Anthroposophical Society PORTLAND BRANCH

Newsletter

July 2016



MYSTERY DRAMA PERFORMANCE by Diane Rumage

Our local Mystery Drama group consists of a mix of folks. Some have been working together with Rudolf Steiner's Mystery Dramas since 2004, others only joined last year, and some jumped in in-between.

We have performed a few scenes from the various dramas over the years, and we are excited to now be offering Scenes I and II of Steiner's 4th Mystery Drama, "The Souls' Awakening" on Friday, August 26, 2016 at Bothmer Hall, from 7 - 9 p.m. Yes, Steiner's scenes are long, rich and deep -- an entire play is usually presented in one day. It may finish before 9 p.m., but best to be safe with time, just in case.

We are excited to have some eurythmists help us present elementals.

Steiner describes this drama as "Soul and Spiritual Events in Dramatic Scenes." The dramas deal with the karma and reincarnation of the characters portrayed, and the dynamics, relationships and situations they find themselves in to work on their karma over millennium. It also shows the changing style of initiation into the Mysteries over the ages. "The Souls' Awakening" shows in Scene I the attempts to bring spiritual wisdom, beauty and strength into a modern day factory workshop, and the resistance to that attempt, both inner and outer. Scene II shifts to nature, with a thought-filled meditation by an artist, Johannes. He has attained great spiritual heights, and yet he has personality weaknesses that challenge him. His friend Maria and his spiritual adviser Benedictus appear at first in Scene II in his thoughts. Then friends, Lucifer, Theodora who is deceased, the Spirit of his Youth, his soul forces and elementals of the surrounding nature appear. Ask yourself how often this occurs in modern drama! Later in the play one would see an Egyptian initiation gone awry, which led in turn to worked out in medieval interactions between the Church and the Knights Templars, and to the present day interactions and initiation capability in a modern factory setting. Key is the ability and support or lack thereof of each to each. So please come support our valiant efforts to present these scenes on August 26. Entrance is free, though donations will help to pay for the Hall rental.

The Portland Branch of the Anthroposophical Society Invites you to

Save The Dates!

See the attached Calendar & fliers for more info. And more events

August 26	The Soul's Awakening
September 24	Transforming Evil in Every- day Life with Julian Roberts
October 8	Kaspar Hauser with Glen Williamson
November 2	All Souls
<u>2017!</u>	
8/19-21	Oliver Conradt, Solar Eclipse
8/29-9/2	Dr. Jaap van der Wal
10/26-30	Thomas Meyer



Working Late, by Zvi Szir

The Forces Inspiring Art, Technology and The Process of Becoming in 2016

With Zvi Szir, co-founder of the newARTschool, Basel, Switzerland.

We are excited to offer this series of lectures and workshops as an initial offering of a new and evolving initiative which is bringing together Art and Research in Portland. It is a metamorphosing collaborative effort by Christopher Guillfoil, Patricia Lynch, Zvi Svir and Carrie Gibbons.

This offering, or any part of it, is recommended for everyone interested in art and anthroposophy, for painters (young and old), for teachers, who might discover new ways to work with children, for artists from every other discipline who have interests in color, and for anyone who has an intensive interest in the reality of the inner life. Two Watercolor workshops will be offered:

Spiritual Approach to Form in Painting: with watercolor and drawing.

Thursday & Friday, August 18 & 19, 9am-3pm, lunch 12-1pm.

The Metamorphosis of Color.

Saturday and Sunday, August 20 & 21, 9am-3pm, lunch 12-1pm

Five Evening Lectures

August 18-21 7pm, August 22nd 7:45 pm:

- 1) Spiritual Science Reaching Beyond Causality
- Gifts To Humanity Michael's Indications For The Arts
- Approaching The Void Understanding The Mysteries Of The Will in Art Practice
- 4) Art And The Beings Of Time
- 5) Sources Of Artistic Imagination And Insights Into Technology

\$10-\$15 individual lecture. \$100 each workshop. All materials provided.

Attend all workshops and lectures for \$150. All events offered on a sliding scale, no one will turned away.

For more information and to register contact Carrie Gibbons, <u>seelenruhe.cg@gmail.com</u>

Zvi Szir studied art in Tel-hai, Israel. He also studied the foundational works of anthroposophy at the Goeathanum in Dornach,Switzerland and taught art in the foundation studies course there. He has been active as a freelance artist and journalist and almost two decades ago he founded the newARTschool in Basel



Switzerland with Jullitta Krebs which you can learn more about by following this link: <u>http://www.neuekunstschule.ch/en/52-</u> trimesterdaten.html

RUDOLF STEINER'S THE BEING OF THE ARTS: a call to artists!

The Art Hall is offering an opportunity for several art disciplines to work together and bring to life Rudolf Steiner's magical and tender story "The Being of the Arts." Eurythmists, musicians, fine artists and others are encouraged to consider this endeavor. Please send an email of interest to

robin@robinlieberman.net: all inquiries will be answered in early July, at which time a time and place for our first meeting will be announced. At this moment in time we will consider working on one chapter at a time.

THE ART HALL PRESENTS: A RARE OPPORTUNITY IN PORTLAND!!

In collaboration with the Art Hall at Cedarwood Waldorf School, a group of artists have invited Jennifer Thomson from Crestone, CO, to offer one of her fabulous art retreats in Portland this September, and she said "Yes!" So we will be exhibiting her landscape paintings with a reception planned for Friday, September 17 followed by a 5 day retreat, Monday through Friday, September 19-24, in a beautiful west side forested setting, where Pamela Whitman recently held a Veil Painting workshop.

Please see the flier announcing the retreat in this newsletter. You can also see more information in the calendar. There are limited places available so please sign up soon! Through July 1 you may contact Kathy Kremer at <u>kkremerdesigns@msn.com</u> and then <u>robin@robinlieberman.net</u>.

We have a wonderful year of exhibits planned for the 2016-2017 academic year, including Jennifer, Valerie Miles, Katie Montgomery, a regional group of artists who've been studying Rudolf Steiner's Nine Sketches and hopefully a collaboration amongst several disciplines to bring alive Steiner's "The Being of the Arts" in the Spring of 2017. Please follow us at <u>thearthall.wordpress.com</u> and here for updates. The **Portland Branch Newsletter** is published monthly to serve Branch members and friends. To learn more about the Portland Branch of the Anthroposophical Society, contact Diane Rumage at 971-271-7479.

To submit an article or a calendar item, email it both to Valerie Hope, <u>valerieannhpdx@aol.com</u> and Wes Burch, <u>truelion@comcast.net</u>, The deadline for submissions is the 15th of the previous month. Items selected for publication may be edited for style, content and length.

To sign up for our email list, or to contact the Branch Council, go to http://www.portlandbranch.org/contact

Newsletter co-editors are Wes Burch & Valerie Hope; Seth Miller is our webmaster; and Ruth Klein is our treasurer.

The newsletter and calendar are posted on the Branch website, <u>www.portlandanthroposophy.org</u>. Paper copies are available at the Pohala and Healthbridge Clinics; and the Cedarwood, Michael & Portland Waldorf Schools, and Swallowtail School.

The Portland Branch thanks the following Members & Friends for their Dues and Generous Donations in 2016: Cyndia Ashkar, Wesley Burch, Sandra Burch, Christopher Guilfoil, Helen Homola, Valerie Hope, Bob Kellum, Donna Patterson-Kellum, Tom Klein, Ruth Klein, Anne Kollender, James Lee, Robin Lieberman, Regina Loos, Cheri Munske, Natalie Norman, Padeen Quinn, Jannebeth Roell, Diane Rumage, Diane Schell-Rowley, Rebecca Soloway, Jerome Soloway, Linda Sussman, Marion Van Namen, Elizabeth Webber, Cindy Weinberg, Neil Weinberg, and thanks to a generous anonymous donor.

We will gratefully receive your Branch membership dues (\$50 or what you can afford).

Send to: The Portland Branch c/o Ruth Klein, 3609 SE Center, Portland, OR 97202

Calendar of the Soul

June 26-July 3, Verse 13

When I am in the zenith with my senses In depths of soul a flame arises From fiery worlds of spirit, The Logos-truth of gods: In these wide spirit realms Expect to find your kin.

July 3-9, Verse 14

Embracing the Senses' Revelation I lost the urge to be just me, Dream thinking does appear To numb and rob me of Myself. And yet, approaching me, Through the Senses' weaving veil, The waking call of Cosmic Thought.

July 10-16, Verse 15

I feel how in the World appears Mysteriously the Spirit's Weaving. It has encloaked my Self In the Senses' shroud of Dullness To endow me with the strength Which I, within restraints of self, Would be incapable of mustering.

July 17-23, Verse 16

To cherish the Spirit's gift in me Is a firm precept of my Promise, May God's endowments grow And in the Fields of Soul mature Bearing fruit for Selfhood.

July 24-30, Verse 17

The cosmic Logos speaks, Whom I could lead Through the Portals of my Senses Into the Temples of my Soul: Replenish your own Spirit Depths With my Worlds' Dimensions So that you may find someday Myself in Thee.

July 31 – August 6, Verse 18

Can I extend my Soul So that she unites herself With the Logos-Seed received? I expect to find the strength To mold my soul; a garment Worth of the Spirit.

See below the dates for 2016-17 generously provided by Herbert Hagens An Invitation from the Anthroposophical Society in Canada

A NORTH AMERICAN ANTHROPOSOPHICAL CONFERENCE



encountering our humanity

FROM KNOWLEDGE TO CONSCIOUS ACTION

AUGUST 7-14, 2016 OTTAWA, CANADA

Lectures, Artistic Workshops, Conversation Groups, Artstic Events, Individual and Group Research Presentations

WWW · ENCOUNTERING OUR HUMANITY · CA

www.encounteringourhumanity.ca

"Festivals are not merely the commemoration of historical events or personalities. They are in and of themselves, each year, spiritual events carrying a significance that grows and deepens with the developing phases of human evolution." ~Rudolf Steiner

Calendar translation by Stefan Schwabe. "A transposition; I tried to recast these calendar verses in cadence and tenor, into our current English, to bring to our appreciation their strength and spirituality in terms of today's thinking, feeling and will. St. Michael's Feast 2011"

Rudolf Steiner's *Calendar of the Soul*: Dates for Weekly Verses from Easter 2016 to Easter 2017

Rudolf Steiner first published the 52 verses we know as The cosmic dating of Easter requires us to re-chart the There are 55 weeks from Easter 2016 to Easter 2017, but yearly course through the 52 verses of the Soul sync with the four major Christian festivals. The archetypal plant, the changing of the seasons, the explore how the verses relate to the life cycle of the between one Easter and the next. One can also further Calendar, since there are never exactly 52 weeks Ahriman's powerful forces. 32/33 and 45/46 can serve to enhance our awareness of deeper connection with the St. John's mood. Verse pairs Meditating on verses 11 and 12 together brings us into a and 45/46 each for two weeks instead of just one week. solution offered here is to work with verses 11/12, 32/33 calls for an adjustment, especially if we wish to keep in Rudolf Steiner composed only 52 verses. This situation "mirror" verses that take us from Easter to Whitsun. verses (Lent) leading up to Easter, and the seven the verses also takes into account the seven preparatory next Easter (April 16, 2017). This particular ordering of follow the seven-day astral rhythm of the soul until the with verse number 1 at Easter (March 27, 2016) and with Steiner's instruction, we start the meditative year which was also the case in the 1912 edition. In keeping beginning a new verse on the Sunday of each week, listed here for 2016-2017 are based on the practice of the Calendar of The Soul in 1912. The adjusted dates

guide to self-knowledge and spiritual awakening. zodiac. We come to treasure the Soul Calendar as a influences of the planets and the journey through the — Herbert Hagens, Princeton, New Jersey

1	Michaelmas Mood - Sept. 25: #26	Sept. 18: #25	Sept. 11: #24	Sept. 4: #23	Light from Cosmic Widths - Aug. 28: #22	Aug. 21: #21	Luciferic Temptation - Aug. 14: #20		Aug. 7: #19	July 31: #18	July 24: #17	July 17: #16	July 10: #15	July 3: #14	June 26: #13	St. John's Mood - June 19: #12	June 12 #11/12	June 5: #11	May 29: #10	May 22: #9	May 15: #8 Whitsun	Luciferic Temptation - May 8: #7	1	May 1: #6 (May 5: Ascension)	Light from Spirit Depths - April 24: #5	April 17: #4	April 10: #3	April 3: #2	Easter Mood - March 27, 2016: #1	
April 16, 2017: #1 - Easter Mood	April 9: #52	April 2: #51	Mar. 26: #50	Mar. 19: #49	Mar. 12: #48 - Light from Cosmic Heights	Mar. 5: #47	Feb. 26: #46 - Ahrimanic Deception (3/1 Ash Wed.)	Feb. 19: #45/46	Feb. 12: #45	Feb. 5: #44	Jan. 29: #43	Jan. 22: #42	Jan. 15: #41	Jan. 8: #40	Jan. 1, 2017: #39	Dec. 25: #38 - Christmas Mood	1	Dec. 18: #37 Advent 4	Dec. 11: #36 Advent 3	Dec. 4: #35 Advent 2	Nov 27: #34 Advent 1	Nov 20: #33 - Ahrimanic Deception	Nov 13: #32/33	Nov 6: #32	Oct. 30: #31 - Light from Spirit Depths	Oct. 23: #30	Oct. 16: #29	Oct. 9: #28	Oct. 2: #27	

Portland Branch Calendar

July, 2016

First Class of the School of Spiritual Science-Lesson Six

Sunday, July 9, 9:30 am sharp (no admittance after the class starts) • Bothmer Hall, 5919 SE Division St, Portland, 97206, Contact Diane Rumage at 971-271-7479; Cheri Munske at 503- 484-4133; or Rebecca Soloway, (516) 850-1027. Blue card required. Second Sunday of each month.

Portland Branch Council Meeting

The Council will be on hiatus until September • 2606 SE 58th Ave. • Contact Valerie Hope, 503-775-0778; <u>valerieannhpdx@aol.com</u>. All Branch members are welcome to attend, and/or to call us with agenda items, proposals, suggestions, or to observe. Meetings are on the second Monday of each month.

The Forces Inspiring Art, Technology and The Process of Becoming in 2016: Workshops and Lectures with Zvi Szir

Two Daytime Painting Workshops August 18-21, place to be announced; Five Evening Lectures, August 18-21 at Bothmer Hall, 5915 SE Division • For more information or to register contact Carrie Gibbons, seelenruhe.cg@gmail.com .

We are excited to offer this series of lectures and workshops as an initial offering of a new and evolving initiative which is bringing together Art and Research in Portland. It is a metamorphosing collaborative effort by Christopher Guillfoil, Patricia Lynch, Zvi Svir and Carrie Gibbons. This offering, or any part of it, is recommended for everyone interested in art and anthroposophy, for painters (young and old), for teachers, who might discover new ways to work with children, for artists from every other discipline who have interests in color, and for anyone who has an intensive interest in the reality of the inner life.

Mystery Drama Performance - Scenes 1 & 2, The Soul's Awakening

Friday, August 26, 7-9 pm • Bothmer Hall, 5919 SE Division St. • Entrance is free, donations help to pay hall rental. Contact Diane Rumage, drumage@comcast.net

Our local Mystery Drama Group was founded in 2004. We are excited to be offering Scenes I and II of Steiner's fourth Mystery Drama, "The Soul's Awakening", and very pleased that some eurythmists will be helping us to present elementals. See article in the July newsletter.

Portland Art Retreat – Landscape Painting with Jennifer Thomson

September 19-23, 9am-5pm daily • Venue details given upon registration • \$425 includes tuition, supplies, snacks, 5 lunches Contact Kathy Kremer, KKremerDesigns@msn.com or Robin Lieberman, robin@robinlieberman.net 503-222-1192

Experience fall through five days of ART. Let spaces of Blue, Gold, Orange & Red arise. A hint of Green, shimmering. In the periphery overlapping veils of yellow, red and blue die into grey, contrasting the light. Add Black for weight and wakefulness. Feel the release of light. As outer nature dies, an inner light appears in the autumn landscape. An ongoing veil painting over the 5 days. Studio and outdoors..various exercises..working with color moods, gestures, color relationships, composition light & dark & inspirational exercises from artists of the past. Materials: watercolor, gouache, charcoal.

Transforming Evil in Everyday Life: Overcoming fear, boredom, doubt, and resentment as a path to the sacred, with Julian Roberts

Saturday, September 24, 10 am–4 pm • Cedarwood School, 3030 SW Second Ave. • Contact Valerie Hope, 503-775-0778; email valerieannhpdx@aol.com.

Where is true meaning in everyday life? How can I experience the spirit while carrying out my daily responsibilities? How do I survive the nine to five job? This course will explore these questions and the challenges normal life poses to inner development. Practices for transforming the evil in everyday life into pathways to experience the sacred will be shared.

A hands-on approach will be taken, and participants will use their own experience as a basis for learning. Presenter Julian Roberts is a '97 graduate of the Sacramento Waldorf School. He holds a BA in philosophy from UC Berkeley and an MPH/MBA from Johns Hopkins School of Public Health. He has worked as a consultant, in the non-profit sector and currently has a full time job in the public sector.

Kaspar Hauser, The Open Secret of the Foundling Prince – told by Glen Williamson Saturday, October 8, • Venue to be announced • Suggested donation \$10 • Contact Valerie Hope, 503-775-0778; valerieannhpdx@aol.com.

A true story of an innocent boy imprisoned in a dark cell for most of his childhood. In a journey through darkness to light, this tale explores what it means to be human. 187 years ago a strange boy appeared on the streets of Nuremburg, barely able to stand, walk or speak. In Kaspar Hauser: The Open Secret of the Foundling Prince, historical facts and characters mix with a

supernatural tale of a golden house, a wicked stepmother, and a boy kept in a dark cellar for most of his childhood. Who was he? And why does his story still affect us?

Ongoing Local Activities and Study Groups

First Class of the School of Spiritual Science • Second Sunday of the month 9:30 am sharp (no admittance after the class starts) • Bothmer Hall, 5919 SE Division St, Portland, 97206 • Blue card required. Contact Diane Rumage at 971-271-7479, Cheri Munske at 503 772-2632, or Rebecca Soloway (516) 850-1027

First Class Study • Second and Fourth Tuesday of the month • Blue card required 7:30-9pm • Contact Tom Klein, 777-3176, Tgklein@aol.com. This group works with the contents of the class.

First Class Study: The First Class of the Michael School and its Christological Foundations by S. Prokofieff • Second Thursday of the Month • For Members of the School of Spiritual Science 7:30-9:00 pm • Contact Rebecca Soloway, jrsoloway@hotmail.com or 516-850-1027

Council Meetings of the Portland Branch • Second Monday of the month 7-9 pm • 2606 SE 58th Ave., Portland • Contact Valerie Hope, (503) 775-0778, valerieannhpdx@aol.com

All Branch members are welcome to attend, and/or to call us with agenda items, proposals, suggestions, or to observe.

An Outline of Esoteric Science Study Group • First Monday of the Month July Only Date Change: Monday, July 11th

7:45-9:00 pm • Bothmer Hall, 5919 SE Division St., Portland 97206 • Contact Jerry Soloway 503-908-7615 or <u>irsoloway@hotmail.com</u> Please join us in lively discussions centered on Rudolf Steiner's *An Outline of Esoteric Science*.

Eurythmy for Waldorf Alumni: Wednesdays

Study, 6:30-7:30 pm; Eurythmy; 7:30-8:30 pm • Eurythmy Room, Portland Waldorf School, 2300 Harrison St., Milwaukie • Contact Carrie Mass, <u>Carrie.mass@portlandwaldorf.org</u>

If you've ever attended a Waldorf High School, this is for you!

Eurythmy, Portland Waldorf School Community: Wednesday Mornings

8:45-9:30 am, Eurythmy Room, Portland Waldorf School, 2300 Harrison St., Milwaukie • Free

All are welcome. Contact: Carrie Mass, Carrie.mass@portlandwaldorf.org

Festivals Study Group: First and Third Thursdays

7-8:30 pm • 3711 SE Brooklyn St. • To find out which Thursday is next contact Suzanne Walker, 503-208-2426 zzwalker@mac.com

We are working with various of Dr. Steiner's lectures in an effort to better understand the festivals and how we may come to observe them. This is also greatly deepening our experience of the cycle of the year.Light, Color and Darkness in Painting (Therapy) Working with Indications from Liane Collot d'Herbois; a study and painting group: Begins again in October

10 am – 12 pm • Studio 901 at 1410 SW Morrison St. • Contact Robin Lieberman, 503-222-1192 or <u>robin@robinlieberman.net</u> or Cheri Munske 503-484-4133

Please join Robin Lieberman, MSW, painting therapist and Cheri Munske, art therapist, for study and painting. We will be working from Liane's book of the same title, exploring color each month. Some experience with Anthroposophy and painting preferable.

Mystery Dramas of Rudolf Steiner and Speech-Formation Exercises • Second and Fourth Wednesdays (holidays excluded)

7:30-9:00 pm • Free. Beginners are welcome –come check us out! • 8654 NE Boehmer St., Portland 97220 • Contact Diane Rumage by e-mail at drumage@comcast.net or by phone at 971-271-7479.

Portland Waldorf School Community Choir • Friday Mornings

8:45-10:15 am • Portland Waldorf School, 2300 SE Harrison St., Milwaukie, in the Orchard Room • Free will donations gladly accepted, all voices are welcome. Contact <u>www.portlandwaldorf.org</u> • <u>pws_choir-subscribe@yahoogroups.com</u> (503) 654-2200

Painting and Study with Patricia Lynch, On Hiatus for the summer. Look for details in the September newsletter.

9:15-11:00 am, 3359 NE 72nd Ave., Portland. Contact Patricia Lynch at patriciahomanlynch@gmail.com

Painting from "Fifty-Two Weeks" by Laura Summer, and reading "Art as Spiritual Activity, Rudolf Steiner's Contribution to the Visual Arts." All are welcome.

Rose Well Painting Studio

Summer schedule available online at <u>http://rosewellstudio.com/aboutus</u> • Contact Sandra Burch with questions, 503-353-1818 Celebrate summer with veil painting classes, open studio and private instruction with Sandra Burch. Come play with color in Milwaukie. All fees are sliding scale. Let's paint!

The Temple Legend Study Group • First and third Tuesdays 7:30-9 pm • 3046 NE 33rd Ave. Contact Donna Patterson and Bob Kellum, 503-331-7393 • All are welcome

Threefold Social Renewal Study Group • Every Friday, beginning on September 18

11:30 am – 1pm • Portland Waldorf School, 2300 SE Harrison St., Milwaukie • contact Michael Givens, mgivens.lac@gmail.com or 503-609-0890

We will be reading and discussing *Becoming Human: A Social Task – The Threefold Social Order* by Karl Konig

Community Painting Group • Tuesday Mornings

8:45-10:00 am • Portland Waldorf School, Grimm Room next to aftercare, 2300 SE Harrison St., Milwaukie • \$15 PWS parents & alumni, \$20 all others (per session) • Adults only. All levels of painting experience welcome! • To register contact Cheri Munske, <u>cherimunske@gmail.com</u>, 503-484-4133 <u>www.transformativeartspdx.com</u> •

Led by Cheri Munske of Transformative Arts, participants will explore the beauty, colors and moods of the everchanging seasons through watercolor painting and dynamic drawing exercises.

World Economy Study Group • Last Friday of the Month

6:00-8:00 pm • 3046 NE 33rd Ave. • contact mgivens.lac@gmail.com or 503-609-0890

Please join us in a diverse study group around the principles and practices of Associative Economics. We will be reading and discussing Rudolf Steiner's 14 lectures on the "World Economy". The recommended text is "Economics: World as One Economy", translated by Dr. Christopher Houghton Budd. It can be found at https://www.cfae.biz/publications/shop/

Waldorf Education and Teacher Training Lectures and Courses Conducted throughout the year by the Micha-el Institute. Contact John Miles, 503-774-4946 johncmiles@usa.net

Waldorf Teacher Education, Eugene

September-June • Eugene Waldorf School • Contact Lee Ann Ernandes @ message phone, 541-686-9112

Preparing Waldorf teachers for their future vocation since 1990.



Cultivating Warmth and light in Creative Community: Tools for the Future

An International Camphill Youth Leadership Conference

Saturday, September 17-Wednesday September 21

Heartbeet Lifesharing, a Camphill Community 218 Town Farm Road Hardwick, Vermont 05843 For more information call or email the office at 802-472-3285 annie@heartbeet.org



Susan Schmitt, M.D. Joan Takacs, D.O. John Takacs, D.O.



The clinic offers alternatively extended medicine including Physical Medicine and Rehabilitation and Comprehensive Family Practice. The physicians utilize holistic principles that include the Anthroposophical world conception and its medical modalities, movement principles from Spacial Dynamics[®], Feldenkrais[®], Intermuscular Stimulation (IMS), Musculoskeletal Ultrasound and refined hands-on techniques to augment alternative and mainstream medical approaches in diagnosis, treatment and prevention of illness and injury including work related injuries, personal injuries, motor vehicle injuries and sports injuries.

5909 SE Division Street, Portland, OR 97206www.anthroclinic.com503-234-1531



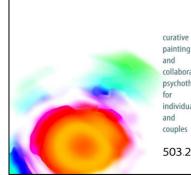
Walter Rice, CTC Travel Magician

5316 SE Sherman St. Portland, OR 97215 800-328-7266 503-233-4053 fax: 503-232-7224

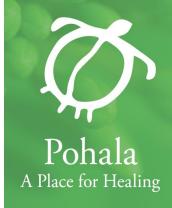
walter@waldorftravel.com

Incredible Journeys Since 1975





curative painting and collaborative psychotherapy for MSW, LCSW individuals and couples 503.222.1192 robinlieberman.net



Primary Care Infused with the Aloha Spirit integrating Anthroposphic Medicine.

Julie E Foster, MSN, FNP

3848 SE Franklin St. Portland, OR 97202 503.572.4196 pohalaclinic.com

Place Your Ad Here!

And Support the Portland Branch

Contact Valerie Hope at Valerieannhpdx@aol.com

Embryo In Motion: Understanding Ourselves as Embryo

4-DVD Set Now Available With Jaap van der Wal, PhD, MD This beautiful 4-DVD set was professionally recorded live in Portland, OR, June 3–6, 2010.

To learn more about the 4-DVD set and for instructions on how to order it, go to the "shop" portal on the Portland Branch website at <u>www.PortlandAnthroposophy.org</u>.

Kaspar Hauser The Open Secret of the Foundling Prince

Told by actor and storyteller Glen Williamson



A true story of an innocent boy imprisoned in a dark cell for most of his childhood.

In a journey through darkness to light, this tale explores what it means to be human.

Created as an epic fairytale with historical interludes, this story includes inspiring spiritual pictures as well as the latest scientific research about one of 19th Century Europe's most compelling figures.

Saturday, October 8 7:30 pm

Venue to be announced

Presented by the Portland Branch of the Anthroposophical Society and Anthropos Glen Williamson appearing courtesy of Actor's Equity Association

TRANSFORMING EVIL IN EVERYDAY LIFE

Overcoming Fear, Boredom, Doubt, and Resentment as a path to the Sacred

Saturday, September 24, 10 am – 4pm Cedarwood School, 3030 SW Second Ave. Contact Valerie Hope, <u>valerieannhpdx@aol.com</u>

Where is true meaning in everyday life? How can I experience the spirit while carrying out my daily responsibilities? How do I survive the nine to five job?

This course will explore these questions and the challenges normal life poses to inner development. Practices for transforming the evil in everyday life into pathways to experience the sacred will be shared. A hands-on approach will be taken, and participants will use their own experience as a basis for learning.

Presenter Julian Roberts is a '97 graduate of the Sacramento Waldorf School. He holds a BA in philosophy from UC Berkeley and an MPH/MBA from Johns Hopkins School of Public Health. He has worked as a consultant in the non-profit sector and currently has a full time job in the public sector. In his early 20's he was mentored by Friedmann Schwarzkopf and Orland Bishop and currently studies Rudolf Steiner. He has participated in the Lakota Vision Quest ceremony and has an active meditative life. He has a deep interest in how the inner life can redeem and change everyday experience.

Portland Art Retreat... September 19-23

With Jennifer Thomson

Landscape

Painting...Experience fall

through five days of **Art**

Autumn's clarity, light changes, coolness, earth's aroma, signals an inner soul change from summer's dreaminess to Michael's wakefulness.

Mornings: Veil painting: Let spaces of Blue, Gold, Orange & Red arise. A hint of Green, shimmering. In the periphery overlapping veils of yellow, red and blue die into grey, contrasting the light. Add Black for weight and wakefulness. Feel the release of light. As outer nature dies, an inner light appears in the autumn landscape.

Over 5 days, we will explore various artistic approaches to landscape painting. Such as color moods, gestures, color relationships, compositional light & dark and inspirational exercises from artists of the past. **Material:** watercolor, gauche, charcoal.

Work Space: Studio & Outdoorsnearby area: garden & creek, possible 2 afternoon outings at Sauvie, Columbia Gorge or a Japanese Garden (depending on weather)

Bring with you: brushes & note pad or sketch pad

Daily Class: 9am to 5pm (2 hour lunch break)

Tuition: \$425 includes art supplies, 5 veggie lunches and snacks.

Deposit: \$100 nonrefundable, to reserve a space

Accommodations: \$25 to \$35 per night with a community family. Call Kathy or Robin

Location: Lovely westside, forested setting in Portland, Oregon. Details given upon registration.

Info & Sign up: Robin Lieberman, robin@robinlieberman.net, 503-222-1192 1410 SW Morrison Street, Suite 901 Portland, Oregon 97205

Kathy Kremer, <u>KKremerDesigns@msn.com</u> 503-636-1977

Jennifer Thomson, <u>sunstudio.thomson1@gmail.com</u>, 719-937-7694www.jenniferthomson.net

