



Anthroposophical Society PORTLAND BRANCH

Newsletter

May 2017

The Lord's Prayer, Part Three: As the Young Jesus Develops, Evolution of the Cosmic Prayer Begins

By Valerie Hope

In lecture four of *The Fifth Gospel*, Rudolf Steiner paints the picture of the ongoing development of Jesus of Nazareth, and how the experiences of his youth inform the Lord's Prayer that Christ Jesus later gave to the disciples. [What follows here is taken from lecture four, either paraphrased, condensed, or in direct quotes unless otherwise noted.] In about his twelfth year, the Zarathustra I emerged in Jesus of Nazareth, giving him access to Zarathustra's treasures of ancient wisdom. This wisdom impressed the Hebrew scholars who often came to visit him and find answers to their questions. Jesus paid particular attention when those scholars would often say, "Yes, that great spirit, that powerful spirit which came to Elijah, for example, no longer speaks. Another voice is still speaking ... 'Bath Kol' was the name given to that inspiring voice, although a weaker, lesser voice than that which inspired the ancient prophets... Jewish scriptures also tell of this Bath-Kol."

Through the clairvoyance that he had received with the Zarathustra I, Jesus could hear the Bath Kol in his own heart, and was told one day that she could not continue the old revelations, could no longer reach to the heights where the spirit could reveal to her the truth about the future of the Jewish people. People of that era, the Fourth Post-Atlantean Age, "...were looking for something that

could not be found in the place where they were looking."¹

In about his sixteenth year Jesus began traveling, "partly because of his trade, partly for other reasons." When he was present at certain pagan rituals he saw that many of the idols were images of demonic powers, and that demonic beings had been attracted by rites performed there, entering into the people who were praying in good faith. Dr. Steiner significantly notes that, "It is not difficult to understand why these things are not described in the other

gospels. And it is only now possible to speak about them in the confines of our spiritual movement, for human souls can only now, in our times, understand the enormously profound experiences which played out in the young Jesus of Nazareth."

"These were bitter experiences, and they came to a climax when he was about twenty-four years old." At a pagan altar which had been abandoned by the priests, impoverished and "sad people, affected by all kinds of terrible mental and physical illnesses" saw in Jesus, with his infinite love, their new priest, and pushed him onto their altar, where his soul left him and he fell down as if dead. "But Jesus of Nazareth's soul felt itself carried up to a spiritual height, to the realm of the sun. And now he heard, as

if coming from the realm of the sun, words which he had previously often heard through Bath Kol. But now Bath Kol was transformed, had become something completely different. The voice also came from a different direction, and what Jesus of Nazareth heard, translated into our language, may be summarized by the words I was first able to pronounce when we recently laid the foundation stone of our building in Dornach." "He heard a kind of cosmic Our Father which says what the



Rudolf Steiner's Rose Cross Pendant

inner destiny of man must inevitably be, because from birth to death he is bound up with earth matter. It was later reversed (by the Christ, vh) to become the earthly Our Father – the original teachings of pagan humanity.”²

AUM, Amen!

Evil rules,

Witness of the severing I,

Selfhood's guilt by others owed,

Now lived in daily bread,

In which heaven's will be not done,

For man deserted your kingdom,

And forgot your names,

You fathers in the heavens.

Frank Thomas Smith Transl.
Rudolf Steiner Archive

Amen.

The evils hold sway,

Witness of egoity freeing itself.

Selfhood guilt through others incurred,

Experienced in the daily bread,

Wherein the will of the heavens does not rule,

Because man separated himself from your realm,

And forgot your names,

You Fathers in the heavens.

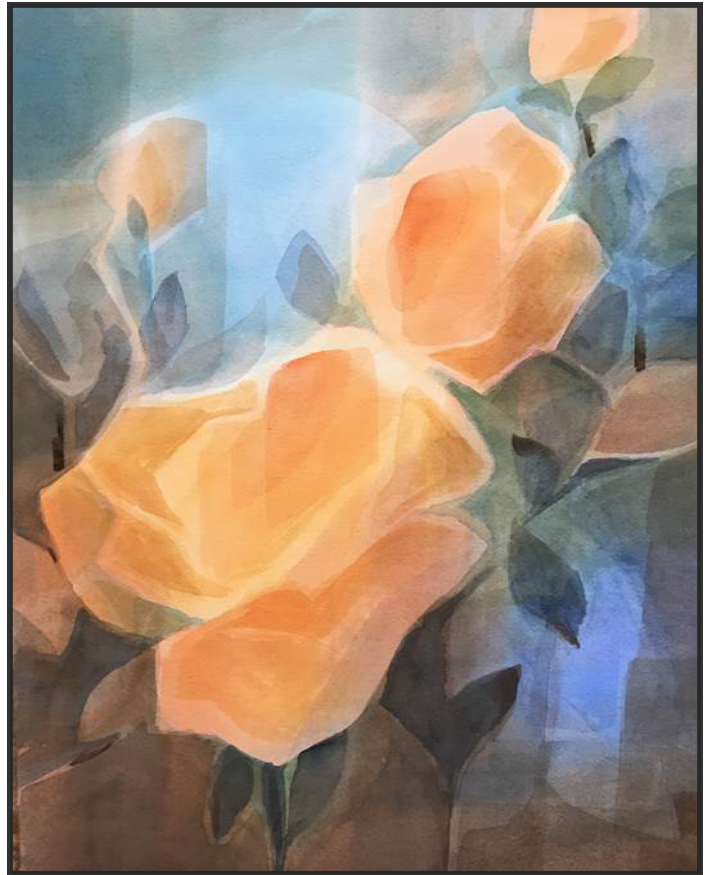
A.R. Meuss Transl. 1995

[What follows is taken from Lecture Five of the Fifth Gospel unless otherwise noted.]

“Jesus of Nazareth knew that what he had heard as the transformed voice of Bath-Kol was an ancient holy teaching, an all-powerful prayer wherever the Mysteries were celebrated; it had been forgotten, but had come to him when he fell down on the pagan altar. He also saw, however ... that today it is impossible to make all that understood.” He wondered how an end could be put to all the misery he had seen in the world, and his inner soul experiences caused him sufferings that no other soul on earth would have been able to bear.

“And the words from that ancient pagan prayer – “now lived in daily bread” – sank deeply into his soul. He felt the whole incorporation of man in the physical world. He felt that because of this necessity for bread in human evolution the names of the Fathers in heaven, that is the names of the spirits of the higher hierarchies, had

continued on page 3



This month's artwork by
Jannebeth Röell 971-219-5567

Call To Artists

Dear Newsletter Readers,

It is my hope, with the help of Christopher Guilfoil, that the newsletter will be enhanced with images of our local artists' work. The images will have to do with the season, theme of the newsletter or current research of the artist. There are many working artists in our community and I see the newsletter as a vehicle of getting that work viewed by our community members. The artist will be identified and contact information will be included. So if you like what you see I urge you to support this ongoing work of our local artists and consider contacting the artist and purchasing your own original art. Every home is enlivened by an original piece of art. Once a homeowner said to me after hanging a painting, “Now my home has soul.” Please contact me if you are interested in having your work in the newsletter.

Warm regards,
Patricia Lynch

been forgotten. And he felt that no humans existed who could still hear the voices of the old prophets. He now knew that living in daily bread is what had separated men from heaven and what must lead them to egotism and into Ahriman's clutches.

...And then the god's mission on earth struck him: **"I am not here to tell men how the gods brought the spirit down to earth, but how mankind can find the way from the earth up to the spirit."** [*emphasis added*]

The voice of the Bath Kol came to mind again, and he knew that the ancient formulations and prayers needed to be given a new form; he knew that man now had to find the way that led from below upwards to the worlds of the spirit, and that he would be able to look for the divine spirit with the help of this new prayer. Jesus therefore took the last line of the ancient prayer: 'You Fathers in the heavens' and changed it into a form that was right for people of the new era, for it should no longer refer to a multitude of spirits in the hierarchies but to one spiritual entity only: *Our Father who art in heaven*.

And the second line, which he had heard as the next to last line: And forgot your names – he inverted to accord with the needs of the times:

Hallowed be thy name.

And the third line, which was: *For man deserted your [plural] kingdom*, he inverted to: *Thy kingdom come*,

And the line: *In which heaven's will be not done*, he inverted so people could now understand it, for the old version was incomprehensible; he inverted it, for a complete inversion of the way to the spiritual world was to take place: *Thy will be done on earth as it is in heaven*.

And the mystery of bread, the mystery of the incarnation in the physical body, the mystery of all that had been revealed to him by Ahriman's sting – he transformed these things in such a way that man could feel that the physical world also comes from the spiritual world, although it is not directly apparent. So he changed the line about daily bread into a request: *Give us this day our daily bread*.

And the words: *Selfhood's guilt by others owed* he changed to: *Forgive us our trespasses as we forgive those who trespass against us*.

The second line of the old mystery prayer – *witness of the severing I* he changed to: *but deliver us*,

And the first line: *Evil rules* was changed to *from evil. Amen.*"

[I have juxtaposed the lines below, with the Lord's Prayer that Christ gave in bold letters, for easier comparison]:

You Fathers in the Heavens
Our Father Who Art in Heaven
And forgot your names
Hallowed be thy name.
For man deserted your kingdom
Thy Kingdom Come
In which heaven's will be not done
Thy will be done on Earth as it is in heaven.
Now lived in daily bread
Give us this day our daily bread,
Selfhood's guilt by others owed
Forgive us our trespasses, as we forgive those who trespass against us.
Witness of the severing I
But deliver us
Evil rules
from evil. Amen.

"Thus the prayer which Christianity learned to know as the "Our Father" was transformed through the inversion of the voice of Bath-Kol, which Jesus heard when he fell upon the altar, to what Christ Jesus taught as the new mystery prayer, the new Our Father. The Sermon on the Mount and other things Jesus taught his disciples came into being in a similar way."

Rudolf Steiner was aware of how the idea of a Fifth Gospel could be received (and was being received), and admonished those present, "Real anthroposophists will treat this Fifth Gospel, which is given in good faith, correctly...Treat what you have heard here about the Fifth Gospel so that it is treated reverently in the



branches. We do not emphasize this due to egotism, but for a completely different reason, because the spirit of truth must live in us and the spirit must stand truthfully before us... And I take leave of your hearts and souls with the wish that the bond which has arisen between us through other things may be strengthened through this spiritual investigation of the Fifth Gospel, which is especially dear to me. And perhaps this can release a warm feeling in your hearts and souls: When we are separated in distance and time we want nevertheless to be together, feel together what we are to develop in our souls and to what we are duty bound by the spirit in our times.”

There is much more than I could recount here beautifully presented in Rudolf Steiner’s Fifth Gospel for those with an interest in a more complete description. It can be found on the archive at http://wn.rsarchive.org/Lectures/GA148/English/SCR2006/FiGFTS_index.html In Part Four we will consider Wulfila’s translation of the Lord’s Prayer, and Rudolf Steiners’s Macrocosmic Lord’s Prayer as further steps in the evolution of this prayer.

(Endnotes)

- 1 Fifth Gospel, A. R. Meuss, 1995 Lecture 6 p. 93
- 2 Ibid Lecture 8, p. 119

**The Portland Branch
of the Anthroposophical Society
Invites you to**

Save The Dates!

See the attached calendar & fliers for more info. and more events

**6/16-17 Technology & the Human Body
with Andrew Linnell**

**8/19-21 Solar Eclipse with Dr. Oliver
Conradt and Mary Stewart Adams**

**8/29 Mind and Body in the Womb:
How Do We Exist as Embryo
with Dr. Jaap van der Wal**

9/30 Michaelmas Observance

10/26-30 Thomas Meyer

11/2 All Souls Observance

Calendar of the Soul

5. Fifth Week (May 5 - 11)

The Light that streams from
distant Spirit sources,
A Fertile weaving in our World,
Manifesting God’s Creative Powers:
In it the Soul’s true Being rises
And spreads out, widens into Cosmic
Being
And resurrects,
Escaping narrow Selfhood.

6. Sixth Week (May 12 - 18)

Arisen from the narrow Self
I find myself
As cosmic revelation
In space and in temporal forces;
Everywhere, revealed to me
The World in Arch-e-type divine,
The truth of my reflection.

7. Seventh Week May 19 - 25)

My Self it feels compelled to flee,
Drawn mightily by Cosmic Light.
My presage, now, step up,
And firmly claim your rights,
Replace the power of my thought
Which would fain dissipate
Into the senses’ semblance.

8. Eighth Week (May 26 - June 1)

The power of the senses grows
In unison with creating gods:
This dulls the strength of thought
Down to a dreamlike state for me.
If beingness divine
Shall with my soul unite
Then human thought
Must humbly bide in dreamlike being.

Calendar translation by Stefan Schwabe



Introducing Anya Thaker and a New Column!

Greetings to the Portland Anthroposophical community from Anya Thaker in Monmouth! I am writing to introduce myself and a new column for the newsletter – What’s New at the Goetheanum?

A brief bio: I grew up outside of Monmouth (home of WOU, located west of Salem). At age 26, when studying education in Mexico, I came upon Rudolf Steiner via a Portland Waldorf student, and through her mother Michelle DaRosa, picked up my first book on Anthroposophical education. I immediately started a search for a training center, and when my eyes fell upon the Goetheanum, I knew I must go.

I studied in the English Studies Program under Virginia Sease, Oliver Conradt and other section leaders from 2009-2015. In 2012, I returned to the U.S. for a full year of teacher training at Rudolf Steiner College, and then returned to Dornach. My last year there was devoted to painting and eurythmy studies. While studying at the Goetheanum, I began translating articles to English for their website, and continue that work today.

I recently moved back to Oregon, got married, and we have just had a baby girl! We live on our family farm outside of Monmouth, and will host this summer’s Solar Eclipse viewing as part of the summer conference with Mathematical and Astronomical section leader and spectacular, Oliver Conradt. Having spent 5 years studying at the Goetheanum and continuing to work on their website, I am thrilled to bridge information from the Goetheanum to the Anthroposophical Society in Portland by reporting on big G. news. In up-coming articles I wish to introduce the members of the Executive Council and Section leaders, and their current activities.

Any inquiries or wishes for topics, please write to a.saturnwind@gmail.com
Sincerely, Anya Thaker (Tah-ker)

What’s New at the Goetheanum?

by Anya Thaker

On the weekend leading up to the American eclipse on August 21, 2017, Dr. Oliver Conradt, section leader for the Mathematical and Astronomical Section at the Goetheanum, and Mary Stewart Adams, star-lore historian, will present a conference of esoteric and imaginative insights into this grand event. The following interviews will help us better get to know them and what they will bring.

Interview with Oliver Conradt

AT: Briefly describe your background with anthroposophy and your affiliation with the Goetheanum.

OC: Around my first Moon node, I got to know Rudolf Steiner’s book, “Philosophy of Freedom“. I was enthused, and decided to dedicate my life to Anthroposophy. My professional background is in Physics, Mathematics and Astronomy.

Parallel to my studies and doctoral thesis at the University of Basel, Switzerland, I organized conferences and meetings for the Youth Section at the Goetheanum. In the spring of 2004, when I was teaching at a Waldorf School in Hamburg, Germany, I was asked to lead the Section for Mathematics and Astronomy at the Goetheanum. I began this work the following summer, in 2005.

As part of our work we organize conferences, publish a yearly star calendar in German, and a bilingual journal, JUPITER, from time to time. The section is also active in the field of advanced training for math teachers.

AT: What is unique about Portland, Oregon as a place to view the solar eclipse?

OC: Portland is right at the edge of the deepest shadow or the umbra of the great American sun eclipse on August 21st, 2017. Only inside the umbra and without clouds can you observe the most impressive phenomena of the sun eclipse, the corona.

AT: Can you touch on the esoteric significance of a full solar eclipse?

OC: The will of human beings can stream into the cosmos without being purified by the light of the sun’s rays, for a short amount of time, a little over 2 minutes. It is a

time as well, when bad forces of will from human beings can stream into the cosmos.

The lecture topics for the conference are:

- 1) Preparing for the Great American Eclipse of August 2017: Phenomena and other astronomical aspects
- 2) Our barren Moon and its life guiding rhythms
- 3) Our star, the Sun
- 4) The human being's cosmic connections

AT: Which First Class Lesson can we look forward to hearing at this conference?

OC: The seventh recapitulation lesson draws a connection to Easter. Any other lesson would be fine, especially lesson one!

Interview with Mary Stewart Adams, Program Director of Headlands International Dark Sky Park in Michigan

AT: Can you give us some insight into your background with anthroposophy and astrology?

MSA: At age 18, my first Moon Node, I encountered the works of Rudolf Steiner and astrology. At the time, the astrology was much easier to grasp than the anthroposophy. My epiphany came when I attended my first anthroposophical lecture in Ann Arbor by Hazel Straker, colleague of Willi Sucher.

Hazel's lecture was about the great conjunction of Saturn and Jupiter in 2000, and its relation to the Conversion of Saul on the road to Damascus. I didn't know that through anthroposophy and astrology, it was possible to find the connection between these archetypal events in Christianity, and the mighty planetary gestures! I nearly rocketed out of my seat!

After studying Willi Sucher's book "Cosmic Christianity and the Changing Countenance of Cosmology", I asked Hazel Straker the following year, "How can I become an astrologer?" Her unique response set me on the course of my life, to a knowledge of the stars.

This has developed into my current work and mission: "To safeguard the human imagination by protecting our access to the night sky and its stories." I am a self-described Star Lore Historian.

AT: What are some of your recent projects?

MSA: From 2009 to 2011 I led the initiative to have the Emmet County Headlands property in Northern Michigan designated as an International Dark Sky Park. I host monthly programs on site there, and have a diverse and active public speaking schedule. I host a weekly radio segment: "The Storyteller's Night Sky". I just completed a series of three webinars for the Anthroposophical Society in America about the return of the Moon's Node to the same position as at the Christmas Conference 1923-24, and these aspects in preparation for the August 2017 total solar eclipse.

AT: What will you share with us at the conference?

MSA: I describe my approach to the stars as being "human-centric". The point of interest I'll look at regarding this total solar eclipse has to do with understanding its place in a historical rhythm. Each eclipse has its own "biography" and this in particular is uniquely connected to world events in the 20th century that catapulted the U.S. into its position as a "world power".

For further information on Mary's works:

<http://interlochenpublicradio.org/topic/storytellers-night-sky#stream/0>

<http://www.midarkskypark.org/>

<http://www.anthroposophy.org/webinar-mary-adams/?L=%2F%27%01>

www.storytellersnightsky.com

For articles: starmare.adams@gmail.com





Towards An Agriculture Which Has No Toxic Consequences for Bees, Human Beings and Nature

In keeping with our community's concern for the bees, we pass along the information below from Dr. Michaela Glockler and ELIANT, who have opposed the extension of the Glyphosate license in the European Court. Eliant is in favor of cultural diversity in Europe especially when it comes to the freedom and availability of choice in the fields of agriculture, medicine and education, which are in greater danger than ever before. These concerns may sound familiar to us here.

Why is Glyphosate particularly lethal to bees? It is not just that it is the most widely marketed pesticide in the world – see our newsletter ([ELIANT](#)) on climate, soil and the effects of pesticides. But because it is neutral in terms of taste and smell it is an ever present and growing danger to bee colonies. Bees are unable to distinguish it from water. Even the brood comes in contact with this soluble toxin via the feed. This reduces the bees' resistance to disease and damages their sense of orientation. The health of the entire bee colony is then seriously compromised.

Bees have accompanied humanity for thousands of years as the drawings in the caves of Araña clearly show. They pollinate countless cultivated flowers and food plants while gathering their nectar.

Bees are faithful to their flowers. Each individual bee visits one particular species of flower at a time. A bee will therefore fly continuously to rape or apple blossoms. It is this which makes their pollinating activity so effective – but when crops have been treated with Glyphosate it is a catastrophe. The bees settle on cornflowers in the wheat field for example and are showered with poison. Bees need water to drink and so on warm days they will take in a toxic brew of glyphosate and carry it back to their hive.

The introduction of this full spectrum herbicide which is also the active ingredient in Monsanto's Roundup, has led to a decline of many wild flowers (field weeds) and hence to a food shortage for bees – quite apart from the potential danger it also poses to mankind. Scientists working for the World Health Organization (WHO) have assessed Glyphosate as being "probably carcinogenic to humans". ELIANT is campaigning for an agriculture which has no toxic consequences for bees, human beings and nature. We therefore support bee keepers, in particular the Aurelia Foundation in their efforts to oppose the extension of the Glyphosate license in the European Court. This court action requires a lot of time and good lawyers.

PRAYER

It doesn't have to be
the blue iris, it could be
weeds in a vacant lot, or a few
small stones; just
pay attention, then patch

a few words together and don't try
to make them elaborate, this is not a
contest but the doorway

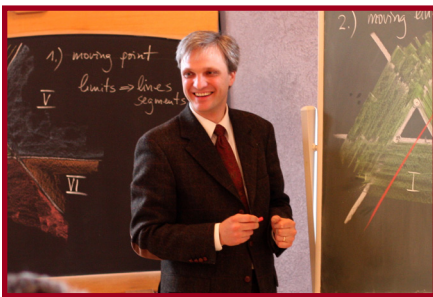
into thanks and a silence in which
another voice may speak.

By Mary Oliver

Total Eclipse of the Sun August 2017 Portland Branch Field Trip



Oregon is in the path of totality for the upcoming eclipse on the morning of August 21 – the first in the continental US since 1979. It will begin on the Oregon Coast, crossing the state in just nine minutes, and end on the East Coast near Charleston, South Carolina. The Portland Branch has taken this rare opportunity to invite Dr. Oliver Conradt, head of the Section for Mathematics and Astronomy at the Goetheanum, and Mary Stewart Adams, longtime star wisdom researcher, to join us for an education about and experience of this phenomenon in the light of Anthroposophy. After a two-day conference, buses will take us to a viewing site very early on Monday morning. (see flier March newsletter and [our website](#))



Oliver writes to us:

“Total solar eclipses rank among the most fascinating celestial events. In the deepest shadow of the moon – its umbra– it gets so dark during the

day, that you can perceive phenomena of a very special nature. People who saw these often reported being delighted and inspired what they experienced. A well-known description was given by the Austrian writer Adalbert Stifter (1805-1868):

“There are things that one knows for fifty years, and then in the fifty-first marvels at the gravity and dreadfulness of their contents. This is how it was for me with the total

solar eclipse we experienced in Vienna on July 8th in the earliest hours of the morning, under the most favorable skies. Because I can portray the matter pretty well on paper by drawing and calculation, and because I knew that at such and such a time the moon would step away beneath the sun, and that the earth would cut off a piece of its disk-shaped shadow, which then—because of the progression of the moon in its path and because of the rotation of the earth—would pull a black strip across the earth’s globe, which one then sees in different places at different times in such a way that a black slice seems to push into the sun, taking away more and more of it, until only a small sickle remains and finally it too disappears—on earth it becomes ever darker, until again on the other end the sun-sickle appears and grows, and light on earth gradually swells again until the complete day—all of this I knew in advance, and really so well that I thought to be able to describe a total solar eclipse beforehand as faithfully as if I had already seen it. However, now that it has really appeared, once I stood on a lookout point high above the entire town and regarded the phenomenon with my own eyes, there naturally occurred entirely other things, which I had never thought of either waking or dreaming, and about which no one thinks who has not seen this miracle.—Never, ever in my entire life was I so shaken, from terror and sublimity so shaken, as in these two minutes—it was nothing other than if God had all at once spoken a clear word and I had understood it.”

(from “The Solar Eclipse on July 8th, 1842”)



**Engaging the Divine Feminine
in the Shadow of the Lion;
Star Wisdom from
Mary Stewart Adams:**

Our approach to the “Great American Eclipse of 2017” takes us through several weeks of feminine feast days which are so placed in the calendar as to form an annual and beautiful reception for what streams toward us from cosmic spaces during the summer months, to sustain us in our earthly activity once the season of summer sunlight begins to wane. These feast days resonate in the summer verses of the Calendar of the Soul, and are an interesting consideration as we work toward the new legend of Isis, the Divine Sophia, that Rudolf Steiner spoke about in the Christmas lectures of 1920. How can our preparation for and experience of this eclipse strengthen us in awakening this legend in a way that is suited to our times? And can we find the presence of this Divine Feminine, the “Isis-Sophia” in the historical rhythm of the August eclipse?

Recommended reading:

1. Human Questions, Cosmic Answers, esp “Sunlight and Moonlight, Solar and Lunar Eclipses and their Relation to Man’s Life of Soul” from June 25, 1922
2. The Search for the New Isis, the Divine Sophia, four lectures given at Dornach, December 23-26, 1920
3. The Mystery of John by Karl Koenig, published Mercury Press
4. The Calendar of the Soul, especially the facsimile of the original, published by Steiner Books, which has intact the feast days and the new images of the zodiac

Please see the flyer for this event at the end of the newsletter.



Eclipse Housing Urgently Needed

Dear Friends,

For a very long time Portland hotels have been booked by the many people who will be coming to this area to view the total eclipse of the sun on August 21. The Branch has arranged for two well respected Anthroposophists to offer a workshop on August 19-20 – Dr. Oliver Conradt, head of the Math and Astronomy Section at the Goetheanum, and Mary Stewart Adams, long time student of star wisdom. (see articles and flier in this issue.) As it is difficult to find hotels for those coming from out of town, we are hoping that you will be willing to open your homes to them. Christine Badura has graciously offered to coordinate this effort, and you can contact her at badura88@hotmail.com

Housing Needed For Summer Eurythmy Conference – Rudolf Steiner’s Twelve Moods



Portland Eurythmy is honored to be hosting this summer’s West Coast Eurythmy Conference August 4-13, 2017. We are putting out a call to the community in hopes of finding free or nearly free housing and/or transportation for the participants. We anticipate anywhere from 12-20 visiting eurythmists to participate in the 10-day course taught by Michael Leber of Eurythmeum Stuttgart in Germany and Dorothea Mier of Eurythmy Spring Valley in New York. If you have a spare room to offer or equivalent, or can provide transportation to & from the conference, to be held at Cedarwood Waldorf School, please contact Meta Bruner at 503-200-0888 or meta.bruner@gmail.com. We thank you for helping to make this event successful! More conference information can be found at: www.portlandeurythmy.org.



Embryo In Motion: Understanding Ourselves as Embryo

4-DVD Set Now Available With Jaap van der Wal, PhD, MD

This beautiful 4-DVD set was professionally recorded live in Portland, OR, June 3-6, 2010.

To learn more about the 4-DVD set and for instructions on how to order it, go to the “shop” portal on the Portland Branch website at www.PortlandAnthroposophy.org.

DOUBLE JEOPARDY

In an effort to set my own true self free,
I struggle with someone, who's inside of me.
Who has a real form, I can both see and feel,
Who tries to convince me that he's the most real.

And I, like an addict, in search of a fix,
Cling to his side, in perpetual mix,
With something so wrapped round my psyche and mind,
The more I unravel, the tighter it binds.

And as we all heal under pain of our death,
Our double implores us with every breath,
Like Frodo and Golem, like Jekyll and Hyde,
We carry this other being inside.

A price here we pay,
In our being alive,
Is the constant true challenge,
To never arrive...

For the time spent becoming,
The thing you adore,
Is the time when you are
What you're becoming for...

But the moment you've done this
(And not a moment before),
Is the moment you aren't,
That thing anymore.

There's a prison in this,

And there's also a door....

ROBERT KELLUM
4-1-17

The **Portland Branch Newsletter** is published monthly to serve Branch members and friends. To learn more about the Portland Branch of the Anthroposophical Society, contact Diane Rumage at 971-271-7479.

To submit an article or a calendar item, email it both to Valerie Hope, valerieannhpdx@aol.com and Wes Burch, truelion@comcast.net. The deadline for submissions is the 15th of the previous month. Items selected for publication may be edited for style, content and length.

To sign up for our email list, or to contact the Branch Council, go to <http://www.portlandbranch.org/contact>

The newsletter and calendar are posted on the Branch website, www.portlandanthroposophy.org. Paper copies are available at the Pohala and Healthbridge Clinics; and the Cedarwood, Michael & Portland Waldorf Schools, and Swallowtail School.

Newsletter co-editors are Wes Burch & Valerie Hope; Seth Miller is our webmaster; and Ruth Klein is our treasurer; Christopher Guilfoil is our design and layout artist.

The Portland Branch thanks the following Members & Friends for their Dues and Generous Donations in 2017:

2017: Cyndia Ashkar, Christine Badura, Sandra Burch, Wes Burch, Julie Foster, Christopher Guilfoil, Helen Homola, Valerie Hope, Lauren Johnson, Bob Kellum, Donna Kellum, Ruth Klein, Tom Klein, James Knight, Anne Kollender, Vicki Lai, Robin Lieberman, Judith Levin, Martin Levin, Lisa Masterson, Brian McClure, Willi Muller, Jeff Rice, Jerry Soloway, Rebecca Soloway, Linda Sussman, Chiaki Uchiyama, Beth Wieting

We will gratefully receive your Branch membership dues (\$50 or what you can afford).

Send to: The Portland Branch c/o Ruth Klein, 3609 SE Center,
Portland, OR 97202



Portland Branch Calendar May, 2017

First Class of the School of Spiritual Science

May 21 (Date changed because of Mother's Day) (no admittance after the class starts) • Bothmer Hall, 5915 SE Division St, Portland, 97206, Contact Diane Ramage at 971-271-7479; Cheri Munske at 503- 484-4133; or Rebecca Soloway, (516) 850-1027. Blue card required. Second Sunday of each month.

Portland Branch Council Meeting

May 8 • 2606 SE 58th Ave. • Contact Valerie Hope, 503-775-0778; valerieannhpx@aol.com

All Branch members are welcome to attend, and/or to call us with agenda items, proposals, suggestions, or to observe. Meetings are on the second Monday of each month.

A Photographic Journey with The Bees, with Katie Montgomery

April 27-June 1 Photographic exhibit at the Art Hall

April 27 5:30-7:30 Opening Reception, 6 pm artist's talk • 3030 SW Second Ave. • Contact: Robin Lieberman 503-222-1192 or robin@robinlieberman.net or camphill.inspired.PDX@gmail.com

Come join us for a meaningful and social event with refreshments. See flier in the April newsletter.

Technology and the Human Body, the Western Esoteric Path, with Andrew Linnell

Friday June 16, 7pm & Saturday, June 17, 9am-4pm • Bothmer Hall, 5919 SE Division St. • \$15 Friday lecture only,

\$50 whole workshop • For more information or to register Contact Valerie Hope: 503-775-0778, valerieannhpx@aol.com

Oh Man, Know Yourself! Do even machines call out this cosmic word to us? What role will robotics play in the near and distant future. How can Spiritual Science deal with this coming change? Futurologists such as Ray Kurzweil predict that a time is coming when humans will merge with robotics. Why is this important for Anthroposophists? This topic will be explored through lecture, eurhythm and discussion. Andrew Linnell is an Anthroposophist and 42 year veteran of the computer industry who has given presentations in the US and abroad on a range of topics, including quantum physics, Christian mysticism and art history. For more see the flier in the April newsletter or his website, <http://thechristianmysteries.com/author/andrew-admin/page/3/> Sponsored by the Portland Branch.

Total Eclipse of the Sun with Dr. Oliver Conradt and Mary Stewart Adams

August 19-21 • Portland Waldorf School, 2300 Harrison St., Milwaukie, Ore.

The Portland Branch is pleased to announce this significant event, intended to bring us to a deeper experience and Anthroposophical understanding of a total eclipse of the sun. After two days of preparation with Dr. Conradt, head of the Math and Astronomy section of the School of Spiritual Science, and Mary Adams, longtime storyteller and researcher in star wisdom, we will bus together on the morning of Monday the 21st to view (safely, glasses will be provided) the eclipse. Spaces are limited, so sign up right away. The flier and registration form are in the May newsletter and on our website.

The Embryo in Us - understanding ourselves as embryo, with Dr. Jaap van der Wal

Tuesday August 29- Saturday September 2, 2017 • Cedarwood Waldorf School, 3030 SW 2nd Ave, Portland. • \$665 includes meals, \$615 for earlybirds before June 29, \$15 discount if paid by check or cash • Download the registration form at <https://span.wildapricot.org> For more info contact Dr. Bob Kellum at healthbridge@integra.net.

August 29, 7-9 pm lecture, *Mind and Body in the Womb – How do we Exist as Embryo?* - is open to the public • Fee is \$12. Sponsored By The Society For Physicians Of Anthroposophic Naturopathy And The Portland Branch Of The Anthroposophic Society

Michaelmas Observance

Saturday, September 30 • Bothmer Hall • Contact Valerie Hope, 503-775-0778; valerieannhpx@aol.com

Thomas Meyer, Three Lectures in Portland

Friday October 27, Saturday October 28 • Cedarwood Waldorf School, 3030 SW 2nd Ave., Portland 97201 • Contact James Lee, anthroposophynow@comcast.net for more information and to ask about work-study openings.

Friday, 7:30-9:30 pm, \$20 branch members, \$25 non members • *The Mexican Mysteries and the Mystery of Golgotha:* This lecture will delve into a deeply esoteric mystery linking the Mystery of Golgotha and the simultaneous, parallel crucifixion of an "initiated black magician" in Mexico, as revealed by Rudolf Steiner in *Inner Impulses of Evolution: The Mexican Mysteries and the Knights Templar* (CW171). Comprehending this event in the light of Steiner's Law of Polarity and its relationship to the Earth's nine subterranean spheres is critical to understanding modern times where new forces are entering human evolution from both sides of the two thresholds: the threshold to spiritual worlds and the threshold to the subterranean worlds.

Saturday, Lecture 1, 3:30-5:00 pm • dinner break • Lecture 2 , 7:30-9:30 pm • \$40 for Branch members, \$50 non-members, or \$30 each. *The Subterranean Spheres in the World and in the Human Being* : Rudolf Steiner gave only five lectures directly about the subterranean spheres, four of them in 1906, and one in 1909. He never returned to the topic again with specificity. However, his very last writing, Leading Thought of March 30, 1925 was titled "From Nature to Sub-Nature" and addressed the need to make such forces fully conscious. He warned "He [the human being] can only do this if he rises in spiritual knowledge as least as far into Super-Nature as he has descended in the technical sciences in to Sub-Nature." The nine levels of the spiritual world have their polar reflection in the nine layers of the subterranean world. Awareness of these complimentary but opposing spheres is found in literature (Dante), mythology and legend. The degree to which modern humanity is influenced by these unconscious and semi-conscious forces and the necessity of becoming fully conscious of these chthonic energies in order to achieve a balanced progress in one's moral/spiritual development will be presented in the light of Spiritual Science. Sponsored by the Portland Branch. Fliers in May newsletter.

All Souls Observance

Monday, November 20 • Bothmer Hall • Contact Valerie Hope, 503-775-0778; valerieannhpx@aol.com

Ongoing Local Activities and Study Groups

First Class of the School of Spiritual Science • Second Sunday of the Month (May 21 because of Mother's Day)

9:30 am sharp (**no admittance after the class starts**) • Bothmer Hall, 5919 SE Division St, Portland, 97206 • Blue card required. Contact Diane Ramage at 971-271-7479, Cheri Munske at 503 772-2632, or Rebecca Soloway (516) 850-1027

First Class Study • Second Thursday of the Month

The First Class of the Michael School and its Christological Foundations by S. Prokofieff • For Members of the School of Spiritual Science 7:30-9:00 pm • Contact Rebecca Soloway, jrsoloway@hotmail.com or 516-850-1027

Council Meetings of the Portland Branch • Second Monday of the month

7-9 pm • 2606 SE 58th Ave., Portland • Contact Valerie Hope, (503) 775-0778, valerieannhpx@aol.com

All Branch members are welcome to attend, and/or to call us with agenda items, proposals, suggestions, or to observe.

An Outline of Esoteric Science Study Group • First Monday of the Month

7:45-9pm • Bothmer Hall, 5919 SE Division St., Portland 97206 • Contact Jerry Soloway 503-908-7615 or jrsoloway@hotmail.com
Please join us in lively discussions centered on Rudolf Steiner's *An Outline of Esoteric Science*.

Eurythmy Foundation Course with Jolanda Frischknecht • Tuesdays & One Weekend/ Month Tuesdays 6-7:30 pm, One weekend/month Friday 6-7:30, Saturday 10:30-2:30 with lunch break • Takes place in Bothmer Hall, 5919 SE Division St., Portland 97206 • \$20/session; Tuesdays Only \$80; weekend \$50; all classes \$120 • Contact Jolanda, jolandamf44@gmail.com, or 503-896-3345 • This class is for those who have done Eurythmy for some time as well as for those new to it; for those who want to deepen their experience and dive into the eurythmical movements more intensively; session will consist of both Tone and Speech Eurythmy; we will explore and deepen the basic elements of Eurythmy as well as entering into an artistic process together of expressing poetry and music through the wonderfully enlivening and meaningful movements of Eurythmy.

Eurythmy for Waldorf Alumni: Wednesdays

Study, 6:30-7:30 pm; Eurythmy; 7:30-8:30 pm • Eurythmy Room, Portland Waldorf School, 2300 Harrison St., Milwaukie • Contact Carrie Mass, Carrie.mass@portlandwaldorf.org If you've ever attended a Waldorf High School, this is for you!

Eurythmy, Portland Waldorf School Community: Wednesday Mornings

8:45-9:30 am, Eurythmy Room, Portland Waldorf School, 2300 Harrison St., Milwaukie • Free All are welcome. Contact: Carrie Mass, Carrie.mass@portlandwaldorf.org

Festivals Study Group: Friday Mornings

10:45am-12:15 pm • 2606 SE 58th Ave, Portland • contact Suzanne Walker, 503-208-2426 zzwalker@mac.com

We are working with various of Dr. Steiner's lectures in an effort to better understand the festivals and how we may come to observe them. This is also greatly deepening our experience of the Calendar of the Soul and the cycle of the year.

Light, Color and Darkness in Painting (Therapy) Working with Indications from Liane Collot

d'Herbois; a study and painting group: Last Monday of the Month Beginning September 26

10 am – 12 pm • Studio 901 at 1410 SW Morrison St. • Contact Robin Lieberman, 503-222-1192 or robin@robinlieberman.net or Cheri Munske 503-484-4133 • For artists working therapeutically out of Anthroposophy

Please join Robin Lieberman, MSW, painting therapist and Cheri Munske, art therapist, for study and painting. We will be working from Liane's book of the

Mystery Dramas of Rudolf Steiner and Speech Formation Exercises • Second and Fourth Wednesdays beginning January 25 (holidays excluded)

7:30-9:00 pm • Free. Beginners are welcome –come check us out! • 8654 NE Boehmer St., Portland 97220 • Contact Diane Ramage by e-mail at drumage@comcast.net or by phone at 971-271-7479

We will work with play *The Soul's Awakening*, and Steiner's 1913 lecture series, *The Secrets of the Threshold*, which he gave after the performance of the play.

Portland Waldorf School Community Choir • Friday Mornings with David Edwards

9:00-10:15 am • Portland Waldorf School, 2300 SE Harrison St., Milwaukie, in the Orchard Room • Free will donations gladly accepted, all voices are welcome. Contact www.portlandwaldorf.org • pws_choir-subscribe@yahoo.com

(503) 654-2200 • No practice during school breaks.

Temple Legend Study Group • First and third Tuesdays

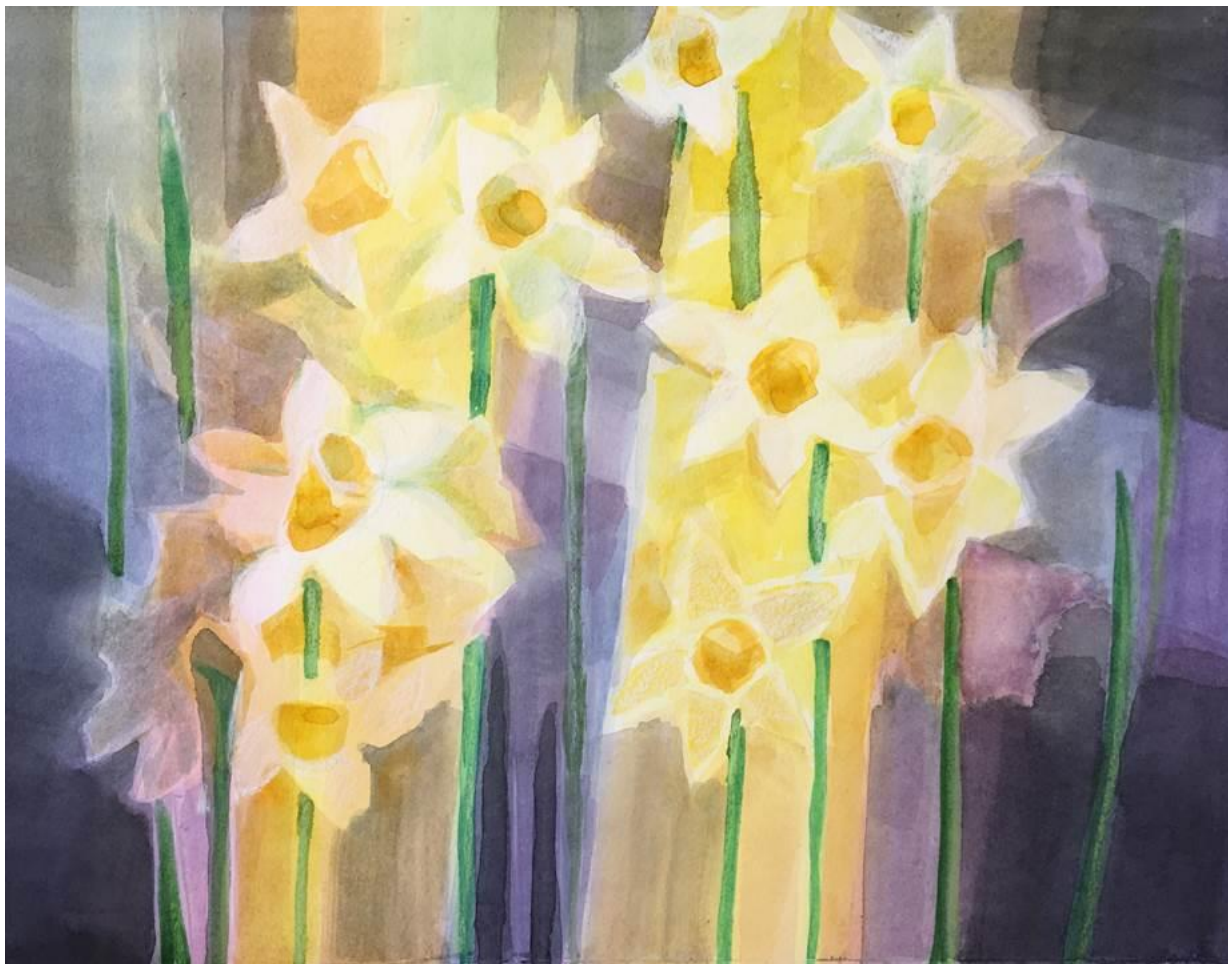
7:30-9 pm • 3046 NE 33rd Ave. Contact Donna Patterson and Bob Kellum, 503-331-7393 • All are welcome

Waldorf Education and Teacher Training Lectures and Courses

Conducted throughout the year by the Micha-el Institute. Contact John Miles, 503-774-4946 johncmiles@usa.net

Waldorf Teacher Education Eugene

September-June • Eugene Waldorf School • Contact LeeAnn Ernandes @ Message phone: 541-686-9112 Preparing Waldorf teachers for their future vocation since 1990



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Joan Takacs, D.O.
John Takacs, D.O.



The clinic offers alternatively extended medicine including Physical Medicine and Rehabilitation and Comprehensive Family Practice. The physicians utilize holistic principles that include the Anthroposophical world conception and its medical modalities, movement principles from Spacial Dynamics®, Feldenkrais®, Intermuscular Stimulation (IMS), Musculoskeletal Ultrasound and refined hands-on techniques to augment alternative and mainstream medical approaches in diagnosis, treatment and prevention of illness and injury including work related injuries, personal injuries, motor vehicle injuries and sports injuries.

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KATIE
MONTGOMERY
A Photographic
Journey with
the Bees

April 27 - June 1

Opening Reception
Thursday, April 27
5:30 p.m. - 7:30 p.m.

Artist's Talk
6:00 p.m.

The Art Hall
at Cedarwood
Waldorf School

3030 SW Second Ave.
Portland, OR 97201

Please direct all inquires
to Robin Lieberman at
503-222-1192 or
robin@robinlieberman.net

thearthall.wordpress.com



Sponsored By The Society For Physicians Of Anthroposophic Naturopathy
And The Portland Branch Of The Anthroposophic Society:

THE EMBRYO IN US

UNDERSTANDING OURSELVES AS EMBRYO

With Dr Jaap van der Wal ♦ August 29 – September 2, 2017



Cedarwood Waldorf School, 3030 SW 2nd Ave, Portland, OR 97201

\$665.00 for Workshop And Meals, Save \$15 by paying with check or cash
\$615.00 EARLY BIRD PRICE IF PAID BEFORE JUNE 29TH

WORKSHOP LIMITED TO 40 PEOPLE

This workshop has been approved by OBNM for 26.5 Naturopathic General OR Obstetric CEU's

The Workshop begins with a PUBLIC lecture at Cedarwood (no size limit)

Mind and Body in the Womb – How Do We Exist as Embryo?

7:00-9:00 PM, Tuesday, August 29, 2017

This evening lecture is \$12.00; no charge for course participants.

**DOWNLOAD THE REGISTRATION FORM AT <https://span.wildapricot.org/events>
FOR MORE INFORMATION, CONTACT DR. BOB KELLUM AT
HEALTHBRIDGE@INTEGRA.NET**

EXPERIENCE

The Total Eclipse of the Sun Conference August 19 - 21

WITH

Dr. Oliver Conradt, head of the Section for Mathematics and Astronomy at the Goetheanum, and **Mary Stewart Adams**, longtime researcher in Star Wisdom as informed by Anthroposophy

In Portland Oregon

Conference in Portland Saturday and Sunday Aug. 19-20
Bus together to the path of totality for viewing on Monday

The Portland Branch of the Anthroposophical Society is pleased to announce this significant event, intended to bring us to a deeper experience and understanding of a total eclipse of the sun.

Sign up now! Limited space will be allocated on a first come first served basis.

For more background on the eclipse, the conference content, and the registration form see the Portland Branch March Newsletter: www.portlandanthroposophy.org/newsletter

For more information contact Valerie Hope: valerieannhpdx@aol.com

or Walter Rice: walter@waldorftravel.com

Topics Will Include:

- Preparing for the Total Eclipse of Aug. 2017. Phenomena and other astronomical aspects
- Our barren Moon and its life guiding rhythms
- Our star, the Sun
- Cosmic connections of the human being
- Engaging the Divine Feminine in the Shadow of the Lion



Oliver Conradt, born 1970 in Dornach, Switzerland, graduated at the Faculty of Science of the University of Basel, "PhD thesis on Space and Counterspace in Mathematical Physics". Upper School teacher in Hamburg, head of the Section for Mathematics and Astronomy at the Goetheanum since summer 2005. Seminars and lectures on astronomy, mathematics and general anthroposophy, father of three children.



Mary Stewart Adams is a member of the School for Spiritual Science and a longtime researcher in star wisdom as it is informed by Anthroposophy. Mary travels extensively teaching a humanities-based approach to understanding the night sky. She is currently host of the Anthroposophical Society's webinar series "The Moon's Nodes~Anticipating the Eclipse of August 2017." You can hear Mary's "Storyteller's Night Sky" each week on Interlochen Public Radio, and via their website www.iprnews.org,

Sponsored by the Portland Branch of the Anthroposophical Society

REGISTRATION



Experience the Total Eclipse of the Sun Conference August 19 - 21 Portland, OR

The workshop is for adults only, and the number of participants will be limited to 75 for the workshop and 100 on the buses. We will accept a limited number of children nine years of age and older on the bus for eclipse viewing. Parents will be responsible for their children at all times, and for their eye protection.

Logistics will be emailed when you register.

name (or list of family members registering)

mailing address

city

state

zip code

email address

phone number

of participants:

_____ Full Conference Including Bus Transportation \$385. Total \$ _____

_____ Conference Sessions Only \$250 Total \$ _____

_____ August 21 Bus Transportation Only \$137 Total \$ _____

Total Amount Enclosed \$ _____

How did you hear about this event? Friend Website Email List Flyer Newsletter

- Protective eyewear for viewing the eclipse is included in the cost of the conference.
- Make out your check to: Portland Branch of the Anthroposophic Society

SEND TO: WALTER RICE 5316 SE SHERMAN ST. PORTLAND, OR 97215

To register electronically go to our website at www.portlandbranch.org

I have read the information on the reverse side of this form explaining the conditions of the bus trip, and agree to be responsible with eye protection and providing for all of my/our food, beverage and medical needs for the day.

Signature

Date

For more information contact: Valerie Hope, valerieannhpdx@aol.com or Walter Rice, walter@waldorftravel.com
See reverse side for important information about the day of the eclipse.

Basic information for Monday, August 21, 2017

The Day of the Total Eclipse:

Traffic authorities have published reports that an overwhelming number of extra vehicles will crowd our roadways as people travel to areas in the state where they can view totality, and there may be gridlock on many roads. Therefore, we expect to depart from the Portland Waldorf School between 5am-6am that morning. We will send out a notice of the exact departure time one month prior to the conference. Kindly note that it will be each person's responsibility to be on time, as we will not be able to wait for latecomers. Should you miss the bus there will be no refund, so we implore you to be certain you are there on time!

Everyone will be given protective eye wear for viewing the Eclipse, and all must agree to use them as directed, because the effects on eyes can be devastating if not done properly.

We will be viewing the Eclipse on private land, and we are honored that the landowners have agreed to let us have this private venue for the viewing. We all must pitch in to leave their property in the same or better condition that we found it. The locale is to be kept private, as they do not want anyone straggling in. We have agreed to limit ourselves to two buses.

At the viewing site, please note that only simple toilet facilities will be available. There will be NO medical services on site, and NO food or beverages for sale anywhere! Be sure to bring plenty of food, beverages refreshments and any needed medicines for what could prove to be a long day.

Thomas Meyer Lectures in Portland

Friday, October 27th and Saturday, October 28th

Cedarwood Waldorf School, 3030 SW 2nd Ave. Portland, OR 97201

The Mexican Mysteries and the Mystery of Golgotha

Friday, October 27th from 7:30 PM to 9:30 PM. \$20 for Branch members; \$25 for non-members. This lecture will delve into deeply esoteric mystery linking the Mystery of Golgotha and the simultaneous, parallel crucifixion of an “initiated black magician” in Mexico, as revealed by Rudolf Steiner in *Inner Impulses of Evolution: The Mexican Mysteries and the Knights Templar* (CW171). Comprehending this event in the light of Steiner’s Law of Polarity and its relationship to the Earth’s nine subterranean spheres is critical to understanding modern times where new forces are entering human evolution from both sides of the two thresholds: the threshold to spiritual worlds and the threshold to the subterranean worlds.

The Subterranean Spheres in the World and in the Human Being, a two-

lecture series. Saturday, October 28th. Lecture 1: 3:30 PM to 5:00 PM; dinner break; Lecture 2: 7:30 to 9:30 PM. \$40 for the two-lecture series for Branch members, \$50 series for non-members or \$30 each.

Rudolf Steiner gave only five lectures directly about the subterranean spheres, four of them in 1906, and one in 1909 and never returned to the topic again with specificity. However, his very last writing, Leading Thought of March 30, 1925 was titled “From Nature to Sub-Nature” and addressed the need to make such forces fully conscious. He warned “He [the human being] can only do this if he rises in spiritual knowledge as least as far into Super-Nature as he has descended in the technical sciences in to Sub-Nature.” The nine levels of the spiritual world have their polar reflection in the nine layers of the subterranean world. Awareness of these complimentary but opposing spheres is found in literature (Dante), mythology and legend. The degree to which modern humanity is influenced by these unconscious and semi-conscious forces and the necessity of becoming fully conscious of these chthonic energies in order to achieve a balanced progress in one’s moral/spiritual development will be presented in the light of Spiritual Science.

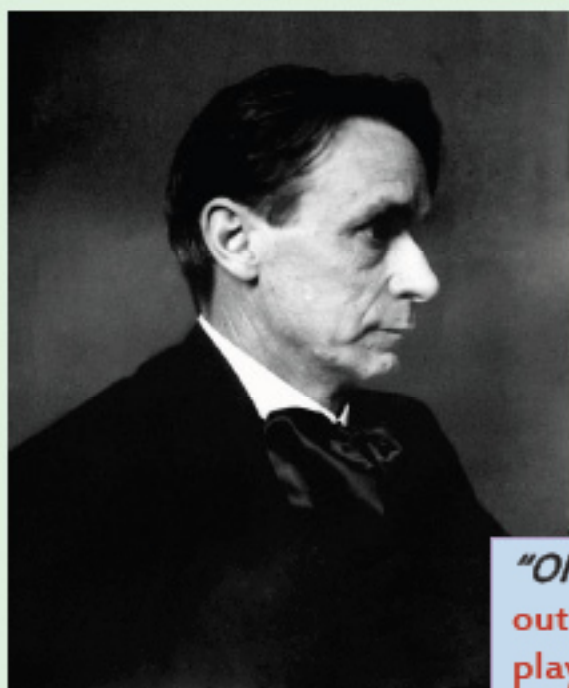
These Thomas Meyer lectures are sponsored by the Portland Branch .For more information and to ask about work-study openings contact James Lee at anthroposophynow@comcast.net.

Introductory Bio For Thomas H. Meyer

Thomas H. Meyer was born in Switzerland in 1950. He taught at the original Waldorf School in Stuttgart, Germany and later was an editor working for the publishing house at the Goetheanum in Dornach, Switzerland. In 1990 he founded Perseus Publishing (Verlag), Basel, Switzerland. Since 1997 he has been the publisher and editor of the monthly journal (in German) *Der Europaer*. In 2016 he launched *The Present Age*, a monthly journal in English. Learn more about the author and his publications at <http://www.perseus.ch/fremdsprachiges/about-us> . He is the author of many books, several of which have been translated into English and other languages. These include the definitive biographies of Daniel N. Dunlop and Ludwig Polzer-Hoditz. Other recent books include *The Meditative Path of the Michael School in Nineteen Steps*; *The Sign of Five*; *Milestones*; *The Development of Anthroposophy Since Rudolf Steiner’s Death*; *Representative Men*; *When a Stone Begins to Roll*; *Rudolf Steiner’s Core Mission*; *The Bodhisattva Question*; *Clairvoyance and Consciousness*; and *Reality, Truth and Evil and Barefoot through the Burning Lava*. Thomas Meyer is also the editor of *Light for the New Millennium*. He has written numerous articles and regularly gives seminars, courses and lectures around the world.

Technology & The Human Body

The Western Esoteric Path with Andrew Linnell
Friday, June 16 & Saturday June 17, 2017
Bothmer Hall, 5915 SE Division St.



"Oh Man, Know Yourself!" Do even machines call out this cosmic word to us? What role will robotics play in the near and distant future? How can Spiritual Science deal with this coming change?

Friday Evening, June 16, 7-9 pm: Mankind's Destiny with Robotics: Futurologists such as Ray Kurzweil predict a time is coming when humans will merge with robotics. Why is this important for Anthroposophists? We will explore the end of incarnation, the cessation of fertility, and the return of the moon.

Saturday, June 17, 9am-4pm: Workshop – Robotics and Moral Technology

09:00 - 09:15 Welcome, Logistics, Introductions
09:15 - 10:30 Lecture: Merging through Rhythms and Ethers
10:30 - 11:30 Eurythmy: The Three Movements
11:30 - 12:30 Discussion: Protecting, countering, confronting
12:30 - 01:30 LUNCH ON YOUR OWN
01:30 - 02:30 Lecture: Mythology and Facing the Future Without Fear
02:30 - 03:00 Eurythmy: Exercises to balance computer work
03:00 - 04:00 Structured discussion: The Challenge of Our Times

Costs

Friday Lecture \$15 ♦ Lecture & Workshop \$50
Workshop Alone \$40 ♦ No one turned away
Contact Valerie Hope, valerieannhpx@aol.com

Andrew Linnell is a 42 year veteran of the computer industry and a graduate of the University of Michigan (MSE '73) and Emerson College, England ('79). A member of the Anthroposophical Society since 1979, he is president of the Boston Branch, faculty member for the Village University of Concord, and member of the School for Spiritual Science. He has spoken to branches and libraries throughout the USA and abroad on various topics from *Quantum Physics* to *Christian Mysticism* to *Art History*.

Sponsored by the Portland Branch of the Anthroposophical Society