



Anthroposophical Society PORTLAND BRANCH

Newsletter

May 2016



dove; now, however, another picture appears, the picture of the fiery tongues. It is in a single dove, a single form, that the Holy Spirit manifests itself in John's Baptism: it is in many single tongues that it manifests itself at the Pentecostal festival. And each of the single tongues brings inspiration to an individual, to each of the individualities of the first disciples of Christianity.”¹

Rudolf Steiner further describes how the “...Spirit of which men had previously spoken, this Spirit of the folk, was to be replaced by one which, though certainly related to it, worked at a far higher level, a Spirit which is related to the whole of mankind, as the earlier Spirit had been related to a particular people. This Spirit was to be given to man and to fill him with the power to say: “I feel I belong no longer only to a part of humanity, but to the whole of it; I am a member of the whole of mankind, and will become a member of it ever more and more!” This force, which poured a universal human quality over the whole of mankind, was attributed to “the Holy Spirit.”

Whitsun – May 15, 2016

How can we develop the power to overcome the pervasive divisiveness and separation that we experience, so that we can say: “I feel I belong no longer only to a part of humanity, but to the whole of it.?”

Rudolf Steiner, over the course of six Whitsun lectures, enlightens us about many important aspects of the Whitsun event, and points toward what we can strive to experience at this important festival time. Here I will provide excerpts to focus on just one aspect, which points a direction, so needed in our time, for overcoming isolation and divisiveness – for developing the power to say, “I am a member of the whole of mankind.” The article following this one, excerpted from Adam Bittleston’s work, offers practical advice about some of our tasks in this regard.

I highly recommend reading any or all of Dr. Steiner’s six lectures as a fitting way to observe Whitsun. They contain so much more than I can share here, and can be found in the book ***Festivals and Their Meaning***, or on the Rudolf Steiner Archive online. ~Valerie Hope



What are we to make of the tongues of fire that descended on the Apostles at Whitsun? Dr. Steiner offers the following: “... In the Baptism by John there stands before us the picture of the Spirit as the

**The Portland Branch of the Anthroposophical Society
Invites you to
Save The Dates!**

See the attached Calendar & fliers for more info.
And more events

September 24

Michaelmas

November 2

All Souls

2017!

8/19-21

Oliver Conradt, Solar Eclipse

8/29-9/2

Dr. Jaap van der Wal

Your 2016 dues will be gratefully received. Thank you for helping to make our lively community life possible. Please send \$50 – or what you can – c/o Ruth Klein, 3609 SE Center St., Portland, OR 97202.

Thus the Spirit which was expressed in the force which flowed from the folk into the mother was raised from 'Spirit' to 'Holy Spirit.' "1

"...Now it could happen that man himself might entirely detach himself from the group-soul in becoming an individual and find no means of developing further as an individual soul. While he remained united with the group-soul, he was guided by higher powers; now he is thrown back upon his own resources. If he does not find access to the necessary spiritual knowledge, he is then in danger of wholly isolating himself.

What is it that protects man from an isolation which is, without the direction and purpose which, earlier on, the group-soul had given him? We must clearly recognize that man individualizes himself more and more, and to-day, he has to find a connection once again with other men out of his free will. All that connects men, through folk, race and family, will be ever more completely severed. All the tendencies are for the human being to become more and more individual.

Imagine that a number of human beings on the earth have come to recognize that they are all becoming more and more individual. Is there not a real danger that they will split away from each other ever more completely? Already nowadays men are no longer held together by spiritual ties. Each one has his own opinion, his own religion; indeed, many see it as an ideal state of affairs that each should have his own opinion. But that is all wrong. If men make their opinions more inward, then they come to a common opinion. It is a matter of inner experience, for example, that 3 times 3 makes 9, or that the three angles of a triangle make up 180 degrees. That is inner knowledge, and matters of inner knowledge need not be argued about. Of such a kind also are all spiritual truths. What is taught by Spiritual Science is discovered by man through his inner powers; along the inward path man will be led to absolute agreement and unity. There cannot be two opinions about a fact without one of them being wrong. The ideal lies in the greatest possible inwardness of knowledge; that leads to peace and to unity.

In the past, mankind became free of the group-soul. Through spiritual-scientific knowledge mankind is now for the first time in the position to discover, with the utmost certainty of purpose, what will unite mankind again. When men unite together in a higher wisdom, then out of higher worlds there descends a group-soul once more. What is willed by the Leaders of the spiritual-scientific Movement is that in it we should have a society in which hearts stream towards wisdom as the plants stream

towards the sunlight. In that together we turn our hearts towards a higher wisdom, we give a dwelling-place to the group-soul; we form the dwelling-place, the environment, in which the group-soul can incarnate. Mankind will enrich earthly life by developing what enables spiritual beings to come down out of higher worlds.

This spirit-enlivened ideal was once placed before humanity in a most powerful way. It was when a number of men, all aglow with a common feeling of fervent love and devotion, were met together for a common deed: Then the sign was given, the sign that could show man with overwhelming power how in unity of soul he could provide a place for the incarnation of the common spirit. In this company of souls the same thing was living: in the flowing together, in the harmony of feeling, they provided what was needed for the incarnation of a common spirit. That is expressed when it is said that the Holy Spirit, the group-soul, sank down as it were into incarnation. It is a symbol of what mankind should strive towards, how it should seek to become the dwelling-place for the Being who descends out of higher worlds.

The Easter event gave man the power to develop these experiences; the Whitsun event is the fruit of this power's unfolding. Through the flowing of souls together towards the common wisdom there will always result that which gives a living connection with the forces and beings of higher worlds, and with something which as yet has little significance for humanity, namely the Whitsun festival. When men come to know what the downcoming of the Holy Spirit in the future can mean for mankind, the Whitsun festival will once more become alive for them. Then it will be not only a memory of the event in Jerusalem; but there will arise for mankind the everlasting Whitsun festival, the festival of *united soul-endeavor*.

It will depend on men themselves what value and what result such ideals can have for mankind. When in this right way they strive towards wisdom, then will higher spirits unite themselves with men."²

"We can believe in the future of Christianity when in very truth we understand the Whitsun thought. And then there comes before us the mighty picture, with a force that works like a force present in the soul itself. Then do we feel the future, as the first understanders felt it under the inspiration of the Holy Spirit, if only we are willing to make alive in our souls that which knows nothing of the boundaries separating the different parts of humanity and speaks a language which all souls, all the world over, can understand. We feel the thought of peace, of love, of harmony, which lies in the Whitsun

thought. And we feel this Whitsun thought enlivening our Whitsun festival. We feel it to be a surety for our hope of freedom and eternity. Because we feel the individualized spirit awakening in our souls, there awakens in us the most significant element of the spirit: *the endlessness of the spiritual*. Through sharing in the spiritual, man can become conscious of his immortality and his eternity. And in the Whitsun thought we truly realize the power of those primal words which Initiate after Initiate continued to implant, and which reveal to us the meaning of wisdom and eternity: we feel them as a Whitsun thought, handed on from epoch to epoch, in the words which to-day for the first time sound forth exoterically:

**Being is ranged by Being in the widths of Space,
Being follows on Being in the courses of Time,
Remain'st thou in widths of Space, in courses of Time,
Then art thou, O man, in the passing world alone.
But above them with power thy soul itself upraises
When, divining or knowing, it beholds what passes
not;
Beyond the widths of Space, beyond the courses of
time!**¹

1. Whitsun the Festival of the Free Individuality
2. Whitsun the Festival of United Soul-Endeavor

How Can the Whitsun Impulse be Applied to Our Lives Today?

Thoughts compiled by Sandra Burch from the book *The Spirit of the Circling Stars* by Adam Bittleston.

In this compelling book Bittleston writes compassionately, speaking to current human conundrums and including insights about the constellations and the planets. The thoughts presented here are only part of the entries for May:

We are called as human beings always to go on learning about the world and about ourselves. ... The need of the disciples cried out for the One of whom Christ had spoken as the Comforter, the "one called in to help" - the literal meaning of the Greek word Paraclete.

In the upper room, Christ Jesus had indeed breathed upon them, and said, "Receive ye the Holy Spirit". But the effect of this only awoke in their consciousness on the morning of Whitsun. When what is described as the mighty rushing wind through the house, and the tongues of fire resting on them, transformed their souls, they found in themselves the power to look back on the events in which they had shared, and to interpret them with

their own thinking. They felt a movement of thought within them which could mediate between the mighty words of Christ and everyday human judgments in all their variety.

The disciples can then speak in words which carry enthusiasm and comfort to their hearers. But St. Luke makes clear that there was one among them who does not speak, and yet whose presence has the most far-reaching purpose. The mother of Jesus is among them; ... All that is spoken on earth as knowledge needs the protecting mantle of the unspoken. ... In Mary lives the very opposite of all aggressive self-assertion. ... In Mary lives the deepest consciousness that the Holy Spirit is the bringer of peace among men;

There are indeed tests we can apply in order to recognize the working of the Holy Spirit: the healing of divisions, and the protection of freedom. ... where the Holy Spirit burns, differences of nation, class and age become less important, and the possibility of mutual understanding great.

What are the obstacles to the work of the Holy Spirit in the present world? It is as if men's minds were avoiding three great tasks, which have to be faced before the way for the Holy Spirit's working can be opened.

First and fundamentally, we need the willingness to enter completely into the very consciousness of other human souls. We need to share their sight of what is true.

Then, this leads to a still more difficult recognition: that an insight becomes untrue, simply through a failure to develop with the course of time. It is as if we were always trying to prevent the Holy Spirit in us from breathing; we want to possess what we know, not offer it up and receive it anew. ... all the more must human beings be prepared to sacrifice again and again the formulations which they have come to accept, and think afresh. ... knowledge as a living process like breathing, and not as a static condition of having information in store.

Thirdly, we need to recognize that thinking has to be transformed when we move our attention from one level of existence to another. We need a different kind of thinking, to put it crudely, if we are considering the arrangement of furniture in a room, or if we are considering a question of human motives. A great many of the difficulties between human beings are due to insensitivity about this. Thinking is like touching; as we change our muscular tension if we are digging, or swimming, or lifting a child, so the movement of thought in itself has to become tougher or gentler according to its subject. Above all it should change when it passes

from things belonging simply to the physical world, to the beings and events which are beyond the Threshold and belong to spiritual reality. ... Generally, when we think, our attention is directed only to the matters under consideration; we have to add a further attentiveness which watches over the manner of our thinking and warns us when this no longer fits the subject.

When a group of people concern themselves together about some problem, they are always facing more or less consciously these three tests. Are we understanding each other's opinions? Are we really in touch with the present situation? Is our thought on a level and in a mood that fits the subject. ... in some way or another the experience of the Holy Spirit's working has come to every human being at times, with a joyful sense of discovery and of liberation from narrowness in our own judgement.

The disciples will indeed only be worthy of the mother who is among them if they accept a battle which has to be fought for many ages to come. It is a battle within them, not simply between good and evil, but among many powers, none of which may be allowed to prevail over all the rest. Again and again we may find that we come into conflict with somebody else just because we have not allowed some battle to be fought out within us.

AS AWAKENERS of ancient memories, festivals turn our thoughts and feelings to the past. Through what they signify they awaken in us thoughts that link us to all that our souls held holy in distant ages. But other thoughts also are roused through the understanding of the content of these festivals, thoughts which turn our eyes to the future of mankind, which, for us, means the future of our own souls. Feelings are awakened which lend us the enthusiasm to live on into the future, and inspire our wills with strength so to work that we may grow ever more and more adequate for our future tasks. ¹



Pohala - A Place of Healing Welcomes New Colleagues, Dr. Lisa Del Alba and Benjamin Bell LMT

Please give warm welcomes to Anthroposophist Dr. Lisa Del Alba, and to Benjamin Bell LMT. Starting in April 2016, they joined Julie Foster, NP at **Pohala- A Place of Healing**. Portland is becoming a center point for Anthroposophic Medicine. We are truly blessed with all the providers we have locally.

Dr. Del Alba is a naturopathic doctor who has been in a family practice setting since 1999. She graduated from Southwest College of Naturopathic Medicine in Tempe, Arizona, one of four accredited naturopathic medical schools in North America.

Dr. Del Alba approaches the practice of naturopathic medicine from an Anthroposophical point of view, and has worked in this capacity with several Waldorf schools. In addition to having the tools of her naturopathic profession, she has extended her medical practice by attending Anthroposophical medical training and conferences in the United States, Canada and Switzerland. During her eight year stay in Fairbanks, Alaska, where she Waldorf-home-schooled her six children, Dr. Del Alba developed a sensitivity for the therapeutic effects of the Waldorf curriculum and the importance of working with class teachers. The use of therapeutic eurythmy has become an integrated and important part of her medical practice, along with other Anthroposophical therapies.

Benjamin Bell is a Licensed Massage Therapist and has provided advanced Cranio-Sacral Therapy (CST) since 1986. Gentle and non-invasive, CST supports self- correction and balance. Cranio-Sacral Therapy helps release abnormal tension in the connective tissue around the brain, the spinal cord, and the Cranio-Sacral System (CSS). This therapy also facilitates synchronous and harmonious movement in the soft tissue of the entire body. During three decades of experience, Benjamin Bell has worked with a wide range of clientele. This work effectively addresses the root of many conditions: Pediatric alignment, ADD, autism, migraine, and brain and spinal complications.

Benjamin received specialized training for Infant CST in 1988 and from 1998 to present has focused his practice on the brain and spinal injuries and developmental challenges with pediatric focus. He has worked with over 2,600 babies to date.

In case you were not aware, **Pohala- A Place of Healing** has recently moved to **7477 SE 52nd Ave**, located off of Flavel in SE Portland. Stop by and visit

us. We would love the blessing of our community. We take most major insurances, including medicare for our elder population and Oregon Health for Family Care. You may schedule appointments at **(503) 572-4196**.

“Preparing the Soil” for the Portland Area Camphill-Inspired Initiative

On April 9th, a beautiful spring afternoon filled with the promise of new growth, a group of interested parents, therapists, doctors, teachers and farmers joined together. After the group enjoyed refreshments and informal conversation, Kelly Hogan gave an informative overview of the work that the Portland Curative Collective has undertaken over the past year. Although our vision is still being defined and will continue to develop in an organic manner, our short term goal is to begin to offer therapeutic services for children and youth in the fall. The development of an agrarian community living facility for children and adults with special needs is our long term vision. The input of the community continues to be sought, so that we can identify and best meet the needs that live in our area and make the necessary connections with therapeutic and funding resources.

After Kelly's introduction, we then saw a documentary film about life at Triform Camphill Community. This gave a glimpse of the rich possibilities that are available for residents and co-workers, and served as a springboard for our discussion groups. We broke into three groups, each with a member of the core council present: Teachers and parents, therapists, and doctors and farmers. There was a lively interchange of ideas and information in each group. A compilation of the ideas discussed will be emailed to participants and other interested individuals so that the momentum generated at this meeting can continue to “root” and “grow”.

A follow up meeting was scheduled for April 21st, and will have already have taken place before this article is printed. Biodynamic seeds from Turtle Tree Seeds were given to all participants, and served as a metaphor for the growing impulse of our Camphill Initiative. Thank you to all who contributed to our raffle items (generous gift baskets) and to our delicious refreshments. And a hearty thank you to all participants and organizers. If you are interested in finding out more about this initiative, or in participating in it, please contact Eric Nielson, commonflower@msn.com.

In The Parlor: The Final Goodbye

This film, directed by Heidi Boucher, will be screened in Portland on Tuesday, May 24, 7pm at the Clinton St. Theater, 2522 SE Clinton St. in Portland. Heidi will be on hand to discuss her documentary, which offers a critical look at the American relationship with death, and an inquiry into the home death care movement. Families in search of a more personal and fulfilling way to say goodbye are taking an active role in caring for relatives who have died. The movie takes viewers on a journey where very few contemporary Americans have gone, and challenges us to reflect on this subject, which for many is uncomfortable, and often hidden away and ignored. You can view the trailer at <http://www.intheparlordoc.com/>. Heidi is an Anthroposophist and Waldorf graduate who has been working out of Anthroposophy in caring for the dead for more than 30 years. Thanks to Phyllis Helland of Eugene who brought our attention to this event. The movie will show at the Bijou in Eugene on Monday, May 23 at 7 pm.



Opportunity to Help the Rudolf Steiner Library!

A group of Anthroposophists have formed the Rudolf Steiner Library Circle of Friends, incorporated as a charitable organization so that donors can receive tax credits. The group formed in response to a 60% cut in the library's budget, resulting in elimination of the library director position and a reduction in librarian hours from 40 to 15 per week. The group expresses the fervent hope that folks will support this effort, which accrues a benefit to our Anthroposophical Movement now and for the future. You can send donations to:

Rudolf Steiner Library Circle of Friends Inc.
PO Box 133, Philmont, NY 12565-0133
email: info@rslfriends.com
845-399-3129



Spring – Easterhare,
Jula Scholzen-Gnad
Available from
Wynstones Press



Darthea Stalnaker (aka Beema), a member of the very first Portland Study Group, crossed the Threshold on 3-26-16 at the age of 94.



**You are Invited to
A Celebration of Life
For Twila Rothrock**

1/29/45-3/13/16

**Sunday, May 15, 12 pm-3pm
Potluck at Twila's Family Farm
19114 NW Sauvie Island Rd.
Portland, OR 07231**

See flier in this newsletter

**The Importance of Reading
to Our Dead**

...It has been proved in our own Movement that very great service can be rendered to the souls of those who have died before us by reading to them about spiritual things. This can be done by directing your thoughts to the dead and, in order to make this easier, you can picture him as you knew him in life, standing or sitting before you. In this way you can read to more than one soul at a time. You do not read aloud, but you follow the ideas with alert attention, always keeping in mind the thought: The dead are standing before me.

That is what is meant by reading to the dead. It is not always essential to have a book, but you must not think abstractly and you must think each thought to the end. In this way you are able to read to the dead.

Although it is more difficult, this can be carried so far that if in the realm of some particular world-conception — or indeed in any domain of life — thoughts have been held in common with the soul of the dead and there has been some degree of personal relationship, one can even read to a soul with whom the connection has been no closer than this. Through the warmth of the thoughts directed to him, he gradually becomes attentive. Thus it may be of real use to read to distant associates after their death.

The reading can take place at any time. I have been asked what is the best hour of the day for such reading, but it is quite independent of time. All that matters is to think the thoughts through to the end; to skim through them is not enough. The subject-matter must be worked through word by word, as if one were reciting inwardly. Then the dead read with us. Nor is it correct to think that such reading can be useful only to those who have come into contact with Anthroposophy during their lifetime. This is by no means necessarily so.

~Rudolf Steiner, *Links Between the Living and the Dead*

THE EYE OF THE NEEDLE

WHEN YOU'RE SICK,
I MEAN REALLY SICK
NOT JUST A COLD
BUT SICK WITH THE SICKNESS
WE ALL HAVE,
WHICH CREEPS UP ON US
SLOWLY
UNTIL WE HAVE TO FACE IT...
WHEN YOU'RE SICK WITH THAT,
ALL THE SOUL WORK YOU'VE DONE,
ALL THE BOOKS YOU'VE READ,
ALL THE DOCTORS AND THERAPISTS YOU'VE SEEN,
ALL THE LIFE EXPERIENCE
YOU HAVE...
IT ALL HELPS,
BUT NONE OF IT IS ENOUGH
WHEN IT COMES TO IT
YOU HAVE TO GO THROUGH THE

EYE

OF THE NEEDLE

A JOURNEY NO ONE ELSE ON EARTH HAS TAKEN
A JOURNEY FOR WHICH YOU'RE NOT PREPARED
FOR WHICH NO ONE CAN PREPARE YOU
A JOURNEY NO ONE ELSE COULD UNDERSTAND OR
BELIEVE,

NO ONE ELSE COULD REALIZE
ONLY YOU

THAT IS THE PLACE YOU HAVE TO GO
THAT IS THE PLACE WE ALL HAVE TO GO
SOMEWHERE IN THE CORNER OF YOUR MIND
THERE IS A FAINT RED THREAD,
IN A PLACE YOU NEVER LOOK...
INVISIBLE TO YOUR ACCUSTOMED SENSES.

ALMOST UNCONSCIOUSLY
AND WITHOUT FULLY KNOWING WHY,
YOU MUST PICK IT UP,

FOLLOW IT TO A STRING, A ROPE, A CABLE,
A WHOLE NEW NEURAL NETWORK...
IN THAT NETWORK THERE IS A TONE,

ALMOST INAUDIBLE
ALMOST UNCONSCIOUS

YOU MUST PIECE IT TOGETHER INTO A NEW SONG
TRYING TO BE HEARD

UNDER THE OLD SONG YOU'VE PLAYED
SO MANY TIMES BEFORE,
AND WANT TO KEEP PLAYING,
THERE IS A NEW TONE.

RESOUNDING
DROWNING
RESOUNDING
DROWNING
RESOUNDING

ULYSSES HAD NO GREATER CHALLENGES THAN THESE:
GO THROUGH THE EYE OF THE NEEDLE
FOLLOW THE INVISIBLE RED THREAD
FIND AND RESOUND THE NEW SONG
THEY ARE ALL WAITING IN YOU

ROBERT KELLUM

4-11-16

The **Portland Branch Newsletter** is published monthly to serve Branch members and friends. To learn more about the Portland Branch of the Anthroposophical Society, contact Diane Ramage at 971-271-7479.

To submit an article or a calendar item, email it both to Valerie Hope, valerieannhpdx@aol.com and Wes Burch, truelion@comcast.net. The deadline for submissions is the 15th of the previous month. Items selected for publication may be edited for style, content and length.

To sign up for our email list, or to contact the Branch Council, go to <http://www.portlandbranch.org/contact>

Newsletter co-editors are Wes Burch & Valerie Hope; Seth Miller is our webmaster; and Ruth Klein is our treasurer.

The newsletter and calendar are posted on the Branch website, www.portlandanthroposophy.org. Paper copies are available at the Pohala and Healthbridge Clinics; and the Cedarwood, Michael & Portland Waldorf Schools, and Swallowtail School.



The Portland Branch thanks the following Members & Friends for their Dues and Generous Donations in 2016: Cyndia Ashkar, Helen Homola, Christopher Guilfoil, Valerie Hope, Bob Kellum, Donna Patterson-Kellum, Tom Klein, Ruth Klein, Anne Kollender, James Lee, Robin Lieberman, Cheri Munske, Natalie Norman, Padeen Quinn, Jannebeth Roell, Diane Ramage, Diane Schell-Rowley, Rebecca Soloway, Jerome Soloway, Marion Van Namen, Elizabeth Webber, Cindy Weinberg, Neil Weinberg

We will gratefully receive your Branch membership dues (\$50 or what you can afford).

Send to: The Portland Branch c/o Ruth Klein, 3609 SE Center, Portland, OR 97202

Calendar of the Soul

May 1-7, Verse 6

Arisen from the narrow Self
I find myself
As cosmic revelation
In space and in temporal forces;
Everywhere, revealed to me
The World in Arch-e-type divine,
The truth of my reflection.

May 8-14, Verse 7

My Self it feels compelled to flee,
Drawn mightily by Cosmic Light.
My presage, now, step up,
And firmly claim your rights,
Replace the power of my thought
Which would fain dissipate
Into the senses' semblance.

May 15-21, Verse 8

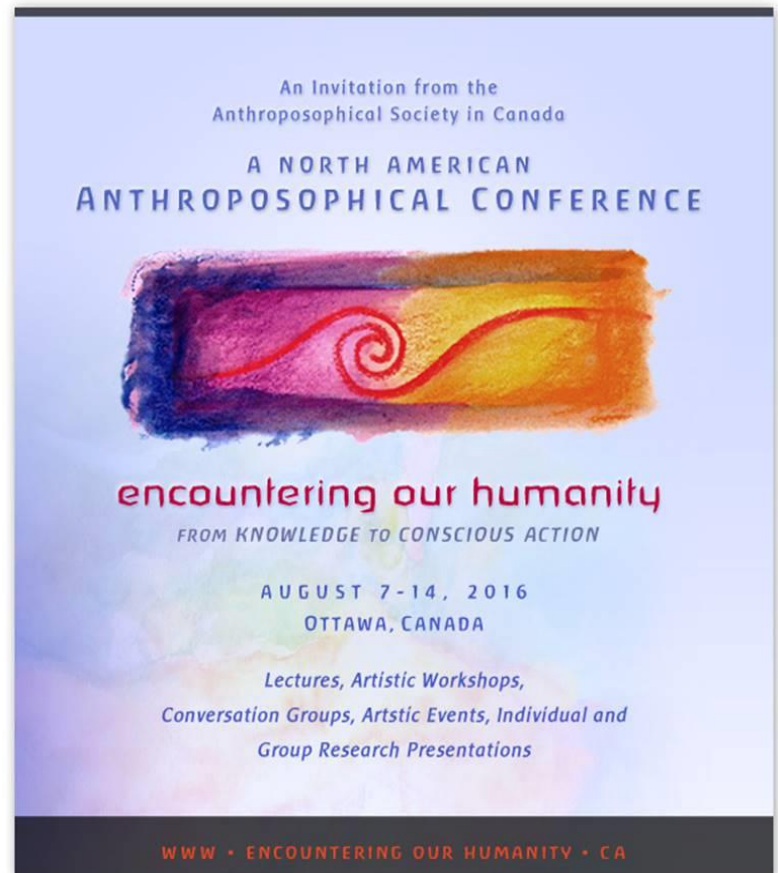
The power of the senses grows
In unison with creating gods:
This dulls the strength of thought
Down to a dreamlike state for me.
If beingness divine
Shall with my soul unite
Then human thought
Must humbly bide in dreamlike being.

May 22-28, Verse 9

Ignoring my own will
A summer herald's cosmic warmth
Fills my soul and spirit;
To lose myself in light
My spirit vision asks of me,
And I sense with strong suggestion
Lose yourself and you shall find.

May 29-June 4, Verse 10

To the summer's solstice
The radiant solar being rises
And carries all my human feeling
With it into cosmic spaces.
I sense a stirring in myself
A feeling, a faint promise,
One day you will know:
You were just experienced
by a spirit being.



www.encounteringourhumanity.ca

“Festivals are not merely the commemoration of historical events or personalities. They are in and of themselves, each year, spiritual events carrying a significance that grows and deepens with the developing phases of human evolution.”
~Rudolf Steiner

**Calendar translation by Stefan Schwabe.
A transposition; I tried to recast these calendar verses in cadence and tenor, into our current English, to bring to our appreciation their strength and spirituality in terms of today's thinking, feeling and will.
St. Michael's Feast 2011**

Portland Branch Calendar

May, 2016

First Class of the School of Spiritual Science—Lesson Four Note date change for Mother's Day Sunday, May 15, 9:30 am sharp (no admittance after the class starts) • Bothmer Hall, 5919 SE Division St, Portland, 97206, Contact Diane Ramage at 971-271-7479; Cheri Munske at 503- 484-4133; or Rebecca Soloway, (516) 850-1027. Blue card required. Second Sunday of each month.

Portland Branch Council Meeting

Monday, May 8, 7pm • 2606 SE 58th Ave. • Contact Valerie Hope, 503-775-0778; email valerieannhpdx@aol.com.

All Branch members are welcome to attend, and/or to call us with agenda items, proposals, suggestions, or to observe. Meetings are on the second Monday of each month.

Christian Community Events, May 19-22

Unless otherwise noted, all events are at Bothmer Hall, 5919 SE Division St. • Suggested donation per talk \$10-\$15 or what you can afford • To register for Saturday's workshop please contact Sandra Burch, 503-353-1818, galenalyn@gmail.com

Thursday May 19, 7:30 pm, *Gospel Study* at the Burch house (call for directions) *The High Priestly Prayer John 17: 6-11*

Friday May 20, 7:30 pm, *The Mystery of the Son: Christianity and Islam* talk by Sanford Miller.

Saturday May 21, 9:00 am *The Act of Consecration for the Dead (for Elizabeth Hecht)*.

10:15-12:30, Mini Workshop: Living-Struggling, the Alchemy of Human Destiny - presentation by Sanford Miler and visual art activity with Christopher Guilfoil. Please register in advance. Suggested donation: \$30.

Sunday May 22, 9:15 am *Religious Instruction* (grades 1-8), **10:00am** *Children's Service* (grades 18),

10:30am *The Act of Consecration of Man* (for adults).

Rose Well Painting Studio

Summer schedule available online at <http://rosewellstudio.com/aboutus> • Contact Sandra Burch with questions, 503-353-1818

Celebrate summer with veil painting classes, open studio and private instruction with Sandra Burch. Come play with color in Milwaukie. All fees are sliding scale. Let's paint!

Christian Community Events, Portland 2016; Save the Dates

For more information, to inquire about baptisms or confirmations, membership conversations or sacramental consultation please contact Sandra Burch, 503-353-1818, galenalyn@gmail.com

Rudolf Steiner gave new life to education with the Waldorf School, and he helped to found the Christian Community – a Movement for Religious Renewal – a Christian path for modern people. Come experience the renewed Mass and the Children's Service.

May 19-22, Reverend Sanford Miller

September 16-18, Reverend Craig Wiggins

November 17-20, Reverend Sanford Miller

Ongoing Local Activities and Study Groups

First Class of the School of Spiritual Science • Second Sunday of the month

9:30 am sharp (no admittance after the class starts) • Bothmer Hall, 5919 SE Division St, Portland, 97206 • Blue card required. Contact Diane Ramage at 971-271-7479 or Cheri Munske at 503 772-2632

First Class Study • Second and Fourth Tuesday of the month • Blue card required

7:30-9pm • Contact Tom Klein, 777-3176, Tgklein@aol.com. This group works with the contents of the class.

First Class Study: The First Class of the Michael School and its Christological Foundations by S. Prokofieff • Second Thursday of the Month • For Members of the School of Spiritual Science

7:30-9:00 pm • Contact Rebecca Soloway, jrsoloway@hotmail.com or 503-908-7615

Council Meetings of the Portland Branch • Second Monday of the month

7-9 pm • 2606 SE 58th Ave., Portland • Contact Valerie Hope, (503) 775-0778, valerieannhpx@aol.com

All Branch members are welcome to attend, and/or to call us with agenda items, proposals, suggestions, or to observe.

Eurythmy for Waldorf Alumni: Wednesdays

Study, 6:30-7:30 pm; Eurythmy; 7:30-8:30 pm • Eurythmy Room, Portland Waldorf School, 2300 Harrison St., Milwaukie • Contact Carrie Mass, Carrie.mass@portlandwaldorf.org

If you've ever attended a Waldorf High School, this is for you!

Eurythmy, Portland Waldorf School Community: Wednesday Mornings

8:45-9:30 am, Eurythmy Room, Portland Waldorf School, 2300 Harrison St., Milwaukie • Free

All are welcome. Contact: Carrie Mass, Carrie.mass@portlandwaldorf.org

Festivals Study Group: First and Third Thursdays

7-8:30 pm • 3711 SE Brooklyn St. • To find out which Thursday is next contact Suzanne Walker, 503-208-2426 zzwalker@mac.com

We are working with various of Dr. Steiner's lectures in an effort to better understand the festivals and how we may come to observe them. This is also greatly deepening our experience of the cycle of the year.

Light, Color and Darkness in Painting (Therapy) Working with Indications from Liane Collot d'Herbois; a study and painting group: First Monday of the month beginning February 1

10 am – 12 pm • Studio 901 at 1410 SW Morrison St. • Contact Robin Lieberman, 503-222-1192 or robin@robinlieberman.net or Cheri Munske 503-484-4133

Please join Robin Lieberman, MSW, painting therapist and Cheri Munske, art therapist, for study and painting. We will be working from Liane's book of the same title, exploring color each month. Some experience with Anthroposophy and painting preferable.

Mystery Dramas of Rudolf Steiner and Speech-Formation Exercises • Second and Fourth Wednesdays (holidays excluded)

7:30-9:00 pm • Free. Beginners are welcome –come check us out! • 8654 NE Boehmer St., Portland 97220 • Contact Diane Ramage by e-mail at dramage@comcast.net or by phone at 971-271-7479.

Portland Waldorf School Community Choir • Friday Mornings

8:45-10:15 am • Portland Waldorf School, 2300 SE Harrison St., Milwaukie, in the Orchard Room • Free will donations gladly accepted, all voices are welcome. Contact www.portlandwaldorf.org • pws_choir-subscribe@yahoo.com (503) 654-2200

Painting and Study with Patricia Lynch, Friday Mornings

9:15-11:00 am, 3359 NE 72nd Ave., Portland. Contact Patricia Lynch at patriciahomanlynch@gmail.com

Painting from "Fifty-Two Weeks" by Laura Summer, and reading "Art as Spiritual Activity, Rudolf Steiner's Contribution to the Visual Arts." All are welcome.

The Temple Legend Study Group • First and third Tuesdays

7:30-9 pm • 3046 NE 33rd Ave. Contact Donna Patterson and Bob Kellum, 503-331-7393 • All are welcome

Theosophy Study Group • First Monday of the Month

7:45-9:00 pm • Bothmer Hall, 5919 SE Division St., Portland 97206 • Contact Jerry Soloway 503-908-7615 or jrsoloway@hotmail.com

Please join us in lively discussions centered on Rudolf Steiner's *Theosophy*.

Threefold Social Renewal Study Group • Every Friday, beginning on September 18

11:30 am – 1pm • Portland Waldorf School, 2300 SE Harrison St., Milwaukie • contact Michael Givens, mgivens.lac@gmail.com or 503-609-0890

We will be reading and discussing *Becoming Human: A Social Task – The Threefold Social Order* by Karl Konig

Community Painting Group • Tuesday Mornings

8:45-10:00 am • Portland Waldorf School, Grimm Room next to aftercare, 2300 SE Harrison St., Milwaukie • \$15 PWS parents & alumni, \$20 all others (per session) • Adults only. All levels of painting experience welcome! • To register contact Cheri Munske, cherimunske@gmail.com, 503-484-4133 www.transformativeartspdx.com •

Led by Cheri Munske of Transformative Arts, participants will explore the beauty, colors and moods of the ever-changing seasons through watercolor painting and dynamic drawing exercises.

World Economy Study Group • Last Friday of the Month

6:00-8:00 pm • 3046 NE 33rd Ave. • contact mgivens.lac@gmail.com or 503-609-0890

Please join us in a diverse study group around the principles and practices of Associative Economics. We will be reading and discussing Rudolf Steiner's 14 lectures on the "World Economy". The recommended text is "Economics: World as One Economy", translated by Dr. Christopher Houghton Budd. It can be found at <https://www.cfae.biz/publications/shop/>

Waldorf Education and Teacher Training Lectures and Courses

Conducted throughout the year by the Micha-el Institute. Contact John Miles, 503-774-4946 johncmiles@usa.net

Waldorf Teacher Education, Eugene

September-June • Eugene Waldorf School • Contact Lee Ann Ernandes @ message phone, 541-686-9112

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Where outer senses' knowledge ends,
There and there only is the Gateway
That leads to the realities of life.
The Soul of Man himself forges the key
When he rows strong in the battle
Which Cosmic powers with human powers wage
Upon the Soul's deep ground,
And by his own free will dispels the sleep
Which at the senses' frontiers
Plunges in spiritual night
His faculties of knowledge.

~Rudolf Steiner

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Embryo In Motion: Understanding Ourselves as Embryo

4-DVD Set Now Available With Jaap van der Wal, PhD, MD

This beautiful 4-DVD set was professionally recorded live in Portland, OR, June 3–6, 2010.

To learn more about the 4-DVD set and for instructions on how to order it, go to the “shop” portal on the Portland Branch website at www.PortlandAnthroposophy.org.



CELEBRATION OF LIFE FOR TWILA ROTHROCK



1/29/45-3/13/16

Sunday, May 15th, 12:00PM-3:00PM at Twila's Family Farm

19114 NW Sauvie Island Road Portland, OR 97231

I invite you to join me and my family in a Celebration of Life Potluck at the farm. Please bring your thoughts, prayers and fondest memories of Twila as well as a Potluck dish to share.

Many of you have stories that we would love to hear.

For more information, contact Erin Rothrock at: [503-784-3810](tel:503-784-3810).

Living-Struggling, the Alchemy of Human Destiny

Each of us works with what we've been given, our capacities of body, soul, and spirit and the events which come to us from out of the future. We can either be driven to the ground and defeated by what we are and what comes to us, or we can grow strong in seeking to rise above and overcome our origins and all that comes to meet us. But there are many destinies that are not so dramatic and languish in a kind of indifference, which may be the hardest for people to recognize.



A Mini-Workshop on the Theme with

**Sanford Miller & Christopher Guilfoil
involving a talk, charcoal drawing, and conversation**

SATURDAY, May 21

10:15AM TO 12:30PM

suggested donation \$30

at

Bothmer Hall

5919 SE División St. Portland, OR

Registration: Sandra Burch 503.353.1818 or galenaly@gmail.com

**For more detailed information on the presenters and the
workshop: ccoregon.blogspot.com**