



Anthroposophical Society PORTLAND BRANCH

Newsletter

November 2016

The New Revelation of Michael: Is the World Willing to Listen?

Excerpts from a lecture by Rudolf Steiner
with access to the the whole lecture at the
end.

by Christopher Guilfoil
Guest Editor

In recently researching what Rudolf Steiner called the “second Mystery of Golgotha in the super-sensible” I came upon a certain correspondence between Michael and death (the dead), themes found in the last two newsletters, Michaelmas and All Souls. In the lecture entitled “Christ at the Time of the Mystery of Golgotha and Christ in the Twentieth Century” (May 2, 1913 | London | GA0152), Rudolf Steiner begins by reminding us of the laws pertaining to death:

“In the super-sensible worlds there is no death — we can die only on the earth, in the physical world — and none of the Beings of an hierarchical rank higher than that of man have any knowledge of death; they know only different states of consciousness. Their consciousness can for a time be so diminished that it resembles our earthly condition of sleep, but it can wake out of this sleep. There is no death in the spiritual worlds, there is only change of consciousness; and the greatest fear by which man is possessed — the fear of death — cannot be felt by one who has risen into the super-sensible worlds after death. The moment he passes through the gates of death his condition is one of intense sensibility, but

he can only exist in either a clear or a dimmed state of consciousness. That a human being in the super-sensible world could be dead would be inconceivable.”

He continues with this ever-central theme in understanding the evolution of consciousness:

“There is no death for any of the Beings belonging to the higher Hierarchies, with the one exception of Christ. But in order that a super-sensible Being such as Christ should be able to pass through death, He must first have

descended to the earth. And the fact of immeasurable significance in the Mystery of Golgotha is that a Being who in the realm of His own will could never have experienced death, should have descended to the earth in order to undergo an experience connected inherently with man. Thereby that inner bond was created between earthly mankind and Christ, in that this Being passed through death in order to share this destiny with man.”

Steiner then reviews the history of this descent and Michael’s relationship to it in different epochs of time. He leads up to this pivotal revelation:

“But the fact that a mighty, sublime Being descended from the

spiritual worlds and dwelt for three years in a human body also includes the fact that during that time this Being Himself progressed a stage further in His



Illustration by David Newbatt

Twelve Aspects of Michael Image 11 - Scorpio

Michael with the Lance - *Contrasted by: Negative Criticism*
Michael is directing the lance in a controlled way towards the onslaught of dark, cold and jagged barbs, representing *negative criticism*.

development.

When such a Being takes on a human or an angelic form, He Himself progresses. And it is this that we have indicated in speaking of the evolution of Christ-Jehovah. Christ has reached the stage where He reveals Himself henceforth not as a human being, not through His reflection only, not through the name of Jehovah, but directly. And the great difference in all the teachings and all the wisdom that have streamed into the evolution of the earth since the Mystery of Golgotha, is that through the coming of Michael — the Spirit Michael — to the earth, through his inspiration, man could gradually begin to understand all that the Christ Impulse, all that the Mystery of Golgotha, signifies. But in that earlier time Michael was the messenger of Jehovah, the reflection of the light of Christ; he was not yet the messenger of Christ Himself.”

It is in how this progress proceeds, or how Christ’s relationship to death develops further in the growing materialism of the 19th century and into our time, that even the conceptual nature of death deepens. An altered state of affairs ensues. Michael will take on a new role.

“Let us remember what has been said — that in the invisible worlds there is no death. Christ Himself, because He descended to our world, passed through a death similar to that of human beings. When He again became a spiritual Being, He still retained the remembrance of His death; but as a Being of the rank of the Angels in which He continued to manifest Himself outwardly, He could experience only a diminution of consciousness.”

What happens to the Angel in which He manifested is at once stunning and astonishing:

“The ‘seeds of earthly materialism’ which were increasingly carried into the spiritual world by the souls who went through the portal of death since the sixteenth century, and which caused more and more darkness, built the ‘black sphere of materialism.’ Christ took this black sphere into being in the sense of the Manichean principle for the purpose of transforming it. For the angel being in which the Christ had manifested himself since the Mystery of Golgotha the black sphere caused a ‘death by suffocation.’ This sacrifice by Christ in the nineteenth century is comparable to the sacrifice on the physical plane through the Mystery of Golgotha and can be called the second crucifixion of Christ on the etheric plane. This spiritual death by suffocation, which brought about the extinction of the consciousness of the angelic Being is a repetition of the Mystery of Golgotha in those

The Portland Branch
of the Anthroposophical Society
Invites you to

Save The Dates!

See the attached calendar & fliers for
more info. and more events

Wednesday, November 2

All Souls

2017!

8/19-21 Oliver Conradt, Solar Eclipse

8/29-9/2 Dr. Jaap van der Wal

10/26-30 Thomas Meyer

worlds that lie immediately behind our world. It took place to make possible a revival of the Christ consciousness which was earlier hidden in human souls on earth. The revival becomes clairvoyant vision of humanity in the twentieth century.”

Steiner draws his talk to a conclusion by once again bringing Michael into relationship with this repetition of the Mystery of Golgotha:

“The brief indications I have been able to give you will gradually make their way into the souls of men, and the mediator, the messenger, will be Michael, who is now the ambassador of Christ. Just as he once led human souls towards an understanding of Christ’s life descending from heaven to the earth, so he is now preparing mankind to experience emergence of the Christ-consciousness from the realm of the unknown into the realm of the known. And just as at the time of the earthly life of Christ the greater number of His contemporaries were incapable of believing what a stupendous event had taken place in the evolution of the earth, so, in our own day, the outer world is striving to increase the power of materialism, and will continue for a long time to regard what has been spoken of today as so much fantasy, dreaming, perhaps even downright folly. This too will be the verdict on the truth concerning Michael, who at the present time is beginning to reveal Christ anew. Nevertheless many human beings will recognize the new dawn that is rising and during the coming centuries will pour its forces into the souls of men like a sun — for Michael can always be likened to a sun. And even if many people fail to recognize this new Michael revelation, it will spread through humanity nevertheless.”

In this “new revelation of Christ” Steiner rests his hopes for humanity. With it he tells us we can “stand firm” in that what often seems folly to man is wisdom in the eyes of God:

“From now onwards there is a new revelation of Christ; we will be ready to acknowledge it; we will belong to the few who will help it to become more powerful, to become lasting; we will base ourselves upon the inner strength of such a revelation, so that it may spread among mankind, for this knowledge will gradually be shared by all.

This is what we call wisdom and some may call folly. To stand firm we need only remind ourselves that this is the time of the second Michael revelation, and remember what was said by one of the early Initiates at the time of the former Michael revelation: What often seems folly to man, is wisdom in the eyes of God.

Let us try to draw strength from feelings and spiritual knowledge, which must in many respects seem folly to the outer world. Let us have the courage to realize that what appears to be folly to those who depend upon the senses for knowledge, to us may be wisdom, light, and clearer understanding of the super-sensible worlds towards which we will strive with all the power of our souls and of our conviction.”

A link to the whole talk online at the Rudolf Steiner Archive:

<http://wn.rsarchive.org/Lectures/GA152/English/RSP1966/19130502p01.html>

Or email or call Christopher Guilfoil and receive a copy via email: c.guilfoil@gmail.com • 541.683.4898.

Calendar translation by Stefan Schwabe:

“A transposition; I tried to recast these calendar verses in cadence and tenor, into our current English, to bring to our appreciation their strength and spirituality in terms of today’s thinking, feeling and willing.”

~St. Michael’s Feast 2011

“The course of the year has its own life. With this life the human soul can unfold a feeling-unison. If the soul opens itself to the influences that speak so variously to it week by week, it will find the right perception of itself. Thereby the soul will feel forces growing within that will strengthen it. It will observe that such inward forces want to be awakened – awakened by the soul’s ability to partake in the meaningful course of the world as it comes to life in the rhythms of time. Thereby the soul becomes fully aware of the delicate, yet vital threads that exist between itself and the world into which it has been born.”

– Rudolf Steiner
author of the Calendar of the Soul

Calendar of Soul

31. Thirty-first Week (November 3 - 9)

From deep and distant Spirit Depths,
a Light,
It reaches out, just like our sun:
It turns to strength of will for Life
And shines within the senses’ dullness
To birth new energies, and bring forth
Creative powers out of soul instinct
For human beings’ labours.

32. Thirty-second Week (November 10 - 16)

My ripening strength I feel
I can increasingly give the world;
My own being I feel strengthening,
And turning toward clear insight
In this the fabric of Life’s destiny.

2nd translation

I feel my strength is ready
To step into the world around;
My Self, I feel, is rising
To meet in clarity, and confront
The fabric woven of destiny and life.

33. Thirty-third Week (November 17 - 23)

Thus I sense the world
Which, without my sympathy
Would only manifest an icy, empty life
And powerless
To recreate itself in human souls
Would find death only in itself.

34. Thirty-fourth Week (November 24 - 30)

Mysteriously the treasured past
With a renewed sense of self,
Comes to life in me I feel:
May it awaken cosmic forces
To pour into my worldly work
Allowing me to mold my place and time.

35. Thirty-fifth Week (December 1 - 7)

Can I grasp existence,
Such that it finds reflection
In my soul’s creative urge?
I do feel that I have the power
To introduce, a humble part,
My own Self into the Cosmic Self.

JENNIFER THOMSON ART RETREAT IN PORTLAND

by Robin Lieberman

<http://theearthall.wordpress.com>

Jennifer Thomson's enriching five-day Art Retreat, which took place at the Sunlight Community Building in Portland's west hills, was attended by an enthusiastic and eager group of ten painters—some of whom had never held a brush before! Jennifer taught with love and reverence for the color beings, polarities, and composition, through well-prepared demonstrations, a sense of play, and freedom that was accessible, challenging and richly rewarding.

We all worked very hard and enjoyed well-deserved, catered lunches together, took time to observe others' work and learn from one another, and participated in break-out sessions to talk about the work and learn yet another sketching or painting exercise. We had one large veil painting we worked on all week as well as subsequent smaller paintings and charcoal sketches, all of which helped build a layered appreciation for our tools for painting and the language for talking about our process. Some participants left the Retreat with over fifteen pieces of art!



The following are just a few of Jennifer's gems from the Retreat:

- Being an artist means reaching for the spiritual, beyond what's visible; play with what you find: light and darkness/periphery and point.
- When you get to an edge it's an opportunity to cross the threshold: something more beautiful is waiting. Focus on the heart sphere.

- Try to enter the painting until it becomes part of you. Try to be brave; don't worry about what it looks like; we can salvage anything. It's your painting! Break the balance. You're at the threshold.

- When you're not sure what to do it's good to try different approaches. Look for each step to improve: an artist's spiritual path.

- Everyone must discover what's built into us in terms of how we work (Jennifer works by communicating with the color, light and dark, finding balance). And when you work something out ("ugly work") something moves in you.

- Get it in your bones by nature observation; then you can paint in the studio.

- Light and darkness practice helps compositional skills. If you have a question about it try it!

- Making art is like meditating: ritual, practice, gets harder; make it conscious when you have blocks of non-working time.

We learned to create and paint with three different grays by mixing complementary colors to give a shadowy feeling: tree trunk and branches would be the first layer, upon which we would then paint the fullness of trees from our imaginations. We also learned that the artist is always trying to achieve balance between two major forces: blue coming in and yellow going out, to experience color as alive.

We were encouraged to stretch our imaginations and reach toward the cosmos and play; to move from the periphery to the inside, drawing with charcoal to make our lines alive...creating organic, alive space, play and dance. And that we did!



I AM THE DARKNESS, I AM THE LIGHT

I am the Darkness.

With each inbreath, the sun of my heart rises.
With each outbreath it sets.

I am the darkness, attracting the light.
The light comes in and irradiates me briefly.
I breathe the light out,
But I...am the Darkness

The darkness is always there; it will always be there.

To become the light, I have to radiate my soul.

I have to let go of the darkness
And receive the light.

But the darkness is safe and comforting.
It is constant and substantive.

The light is ephemeral.
It comes and goes.
How can my soul rest upon it without falling?

So I wait in darkness at the windows of my eyes, and yet

When I allow illumination to carry my being, suddenly I become an interior world.

Clouds that had blocked the sun roll past my heart.

In my lungs, a heron airs its wings, rising from a cavernous river that runs through my soul.

A tiger lurks cautiously by estuaries that ebb and flow in the marshlands of my liver.

A bear fishes in the pulsing flow that pauses briefly in the reservoir of my spleen.

A deer stops to drink at the willful font, percolating up from the well of my kidneys,
Springing forth from the mountains of my bones.

In the soil of my bowels, vegetation bursts forth anew, sending tendrils of life into my being.

And from all of this, suddenly I see that I too

Am the Light.

I come and go.

Visiting my earth in renewal each day, each inbreath,
And leaving each night, each outbreath.

To leap from being the darkness, to being the light;
From being acted upon blindly,
To being an active creator in my own rebirth,
Is major soul work.

We need the darkness for the light to have form and meaning.
We need the light for the darkness to be illuminated and revealed.

We are both, darkness and light...
Struggling in contradiction with one another.

I am the Darkness,
Stumbling in the night.

And I am the resurrection...
I am the Light

Bob Kellum 9-6-12

WE ARE GRATEFUL to Dr. Michaela Glöckler for giving us permission to reprint a letter she sent out recently to colleagues.

Dear friends,

This “Brexit summer” gives us cause for thought in various respects. In the context of the IPMT advanced training weeks in East and West, questions of ethics and a “value-based culture” which connects rather than divides and is not governed by the economisation of all fields of life also repeatedly came up for discussion. Here anthroposophy turns out to be a helpful instrument for understanding, mediating, but also appreciating what exists in terms of cultural heritage, and how today it can once again provide a cultural foundation.

But it also becomes clear in intercultural dialogue how the pre-Christian values in religion, culture and society were primarily oriented towards harmony, the order of divine truths, veneration, love, a sense of duty, discipline, respect and integration, that is to say the subordination of the individual to the family or the state. It is not until Christianity that a fundamental transformation of values occurs in that the impulse of freedom, and with it the individualisation of each person and their potential independence from family and society, becomes the norm. As a result each person “alone” must find and take to heart the truths which they can live with. But that also inevitably means passing through chaos, error and culpability.

Thus in preparation for the Michaelmas period let us recall the three anti-social instincts which – if we are aware of them and do not let them take over – release entrepreneurial forces through which each one of us, wherever we are, can contribute out of insight and in freedom to the establishment of a culture of humanity.

Rudolf Steiner describes them in his lectures *The Challenge of the Times* (GA 186):

“In the thinking, the antisocial instinct rules of wanting to persuade the other person, wanting to make them intellectually dependent, to “lull them to sleep”. We can overcome this tendency by taking an interest in the opinion of the other person and helping them through open questions to obtain new perspectives for themselves – completely out of themselves.

In the feelings we tend to deceive ourselves – because we project our sympathies and antipathies into the other person and are disappointed when the latter fails to live up to them. But if our feelings become organs of perception for the individual character of the other person, then they can serve to understand the essence and take us closer to the truth of the other and ourselves.

In the will, we have a tendency to annoy others through

our action. We can transform this by letting what we do be guided by the needs of those around us and placing ourselves in the service of what is required.”

Thus we are particularly pleased that the basic subject of the annual conference in September is the question about the healing action of the etheric forces, and that the more than 50 different working groups reflect the demand for advanced training which lives among us at a professional and interdisciplinary level.

The **Portland Branch Newsletter** is published monthly to serve Branch members and friends. To learn more about the Portland Branch of the Anthroposophical Society, contact Diane Ramage at 971-271-7479.

To submit an article or a calendar item, email it both to Valerie Hope, valerieannhpx@aol.com and Wes Burch, truelion@comcast.net. The deadline for submissions is the 15th of the previous month. Items selected for publication may be edited for style, content and length.

To sign up for our email list, or to contact the Branch Council, go to <http://www.portlandbranch.org/contact>

The newsletter and calendar are posted on the Branch website, www.portlandanthroposophy.org. Paper copies are available at the Pohala and Healthbridge Clinics; and the Cedarwood, Michael & Portland Waldorf Schools, and Swallowtail School.

Newsletter co-editors are Wes Burch & Valerie Hope; Seth Miller is our webmaster; and Ruth Klein is our treasurer; Christopher Guilfoil is our design and layout artist.

The Portland Branch thanks the following Members & Friends for their Dues and Generous Donations in 2016:

Cyndia Ashkar, Betty Baldwin, Wesley Burch, Sandra Burch, Amanda Eastman, Christopher Guilfoil, Helen Homola, Valerie Hope, Tish Johnson, Bob Kellum, Donna Patterson-Kellum, Margaret Kerndt, Tom Klein, Ruth Klein, Anne Kollender, James Lee, Heidi Vaneck Leontie, Judith Levin, Martin Levin, Robin Lieberman, Regina Loos, Patricia Lynch, Cheri Munske, Natalie Norman, Padeen Quinn, Walter Rice, Susan Rice, Jannebeth Roell, Diane Ramage, Diane Schell-Rowley, Rebecca Soloway, Jerome Soloway, Barbara Strong, Linda Sussman, Marion Van Namen, Elizabeth Webber, Cindy Weinberg, Neil Weinberg, and thanks to a generous anonymous donor.

We will gratefully receive your Branch membership dues (\$50 or what you can afford).

Send to: The Portland Branch c/o Ruth Klein, 3609 SE Center, Portland, OR 97202

Portland Branch Calendar November, 2016

First Class of the School of Spiritual Science

November 13 (no admittance after the class starts) • Bothmer Hall, 5919 SE Division St, Portland, 97206, Contact Diane Ramage at 971-271-7479; Cheri Munske at 503- 484-4133; or Rebecca Soloway, (516) 850-1027. **Blue card required.** Second Sunday of each month.

Portland Branch Council Meeting

November 14 • 2606 SE 58th Ave. • Contact Valerie Hope, 503-775-0778; valerieannhpx@aol.com

All Branch members are welcome to attend, and/or to call us with agenda items, proposals, suggestions, or to observe. Meetings are on the second Monday of each month.

All Souls Observance

Wednesday, November 2, 7pm • Bothmer Hall, 5919 SE Division St., Portland, 97206 • Contact Valerie Hope, 503-775-0778 valerieannhpx@aol.com

Please join us for a remembrance of your dead. You may bring pictures or other items associated with those you would like to remember. They can be placed on the tables with candles that will be provided. To deepen our understanding of this important observance we will read together and discuss a lecture – The Dead are With Us, by Rudolf Steiner. Excerpts are printed in the October newsletter, the full lecture is available at <http://wn.rsarchive.org/Lectures/19180210p01.html>. Our eurythmists have become an important part of this observance, and will once again grace us with a performance.

Christian Community Sharing

Sunday November 6, 10am • Sharing impressions from an Open Seminary Course - "Cultivating an Individual Relationship with Jesus Christ" at Lucia Mello's house 5534 SW Pendleton, Portland, 97221 • Questions: Lucia 503-892-5296 or Sandra at galenalyn@gmail.com

Christian Community Events - with Reverend Sanford Miller

November 17 - 20, Contact Sandra Burch with questions 503-353-1818, galenalyn@gmail.com

All events at Bothmer Hall - unless otherwise noted, 5919 SE Division St.
Suggested donation: \$10/talk or what you can afford.

Thursday November 17, 7:30pm at the Burch House (call for directions)

City of God; City of Man - The Imagination Behind the Political Events of Our Day.

Friday November 18, 7:30pm The Outer and Inner Cathedrals

Saturday November 19, 9:00am The Act of Consecration of Man. 10:15am New Testament Study

Sunday November 20, 9:15 Religious Instruction (grades 1-8), 10:00 Children's Service (grades 1-8), 10:30 The Act of Consecration.

In Honor of the Advent Season - December

December 2 You are invited to a presentation of the "Madonna Series". 7:30pm; Bothmer Hall. \$5 donation requested. Please see accompanying flyer at the end of the Newsletter.

Ongoing Local Activities and Study Groups

First Class of the School of Spiritual Science • On Second Sunday of the Month

9:30 am sharp (no admittance after the class starts) • Bothmer Hall, 5919 SE Division St, Portland, 97206 • Blue card required. Contact Diane Ramage at 971-271-7479, Cheri Munske at 503 772-2632, or Rebecca Soloway (516) 850-1027

First Class Study: The First Class of the Michael School and its Christological Foundations by S. Prokofieff • Second Thursday of the Month • For Members of the School of Spiritual Science

7:30-9:00 pm • Contact Rebecca Soloway, jrsoloway@hotmail.com or 516-850-1027

Council Meetings of the Portland Branch • Second Monday of the month

7-9 pm • 2606 SE 58th Ave., Portland • Contact Valerie Hope, (503) 775-0778, valerieannhpdx@aol.com

All Branch members are welcome to attend, and/or to call us with agenda items, proposals, suggestions, or to observe.

An Outline of Esoteric Science Study Group • First Monday of the Month

7:45-9:00 pm • Bothmer Hall, 5919 SE Division St., Portland 97206 • Contact Jerry Soloway 503-908-7615 or jrsoloway@hotmail.com

Please join us in lively discussions centered on Rudolf Steiner's An Outline of Esoteric Science.

Eurythmy Foundation Course with Jolanda Frischknecht • Tuesdays & One Weekend/Month

Tuesdays 6-7:30 pm, One weekend/month Friday 6-7:30, Saturday 10:30-2:30 with lunch break • Eurythmy Room, Portland Waldorf School, 2300 Harrison St., Milwaukie • \$20/session; Tuesdays Only \$80; weekend \$50; all classes \$120 • Contact Jolanda, jolandafrischknecht@hotmail.com, or 503-896-3345 See Flier, September newsletter.

This class is for those who have done Eurythmy for some time as well as for those new to it; for those who want to deepen their experience and dive into the eurythmical movements more intensively; session will consist of both Tone and Speech Eurythmy; we will explore and deepen the basic elements of Eurythmy as well as entering into an artistic process together of expressing poetry and music through the wonderfully enlivening and meaningful movements of Eurythmy.

Eurythmy for Waldorf Alumni: Wednesdays

Study, 6:30-7:30 pm; Eurythmy; 7:30-8:30 pm • Eurythmy Room, Portland Waldorf School, 2300 Harrison St., Milwaukie • Contact Carrie Mass, Carrie.mass@portlandwaldorf.org

If you've ever attended a Waldorf High School, this is for you!

Eurythmy, Portland Waldorf School Community: Wednesday Mornings

8:45-9:30 am, Eurythmy Room, Portland Waldorf School, 2300 Harrison St., Milwaukie • Free

All are welcome. Contact: Carrie Mass, Carrie.mass@portlandwaldorf.org

Festivals Study Group: First and Third Thursdays

7-8:30 pm • 3711 SE Brooklyn St.

To find out which Thursday is next contact Suzanne Walker, 503-208-2426 zzwalker@mac.com

We are working with various of Dr. Steiner's lectures in an effort to better understand the festivals and how we may come to observe them. This is also greatly deepening our experience of the cycle of the year.

Light, Color and Darkness in Painting (Therapy) Working with Indications from Liane Collot d'Herbois; a study and painting group: Last Monday of the Month Beginning September 26

10 am – 12 pm • Studio 901 at 1410 SW Morrison St. • Contact Robin Lieberman, 503-222-1192 or robin@robinlieberman.net or Cheri Munske 503-484-4133 • For artists working therapeutically out of Anthroposophy

Please join Robin Lieberman, MSW, painting therapist and Cheri Munske, art therapist, for study and painting. We will be working from Liane's book of the same title, exploring color each month.

Mystery Dramas of Rudolf Steiner and Speech-Formation Exercises • Second and Fourth Wednesdays (holidays excluded)

7:30-9:00 pm • Free. Beginners are welcome –come check us out! • 8654 NE Boehmer St., Portland 97220 • Contact Diane Ramage by e-mail at drumage@comcast.net or by phone at 971-271-7479.

Portland Waldorf School Community Choir • Friday Mornings

8:45-10:15 am • Portland Waldorf School, 2300 SE Harrison St., Milwaukie, in the Orchard Room • Free will donations gladly accepted, all voices are welcome. Contact www.portlandwaldorf.org • pws_choir-subscribe@yahoogroups.com (503) 654-2200

Painting and Study with Patricia Lynch

9:15-11:00 am, 3359 NE 72nd Ave., Portland. Contact Patricia Lynch at patriciahomanlynch@gmail.com

All are welcome. Painting from “Fifty-Two Weeks” by Laura Summer, and reading “Art as Spiritual Activity, Rudolf Steiner’s Contribution to the Visual Arts.”

Temple Legend Study Group • First and third Tuesdays

7:30-9 pm • 3046 NE 33rd Ave. Contact Donna Patterson and Bob Kellum, 503-331-7393 • All are welcome

Threefold Social Renewal Study Group • Every Friday

11:30 am – 1pm • Portland Waldorf School, 2300 SE Harrison St., Milwaukie • contact Michael Givens, mgivens.lac@gmail.com or 503-609-0890

We will be reading and discussing Becoming Human: A Social Task – The Threefold Social Order by Karl Konig

Community Painting Group • Tuesday Mornings

8:45-10:00 am • Portland Waldorf School, Grimm Room next to aftercare, 2300 SE Harrison St., Milwaukie
\$15 PWS parents & alumni, \$20 all others (per session) • Adults only. All levels of painting experience welcome! Led by Cheri Munske of Transformative Arts, participants will explore the beauty, colors and moods of the ever-changing seasons through watercolor painting and dynamic drawing exercises. • To register contact Cheri Munske, cherimunske@gmail.com, 503-484-4133 www.transformativeartspdx.com

World Economy Study Group • Last Friday of the Month

6:00-8:00 pm • 3046 NE 33rd Ave. • contact mgivens.lac@gmail.com or 503-609-0890

Please join us in a diverse study group around the principles and practices of Associative Economics. We will be reading and discussing Rudolf Steiner’s 14 lectures on the “World Economy”. The recommended text is “Economics: World as One Economy”, translated by Dr. Christopher Houghton Budd. It can be found at <https://www.cfae.biz/publications/shop/>

Waldorf Education and Teacher Training Lectures and Courses

Conducted throughout the year by the Michael Institute. Contact John Miles, 503-774-4946 johncmiles@usa.net

Waldorf Teacher Education Eugene

September-June • Eugene Waldorf School • Contact LeeAnn Ernandes @ Message phone: 541-686-9112

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Happy Thanksgiving

“The dead can only speak to us through the element which passes through the dreams interwoven with our life. The dead speak into these intimate subconscious perceptions which take place of themselves. If we are in a position to do so, we can share with them the same spiritual psychic air; for if they wish to speak to us, it is necessary that we take into our consciousness something of the feeling of gratitude for all that reveals itself to us. If there is none of this feeling within us, if we are not able to thank the world for enabling us to live, for enriching our life continually with new impressions, if we cannot deepen our soul by often realizing that our life is absolutely a gift, the dead do not find a common air with us; for they can only speak with us through this feeling of gratitude; otherwise there is a wall between us and them.”

Rudolf Steiner: 19 March, 1918 | Berlin | GA018

Physical Medicine & Injury Rehabilitation



Susan Schmitt, M.D.

Joan Takacs, D.O.

John Takacs, D.O.



The clinic offers alternatively extended medicine including Physical Medicine and Rehabilitation and Comprehensive Family Practice. The physicians utilize holistic principles that include the Anthroposophical world conception and its medical modalities, movement principles from Spacial Dynamics®, Feldenkrais®, Intermuscular Stimulation (IMS), Musculoskeletal Ultrasound and refined hands-on techniques to augment alternative and mainstream medical approaches in diagnosis, treatment and prevention of illness and injury including work related injuries, personal injuries, motor vehicle injuries and sports injuries.

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Embryo In Motion: Understanding Ourselves as Embryo

4-DVD Set Now Available With Jaap van der Wal, PhD, MD

This beautiful 4-DVD set was professionally recorded live in Portland, OR, June 3-6, 2010.

To learn more about the 4-DVD set and for instructions on how to order it, go to the "shop" portal on the Portland Branch website at www.PortlandAnthroposophy.org.

Transformative Arts presents

The Madonna Series



Friday, December 2, 2016
7:30 pm
Bothmer Hall

In 1911, Dr. Felix Pipers, an Anthroposophical physician, approached Rudolf Steiner to work with him in treating children and adults, who suggested a series of Madonna images primarily painted by the Renaissance artist, Raphael. This series has become known as the "Madonna Treatment", and is used as a therapy in Camphill Communities and other therapeutic settings. The essence and importance of the series lies in the particular sequential order as well as the composition of the pictures. The 15 images, often accompanied by lyre music, have a regenerative force, enlivening the human being.

In honor of the Advent Season you are invited to join us in a devotional mood for this remarkable and healing Madonna Series. Adults Only. \$5

Presentation: Cheri Munske, Lyre: Diane Rowley
cherimunske@gmail.com

The Art Hall at Cedarwood Waldorf School is
pleased to welcome Artist and Therapist

VALERIE MILES

PLAYING WITH COLOR, RHYTHM, AND FORM

Join us for the
OPENING RECEPTION
Thursday, October 27, 2016, 5:00-7:30 p.m.
Artist presentation: 6:00 p.m.

Exhibition open to the public by appointment
through December 1, 2016

Please direct all inquiries to Robin Lieberman at
503-222-1192 or robin@robinlieberman.net

Cedarwood Waldorf School
3030 SW Second Avenue
Portland, OR 97210

thearthall.wordpress.com





The Bridge, by David Newbatt
Available from Wynstones Press

All Souls Observance

Wednesday, Nov. 2

Bothmer Hall, 5919 SE División St.

7:00 pm - For Adults

Join us for a remembrance of your dead. You may bring pictures or other items associated with those you would like to remember. They can be placed on the tables where you can light candles that will be provided.

To deepen our understanding we will read together and discuss a lecture – *The Dead Are With Us*- by Rudolf Steiner (excerpts printed in the October newsletter).

In Light of Cosmic Thoughts
Now weaves the soul
That was united with me upon Earth.

May the warm life of my heart
Stream outward to thy soul
To warm thy cold
And mitigate thy heat.
In spiritual worlds
May my thoughts live in thine
And thy thoughts live in mine.

~Rudolf Steiner