

The Portland Branch of the Anthroposophical Society in America

Anthroposophic Times

Newsletter of the Portland Branch of Anthroposophical Society

www.PortlandAnthroposophy.org

Volume 118, May 2014



Spring Crocus
Caroline Mason
Wynstones Press

Calendar of the Soul

April 27-May 3; Week 2

Out in the sense-world's glory
The power of thinking loses self-confines,
And spirit worlds discover
Again their human offspring,
Who germinates in them
And yet within himself
Must find the fruit of soul.

May 4-10; Week 3

Thus to the World-All speaks,
In self-forgetfulness
And mindful of its primal state,
The growing human I:
In you, if I can free myself
From fetters of my selfhood,
I sound the depths of my true being.

May 11-17; Week 4

I sense a kindred nature to my own:
Thus speaks perceptive feeling
As in the sun-illuminated world
It merges with the floods of light,
To thinking's clarity
My feeling would give warmth
And man and world
In unity bind fast.

May 18-24; Week 5

Within the light that out of spirit depths
Weaves germinating power into space
And manifests the gods' creative work:
Within its shine, the soul's true being
Is widened into worldwide life
And resurrected
From narrow selfhood's inner power.



Ascension by Benjamin West, 1801
Ascension Thursday is on May 29, 2014

May 25-31; Week 6

There has arisen from its narrow limits
My Self and finds itself
As revelation of all worlds
Within the sway of time and space,
The world, as archetype divine,
Displays to me at every turn
The truth of my own likeness.

~Transl. Ruth & Hans Pusch

The Portland Branch of the Anthroposophical Society
Invites you to
Save The Date!

See the Calendar & fliers for more info.

May 2-4: NCNM Weekend Symposium, *What is Healing?* Featuring Dr. Philip Incao, MD: *Immunity, Vaccinations & Infectious Disease.* More Anthro Practitioners on Sat.

What can be Accomplished by Working With the Calendar of the Soul: Preface to the Second German Edition, 1918

The year's cycle has a life of its own. The human soul can feel this life as it participates in it. If the soul is sensitive to the life of the year and its changing expressions from week to week, then it will rightly find itself. It will feel forces spring from this communication that strengthen it from within. The soul will realize that these inner forces are waiting to be awakened by its own interest in the significance of the world's natural cycle as it unfolds in the course of time. Only in this way, the soul becomes aware of the delicate but purposeful threads that connect it with the world into which it has been born.

In this Calendar a verse is given for each week so that the soul may be able to participate in what is unfolding within this particular week as part of the entire life of the year. The verse is meant to express the note sounded within the soul as it unites itself with that life. A healthy feeling of "being at one" with the flow of nature and, resulting from this, a strong sense of "finding oneself": this is what is intended here, as it is believed that a feeling participation in the natural course of the world, as pursued in these verses, is something the soul longs for, if it but rightly understands itself.

~ Rudolf Steiner, Transl. by Daisy Alden

Accommodations Needed for Michael Institute Waldorf Teacher Trainees

The Michael Institute summer conferences are just around the bend. We are looking for people interested in lodging Waldorf teacher trainees during their summer conferences at the following rates: \$33/night single room, private bath; \$28/night single room shared bath; \$23/night shared room and bath. The conference dates this year are: June 15-28; July 7-19; and August 21-26. Contact John Miles at 503-774-4946 with offers of space.

About Artist Patricia Lynch, and Her Upcoming Exhibit at the Art Hall

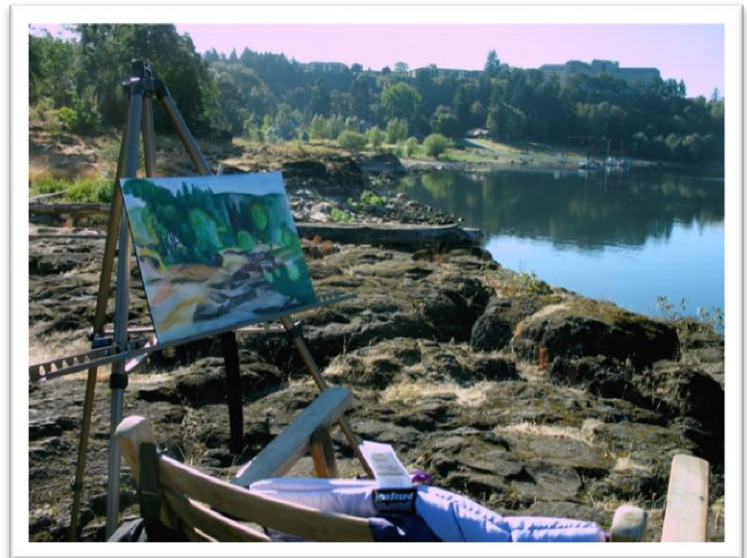
(excerpted from the Portland Waldorf School's March newsletter, *Heartbeat*)

Patricia Lynch has been teaching high school art since the Portland Waldorf High School opened in 1999. "She is so cool!" is a common perception among the high school students. It's not just her zebra striped boots and general style that makes her cool, but her personality and the way that she so comfortably falls into conversation with the students about all sorts of topics.

"People often assume that teaching art is easy," says Patricia. "What they forget is that Waldorf students don't get to choose in and out of classes. Everyone does everything, which means that I am frequently working



Patricia Lynch at work



Patricia's Workroom

with students who think they can't do art, but we are all artists! The fact is that I struggle with art, all artists do, and all students will eventually hit the art equivalent of writers block. When a student is stuck and frustrated with their art piece I say 'Fantastic! Now you've got a wonderful opportunity to push through that!' and we talk about how to do that."

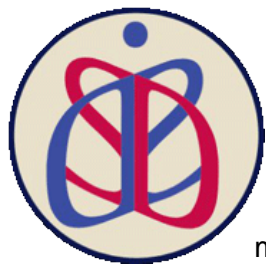
But there is more to Mrs. Lynch than being a cool art teacher. Outside of her teaching hours, Patricia has her own practice, painting in nature and in her home studio. This fall she participated in a course on sacred and iconic painting that greatly inspired her teaching with the 11th grade. She is also active in helping to curate shows for the Cedarwood Waldorf School's Art Hall, and she meets weekly with other artists to read and discuss Rudolf Steiner's Color lectures and to practice the ideas that are learned there. "Painting has its own language" she says. "There is a limit to how much one can learn

from talking about color and art -- at some point we just have to experience it! Only then do some of Steiner's writings make sense."

Patricia has stood out as an artist for her entire life. She began her formal study of art at Maryland Institute College of Art and received her Bachelors of Fine Art at Pacific Northwest College of Art. Over the last two decades she has had her art displayed at PNCA, Gallery Eleven O' 49, and the Wildflower Gallery. **Her newest show will open on May 8 at the Art Hall at Cedarwood Waldorf School.** Proceeds from that show will be donated to Waldorf Education both at Cedarwood and the Portland Waldorf School.

Her pieces are almost entirely landscape paintings. She explains that the process of creation is far more meaningful than just recreating what she sees before her. She attempts to perceive the creative forces of nature around her, and to capture those non-visual elements through her use of color. She has been painting landscapes for many years and she finds that working with the same subject over a long period becomes like a meditation that allows her to uncover ever deeper understandings of color. "He, to whom nature begins to unveil her open secrets, feels an irresistible longing for her worthiest interpreter, art." (Goethe.)

"Images in today's media are so immediate and changing," Patricia says, "and it is a healthy challenge to commit to one image and really explore and refine it over time. My own exploration of color, pondering the purpose of art, and my search for truth, creates a mood around art that I think allows students to feel comfortable exploring and expressing themselves too." **Please join us at the reception for Patricia's show on May 8th from 5:30 - 8pm at the Art Hall in the Cedarwood Waldorf School.**



About Spacial Dynamics

Jaimen McMillan, the founder of Spacial Dynamics, has developed this practice over decades of intense study, practice, and research into the phenomena of movement and space. Spacial Dynamics® is the study and enhancement of the relationship between the human being and space through various movement techniques and activities. Students of Spacial Dynamics learn to experience the space around them as an alive and vibrant medium which is just as important to their movement as the physical body itself.

By becoming conscious of this space and the dynamic forces of the movements within it, the physical body learns to follow these movements, to ease into them. When the body moves into a dynamic space that has

already been created for it, the movement itself can be performed with less effort, greater effect, enhanced mental clarity, and less strain upon the body.

Jaimen began his development in the early 1970's when he was working as a world class fencer. His first experience of the living dynamic of space changed the course of his life. Once, when practicing lunging in slow motion, he felt the space in front of his hand initiating the movement, drawing his arm, his chest, his hips, his legs, and his whole body, sequentially into a perfectly effortless extension. With care, this motion was able to replicate again and again. First, very slowly as if to keep this flame alive, then faster and faster, then at blinding speeds. Most surprisingly, the opponent transformed into a partner. The lunge was not a thrust directed at an opponent, but rather a movement that was drawn by the partner, as if in a dance. Wishing to understand and develop this experience, he began to uncover these hidden spacial dynamics, and to define the different qualities of space, and new dynamics of grace-filled movement.

Through sports, fencing, and dance he came to the experience of mastered space; through eastern martial arts to the experience of concentrated space; through the study of water, sound, and eurythmy to the experience of fluid space; through projective geometry to the experience of infinite space; through his intensive study of Bothmer Gymnastics he experienced the planes of space as focus; through Rudolf Steiner's work the concept of earth and sun space; through psychology, physiotherapy, classical and rhythmical massage, and movement therapy to the first-hand experience of the space of the other person.

It was out of this journey that Spacial Dynamics was born. Every part of the human body has its own distinctive movement, activity, or gesture. Each of these has to be woven together to create a harmonious whole. Every stage of development, every illness, every relationship, has accompanying spatial movement gestalts or patterns. One can learn to perceive the patterns and discover and extract principles. Spacial Dynamic activities and exercises were developed to help us learn to differentiate movement, and aid each part of the body to ease into its own archetypal movement pattern. With practice, it is possible to apply these principles with a growing degree of effectiveness, pleasure, and presence in everyday life.

The training uses a variety of exercises which help participants to learn and integrate the human being's relationship to dynamic space. They are as varied as the interests of the people themselves. Discus, javelin, archery, baseball, games, dance, and other movement from various disciplines are studied in order to experience and then understand their underlying

dynamics. This understanding then suggests what dynamics need to be created in space so that the physical body can move into it.

In addition, specific Spatial Dynamics exercises have been developed. These slow, fluid, sculpting exercises are designed to balance and harmonize the human being in space. Spatial Dynamics therapeutic techniques have also been developed to bring about a fluid, harmonious integrity to the body; and supporting structure to the space around it. These hands-on techniques work with moving into an ideal, dynamic posture that promotes healthy movements and helps to avoid and alleviate pain, injuries, and undue wear and tear on the body. One can learn to wear one's space, rather than getting worn down by it.

The exercises increase attentiveness and help the individual to consciously work towards self-development. They also flow over into interaction with others. Increased awareness of the changing dynamics of movement and space offer growing insights into group dynamics applicable to the corporation, the classroom, and the community.

Whitsun

Where outer senses' knowledge ends,
There and there only is the Gateway
That leads to the realities of life.
The Soul of Man himself forges the key
When he rows strong in the battle
Which Cosmic powers with human powers wage
Upon the Soul's deep ground,
And by his own free will dispels the sleep
Which at the senses' frontiers
Plunges in spiritual night
His faculties of knowledge.

~Rudolf Steiner

Submitted by Ruth Klein



New Festivals Study Group Forming

Rudolf Steiner tells us that Christmas and Easter are the two great pillars of the year. Several additional festivals over the course of the year are also important. Over the last several years the Council has been working with members to cultivate a deeper understanding of the festivals, through publication in the newsletter of Rudolf Steiner's lectures, and oftentimes reading together when we have gathered as a community to celebrate. The participation of the Eurythmy and choral groups have greatly enriched our experiences. We are hoping that a group will form to help carry our festival life forward, and as a first step Christine Badura has offered to host a study. Please contact her at :

707-494-6741 badura88@hotmail.com

Subduction /Zone

Through no evident faults of our own,
Boundaries converge;
And we, in all eagerness,
Ride over one another
In destructive ways.

Under the surface, we feel the tremors
Of our meetings;
Knowing at any moment,
Worlds can collide,
Inner oceans can rise,
Life can swallow us up,

In a twisted tangle of rubble,
Cold, wet, mud, and dark,
Clinging to life's debris,
Sifting through fragments of identity.

There is no real insurance
Against such necessary havoc;
Yet mindful of oncoming devastation,
Efforts to love each other now,
Wrapped in a blanket of forgiveness,

Can effect subtle shifts, which,
While not without unsettling moments,
May still remain our only hope
For healing into any semblance
Of solid ground.

With every step we take there,
The world can be reborn...

Bob Kellum 3-31-14

Portland Branch Calendar

May 2014

First Class of the School of Spiritual Science – Lesson One

Sunday, May 18, 9:30 am sharp • Bothmer Hall, 5919 SE Division St, Portland, 97206, Contact Diane Rumage at 971-271-7479 or Cheri Munske at 503 772-2632 Blue card required. Second Sunday of each month, except in May.

Schedule for the year: 5/18, 3rd Sunday to accommodate Mother's Day, Lesson 1; 6/8 Lesson Two; 7/13 Lesson Three; August, no meeting; 9/14 Lesson Four; 10/12 Lesson Five; 11/9 Lesson Six; 12/14 Lesson Seven

Portland Branch Council Meeting

Monday, May 12, 7-9 pm • 2606 SE 58th Ave. Contact 503-775-0778 • email valerieannhpdx@aol.com.

All Branch members are welcome to attend, and/or to call us with agenda items, proposals, suggestions, or to observe. Meetings are on the second Monday of each month.

The Art of Prayer at Rose Well Painting Studio with Sandra Burch

Monday May 5, 10 am – 12 pm • \$25 • Contact Sandra Burch, 503-353-1818 or galenalyn@gmail.com to register.

Come explore the world of prayer within the medium of watercolor. Start your week with painting.

What is Healing? A weekend symposium with Dr. Philip Incao – Keynote presentation: Immunity, Vaccinations & Infectious Disease (This Symposium was titled “Bridging the Chasm” in the March newsletter)

Friday, May 2, 7-9 pm; Saturday, May 3, 8:30-5:30 pm; Sunday May 4 trip to biodynamic winery • National College of Natural Medicine, 49 SW Porter St., Portland 97201 Fees: to be announced • For more information contact Shawnte Yates, 360-448-3969 shawnteyates@gmail.com

The Anthroposophic Medicine Club at NCM and the Society for Physicians of Anthroposophic Naturopathy are sponsoring this symposium addressing the question, “What is Healing?” Saturday topics will include a variety of Anthroposophical healing modalities, including: a vaccinations & healing intensive with Dr. Philip Incao; rhythmical massage; biography work; eurythmy & spacial dynamics; art therapy; music therapy; and a closing panel discussion with case vignettes. Sunday will feature a visit to Maysara Winery in McMinnville, and a discussion of Biodynamic agricultural practices. See attached flier.

Christian Community Events with the Reverend Sanford Miller

May 8-11 • Bothmer Hall, 5919 SE Division St., Portland (except Thurs. see below) • Suggested donation for talks \$10; pay what you can, no one will be turned away • Pre-arranged childcare available for Sunday events • Contact Sandra Burch with questions, to schedule appointments for pastoral counseling or a Sacrament of Consultation, or for Sunday childcare, 503-353-1818 galenalyn@gmail.com

- **Thursday, May 8, 7:30 pm, Gospel Study: *Where is Easter in Us?*** **Note location**, the Burch House, 11388 SE 45th Ave., in Milwaukie
- **Friday, May 9, 7:30 pm: *The Inner Streams Within Christianity: What is it that Comprises Christianity? What flows from the Christ event brings together many streams of humanity, making it a universal religion.***
Close of Day Service directly following the lecture Friday night. Be sure to experience this simple and beautiful way to end your day.
- **Saturday, May 10, 8am:** The Act of Consecration of Man – Open Communion for Adults
- **Sunday, May 11: Sunday Services**
 - 9:15 am** Religious instruction for children grades 1-8
 - 10:00** Children's Service grades 1-8
 - 10:30** The Act of Consecration of Man - Open Communion for Adults
Potluck following the service

Exhibit of 'New Landscapes' Art by Patricia Homan Lynch – Opening Reception

Thursday, May 8, 5:30 pm – 8 pm • Cedarwood Waldorf School, 3030 SW Second Ave.

Exhibit open to the public by appointment through June 5. See newsletter article and attached flier. Contact Robin Lieberman, 503-222-1192

An Introduction to Spacial Dynamics with Jaimen McMillan

Sunday, June 1, 10 am-1 pm followed by complimentary buffet • Bothmer Hall (next to medical clinic) 5915 SE Division St. • \$25
Pre-registration not required info@spacialdynamics.com

Learn what has put a spring in the step of your friends and colleagues! Experience the healthy, harmonious continuum between body and surrounding space. See newsletter article and attached flier.

Micha-el Institute Events/Lodging Needed

Foundation Studies Classes (open to all): The Waldorf Curriculum, Thursdays 7pm March 13-April 4 • Art in the Waldorf School, Thursdays 7pm April 10-May 22. **Waldorf Teacher Training Conferences:** Early Childhood, June 15-28 • External Comprehensive Grades 1,3,5,7, July 6-19 • Foundation Conference August 21-25 • Micha-el School, 13515 SE Rusk Rd, Milwaukie, OR • Contact John Miles, 503-774-4946 johncyrimiles@gmail.com

The Micha-el Institute is looking for people interested in lodging Waldorf teacher trainees during their summer conferences at the following rates: \$33/night single room, private bath; \$28/night single room shared bath; \$23/night shared room and bath. Contact John Miles at michaelinstitute@gmail.com

New Spacial Dynamics Institute Training Course

Begins October 17-21 • Camp Kuratli in Boring, Oregon, about 20 minutes outside Portland • for more information and to register www.Spacialdynamics.com

The Spacial Dynamics Institute will be beginning a new training course in the Portland area. Ready for your next step? See newsletter article and attached flier.

Tours: In Search of Francis of Assisi; & In Search of the Black Madonna

July 12-25, based in Assisi, a study of St. Francis with Jeff Feldman and Sarnia Guiton. Rudolf Steiner's insights will be a major focus with visits to sites associated with this extraordinary human being. • August 31-September 14, visits to four shrines in Europe that house Black Madonnas • contact Sarnia Guiton, Sophia Services, 604-740-0676, www.sophiaservices.ca

May 15 is the booking deadline for St. Francis, June 31 for the Black Madonna.

Ongoing Local Activities and Study Groups

First Class of the School of Spiritual Science • Second Sunday of the month except May

9:30 am sharp • Bothmer Hall, 5919 SE Division St, Portland, 97206 • Blue card required. Contact Diane Rumage at 971-271-7479 or Cheri Munske at 503 772-2632

Council Meetings of the Portland Branch • Second Monday of the month

7-9 pm • 2606 SE 58th Ave., Portland • Contact Valerie Hope, (503) 775-0778, valerieannhpx@aol.com

All Branch members are welcome to attend, and/or to call us with agenda items, proposals, suggestions, or to observe.

The study group will continue working with lectures from the Karmic Relationships lecture cycle and applying Rudolf Steiner's karma exercises. The Spiritual Hierarchies and the Physical World • First and third Tuesdays

Mystery Dramas with Speech-Formation Exercises – On Hiatus until September

Beginners Welcome, NE Portland • Those interested please contact Diane Rumage by e-mail at drumage@comcast.net or by phone at 971-271-7479.

Portland Waldorf School Community Choir • Friday Mornings

8:45-10:15 am • Portland Waldorf School, 2300 SE Harrison St., Milwaukie, in the Orchard Room • Free will donations gladly accepted, all voices are welcome. Contact www.portlandwaldorf.org • pws_choir-subscribe@yahoo.com (503) 654-2200

The Spiritual Hierarchies and the Physical World • First and third Tuesdays

7:30-9 pm • 3046 NE 33rd Ave. • contact Donna Patterson and Bob Kellum, 503-331-7393 • All are welcome

World Economy Study Group • Second and Fourth Wednesday of the month, 5:30-7pm

5:30-7 pm • 827 NE Alberta St. • Contact Michael Gives, 503-609-0890

Please join us in a diverse study group around the principles and practices of Associative Economics. We will be reading and discussing Rudolf Steiner's 14 lectures on the "World Economy". The recommended text is "Economics: World as One Economy", translated by Dr. Christopher Houghton Budd. It can be found at <https://www.cfae.biz/publications/shop/>

Waldorf Education and Teacher Training Lectures and Courses

Conducted throughout the year by the Micha-el Institute. Contact John Miles, 503-774-4946 johncmiles@usa.net

Waldorf Teacher Education, Eugene

September-June • Eugene Waldorf School • Contact Lee Ann Ernandes @ message phone, 541-686-9112

Preparing Waldorf teachers for their future vocation since 1990.



Rudolf Steiner's Four Mystery Dramas: A Festival and Performance August 8-17, 2014

Next August, the **Threefold Mystery Drama Group** will perform Rudolf Steiner's four mystery dramas, highlighting a nine-day festival and conference to explore the future of the anthroposophical movement.

Never before has the cycle of four mystery dramas been performed in repertory in English.

Registration for this historic event will open in February 2014. The registration fee of \$595 (\$425 for seniors and students, \$300 for limited-view seats) will cover full performances of Rudolf Steiner's four mystery dramas, plus a rich program of talks, artistic activities, group discussions, a performance of *The Green Snake and the Beautiful Lily*, and more. Performance seats will not be sold separately from conference registrations. All performances will take place in air-conditioned Rose Hall of Green Meadow Waldorf School.

If you pre-reserved and paid a deposit before December 31, 2013, you will be contacted by Threefold Educational Center at least one week before registration opens to the general public, and offered the opportunity to complete your registration and get first priority seat selection.

Click here to go to the website.

http://www.threefold.org/conferences/rudolf_steiners_four_mystery_dramas.aspx

The **Portland Anthroposophic Times** is published monthly to serve Branch members and friends. To learn more about the Portland Branch of the Anthroposophical Society, contact Diane Ramage at 971-271-7479.

To submit an article or a calendar item, email it to both Valerie Hope, valerieannhpdx@aol.com and Wes Burch, truelion@comcast.net. The deadline for submissions is the 15th of the month. Items selected for publication may be edited for style, content and length.

To sign up for our email list, or contact the Branch Council, go to <http://www.portlandbrnch.org/contact>

Newsletter co-editors are Wes Burch & Valerie Hope, Seth Miller is our webmaster, and Ruth Klein is our treasurer.

The newsletter and calendar are posted on the Branch website, www.portlandanthroposophy.org. Paper copies are available at the Takacs, Pohala and Healthbridge Clinics; and the Cedarwood, Michael & Portland Waldorf Schools, and Swallowtail School.

The Portland Branch thanks the following Members & Friends for their Dues and Generous Donations in 2014:

Christine Badura, Betty Baldwin, Virginia Berg, Sandra Burch, Wes Burch, Yvonne DeMaat, Mia Ellers, Lauren Johnson, Bob Kellum, Donna Kellum, Ruth Klein, Tom Klein, James Knight, Robin Lieberman, Padeen Quinn, Diane Ramage, Jeff Rice, Diane Schell-Rowley, Jerome Soloway, Rebecca Soloway, Barbara Strong, Elizabeth Webber, Neil & Cindy Weinberg

**Please submit your Branch membership dues (\$50) each January, or your donations, to: The Portland Branch
c/o Ruth Klein, 3609 SE Center, Portland, OR 97202**

Physical Medicine & Injury Rehabilitation



Susan Schmitt, M.D.

Joan Takacs, D.O.

John Takacs, D.O.



The clinic offers alternatively extended medicine including Physical Medicine and Rehabilitation and Comprehensive Family Practice. The physicians utilize holistic principles that include the Anthroposophical world conception and its medical modalities, movement principles from Spacial Dynamics®, Feldenkrais®, Intermuscular Stimulation (IMS), Musculoskeletal Ultrasound and refined hands-on techniques to augment alternative and mainstream medical approaches in diagnosis, treatment and prevention of illness and injury including work related injuries, personal injuries, motor vehicle injuries and sports injuries.

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Robin Lieberman
MSW, LCSW

503.222.1192 robinlieberman.net



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Warré Bee-Friendly Beehives

Warré Hives are meant for hands-off, minimalist and sustainable beekeeping practices and are suited to provide a comfortable home for honeybees in the Pacific Northwest. Used extensively by backyard beekeepers in the United States and Europe, they are designed to be simple, economical, bee-friendly and to assure a surplus of honey for the beekeeper.

The standard kit includes all parts, fasteners, complete illustrated instructions and costs \$200. Each bee box is predrilled for easy assembly and has a closeable "port hole" window for an easy look at the bee situation within. Fully assembled hives are also available and I offer free guidance in beekeeping with these hives.

See: www.beeologique.com

I have built these Demeter compliant Warré beehive kits for beekeepers in the Willamette Valley since 2008. My hives were chosen to be placed in the Spikenard Bio-dynamic Honey Bee Sanctuary in Virginia and Taggart Siegel, the director of the honey bee documentary "Queen of the Sun", chose my Warré beehives to place in his back yard at his home.

Bill Wood (541) 687-8211 Eugene, Oregon
beeologique@gmail.com



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the Aloha Spirit integrating
Anthroposphic Medicine.

Julie E Foster, MSN, FNP
3848 SE Franklin St.
Portland, OR 97202
503.572.4196
pohalaclinic.com

Pohala
A Place for Healing

Embryo In Motion: Understanding Ourselves as Embryo

4-DVD Set Now Available With Jaap van der Wal, PhD, MD

This beautiful 4-DVD set was professionally recorded live in Portland, OR, June 3-6, 2010.

To learn more about the 4-DVD set and for instructions on how to order it, go to the "shop" portal on the Portland Branch website at www.PortlandAnthroposophy.org.

the ART
HALL
CEDARWOOD
WALDORF SCHOOL

OPENING RECEPTION
THURSDAY, MAY 8TH, 2014
5:30PM - 8:00PM

PATRICIA HOMAN LYNCH

NEW LANDSCAPES

CEDARWOOD WALDORF SCHOOL
3030 SW SECOND AVENUE
PORTLAND, OR 97201



EXHIBIT OPEN TO THE PUBLIC
BY APPOINTMENT THROUGH
JUNE 5TH. FOR FURTHER
INFORMATION PLEASE
CONTACT ROBIN LIEBERMAN
AT 503-222-1192



ROBIN LIEBERMAN PRESENTS:

a studio sale

Paintings from the last 25 years

Studio 901
1410 SW Morrison Street
Suite 901
Portland, Oregon

Saturday, May 10, 2014
2:00 - 4:00 pm
or by appointment
503-222-1192
robin@robinlieberman.net

MOTHER "EARTH IS A BEING WHO DESERVES TO BE LOVED."

Daisy Alden

A PAINTING WORKSHOP TO EXPLORE,
HONOR AND CELEBRATE YOUR
RELATIONSHIP TO MOTHER

Saturday, May 10, 2014

10:00 am – 1:00 pm

Studio 901

1410 SW Morrison Street

Portland

with Robin Lieberman, MSW, painter,
psychotherapist and art therapist.

Curiosity is the only prerequisite!

\$50 for all supplies and refreshments

(some scholarship available)

robin@robinlieberman.net

503-222-1192

Have you tried out some churches but never quite found the one that fits?

RELIGIOUS RENEWAL

Rudolf Steiner gave new life to education with the Waldorf School and he helped found The Christian Community – a Movement for Religious Renewal – a Christian path for modern people. Come meet our visiting priest, Reverend Sanford Miller, and experience the renewed Mass and the Children's Service.

THURSDAY MAY 8 7:30PM

GOSPEL STUDY – Where is Easter in Us?

John 15: 1-27 With the help of Spiritual Science delve into the words from 'the disciple that Jesus loved' - at the Burch house in Milwaukie.

FRIDAY MAY 9 7:30PM

The Inner Streams Within Christianity – What is it that comprises Christianity?

What flows from the Christ event brings together many streams of humanity, making it a universal religion.

CLOSE OF DAY SERVICE – directly following the lecture Friday night.
Be sure to experience this simple and beautiful way to end your day.

SATURDAY MAY 10 8:00AM

The Act of Consecration of Man – Open Communion for Adults

SUNDAY MAY 11

SUNDAY SERVICES

9:15AM – Religious Instruction for Children (grades 1-8)

10:00 – Children's Service (grades 1-8)

10:30 – The Act of Consecration of Man (open communion for adults)

Potluck following the service

(Pre-arranged childcare available for Sunday events)

Unless otherwise noted all events held at Bothmer Hall
5919 SE Division Street, Portland

Suggested donation for the talks: \$10

– contribute what you can, no one will be turned away.

Contact Sandra Burch with questions, to schedule appointments for pastoral counseling or a Sacrament of Consultation or to sign up for childcare during the Sunday adult service: galenalyn@gmail.com or 503 353-1818

Ready for your next Step?

An introduction to Spacial Dynamics® with Jaimen McMillan



Go to YouTube video intro:
Spacial Dynamics level I
Training courses

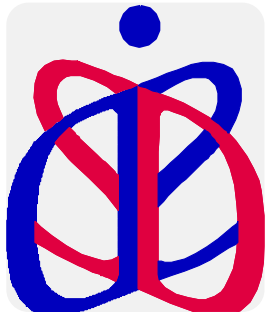
Sunday June 1st 10:00am -1:00pm - \$25

Followed by complimentary buffet lunch

Learn what has put a spring in the step of your friends and colleagues! Experience the healthy, harmonious continuum between the body and surrounding space.

LOCATION: Bothmer Hall (Next to the medical clinic) 5915 SE Division St, Portland

info@spacialdynamics.com



**SPACIAL
DYNAMICS
INSTITUTE**

**NEW LEVEL I
TRAINING
PROGRAM
FALL 2014**



BEGINS:

MECHANICVILLE, NEW YORK

OCTOBER 9-13, 2014

PORTLAND, OREGON

OCTOBER 17-21, 2014

AUSTIN, TEXAS

NOVEMBER 6-10, 2014

CONTACT:

129 Hayes Road, Schuylerville, New York 12871 518-695-6377 518-695-6955 (f)
info@spacialdynamics.com www.spacialdynamics.com