, 9 am-9 pm

The theory of miasm, the role of the arts, and the practice of meditation with symbols will be the focus of group exercises designed to enhance understanding of these important contemporary educational issues.

Location: National College of Natural Medicine,
49 SW Porter St., Portland

Cost: Entire workshop \$75, Friday evening only \$20,
Senior and student discounts on request.

For more information or to register by telephone or mail, and to enquire about discounts contact Valerie Hope 503-775-0778, 2606 SE 58th Ave. Portland, OR 97206, Attn: Addictions workshop
Or register online at www.portlandanthroposophy.org.



The Soul Forces of Addiction Registration Form

Lecture and Workshop with Dennis Klocek

Times: Friday, March 4, 7:30 pm

Saturday March 5, 9am-4:30pm

**Location: National College of Natural Medicine
49 SW Porter St., Portland, OR 97201**

Name:

Address:

Phone:

email:

I am enclosing \$75 for the entire workshop \$20 Friday eve only

I am enclosing an additional \$11 for a box lunch Vegetarian Vegan
 TurkeyBcbY

Total Amount Enclosed \$ _____

Or register online at www.portlandanthroposophy.org.

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