



# Anthroposophical Society PORTLAND BRANCH

Newsletter

June 2019

## The Whole of This Season

by Valerie Hope

For many of us this Easter season has been especially moving. Perhaps it is because we have been more attentive than usual, given the questions around the 'correct' date for Easter this year. (See March and April newsletters, [www.portlandbranch.org](http://www.portlandbranch.org)) The Easter season continues with Ascension, and Whitsun, or Pentecost. I have included in this newsletter excerpts from Rudolf Steiner's exceptional offerings on these two great events with the hope that you will find them a helpful both to your own work, and to our working together. As always with Steiner's work there is a limitation with excerpts, as the context and content are so much greater, so I encourage you to find the lectures referenced here in the book *The Festivals and Their Meaning*, or on the Rudolf Steiner archive, <https://www.rsarchive.org/Search.php> and read them in their entirety. They are wonderful for taking into sleep. All best wishes for your working at this time in the cycle of the year.

## A Beautiful Description of the Whitsun Experience: Important for Our Time – and All Time

In his Whitsun lectures Rudolf Steiner makes it crystal clear that with the coming of the Christ, and with the descent of the Holy Spirit at Pentecost, the time for experiencing ourselves as belonging to a people, a race, a religion or a family – which had been our experience in ancient times – was to come to an end. The Holy Spirit is not a folk spirit, but the Spirit of universal humanity!

Dr. Steiner explains that “In the ancient times which preceded Christianity, little as yet was experienced of what can be called world-wide humanity, of that feeling of human fellowship which in ever greater measure has



El Greco's Pentecostés, 1597

lived in human hearts only since Christianity was proclaimed, and which says to us: Thou art fellow-man with *all* the human beings of the earth!”<sup>1</sup> (emph. added)

Tribalism and nationalism are meant to fade away. Through Spiritual Science we can understand that in our earthly incarnation we are meant to transcend our bodily nature, which “...makes us a human being, but it also makes us members of this or that people, this or that race or family.” A high ideal which we can strive for in our individual spiritual development is to become ever more a member of the whole of humankind.

Let's turn to Dr. Steiner's vivid description of that first Whitsun experience, in which the disciples who were prepared for it experienced their distant as well as their immediate futures. He also speaks of an ability bestowed on them, to which we ourselves can now aspire – the ability to speak to the hearts of all human beings in ways

that they can understand.

“(Ten days after the Ascension) there followed what is expressed for us in another picture, speaking powerfully to all hearts which have the will to understand it. The disciples of Christ are gathered together, those who were the first to understand Him. Deep in their hearts they feel the mighty impulse which through Him has entered into the evolution of humanity, and, after the promise given to them of the happenings they were to experience in their very souls, they are waiting in utmost expectation, gathered together in deepest devotion on the Day of Pentecost, the time-honored festival of their people. First there takes place that which is presented in the picture of the “rushing mighty wind.” Through this their souls are lifted up into higher vision. They are summoned as it were to turn their gaze on what is yet to come to pass, on what will await them when, with the fire-impulse they have received into their hearts, they live on this earth in incarnation after incarnation in the future.

There is next portrayed before us the picture of the “tongues of fire” which descend upon the head of each of the disciples, and here another tremendous vision reveals to them what the future of this Christ Impulse is to be. For gathered together, and beholding in spirit the spiritual world, these men, who were the first to understand the Christ, feel as if they were not speaking to people near to them in space or in time: they feel their hearts borne far, far away, among the different peoples of the earth-sphere, and they feel as if something lives in their hearts which is translatable into all languages, and which can be brought to the understanding of the hearts of all men. In this mighty vision of the future of Christianity which rises before them, these first disciples feel themselves as though surrounded by future disciples out of all the peoples of the earth, and as if they will, one day, have the power to proclaim the Gospel in words that

will be understandable, not only to those directly near to them in time and space, but to all who live on the earth as human beings conscious of their destiny. This it was which was born out of the first Christian Pentecostal festival as the inner content of soul and feeling of these earliest disciples of Christ.”<sup>2</sup>

Rudolf Steiner goes on to further describe this new Holy Spirit which imbued the disciples: “Through the



Gaetano Gandolfi 1766 Pen and Ink

Christ Impulse...a new conception had come — a conception which said that the Spirit of which men had previously spoken, this Spirit of the folk, was to be replaced by one which, though certainly related to it, worked at a far higher level, a Spirit which is related to the whole of mankind, as the earlier (Folk) Spirit had been related to a particular people. This Spirit was to be given to man and to fill him with the power to say: “I feel I belong no longer only to a part of humanity, but to the whole of it; I am a member of the whole of mankind, and will become a member of it ever more and more!” This force, which poured a universal human quality over the whole of

mankind, was attributed to “the Holy Spirit.” Thus the Spirit which was expressed in the force which flowed from the folk into the mother was raised from ‘Spirit’ to ‘Holy Spirit.’<sup>3</sup>

“...Thus we now understand what the power of the Holy Spirit is: it is the power which will raise each man ever more and more above all that differentiates and separates him from others, and makes him a member of the whole of humanity on the earth, a power which works as a bond of soul between each and every soul, no matter in what bodies they may be.”<sup>4</sup>

It is incumbent upon each of us as individuals to make the efforts necessary to realize the promise described here through Spiritual Science, through working with one another, with exercises and mantras, and through study.



It is up to each of us how soon or late we will develop as universal humans. According the Christ, we have his help if we make the effort:

**“I am with you always,  
even to the ending of the earth’s cycle of time.”**

<sup>1</sup> Whitsun the Festival of Free Individuality, Rudolf Steiner, 1910  
<https://wn.rsarchive.org/Lectures/AscenPent/19100515p01.html>

<sup>2</sup> Ibid

<sup>3</sup> Ibid

<sup>4</sup> Ibid

## The Ascension As A Picture of What Would Have Happened to Humankind If the Christ Had Not United With the Earth

From The Whitsun Mystery  
and Its Connection with the Ascension,  
Rudolf Steiner, Dornach, May 7, 1923

Woodblock Print by Eric Gill, 1918

The first picture is that of the disciples of Christ Jesus on the day of the Ascension. Gazing upwards, they see Christ vanishing in the clouds. The usual conception of this scene is that Christ went up into heaven and so departed from the earth, and that the disciples were then left, as it were, to their own resources. Likewise all earthly humanity, for whose sake Christ fulfilled the Mystery of Golgotha, was by the Ascension left to its own resources.

The thought may occur to you that in a certain respect this belies the reality of the Mystery of Golgotha. We ourselves know that through His deed on Golgotha Christ resolved to unite His own Being with the earth, that is to say, from the Mystery of Golgotha onwards to remain forever connected with earth-evolution. The mighty picture of the Ascension might thus seem to be at variance with what esoteric vision of the Mystery of Golgotha reveals concerning Christ’s union with the earth and with mankind.

To turn now to the biblical event of the Ascension, we must realize that at that time the disciples had become clairvoyant to a degree at which they were able to behold what is, in truth, a deep secret of earthly evolution. These

secrets remain unnoticed by man’s everyday consciousness, which is incapable of knowing whether at one point or another in the evolution of humanity something of supreme importance is taking place. There are many such happenings, but the everyday consciousness is unaware of them. The picture of the Ascension actually signifies that at this moment Christ’s disciples were able to witness spiritually an event of untold significance, enacted “behind the scenes” as it were of earthly evolution.

What they witnessed revealed to them, as in a picture, the prospect of what would have come about for men had the Mystery of Golgotha not taken place. They beheld as a concrete spiritual happening what would have then befallen, namely, that the physical bodies of men would have so deteriorated that the whole future of humanity would have been endangered. For the consequence of this physical deterioration would have been that the human etheric body would have obeyed the forces of attraction



which properly belong to it. The etheric body is being drawn all the time towards the sun, not towards the earth. Our constitution as human beings is such that our physical body has earthly heaviness, gravity, but our etheric body, sun-levity. Had the human physical body become what it must have become if the Mystery of Golgotha had not taken place, the etheric bodies of men would have followed their own urge towards the sun and have left the physical body. The existence of mankind on earth would inevitably have come to an end.

Until the Mystery of Golgotha, Christ's dwelling-place was the sun. Therefore in that the etheric body of man strives towards the sun, it is striving towards the Christ. Now picture to yourselves the scene on the day of the Ascension. In spiritual vision the disciples see Christ Himself rising heavenwards. A vision is conjured before them of how the power, the impulse of Christ unites itself with the etheric nature of man, in its upward striving; of how at the time of the Mystery of Golgotha man was facing the danger of his etheric body being drawn out into the sun like a cloud, but how, in its sunward streaming, it was held together by Christ. This picture must be understood, for in truth it is a warning. Christ is akin to those forces in man which naturally strive towards the sun and away from the earth, and will always do so. But Christ remains in union with the earth. Thus the Christ Impulse holds man securely on the earth.

In this picture of the Ascension, something more is manifest to the disciples. Suppose that the Mystery of Golgotha had not taken place and that numbers of men had become clairvoyant to the degree to which the disciples became clairvoyant at this moment. These men would have seen the etheric bodies of certain human beings departing from the earth in the direction of the sun, and they would have come to this conclusion: 'This is the path man's etheric body is taking. The etheric-earthly element in man is being drawn away into the sun.' But now, by carrying to its fulfilment the Mystery of Golgotha, Christ has rescued for the earth this sunward-striving etheric body. And thereby is manifest the fact that Christ remains united with mankind on the earth. Thus something else became apparent here, namely that through the Mystery of Golgotha Christ brought to pass within earth-evolution a cosmic event. Christ came down from the heights of spirit, linked Himself with humanity in the man Jesus of Nazareth, fulfilled the Mystery of Golgotha, united His evolution with that of the earth. It was a cosmic Deed accomplished for the whole of humanity.

Mark these words: The Deed on Golgotha was fulfilled for all mankind. The eye of clairvoyance can never fail to perceive how, since that Deed, the etheric forces in man,

with their urge to escape from the earth, are united with Christ in order that He may keep them in the earth-evolution. This applies to the whole of mankind."

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## Rudolf Steiner on Creating the Dwelling Place For Spiritual Beings In Our Work Together: How to Avoid Becoming Totally Isolated

### An Important Follow-Up to Our Conversation at the Annual Gathering

**D**ear Friends, just after our significant and thought-provoking conversation in April, the Festivals Group happened to work with a Whitsun lecture by Rudolf Steiner which elaborates the topic in a beautiful way. The subject material for the April conversation was Sergei Prokofieff's description of our relationship to the new Group Souls, who leave us in freedom. (from *Relating to Rudolf Steiner* by Prokofieff). The excerpts below (with the usual caveat about excerpting Rudolf Steiner) can help to strengthen our resolve to work together in such a way, 'with hearts streaming towards wisdom as the plants stream towards sunlight' that we '...develop what enables spiritual beings to come down out of higher worlds.' Rudolf Steiner tells us that as we become individualized souls, no longer united with the old group souls, each of us must find access to the necessary spiritual knowledge in order to avoid becoming wholly isolated.

"What can protect (each of) us from such spiritual isolation, from wandering aimlessly in the absence of the group-soul's spiritual guidance? Let us be quite clear that the process of human individualization will become ever more apparent, and that in future people must increasingly relate to each other through their own free will. The old connections between people on the basis of blood, lineage and race will soon be quite obsolete. All the tendencies are for each of us to become more and more individual." <sup>1</sup>

"Imagine that a number of human beings on the earth have come to recognize that they are all becoming more and more individual. Is there not a real danger that they will split away from each other ever more completely? Already nowadays men are no longer held together by spiritual ties. Each one has his own opinion, his own religion; indeed, many see it as an ideal state of affairs that each should have his own opinion. But that is all wrong. If men make their opinions more inward, then they come to a common opinion. It is a matter of inner experience,



for example, that 3 times 3 makes 9, or that the three angles of a triangle make up 180 degrees. That is inner knowledge, and matters of inner knowledge need not be argued about. Of such a kind also are all spiritual truths. What is taught by Spiritual Science is discovered by man through his inner powers; along the inward path man will be led to absolute agreement and unity. There cannot be two opinions about a fact without one of them being wrong. The ideal lies in the greatest possible inwardness of knowledge; that leads to peace and to unity.

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*In the past, mankind became free of the group-soul. Through spiritual-scientific knowledge mankind is now for the first time in the position to discover, with the utmost certainty of purpose, what will unite mankind again.*

Through spiritual-scientific knowledge mankind is now for the first time in the position to discover, with the utmost certainty of purpose, what will unite mankind again. When men unite together in a higher wisdom, then out of higher worlds there descends a group-soul once more. What is willed by the Leaders of the spiritual-scientific Movement is that in it we should have a society in which hearts stream towards wisdom as the plants stream towards the sunlight. In that together we turn our hearts towards a higher wisdom, we give a dwelling-place to the group-soul; we form the dwelling-place, the environment, in which the group-soul can incarnate. Mankind will enrich earthly life by developing what enables spiritual beings to come down out of higher worlds.

This spirit-enlivened ideal was once placed before humanity in a most powerful way. It was when a number of men, all aglow with a common feeling of fervent love and devotion, were met together for a common deed: Then the sign was given, the sign that could show man with overwhelming power how in unity of soul he could provide a place for the incarnation of the common spirit. In this company of souls the same thing was living: in the flowing together, in the harmony of feeling they provided what was needed for the incarnation of a common spirit. That is expressed when it is said that the Holy Spirit, the group-soul, sank down as it were into incarnation. It is a symbol of what mankind should strive towards, how it should seek to become the dwelling-place for the Being

who descends out of higher worlds.

The Easter event gave man the power to develop these experiences; the Whitsun event is the fruit of this power's unfolding. Through the flowing of souls together towards the common wisdom there will always result that which gives a living connection with the forces and beings of higher worlds, and with something which as yet has little significance for humanity, namely the Whitsun festival.

When men come to know what the downcoming of the Holy Spirit in the future can mean for mankind, the Whitsun festival will once more become alive for them. Then it will be not only a memory of the event in Jerusalem; but there will arise for mankind the everlasting Whitsun festival, the festival of united soul-endeavour.

It will depend on men themselves what value and what result such ideals can have for mankind. When in this right way they strive towards wisdom, then will higher spirits unite themselves with men.”<sup>2</sup>

<sup>1</sup> Whitsun, the Festival of United Soul Endeavor, Rudolf Steiner June 7, 1908 transl. Festivals and Their Meaning p 296

<sup>2</sup> Ibid, translation on Rudolf Steiner Archive



## In Appreciation

### Members' Reflections on Our Annual Meeting

*Rebecca Soloway*

With sunshine streaming in, Bothmer Hall was doubly warmed by the greetings of friends come to share

a meal as we gathered for the annual general meeting of the Portland Branch of the Anthroposophical Society. What followed dessert added sparkle to the warmth. We were enthralled by the beautiful voice of Angelica Hesse expertly accompanied by Liz Kohl on the piano. Since our meeting had originally been scheduled for St. Patrick's Day, these two young women had prepared for us half a dozen or so Irish melodies, some that pulled at the heart-strings and others that were toe-tappingly joyful. Those gathered were deeply appreciative of this rich gift of music.

### *James Knight*

I had the good fortune to attend the annual gathering and potluck of the Portland branch of the Anthroposophical Society on Sunday, April 28, along with 19 other members of our branch. We began at noon with a delicious potluck meal followed by a delightful musical performance of two local artist: soprano Angelica Hesse and pianist Liz Kohl. Angelica's amazing voice and Liz's harmonious accompaniment filled the room with a beauty and mood that carried over into the conversation period. Our conversation was guided by a reading put together by Valerie Hope. The title of our reading was "The Importance and Significance of Collaborating with One Another and the 'New Group Souls'."

It is difficult to summarize this profound reading and I recommend asking Valerie for a copy if you have interest. Perhaps in essence it could be summarized by the words often quoted from the Bible: "Wherever two or more are gathered in my name there am I also." And in this case present as expressed through the third Hierarchy of the Angels, Archangels, and Archai with whom we form a new type of Group Soul founded not on forces from the past, such as heredity and tribal identities, but on the future, fully matured, love filled individuality we are presently aspiring to become. The Angels who are connected to the individual inspire us and form a "New Group Soul" at the local group level, the Archangels are connected to the Folk Spirits at the national society level, and the Archai are connected to the Spirit of the time we are in at the world, or international level.

What I found most interesting and satisfying was that through this gathering of individual aspirants at this meeting, I could sense that we really created a vessel for what we were conversing about. We were able to do that through the mood that was created first by the shared repast and then the shared listening to the musical performance that then carried over into our warm and heart felt conversational style.

## A Call to Artists!!

The Art Hall at Cedarwood Waldorf School is pleased to announce a collaboration to celebrate Waldorf 100. The exhibit will be installed by September 19, on the 100 year anniversary, followed by an opening reception, First Thursday, October 7. Submissions by artists working out of the spiritual impulse of Anthroposophy reflecting the theme of the season, COURAGE, will be accepted and curated by email jpg through August 15 to robin@robinlieberman.net. Notification of acceptance and mailing/shipping guidelines will be go out by August 31. We plan to install "salon" style to accommodate as many two dimensional works as possible. As has been the policy of The Art Hall, we ask the artist to donate 50% of their sales as a pay it forward for the future of the arts. Questions? email above or 503-222-1192

## The Portland Branch of the Anthroposophical Society Invites you to Save The Dates!

See the attached calendar & fliers  
for more information and more events

### October 7,

'Courage', Art Hall Exhibit celebrating Waldorf 100.  
Artist submissions requested by August 15.

### October 11-13

Social Understanding, Gender & Sexuality with Lisa  
Romero

### November 2

All Souls Observance



# Calendar of the Soul

## Week 6

My Self from narrow Selfhood is arisen and  
finds itself  
As revelation of all worlds  
In forces both of Time and Space:  
The world it shows me everywhere  
As archetype divine  
The truth of my own image.

## Week 7

My self it threatens to take flight  
By world's clear light drawn mightly.  
Now my divining enter  
With strength upon your rights,  
Replace for me the power of thought,  
Which in the senses glory  
Inclines to lose itself.

## Week 8

The senses' might grows stronger  
In union with the God's creating,  
Subduing my power of thought  
To the dullness of a dream.  
When being Divine  
Would with my soul be one,  
The human thinking must  
In dreamlike state abide.

## Week 9

Forgetful of my self-determin'd will,  
World-warmth, heralding the summer,  
Fills all my Soul and Spirit-being.  
To lose myself in light  
My Spirit vision summons me,  
And divining forcefully proclaims,  
'Oh lose yourself, to find yourself anew!'

Calendar translation  
by Liselotte and William Mann

**The Portland Branch Newsletter** is published monthly to serve Branch members and friends. To learn more about the Portland Branch of the Anthroposophical Society, contact Diane Ramage at 971-271-7479.

**To submit an article or a calendar item** email it to Valerie Hope, [valerieannhpx@aol.com](mailto:valerieannhpx@aol.com). The deadline for submissions is the 15th of the month preceding publication. Items selected for publication may be edited for style, content and length.

### **To sign up for our newsletter/email list go to:**

<http://www.portlandbranch.org> and click on the button at the top of the right hand column on the home page.

The newsletter and calendar are posted on the Branch website, [www.portlandanthroposophy.org](http://www.portlandanthroposophy.org). Paper copies are available at the Pohala and Healthbridge Clinics; and the Cedarwood, Michael & Portland Waldorf Schools, and Swallowtail School.

**Our current newsletter team:** Design, layout, and illustrations Christopher Guilfoil; editing and proofreading Lauren Johnson; Calendar Jeremy Davis; printing and distribution Jerry Soloway; webmaster Angelica Hess; treasurer Ruth Klein; editor, Valerie Hope

### **The Portland Branch thanks the following Members & Friends for their Dues and Generous Donations in 2019:**

Cyndia Ashkar, Christine Badura, Sandra Burch, Wes Burch, James Conlon, Jayne Cronlund, Jeremy Davis, Michael Givens, Ali Givens, Mark Hope, Valerie Hope, Lauren Johnson, Lisa Jones, Anne Kollender, Ruth Klein, Tom Klein, Robin Lieberman, Judith Levin, Martin Levin, Brian McClure, Virginie Novak-Hoover, Robin O'Brien, Padeen Quinn, Jeff Rice, Diane Ramage, Deborah Smith, Jerry Soloway, Rebecca Soloway, Elizabeth Webber

### **We will gratefully receive your Branch membership dues (\$50 or what you can afford).**

Send to: The Portland Branch c/o Ruth Klein  
12286 SE 41st Court, Milwaukie, OR 97222

**We would like to gratefully acknowledge the following who generously provide spaces for our many activities: Dr. Joan and John Takacs for their long-standing donation of Bothmer Hall; the Portland Waldorf School; and the Cedarwood School.**



### **Another Way to Donate to the Portland Branch**

If you shop at Amazon and use the following link, a small donation, .5% of the price of your eligible purchases will be donated to the Portland Branch. [smile.amazon.com/ch/93-1269233](https://smile.amazon.com/ch/93-1269233)



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In lecture one of the "Study of Man" Rudolf Steiner explains "The task of education conceived in the spiritual sense is to bring the Soul-Spirit into harmony with the Life-Body...The child only begins to breath in the right sense of the word when he has left the mother-body.... As we breath in, we are continually pressing cerebrospinal fluid into the brain: and, as we breath out, we press it back again into the body....We may say that breathing is the most important mediator between the outer physical world and the human being who is entering it."

In my 30 years experience of practicing Advanced CranioSacral Therapy (CST), I have found that most of us need help in resolving imbalances that originate from birth, our entry into the breathing experience. CST is one of the few modalities that I am aware of that has the potential to normalize our breathing by assisting self correction (Perhaps playing a part in a proper "education", assisting the harmonizing of the Soul-Spirit and the Life-Body). ~ Benjamin Bell

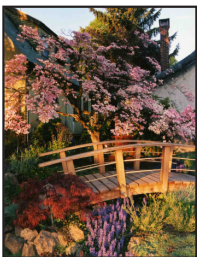
If you have a friend or family member interested in CST, bring them along to your first session for a free session.  
(Please be sure to reserve two consecutive appointment time slots, one for each of you.)



## What to Do

by Joyce Sutphen

Wake up early, before the lights come on  
in the houses on a street that was once  
a farmer's field at the edge of a marsh.  
Wander from room to room, hoping to find  
words that could be enough to keep the soul  
alive, words that might be useful or kind  
in a world that is more wasteful and cruel  
every day. Remind us that we are  
like grass that fades, fleeting clouds in the sky,  
and then give us just one of those moments  
when we were paying attention, when we gave  
up everything to see the world in  
a grain of sand or to behold  
a rainbow in the sky, the heart  
leaping up.



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"The possibility of illness is due to the possibility of becoming human beings..."--Rudolf Steiner, Arnheim, July 4th, 1924

### Whitsun Verse

By Rudolf Steiner

Where knowledge through the senses ends  
There stands the gateway  
Which alone opens  
Living reality to our soul's being;  
The soul creates the key  
When it grows strong within itself  
In the struggle which the forces of the world  
On their own ground wage  
With human powers;  
When by its own strength it drives away  
The sleep which cloaks the powers of knowledge  
At the limit of the senses  
In spiritual night.

## **First Class of the School of Spiritual Science**

**Sunday, June 9, 9:30am • Lesson IX • (no admittance after the class starts) • Bothmer Hall, 5915 SE Division St, Portland, 97206 Blue card required. • Lessons are normally held on the second Sunday of each month • Contact Cheri Munske at 503-484-4133, or Rebecca Soloway at 516-850-1027.**

## **Portland Branch Council Meeting**

**Tuesday, June 4, 7:00pm • Note the date • 2606 SE 58th Ave. • Contact Valerie Hope, 503-775-0778, [valerieannhpdx@aol.com](mailto:valerieannhpdx@aol.com)**  
All Branch members are welcome to attend, and/or call us with agenda items, proposals, suggestions, or to observe. Please contact Valerie to let her know you're coming. Meetings are normally held on the second Monday of the month.

## **Post-Materialist Science, Lecture & Workshop with Nicanor Perlas & Gopi Vijaya**

**Saturday, June 8, 7pm and Sunday, June 9, 10:30am • Eastside Community School • 556 124<sup>th</sup> Ave NE, Bellevue, WA 98005**  
To find out more and to register go to <https://cfae.us/seattle-workshop/>

### **Saturday June 8, 7pm-9pm**

Evening Lecture with Nicanor Perlas. With a broad brush Nicanor will paint us a picture of what it is that we face in Artificial Super Intelligence (ASI), what kind of world it'll create for us and how it will affect our lives. The stages of AI before becoming ASI and how it will slowly eat away at the core of our Being. The evening will end with some hope for the future.

### **Sunday June 9, 10:30am-1pm**

Morning Lecture with Nicanor Perlas. Nicanor continues from the previous evening's talk by going more deeply into the development of various technologies and their negative effects on humanity. The core tenets of Transhumanism and the march toward total immersion into ASI. As a counterweight to this Nicanor will describe what is emerging in the so called Global Civil Society, the rise in consciousness of a different view of the Human Being and how this view is being substantiated through individuals in the scientific community. What more can be done and how this can occur.

### **Sunday June 10, 1:30pm-3:30pm**

Afternoon Lecture with Gopi Vijaya. Gopi will continue this theme but through the lens of a physicist. How through the understanding of Goethean Science and Spiritual Science along with a new understanding of modern physics, we can come to the correct picture of ASI and where the true path of the Human Being lies.

## **Christian Community Eugene with Reverend Sanford Miller**

**Thursday, June 20, through Sunday, June 23 • All events take place at the Eugene Waldorf School • 1350 McClean Blvd, Eugene, OR 97405 • The Christian Community is totally supported by free will gifts and donations**

For more information, to schedule a Sacramental Consultation with Rev. Miller, or to inquire about Baptisms and Confirmation, please call **Carolyn Hannah 541-731-0447**.

Contact person for childcare is **Kristin Zay 503-830-1003**.

See our blog for more details and other events: <http://ccoregon.blogspot.com>

## **ATHENA Therapeutic Eurythmy Dental Conference with Mareike Kaiser, Austria**

**Sunday, July 21 to Saturday, July 27 • Portland Waldorf School, 2300 SE Harrison St, Milwaukie OR 97222**

This conference is for in training and trained therapeutic Eurythmists as well as any other trained therapists, dentists and physicians. Cost \$350 for members, \$400 for non-members.

For more info call **503-896-3345** or visit [www.therapeuticeurythmy.org](http://www.therapeuticeurythmy.org)

Low or no cost housing is needed for Eurythmists coming from out of town. If you are able to offer a space please contact **Christine Badura at 707-494-6741** or [badura88@hotmail.com](mailto:badura88@hotmail.com) She will want to know your rates, whether you have pets, private or shared bathroom, etc.

## **Healing the Impact of Technology with Lisa Romero**

**Wednesday, October 9, 7pm • Location TBA • Contact Dr. Robert Kellum, [healthbridge@integraonline.com](mailto:healthbridge@integraonline.com)**

Look for additional details in future newsletters.

## **Social Understanding, Gender, & Sexuality in the Light of Waldorf Education with Lisa Romero, et al.**

**Friday, October 11 through Sunday, October 13 • Cedarwood Waldorf School, 3030 SW 2<sup>nd</sup> Ave, Portland OR 97201 • Contact Dr. Robert Kellum, [healthbridge@integraonline.com](mailto:healthbridge@integraonline.com)**

Look for additional details in future newsletters.



## Ongoing Local Activities and Study Groups

### **First Class of the School of Spiritual Science • Second Sunday of the Month**

9:30 am sharp (no admittance after the class starts) • Bothmer Hall, 5919 SE Division St, Portland, 97206 • Blue card required.  
Contact Cheri Munske at 503 772-2632, or Rebecca Soloway (516) 850-1027

### **Council Meetings of the Portland Branch • Second Monday of the month**

7-9 pm • 2606 SE 58th Ave., Portland • Contact Valerie Hope, (503) 775-0778, [valerieannhpx@aol.com](mailto:valerieannhpx@aol.com)  
All Branch members are welcome to attend, and/or to call us with agenda items, proposals, suggestions, or to observe.

### **School of Spiritual Science Study • Second Thursday of the Month**

*The First Class of the Michael School and its Christological Foundations* by S. Prokofieff • For Members of the School of Spiritual Science 7:30-9:00 pm • Contact Rebecca Soloway, [rrsoloway1@gmail.com](mailto:rrsoloway1@gmail.com) or 516-850-1027

### **Christianity as Mystical Fact Study Group • First Monday of the Month**

7:45-9pm • Bothmer Hall, 5919 SE Division St., Portland 97206 • Contact Jerry Soloway 503-908-7615 or [jrsoloway@hotmail.com](mailto:jrsoloway@hotmail.com)  
Please join us in lively discussions centered on Rudolf Steiner's *An Outline of Esoteric Science*.

### **Community Painting Tuesday Mornings**

8:45-10:00AM Tuesday morning painting group for adults, at the Portland Waldorf School. Watercolor painting and contemplative drawing exercises, focusing on color studies and seasonal moods. All levels welcome. Contact [cherimunske@gmail.com](mailto:cherimunske@gmail.com) to RSVP.

### **Adult Eurythmy Class with Jolanda Frischknecht**

Tuesdays 6:30-8 pm • Takes place in Cedarwood Waldorf School, 3030 SW 2<sup>nd</sup> Ave. Portland 97201 • Cost: \$20/session; paid monthly, sliding scale on request • Contact Jolanda, [jolandamf44@gmail.com](mailto:jolandamf44@gmail.com), or 503-896-3345 Feel free to drop in, invite friends.

### **Eurythmy for Waldorf Alumni: Wednesdays**

Study, 6:30-7:30 pm; Eurythmy; 7:30-8:30 pm • Eurythmy Room, Portland Waldorf School, 2300 Harrison St., Milwaukie • Contact Carrie Mass, [Carrie.mass@portlandwaldorf.org](mailto:Carrie.mass@portlandwaldorf.org) If you've ever attended a Waldorf High School, this is for you!

### **Eurythmy, Portland Waldorf School Community: Wednesday Mornings**

8:45-9:30 am, Eurythmy Room, Portland Waldorf School, 2300 Harrison St., Milwaukie • Free - All are welcome. Contact: Carrie Mass, [Carrie.Mass@portlandwaldorf.org](mailto:Carrie.Mass@portlandwaldorf.org), 415-686-3791

### **Pacific Eurythmy, Open Classes for the Community in Anthroposophy and the Arts: Monday Evenings**

For details please see our website, [www.PacificEurythmy.com](http://www.PacificEurythmy.com) or call Jolanda, 503-896-3345 or Carrie, 415-686-3791

### **Festivals Study Group: First and Third Friday Mornings**

10:00 am-12:00 pm • 2606 SE 58<sup>th</sup> Ave, Portland • contact Suzanne Walker, 503-208-2426 [zzwalker@mac.com](mailto:zzwalker@mac.com)  
We are working with various of Dr. Steiner's lectures in an effort to better understand the festivals and how we may come to observe them according to his indications. This study is also greatly deepening our experience of the Calendar of the Soul and the cycle of the year. All are welcome.

### **Developing the Self Through the Inner Work Path in Light of Anthroposophy by Lisa Romero • Friday Mornings beginning January 4**

9:15 – 11:00 am • contact Patricia Lynch at [patriciahomanlynch@gmail.com](mailto:patriciahomanlynch@gmail.com)  
A short painting exercise and reading. All are welcome!

### **Singing Circle at the Portland Waldorf School • Friday Mornings**

8:45-10:15 am • Portland Waldorf School, 2300 SE Harrison St., Milwaukie, in the Orchard Room • all voices are welcomed. Contact Julianne Renzema at [momartist@yahoo.com](mailto:momartist@yahoo.com). No practice during school breaks.

### **Waldorf Education and Teacher Training Lectures and Courses**

Conducted throughout the year by the Micha-el Institute. Contact John Miles, 503-774-4946 [johncmiles@usa.net](mailto:johncmiles@usa.net)

### **Waldorf Teacher Education, Eugene**

Two and Three year Career Training and Artistic Development Learn more at [www.WTEE.org](http://www.WTEE.org) or call (541) 514-7905



Lecture & Workshop  
*with*  
***Nicanor Perlas & Gopi Vijaya***  
**Post-Materialist Science**

**Its role in Revealing the True Nature of  
*Being Human***

***In the era of Artificial Super Intelligence***

*Saturday Lecture June 8 | 7:00pm - 9pm*

*Sunday Workshop June 9 | 10:30am - 4:30pm*

at the **Eastside Community School**

**556 124<sup>th</sup> Ave Northeast, Bellevue, WA**

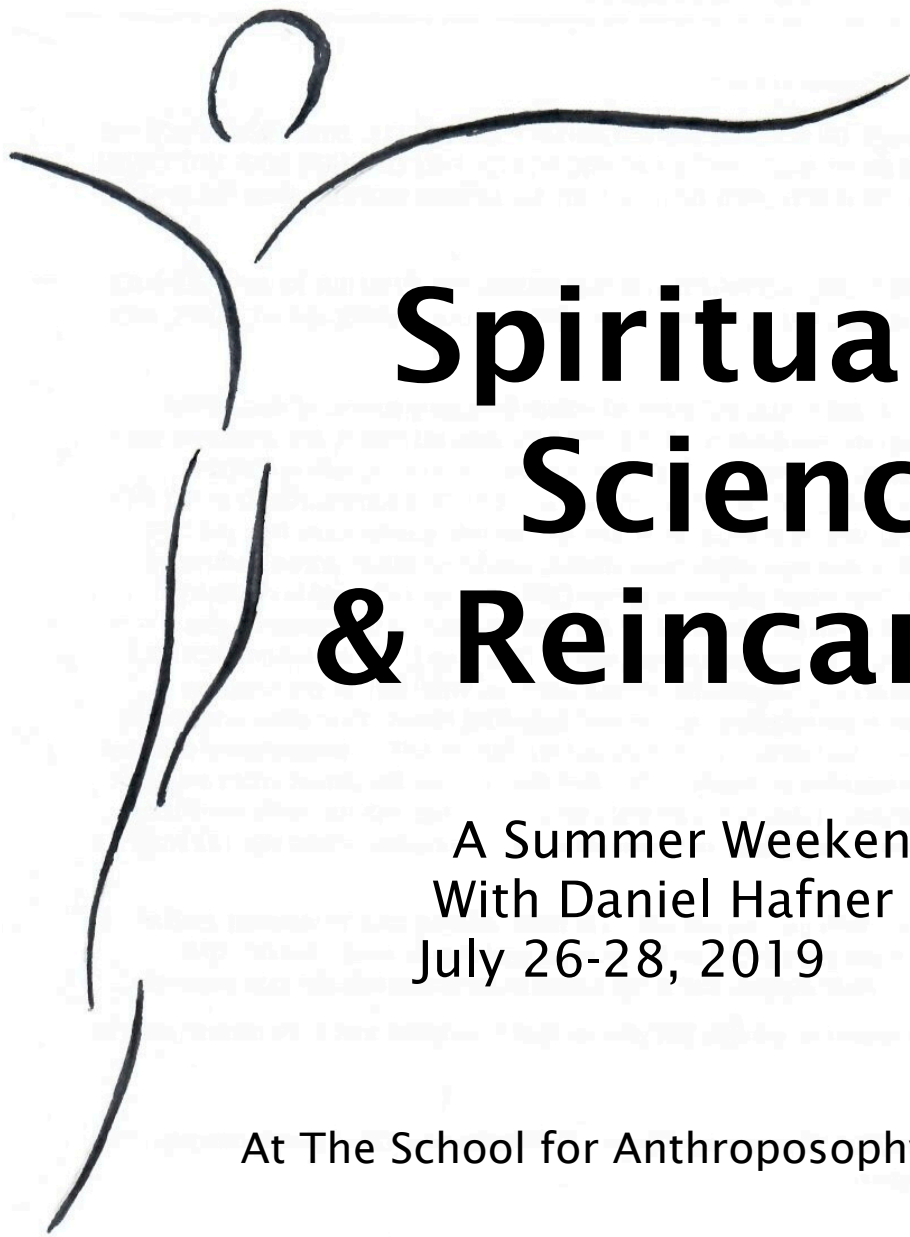
Are we more than the sum of what materialistic science can reveal of ourselves or are we nothing more than the sum of what we've created in technology?

Is there something we can do *now* that could correct technology's current trajectory and trim its course so that it aligns more with **human values and priorities** rather than fulfilling its widely predicted dissolution of humanity?

Join **Nicanor Perlas**, advisor, global civil society activist, speaker and author of ***Humanity's Last Stand***, as he speaks to these burning questions along with **Gopi Vijaya**, physicist, researcher and lecturer as they together explore where we are, where it's all going and how we can all, right now, work to make a different outcome than the one widely predicted for ourselves.

To find out more and to register go to <https://cfae.us/seattle-workshop/>





# **Spiritual Science & Reincarnation**

A Summer Weekend Course  
With Daniel Hafner  
July 26-28, 2019

At The School for Anthroposophy, Seattle

Lectures, Saturday night theater performance, and more.  
Early registration discount available until June 15.

Daniel Hafner lectures across the world on  
anthroposophy and related topics.

For more information contact David Axelrod:  
206-729-3977 or [d.axelrod@hotmail.com](mailto:d.axelrod@hotmail.com)

The School for Anthroposophy is an independent Anthroposophic mission  
in Seattle not part of The Anthroposophic Society or its Seattle Branch.  
It seeks collaboration with these and other groups through  
freedom and mutual independence.



# Social Understanding, Gender, & Sexuality in the Light of Waldorf Education

*With Lisa Romero and colleagues*

**October 11-13, 2019 at Cedarwood Waldorf School**  
3030 SW 2<sup>nd</sup> Avenue, Portland OR

**\$195.00/\$175.00 early bird/\$155.00 early bird for sponsors & students (before 8-31-19) Some work study available**

This workshop will address gender differences and similarities that can both limit and free us, and the contribution and struggles of the changing social structures around gender and sexuality affecting us all. It will help to bring an understanding of how to support the child/adolescent in these times and will also address some of the questions and challenges that adults experience. We will explore the anthroposophical understanding of being more than male and female and how to express the evolving pictures of gender and sexuality to students in primary and secondary school. It will also include the common struggles that are experienced during childhood, adolescence and into adulthood. Supporting this aspect of the health and wellbeing of the individual child's relationship to gender and sexuality results in greater resilience and confidence in their growing relationship to the wider community.

**Look for registration details in future newsletters. For more information contact Dr. Robert Kellum, [healthbridge@integraonline.com](mailto:healthbridge@integraonline.com)**



**LISA ROMERO** is an author and adult educator who has been delivering education enriched with anthroposophy for over 20 years. Her 6 books include *'Developing the Self,'* written after years of working with Waldorf teachers to support their inner work and pedagogical understanding of child development, *'Sex Education and the Spirit,'* written to support an understanding of our communal responsibility for the healthy development of gender and sexuality within society, *'Spirit-led Community,'* which introduces healthy guidelines for lessening the negative influence of technology on the inner life. For several years Lisa was the lecturer of Health & Nutrition and Male/Female studies at Sydney Rudolf Steiner College, where she continues to give lectures to the tutors on inner development. Since 1999 she has been presenting on the subject of gender, sexuality and spiritual life. She has been working with Waldorf schools as a part of their health and wellbeing curriculum, working directly with the students, teachers and parents on this theme. Lisa has contributed to and is an adviser on the Health and Personal Development for the Australian Steiner Curriculum Framework. She has developed training courses, and facilitates professional development on this subject for teachers and health professionals. For more on Lisa's work, go to: [www.developingtheself.com](http://www.developingtheself.com)



**Developing the Self**  
Developing the World

**Public Lecture on Friday night, October 11, *GENDER AND SEXUALITY IN THE DEVELOPING CHILD* is part of the conference but open to everyone (\$15.00)**  
**SAVE THE DATE: WEDNESDAY, OCTOBER 9, 7 PM FOR A LECTURE, *HEALING THE IMPACT OF TECHNOLOGY.***

**PRESENTED BY DEVELOPING THE SELF, THE NUNM ANTHROMED CLUB, THE PORTLAND BRANCH, PCCI, AND SPAN**