

## WHERE DO WE COME FROM?

# SPIRIT AND PRENATAL EXISTENCE

On Wednesday, June 2<sup>nd</sup>, Jaap van der Wal, M.D., Ph.D will kick off a four-day embryology workshop starting with a public lecture on spiritual embryology sponsored by the Portland Branch of the Anthroposophical Society.

This public lecture is open to all who wish to attend.

The lecture will take place from 7:30 until 9:30 PM at Warner Pacific College.

The lecture is part of the Spiritual Embryology course and course participants attend as part of their tuition; all others pay \$10 at the door.

Warner Pacific College, Egvedt Room, 203 East Portland Campus, 2219 SE 68th Avenue, Portland, OR 97215.

For info contact Dr. Bob Kellum at (503) 331-7393 or [healthbridge@integra.net](mailto:healthbridge@integra.net).

## THE SPEECH OF THE EMBRYO – PART 3 OF 3

By Jaap van der Wal, MD, Ph.D., The Netherlands

The Portland Branch will host an Embryology Lecture and 4-day Workshop from June 3<sup>rd</sup> through June 6<sup>th</sup> with Jaap van der Wal. The aim is to help participants gain an understanding of the mighty processes that bring every human individual to life on earth. This presentation of embryonic development will open new perspectives on polarities, threefoldness and fourfoldness, heredity and incarnation, and the evolution of the earth and humankind. Participants share in the mighty processes that form the basis of every human individuality and life on this earth. The way of considering embryonic development as it is presented here will open completely new perspectives as to polarities and threefoldness, microcosm and macrocosm, heredity and incarnation, evolution and the development of humankind. This part is the third and final part of *Speech of the Embryo* article series. You can find the entire article online on the Portland Branch website at [www.portlandbranch.org](http://www.portlandbranch.org).

## A TALE ABOUT AN UNIMAGINABLE EXISTENCE

Imagine you are (still) a fetus. Thinking that the world is like you, know and experience him at that time. How else could you imagine it? You just awoke in this world, in this reality. You awoke by opening and discovering your senses, you are still dreaming and slowly, step-by-step, you are becoming aware of things and of the world around you. Your experience does not reach beyond a warm mantle of water. Dim warmth enfolds you, you know yourself carried in a rolling, softly giving cover. Consciousness does not go beyond that. There is darkness, now and then a softly shining light. Vaguely soft rumors are heard. Voices, and a murmuring sound of a heart. It is there, all around you. Things do not have names yet: there are no concepts yet. You might think: "This is it, this is the world, reality; so what will my existence be like." How could you know better?

And you become attached to this world. With complete surrender you build roots of confidence and being in this world, in this living mantle of membranes and placenta. That is your safety and surety. This is where you find breath and nourishment, in here you exist, in here you root. A solid and safe base, ground under your feet. "Look at me, hanging on long-life cords" as the poet says. Imagine you are (still) a fetus and might think: "This is

the way it is, this is the way it should be. This is life, existence; this is my reality, my world."

And then ....! Then comes a moment that the ground of membranes and covers under your feet start to shake, start to fail, to give way! Once reliable and safe connections shift. Blood vessels are torn, breath is nearly taken away! That confident bag that carried you starts to (re)move you. You are driven out, out of your paradise, your foundations are faltering. The water that carried you all that time, that protected, fed and covered you, flows away. You are driven out! Out? To where? Is there an outside? There is no such thing as outside, there is no there, there is no other way of living, of being! It is UNIMAGINABLE that you could go on without that well-known world in which you awoke, that carried you and that you trusted! You are in pain, in distress, you are dying ....!

But then....! The UNIMAGINABLE happens! At the end of a narrow, dark tunnel you live! It is possible! Air singses your lungs, but you can breathe. It is an unknown way of life. There is light and hard sounds, but also warm hands and arms that carry and comfort you. You also can eat and be fed: there is a warm breast where you can come home again.

Is it not the same kind of notion that hinders us to look over the frontier of our death now? How UNIMAGINABLE it is that we could survive without all this that represents our world, our current reality? This body, so familiar and a trusted house, all life long. This world in which I am safe and sure of my being alive. Could there be a somewhere else, a somehow else? An existence out there? It cannot exist, it is unimaginable.

Imagine you are fetus again, in this reality, in this world! That one day you might be born through a tunnel into another way of being, living on at the other side? The unimaginable as a possibility? Who knows, someone waiting for you in that other world? Are they aware of you during pregnancy?

Being born: dying out of the coherence and wholeness of our prenatal existence, coming from a there to a here. Dying: going away from here, being born in a there, on the other side? Being born and dying, two sides, two aspects of a similar, of the same motion?

**FROM 'BEYOND' TO 'HERE'**

Connection in the vertical direction is the main theme during conception and in the dynamic and orientation of the whole prenatal development. That specific orientation, that direction of existence represents the essential gesture of development and being born. Even more literally an orientation from beyond to here, from periphery to center may be seen in the embryo. I will explain this here. At the end of the first week of embryonic development the entity of the embryo, which at that moment is represented by a small sphere-shaped organism consisting of a few genetically identical cells, is divided. It differentiates into two populations of cells, into a duality. During the first days of development the fertilized egg (zygote) is gradually divided into more and more cells by a process of subdivision (not by growth). The embryo is divided, split up into a number of smaller cells as if the embryo falls apart into cells. Around the sixth day after conception the embryo is a small vesicle fallen apart into an outer mantle (the trophoblast) consisting of some hundred cells with some fluid within and into a center or nucleus consisting of a

**IF YOU ARE INTERESTED TO LEARN MORE ABOUT THE PORTLAND BRANCH OF THE ANTHROPOSOPHICAL SOCIETY, PLEASE CALL DIANE RUMAGE AT (360) 241-7854.**

**THE PORTLAND BRANCH THANKS THE FOLLOWING MEMBERS AND FRIENDS FOR THEIR GENEROUS DONATIONS IN 2010!**

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The *Portland Anthroposophic Times* is published twelve times a year by the Portland Branch of the Anthroposophical Society in America to serve members and friends in the wider anthroposophical community. Printed copies of the newsletter are available at the Steiner Storehouse, Portland Waldorf School, Cedarwood Waldorf School, Shining Star and Swallowtail School. The newsletter and calendar are also posted on the Portland Branch website at [www.portlandbranch.org](http://www.portlandbranch.org).

Questions, suggestions and submissions may be sent by e-mail to [anthroposophy@earthlink.net](mailto:anthroposophy@earthlink.net). Items selected for publication in the Portland Anthroposophic Times may be edited for style, content and length. The deadline for submissions to the *Portland Anthroposophic Times* is the first day of each month for publication in that month's edition. Submit calendar items to [branchcalendar@mindspring.com](mailto:branchcalendar@mindspring.com) no later than the first of each month for publication in the next edition.

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small number of cells (8 to 12) that represents the plan (the Anlage) of the latter so-called actual or proper embryo and which is called the embryoblast. From that moment on a human organism consists of a peripheral body (mantle body) - the wall of the vesicle, the trophoblast that will grow out to the later placenta and membranes - and a central body called the proper embryo, the body that will become our actual body at birth.

Of course those two bodies will change and metamorphose thoroughly but the duality that apparently is essential and marks our prenatal existence, stays present and is discernible during our whole prenatal life. Whether the embryo is one week old - and the outer is called trophoblast and the inner embryoblast - or two weeks old - when features and names have changed into ectocyst and entocyst - or some weeks old - now amniotic sac and embryo - or some months old - membranes and fetus - always there is that duality. Do the processes in the embryo go from outside to inside? For example in the second and third week from this outer body a stream of blood and nourishment has to be developed in order to assure the existence of the central body. The first appearance of a heart represents the center of this whole entity at that moment. If not, the center will get loose of its periphery and might die resulting in a miscarriage. A dangerous threshold has to be taken between the second and third week: the embryo comes from a more peripheral existence (yond) to an existence in the center (here). It so to speak comes more to earth. It is incarnating deeper into the body. Is the whole of embryonic development a process of incarnation, an en-velopment? This duality in prenatal existence, this two-bodiness has to be taken seriously. Our envelopments (the peripheral body, the membranes and placenta) are not supplements or appendices like regular embryologists and gynecologists apparently want us to believe! The dynamics of the embryo show us that the central body is coming forth out of the peripheral body. It emancipates from it in a process of gaining independency (autonomy).

Then at birth a kind of untying process takes place and a human being comes to appearance by a kind of dying process, dying out of his self. The whole prenatal development process also bears the signature of coming to earth, of emancipating from a peripheral (spiritual?) dimension. Is it not meaningful that in the German language birth is called Entbindung (translated as decomposition). What was linked and connected is being untied and dissolved. Being de-livered like in the event of dying? Like on the deathbed soul and body are

separated, being born could be described as a process of dying from ones own context, (See the text on page 12).

## CONCLUSION

Daddy, where do I come from? For most people this seems to be a nonsense question in a decade in which everyone is indoctrinated with the dogma and articles of faith from modern natural science. Many children will get the answer that they come from daddy's sperm or from mommy's belly. Nowadays we make and even manufacture babies and many people are convinced that their thinking is scientifically proper and objective when they state things in this way. This article outlines, more or less, an embryology that justifies naming embryonic and prenatal existence as Being and Becoming human. It is an embryology that is rooted into and is based upon objective facts and phenomena as well as its natural scientific counterpart but that might surpass it. It is an embryology that offers a view on human performance in that mute and silent existence where we still write our biography in biological sentences and conditions. It is where the unique entity, person or entelechie that we all as human beings are, is not out of the game (or is not present yet) but wrestles himself, herself to light through biological performances as well as conditions of cells, genes and so on. It is an embryology that eventually has to answer the question where did I come from asked by nearly every child to his or her parents: "Well, you came from heaven, my child. I did not make you, nor did your mother do so. You are yourself; you belong to no one else. Go your way and become yourself. At the end you will finish and complete the road you journeyed upon and that includes your biological existence. Go then, till the last moment, to the meaning behind the last sentence that will make the world and us clearly see who actually the person, the one who was here was. Then people may read from your biography: Ecce Homo. Look, it was this human amongst us.

## ERNST KATZ, TEACHER OF ANTHROPOSOPHY

By Don Melcer, Austin, Texas

On September 3, 2009, one of the great teachers of anthroposophy crossed the threshold. Ernst Katz was 96 years old. He had joined the society when he was 16, and was fully dedicated to anthroposophy as a way of life and for understanding man's purpose on Earth for all of those 80 years.

I first became acquainted with Ernst in 1966 when a series of his articles about the book, "The Philosophy of Spiritual Activity," was published in the new (now

defunct) journal: Free Deeds. I had been reading various works of Rudolf Steiner for about 8 years, and had joined the Society in 1965. Like many people, I had struggled to understand that particular book, as well as most of Steiner's other "basic books." Ernst's articles were examples of extraordinarily clear thinking. I felt as though I had at last found a competent guide for understanding the lofty ideas presented in "The Philosophy of Spiritual Activity." Every time the postman delivered a new issue of Free Deeds I felt a rush of anticipation for reading what Ernst would say next.

About a year later I attended a summer anthroposophical conference and met a young professor of German from the University of Michigan. Alan Cottrell told me about the Ann Arbor study group led by Physics Professor Ernst Katz, and the wise guidance for understanding anthroposophy he provided. As a person who had studied anthroposophy mostly alone and had many unanswered questions, I was envious of those fortunate to have such a teacher. Destiny responded kindly to my envy, for within a year I was offered a position at Michigan State University, just a 50 minute drive from Ann Arbor. I quickly broke my vow never live in a place where it snowed all winter, and we left sunny Austin, Texas for snowy East Lansing, Michigan.

The Ann Arbor study group held its meetings in the homes of several members. The presentation protocol was simple. A designated person would present a short recap of a preselected Steiner lecture, followed by a general discussion. Attendance was typically 25 to 30 eager anthroposophists, and discussion was lively. I found Ernst's behavior interesting. There was no doubt that he was the leader but he showed no inclination to display his superior anthroposophical knowledge. Often he made little or no comment about a question or topic. More typically the discussion would continue until a question arose that nobody could explain adequately. The room would grow quiet and all eyes turned toward Ernst. He would then rather quietly say, "Yes, well....." and then give his thoughts about the question. We quickly learned to have our notebooks and pencils ready at these moments.

His extraordinary teaching skills and personal character were also recognized by physics students at the university. Once a group of students called on him during office hours and said something to this effect: "You know, Dr. Katz, we students gossip about our teachers, and we have noticed something different about you. Your courses are more alive and you seem genuinely interested that we understand what you

present in lectures. Can you tell us what it is that makes you different?" The students were quite correct in their intuition, for Ernst believed that every human connection was an event of destiny, and he treated each one with respect and reverence.

Some years later, Ernst phoned the regular members of the study group and suggested that we buy an old abandoned fraternity house for the purpose of creating a dwelling for university students who were interested in spiritual development so they could have a common place to live and study. We responded, and the Rudolf Steiner Institute of the Great Lakes Area was formed as a non-profit corporation. The structure of the building was sound, but the interior had to be completely renovated. Much of the restoration work was done by local members who donated their weekends for at least a year. Now there was a central building where anthroposophical activities of all sorts could take place. Ernst and his wife, Katherine, soon sold their large home on the Huron river and bought a small house adjacent to the building now named the "Rudolf Steiner House." For many years he and Katherine were the building managers and friends of the students and artists who lived there. The building is now the main office of the Anthroposophical Society in America.

Ernst's teaching activities increased. The University of Michigan allowed professors to teach full credit courses of their special interest in what was called "Free Offerings." Course content was carefully screened by a special committee. Ernst applied to teach anthroposophical courses, and after intense scrutiny, was allowed to do so. As a result, he was one of the few university professors at that time--perhaps the only one in the U.S.A.-- who taught courses in both natural science and spiritual science.

One of the great blessings of a university teaching career is that opportunities for work are always greater than the time available to do them all. Boredom is never a problem. I noticed that Ernst accomplished an amazing amount of work, yet never seemed rushed or anxious. How did he do it? I simply could not accomplish all the work I wanted to, and decided to make a special trip to Ann Arbor to ask Ernst's advice for improvement. Of course I hoped that he would give me a few clues as to how one accomplishes more work in less time. Instead, he told me how one of his colleagues, a famous scientist who received many requests for more information about articles he published, responded to all these inquiries--more than he could possibly answer. Ernst said, "He ignores the first and second request by any person and



only answers if there is a third. He figures that if a person asks the third time, he or she is really interested and will make good use of his reply." That was Ernst's quiet answer to my question. As I drove back to East Lansing I felt as though he had not answered my question at all. I had expected a detailed answer describing how one goes about improving his output. After a time, the answer dawned upon me. Ernst had said in effect, "here is how one man does it. You will have to develop the capacity and skills to accomplish what you want in your life--there is no simple formula." Thanks, Ernst.

All of Ernst's teachings, whether given to an individual, or published as essays for all to read, had this quality--they did not provide a ready answer to a particular problem, but required the person to think through the details and find his or her own solution. Ernst knew that we learn most profoundly through our own active thinking, and he was a master at stimulating such thinking. No wonder that his physics students perceived that there was something different about him.

All of his published teaching essays will soon be available in a book titled "Core Anthroposophy: The Teaching Essays of Ernst Katz," published by Steiner Books. The three of us who edited the book found the work absolutely inspiring. Ernst's composition is exquisite. One of the last questions I asked him before his death was, "How do you write these excellent essays?" This was not just a question of curiosity--I wanted to know how he did it so as to improve my own writing. I was hoping again for an answer in the form of step-by-step instruction. I should have known better--I've concluded that I'm a hopelessly slow-learner. His response was to mail me a copy of a letter by Sergei Prokofieff praising Ernst for one of his outstanding essays. Prokofieff is one of the current generation's most respected anthroposophical writers. In Ernst's letter to me, he kindly thanked me for my compliments about his writing and enclosed a copy of the Prokofieff letter--that was all. What was he suggesting to me? Ernst never spent time calling attention to himself, so I knew the Prokofieff letter was not for that purpose. His response said in effect, "You discovered something about my writing that a writer we both highly respect also discovered." I took that to be a very nice personal compliment. But the real lesson was, "If you will continue to study the essays carefully you will discover the method by which I write." By doing this, of course, what I learn will come as my own effort in Imaginative cognition, not intellectually by some set of instructions that would surely produce a dull imitation. At that

moment I felt deep thanks--thanks from the heart-- for Ernst's answer to my question.

Ernst intended all of his writings to be for the present and coming generations. He would be pleased if you select him as one of your spiritual teachers. You won't be disappointed.

Steiner Books will soon publish *Core Anthroposophy: The Teaching Essays of Ernst Katz*. Included in the book are chapters on the following subjects:

- The Mission of Rudolf Steiner
- The Philosophy of Spiritual Activity
- Meditation, an Introduction
- Meditation According to Rudolf Steiner
- Cosmic Secrets in Rudolf Steiner's Health Verses
- Paths to an Understanding of the Foundation Stone Meditation
- Contemplations on the Holy Spirit
- About Rudolf Steiner's Concept of Four Kinds of Etheric Forces

Everyone whose life Ernst Katz enhanced is invited to contribute to the cost of publishing these essays in book form. Donations are tax deductible. Send to Steiner Books, Gene Gollogly, C.E.O., 610 Main Street, Great Barrington, MA 01230.

### *PETER PAN IN PORTLAND!*

*The Portland Waldorf School senior play this year is PETER PAN. The venue is once again at the Warner-Pacific Cellar Theatre. Because of the popularity of this play, the troupe will make extra performances and two matinees for younger audiences. The show will perform Friday, May 28th at 7 p.m., Saturday, May 29th at 2 p.m., Thursday-Saturday, June 3rd, 4th, 5th at 7:00 p.m. and Sunday at 2:00 p.m. The performance will use shadow puppets and other theatrical illusions to create the magic of flying and the Neverland!*

# Portland Anthroposophical Society Calendar - May 2010

## Ongoing Events and Study Groups

### **Anthroposophical Course for Young Doctors Study Group**

Once a month on the 1<sup>st</sup> Wednesday at the Pohala Clinic, 12050 SE Holgate Blvd. 7-8:30 PM. Contact Julie Foster by phone at (503) 572-4196 or by e-mail at [julie@pohalaclinic.com](mailto:julie@pohalaclinic.com).

### **Eurythmy**

Eurythmy with Laura Radefeld every Wednesday morning that school is in session at the PWS Orchard Room @ 8:30 AM. Donations accepted to cover cost of piano accompanist. For more info call 503-654-4362 or contact by e-mail at [laura.radefeld@gmail.com](mailto:laura.radefeld@gmail.com).

### **Karma Exercises and Study**

The study group has just completed its multi-year work with the entire *Karmic Relationships* lecture cycle, and is now starting to work with Rudolf Steiner's karma exercises on the first and third Thursday of each month. Call James Lee for information 503 249-3804 or e-mail him at [anthroposophy@earthlink.net](mailto:anthroposophy@earthlink.net).

### **Meditation and Practical Spiritual Science**

We are currently studying Rudolf Steiner's lecture cycle "True and False Paths of Spiritual Investigation", also called "Initiate Consciousness". We encourage a lively conversational exchange of questions of all kinds. New members welcome. Meetings are on second and fourth Thursdays at 6:30 PM at 9510 SW View Point Terrace, Portland OR 97219. To RSVP, questions and directions call (503) 244-2277 or e-mail [elsas@ohsu.edu](mailto:elsas@ohsu.edu)

### **Mystery Dramas, with Speech-Formation Exercises**

On the second and fourth Wednesdays each month, 7:30 - 9:00 PM, in SW Portland. Currently beginning work on the 2nd Mystery Drama by Rudolf Steiner, *The Soul's Probation*. No acting experience necessary, just a love of the Word. Contact Diane Rumage by e-mail at [drumage@earthlink.net](mailto:drumage@earthlink.net) or by phone at 360 241-7854 for information.

### **Occult Science**

First and third Tuesdays from 7:30 - 9:00 PM at 3046 NE 33rd Avenue, Portland, OR 97212. Contact Donna Patterson and Bob Kellum at 503-331-7393.

### **Portland Waldorf School Community Choir**

Every Friday morning from 8:45 - 10:15 am (at the Portland Waldorf School, 2300 SE Harrison Street, Milwaukie) in the Orchard room, whenever school is in session. Anyone in- and outside the PWS community who enjoys singing songs through the seasons, across the centuries and around the world is very welcome, including drop ins. This event is free and a community builder. More information: Marion Van Namen (503) 956-4046.

### **Portland Youth Discussion Group**

We invite you to join some of the young, and young-at-heart, members of our community for an ongoing potluck/study group. We are considering working with *Knowledge of Higher Worlds*, to renew our understanding of this key work (other possibilities exist). We welcome new people who are open to exploring spiritual science, asking questions, discussing topics that sometimes get overlooked in other groups, and trying to keep Anthroposophy as fresh, relevant,

and living as possible. We meet Sunday evenings, twice a month to share a potluck dinner, practical/artistic activity, and conversation. For more information, please contact Angelica Hesse at 503-238-0055 or [swingsprite@gmail.com](mailto:swingsprite@gmail.com).

### **Psychosophy Study Group**

Working with the Steiner text, *Psychology of Body, Soul and Spirit*, we meet the second and fourth Tuesday of the month, 7:30 PM - 9:00 PM. Call Cheri Munske for more info: 503-484-4133.

### **Waldorf Education and Teacher Training**

Lectures and courses conducted throughout the year by the Michael Institute. Contact John Miles at 503/774-4946. [johncmiles@usa.net](mailto:johncmiles@usa.net).

## Upcoming Events

### **Sunday, MAY 9**

#### **First Class of the School of Spiritual Science**

Bothmer Hall, Blue card required – Discussion on Lesson 2 at 8:30 AM, class at 9:30 AM sharp. Lesson 3. Please contact Jannebeth Röell 503/249-3807 or Diane Rumage at (360) 241-7854.

### **Tuesday, MAY 11**

#### **Portland Branch Council Meeting**

7 PM – 8PM study of the theme of the year followed by a business meeting at the home of Ruth and Tom Klein, 3609 SE Center, Portland OR 97202, phone: 503-777-3176. All Branch members are welcome to attend.

### **Friday, MAY 14**

#### **The Mystery of Faith - Transformation of the Astral Body**

The Branch has invited Rev. Sanford Miller to speak about faith. Faith is something much misunderstood. The Spiritual Science of Rudolf Steiner helps one to grasp it's place and significance. There is a lot that traipses around as faith that is not faith, but a fixed set of beliefs. Faith is an activity of soul. Sanford Miller has been a student of Rudolf Steiner since 1972. He was ordained, as a priest in The Christian Community, in 1982. His current congregation is in Sacramento, CA. This event will take place at Bothmer Hall, 5919 SE Division St., Portland, OR 97207, from 7:30PM-9:00PM. This event is sponsored by the Portland Branch. A \$5 - \$10 donation is suggested.

### **Saturday, MAY 15**

#### **New Testament Study - John 16: 24-33**

Reverend Sanford Miller will lead an interactive discussion of this text from the Bible including insights from Anthroposophy. Come experience a new way of exploring a biblical text. 11:00AM at Bothmer Hall, 5919 SE Division St., Portland, OR 97207. Suggested donation: \$5 or more. Call Sandra Burch with questions: (503) 353-1818.

### **Saturday, MAY 15**

#### **Whitsun and the Future of Community**

Rev. Sanford Miller will speak about Whitsun (Pentecost) as the festival of the Individual Community - human social structures and karma. What is being asked of modern humanity in terms of relationship? 7:30PM at Bothmer Hall, 5919 SE Division St. Suggested donation: \$5-\$10 or whatever is possible. Contact Sandra Burch with questions: [galenalyn@gmail.com](mailto:galenalyn@gmail.com) or (503)353-1818.

**Sunday, MAY 16****The Christian Community**

9:15 - Religious Instruction (grades 1-8). 10:00 - Children's Service (grades 1-8). 10:30 - The Act of Consecration of Man (for adults) (childcare available). These are services performed by Reverend Sanford Miller of the Christian Community. They take place at Bothmer Hall - 5919 SE Division St., Portland, OR 97207.

Sponsored by The Friends of the Movement for Religious Renewal. Contact Sandra Burch at (503) 353-1818 or [galenalyn@gmail.com](mailto:galenalyn@gmail.com) with questions or if you would like a private meeting with Reverend Miller.

**MAY 17-MAY 29****Anthroposophical Health Retreat**

The Rudolf Steiner Health Center is an anthroposophical inpatient clinic specializing in personalized care, supportive oncology, and anthroposophic treatments and therapies. We offer natural alternatives for many illnesses, including chronic fatigue, cancer, arthritis, eating & sleep disorders, post-surgical recovery, chronic pain, heart disease, or simply the stress of modern living!

Rudolf Steiner Health Center, 1422 W. Liberty, Ann Arbor MI 48103, 734-663-4365 or email: [info@steinerhealth.org](mailto:info@steinerhealth.org)

**MAY 28-JUNE 5****Peter Pan**

The Portland Waldorf School will present the senior play of this year once again at the Warner-Pacific Cellar Theatre. Because of the popularity of this play, we are doing extra performances with two matinees for younger audiences. The show will perform Friday, May 28 at 7 p.m., Saturday, May 29 at 2 p.m., Thursday-Saturday, June 3, 4, 5 at 7 p.m. and Sunday at 2 p.m. They will use shadow puppets and other theatrical illusions to create the magic of flying and the Neverland! 2219 SE 68th Avenue, Portland, OR 97215. Contact: Jeffrey Levy by e-mail at [jlevy49@comcast.net](mailto:jlevy49@comcast.net).

**Wednesday, JUNE 2****Spiritual Embryology Lecture - Where do we come from? Spirit and Prenatal Existence – Open to All.**

Jaap van der Wal, M.D. Ph.D will set the tone for the four day workshop on spiritual embryology that starts Thursday. This event is sponsored by the Portland Branch. The lecture will take place from 7:30 until 9:30 PM at Warner Pacific College. For further details and booking please contact Dr. Bob Kellum by phone at (503) 331-7393 or by e-mail at [healthbridge@integra.net](mailto:healthbridge@integra.net). Spiritual Embryology workshop participants are free; all others pay \$10 at the door. More information can be found on the Portland Branch Website: [www.portlandbranch.org](http://www.portlandbranch.org).

**JUNE 3-6****Spiritual Embryology – Glimpsing the Mystery: The Nature of Life in the Womb**

A four day intensive Thursday to Sunday, beginning June 3, 2010 through June 6, 2010 at Warner Pacific College in Portland with Jaap van der Wal, M.D. Ph.D. This event is sponsored by the Portland Branch and is sold out. E-mail Dr. Bob Kellum at [healthbridge@integra.net](mailto:healthbridge@integra.net) for additional information. Professional CEU's pending.

**Tuesday, JUNE 8****Portland Branch Council Meeting**

7 PM – 8PM study of the theme of the year followed by a business meeting at the home of Ruth and Tom Klein, 3609 SE Center, Portland OR 97202, phone: 503-777-3176. All Branch members are welcome to attend.

**Sunday, JUNE 13****First Class of the School of Spiritual Science**

Bothmer Hall, Blue card required – Discussion on Lesson 3 at 8:30 AM, class at 9:30 AM sharp. Lesson 4. Please contact Diane Ramage at (360) 241-7854.

**JUNE 25-26****Tycho Brahe ,Herzeleide and Emperor Julian**

A” karma exercise” workshop at Rudolf Steiner Community Center, Martin Alley Pasadena CA 91105 . Presenters will be Linda Connell, Jannebeth Röell, MariJo Rogers and Lynn Stull. Contact Linda Connell [linconnell@sbcglobal.net](mailto:linconnell@sbcglobal.net)

**JUNE 25–27****The Zodiac and World Evolution in the Light of Divine Sophia**

Eurythmy as Cosmic and Sacred Dance, creating a pathway to Community, Spirit and Healing, presented by Robert Powell, PhD. Huckleberry Hall, Seattle Waldorf School, 2728 NE 100th Street. Suggested donation: \$170/ \$190. To register send \$50 deposit, payable to Seattle Branch, to: Katherine Hitchcock, 2442 NW Market St #108, Seattle, WA 98107.

**Sunday, JULY 11****First Class of the School of Spiritual Science**

Bothmer Hall, Blue card required – Discussion on Lesson 4 at 8:30 AM, class at 9:30 AM sharp. Lesson 5. Please contact Diane Ramage at (360) 241-7854.

**Sunday JULY 11****Transformation and Alchemy**

This quarterly meeting for members and friends invited Seth Miller to talk about some key features of this ongoing work. Seth Miller has taught physics and other high school subjects in Waldorf Schools across the West. His Master's thesis, inspired by Dennis Klocek's consciousness studies program, examined the four elements of Earth, Water, Air, and Fire as the basis for a qualitatively rich way of working with transformative patterns. As a continuation of this work, he is currently swimming in a pile of books related to his PhD dissertation from the California Institute of Integral Studies, which focuses on the topic of transformation through the lenses of anthroposophy, alchemy and cybernetic epistemology. Bothmer Hall ,11:00 AM potluck 11:30AM-1PM talk and activity.

**JULY 12-23****Changing Times- Changing Music**

The new music and it's natural place in Waldorf pedagogy with Manfred Bleffert from Germany. <http://waldorfmusic.org>

**Tuesday, JULY 13****Portland Branch Council Meeting**

7 PM – 8PM study of the theme of the year followed by a business meeting at the home of Ruth and Tom Klein, 3609 SE Center, Portland OR 97202, phone: 503-777-3176. All Branch members are welcome to attend.





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