



Anthroposophical Society PORTLAND BRANCH

Newsletter

October 2016

The Dead Are With Us

Rudolf Steiner, February 10, 1918, Nuremberg

Following are excerpts from this lecture, in preparation for our All Souls Day observance on November 2. The headings are mine. The complete lecture, which offers a much fuller picture, including the difference between those who have died young and those who have died old can be found at: <http://wn.rsarchive.org/Lectures/19180210p01.html>
~Valerie Hope, editor

I will begin with a statement with which Dr. Steiner ends this lecture – the perhaps startling claim that, “All historical life, all social life, all ethical life, proceed by virtue of co-operation of the so-called living with the so-called dead. The whole being of man can be infinitely strengthened when his consciousness is filled not only with the realization of his firm stand here in the physical world but with the inner realization that comes to him when he can say of the dead whom he has loved: The dead are with us, they are in our midst. This too is part of a true knowledge and understanding of the spiritual world, which has, as it were, to be pieced together from many different fragments. We can only say that we know the spiritual world when the way in which we think and speak about it comes from the spiritual world itself.”

In this lecture Dr. Steiner lays the groundwork for working with the “so-called dead” – our own dead. He tells us that “If we were to understand it aright, we should know ourselves to be united in our inmost being with the souls who are the so-called dead.” In order to have exchanges with them, it is important to understand the

differences between their environment in the spiritual world, and ours in the material world. In fact, Dr. Steiner tells us that this understanding is necessary for anyone who wishes to enter the spiritual world, and he describes in-depth the forces that the dead work with to build up their bodies for the coming incarnation which can affect our exchanges with them.

Dr. Steiner tells us that, although it is difficult for us today, there are two methods for acquiring knowledge of the spiritual world. The easier way, leading to “complete certainty of the Eternal in one’s own

being...an eternal core of being which passes through births and deaths...” will be attained with enough perseverance “...along the path described in the book Knowledge of Higher Worlds, and other writings.” “The other is what may be called concrete, direct intercourse with beings of the spiritual world, and we will now speak of the exchange that is possible between those who are still on Earth and the so-called dead.”

The Importance of Control and Discipline

“Such an exchange is most certainly possible but it presents greater difficulties than the first form of knowledge, which is easy

to attain. Actual exchanges with an individual who has died is possible but difficult, because it demands scrupulous care on the part of the one who seeks it. Control and discipline are necessary for this kind of exchange with the spiritual world, for it is connected with a very significant



Painting by David Newbatt “The Bridge” Watercolor
Reproductions available from Wynstones Press

law. The very same thing that we recognize in men on Earth as lower impulses is, from the other, the spiritual side, higher life; and it may therefore easily happen when the human being has not attained true control of himself, that he experiences the rising of lower impulses through direct interaction with the dead.

When we make contact with the spiritual world in the general sense, when we acquire knowledge about our own immortality as beings of soul and spirit, there can be no question of the ingress of anything impure. But when it is a matter of contact with individuals who have died, the relation of the individual dead — strange as it seems — is always a relation with the blood and nervous system. The dead enters into those impulses which live themselves out in the system of blood and nerves, and in this way lower impulses may be aroused.

Naturally, there can only be danger for those who have not purified their natures through discipline and control. This must be said, for it is the reason why it is forbidden in the Old Testament to have exchanges with the dead. This is not sinful when it happens in the right way. The methods of modern spiritualism must, of course, be avoided. When the exchange is of a spiritual nature it is not sinful, but when it is not accompanied by pure thoughts it can easily lead to the stimulation of lower passions.

It is not the dead who arouse these passions but the element in which the dead live. For consider: what we here feel as 'animal' in quality and nature is the basic element in which the dead live. The kingdom in which the dead live can easily be changed when it enters into us; what is higher life in yonder world can become lower when it is within us on Earth. It is very important to remember this, and it must be emphasized when we are speaking of exchanges between the living and the so-called dead, for it is an occult fact. We shall find that precisely when we are speaking about this interaction the spiritual world can be described as it really is; for such experiences reveal the complete difference of the spiritual world from the physical world.”

Reversal of Our Familiar Forms of Communication

Dr. Steiner describes how in our communication with the dead, the questions or statements we put to a dead person come to us from him, and when he answers or says something to us, this comes out of our own soul. “Some of the ideas we would like to take credit for may have come from what the dead person answers. What the dead say comes out of our own soul. The life of day draws near, the moment of waking passes quickly by, and we are seldom disposed to observe the intimate indications that arise out of our soul. And

**The Portland Branch
of the Anthroposophical Society
Invites you to**

Save The Dates!

**See the attached calendar & fliers for
more info. and more events**

Saturday, October 8

Kaspar Hauser with Glen Williamson

Sunday, October 9

**Potluck/Kaspar Hauser conversation with
Glen Williamson**

Wednesday, November 2

All Souls

2017!

8/19-21 Oliver Conradt, Solar Eclipse

8/29-9/2 Dr. Jaap van der Wal

10/26-30 Thomas Meyer

when we do observe them we are vain enough to attribute them to ourselves. Yet in all this — and in much else that comes out of our own soul — there lives what our dead have to say to us. What the dead say to us seems to arise out of our own soul. If men knew what life actually is, this knowledge would give rise to a feeling of reverence and piety towards the spiritual world in which we and our dead continually live. We should realize that in much of what we do, it is the dead who are working. The knowledge that round about us, like the air we breathe, there is a spiritual world, the knowledge that the dead are round about us and that it is only we who are not able to perceive them — this knowledge must unfold in Spiritual Science, not as external theory but permeating the soul as veritable inner life. The dead speak to us in our inner being but we interpret our own inner being incorrectly.

The dead are always there, always among us and around us, and the fact that they are not perceived is largely due to lack of understanding of this reversed form of communication. On the physical plane we think that when anything comes out of our own soul, it comes from us. And we are far from being able to pay intimate enough attention to whether it is not, after all, being inspired into us from the spiritual environment. We prefer to connect it with experiences familiar on the physical plane, where, if something comes to us from the environment, we as-

cribe it at once to the other person. This is the greatest error when it is a matter of communication with the dead.

All of you sitting here now are in constant communication with the dead, only ordinary consciousness knows nothing of it because it proceeds in the sub-consciousness. Clairvoyant consciousness does not charm anything new into being; it merely brings up into consciousness what is present all the time in the spiritual world. All of you are in constant intercourse with the dead.”

Moments of Waking and Sleeping – Of Particular Importance for Communicating with the Dead

“In studying the whole human being, waking life and sleeping life must be taken into consideration. A third thing must also be considered in connection with man’s communication with the spiritual world. For besides waking life and sleeping life there is a third state, even more important for exchanges with the spiritual world than waking and sleeping life as such. I mean the actual act of waking and the actual act of going to sleep, which last only a moment, for we immediately pass on into other conditions. If we develop delicate, sensitive feelings for these moments of waking and going to sleep, we shall find they shed great light on the spiritual world. In remote country places — such customs are gradually disappearing, but in the time when we who are older were still young — people were wont to say: When you wake up it is not good immediately to go to the window through which light is pouring; you should remain a little while in the dark. Country folk used to have some knowledge about intercourse with the spiritual world, and they preferred in this moment of waking not immediately to come into the bright daylight but to remain inwardly collected in order to preserve something of what sweeps with such power through the human soul at the moment of waking. The sudden brightness of daylight is disturbing. In the cities, of course, this is hardly to be avoided; there we are disturbed not only by the daylight but also even before waking by the noise of

the streets, the clanging of tramcar bells and so forth. The whole of civilized life seems to conspire to hinder man’s communication with the spiritual world. This is not said in order to decry material civilization, but the fact must be borne in mind. Again at the moment of falling asleep the spiritual world approaches us with power; but we immediately fall asleep, losing consciousness of what has passed through the soul. Exceptions can, however, occur.

For man on Earth in the physical body, the moment of falling asleep is ‘past’ when the moment of waking arrives.

In the spiritual world, however, the moment of falling asleep has not gone; we are only, at the moment of waking, a little farther distant from it. We confront our dead at the moment of falling asleep, and again at the moment of waking. (As I have said, this happens continually, only it usually remains in the sub-consciousness.) So far as physical consciousness is concerned, these are two quite different moments; for spiritual consciousness the one is only a little farther distant than the other. I want you to remember this in connection with what I am now going to say; otherwise you may find it difficult to understand.

Ripe Seeds Falling

At home in late summer after the long
spring journeys and their echoing good-byes
at home as the year’s seeds begin to fall
each one alone each in its own moment
coming in its blind hope to touch the earth
its recognition even in the dark
knowing at once the place that it has touched
the place where it belongs and came to stay
this is the place that I wanted to hear
to listen to the daylight and the dark
in this moment that has come along with me

From the new book: Garden Time, 2016
by: W. S. Merwin

As I told you, the moments of waking and falling asleep are of particular importance for communicating with the dead. In our whole life there are no single moments of falling asleep or of waking when we do not come into relation with the dead.”

Dr. Steiner then describes how the moment of falling asleep is especially favorable for addressing our questions to the dead. “On the other hand, the moment of waking is the most favorable for what the dead have to communicate to us. And again there is no one — did people but know it — who does not bring with him at the moment of waking countless tidings from the dead. In the unconscious region of the soul we are speaking continually with the dead. At the moment of falling asleep we put our questions to them, we say to them what, in the depths of the soul, we have to say. At the moment of waking the dead speak with us, give us the answers. But we

must grasp the connection that these are only two different points and that, in the higher sense, these things that happen after each other are really simultaneous, just as on the physical plane two places are simultaneous.”

The Importance of Feeling in Communicating with the Dead

“What makes it possible to put questions to the dead or to communicate something to the dead, is that we unite the life of feeling with our thoughts and ideas. Suppose a man has passed through the Gate of Death and you want your subconscious to communicate something to him in the evening. For it need not be communicated consciously. You can prepare it at some time during the day; then if you go to bed at ten o'clock at night having prepared it, say, at noon, it passes over to the dead when you fall asleep. The question must, however, be put in a particular way; it must not merely be a thought or an idea, it must be imbued with feeling and with will. Your relationship with the dead must be one of the heart, of inner interest. You must remind yourself of your love for the dead when he was alive, and address yourself to him not abstractly, but with real warmth of heart. This can so take root in the soul that in the evening at the moment of going to sleep, without your knowing it, it becomes a question to the dead. Or you may try to realize vividly what was the nature of your particular interest in the dead. It is very good to do the following. Think about your life with the one who is now dead; visualize actual moments when you were together with him, and then ask yourself: What was it that particularly interested me about him, that attracted me? When was it that I was so deeply impressed, — liked what he said, and found it helpful and valuable? If you remind yourself of moments when you were strongly connected with the dead and were deeply interested in him, and then turn this into a desire to speak to him, to say something to him — if you develop the feeling in purity and let the question arise out of the interest you took in the dead, then the question or the communication remains in your soul, and when you go to sleep it passes over to him...What the dead seems to say to us is really what we are saying to him.”

Those who have passed through the Gate of Death have not ceased to be present, it is just that our eyes have ceased to see them. They are there, nevertheless. Our thoughts, our feelings, our impulses of will are connected with the dead. The Gospel words hold good for the dead as well: “The Kingdom of the Spirit cometh not with observation (that is to say, external observation); neither shall they say, Lo here, lo there, for behold, the Kingdom of the Spirit is within you.”

“The dead are in our midst — this sentence is in itself

an affirmation of the spiritual world; and only the spiritual world can awaken within us the consciousness that the dead are, in very truth, with us.”

Don't Miss This Opportunity To Go Deeper into the Story of Kaspar Hauser

The Portland Branch is pleased to bring Glen Williamson to Portland again, for his performance of The story of Kaspar Hauser. Because this story is one with profound implications, members of our community have expressed a desire to meet with Glen for a conversation to go deeper into the subject following his Saturday, October 8 performance. We are grateful to Cheri Munske for her initiative in bringing Glen for this performance, and to both her and Glen for making the conversation possible.

You are invited to a conversation and potluck lunch with actor/storyteller Glen Williamson on Sunday, October 9, 12:00 noon, at the home of Cheri Munske.

Please RSVP: woolhorse@mindspring.com

WE HAVE BEEN HERE BEFORE

Morris Bishop (1893-1973)

I think I remember this moorland,
The tower on the top of the tor;
I feel in the distance another existence:
I think I have been here before.

And I think you were sitting beside me,
In a fold in the face of the fell,
For Time at its work'll go round in a circle,
And what is befalling, befell.

“I have been here before!” I asserted,
In a nook on a neck of the Nile.
I once in a crisis was punished by Isis,
And you smiled. I remember your smile.

I had the same sense of persistence
On the site of the seat of the Sioux;
I heard in the teepee the sound of a sleepy
Pleistocene grunt. It was you.

The past made a promise, before it
Began to begin to begone.
This limited gamut brings you again. Damn it,
How long has this got to go on?

Calendar of Soul

26. Twenty-sixth Week (Sept. 29-October 5)

St. Michael's Ambiance

Mother Nature, thou who art!
In my will I bear thee;
And my fire-strength of will,
It firms my Spirit forces
That they then birth my Sentient Self
To hold and carry me within.

27. Twenty-seventh Week (October 6 - 12)

Autumn

To enter into depths of Self
Stirs a familiar yearning,
That I may find myself reflecting:
A gift of summer's sun, a Seed
That lives in Autumn's mild, warm light:
My own Soul's strength and motive.

28. Twenty-eighth Week (October 13- 19)

My inner Life revived
I feel my Self expanding,
And, full of strength, I send my thoughts,
As with a radiant power of Soul
To solve Life's many riddles,
Thereby fulfilling many a wish
Whom hope had clipped the wings
already.

29. Twenty-ninth Week (October 20 - 26)

Ignite I will my radiant thought
Strong, in my inner space,
Give meaning to experience
From Cosmic Spirit's wellspring:
This is Summer's gift to me,
Is Autumn's peace and Winter's hope.

30. Thirtieth Week (October 27 - November 2)

Ripening in the sunlight of my Soul
Is meditation's harvest,
To conscious self-assurance
All feelings transmutate.
And I can sense with joy
The Spirit Dawn of Autumn:
That Winter shall awaken
In me the Summer of my soul.

Michealmas

When meteors seed the amber sky,
And leaves bleed red the ground,
A higher awareness lifts the I
From the inner beast struck down.

The animal joy of summer
Gives up its passion's seed,
And plants, within, a human urge
To fill a higher need....

To sustain a love ignited,
Through meanings now matured,
The beast must take the iron plow,
And forge it into sword.

On the sacrificial altar,
In the crucible of the soul,
The creature must be bared and slain,
For creator to rise up whole.

As trumpet rolls of thunder
Announce the reign of night,
The human spark, can illumine dark,
With warm Michaelic light.

When meteors seed the amber sky
And leaves bleed red the ground
A higher awareness lifts the I
From the inner beast struck down.

ROBERT KELLUM 9-25-16

Calendar translation by Stefan Schwabe:

"A transposition; I tried to recast these calendar verses in cadence and tenor, into our current English, to bring to our appreciation their strength and spirituality in terms of today's thinking, feeling and willing."

~St. Michael's Feast 2011

More Reflections on Zvi Svir's August Painting Workshops and Talks

Last month we reported on the visit of Zvi Svir to Portland for a week of talks and workshops. Below are thoughts from some who attended.

From Sandra Burch:

How do we relate to color? Can I realize that the colors are beings? I can interact with colors with the same respect and interest that I give to the human beings in my life. How does color move? It moves by changing. How do we change color? Can we pay attention to how color changes while painting simple squares to fill the page? Over and over again I had to ask myself to remember color, to remember to be aware of how it wanted to move and change. I had fun, I laughed at my mistakes, anguished over my experiments and cherished the small successes. The result: a respectful, surprising and often complicated dance between painter and the painted.

In the series of evening lectures Zvi seemed to always start with a simple warning/disclaimer and he never failed to deliver. How to create intimacy? How do we become intimate with Anthroposophy? A new way of thinking can be challenging. Is it possible to call digital art art?

The content of his lectures stretched me to think in new ways about old things. It seemed that he started with the big picture and then brought us to the close up picturing of modern art. We moved from space to time. From the Renaissance Masters to Paul Klee. From concepts (old) to perception (new). From death to resurrection.

With Michaelic courage, we were invited to step out of our usual self and step into the place where we are creative, making art. To go to nature and move with it and find what nature wants to do and then do it. To live nature, so as to do what nature cannot do. Then we are



doing what is new.

I carry a richness and fullness of the time that Zvi was here. I learned more than I could have hoped to learn - about painting and about spiritual research. To be able to see spiritual research as artistic - this was a great step forward for me. Zvi seemed almost hungry for our questions. And he had answers...living answers - the kind that require action to exist.

From Cheri Munske:

In the workshops with Zvi we had the opportunity to approach the aspects of form and color from a spiritual point of view. What does this mean?

On the physical level, there is difference between a being and the appearance of something. With form, something is taking place; it is an activity, an event. Contemplating form can be an invitation to do something, to "dance". How can we approach this? How can we make visible this happening of form in space? The plant provides the perfect study for this. Through drawing slowly, one can look for certain qualities that are found in the various stages of plant metamorphosis. We focused in on three stages in the life of a plant: the seed (filled with potential); the taking in of outside forces (a waking up gesture); turning outward and opening to the world.

The idea was not to create a "nice picture", but rather to have an experience of the activity, the evolving form. Working slowly, with a "living line", which changes direction all the time, the line ceases to "follow a movement" but rather is the movement.

Then there is the challenge of how to work with color within the form! Color is in realm of the soul. When working with color we strive to find a real relationship to each color, let each color speak. We must have an experience of color in order to understand what each color can do in a painting. How do we gain access to the complexity of color?

Colors speak to different levels of our being:

Thinking: We have an idea of what a color is; i.e. we know what "red" is, with its many variations. This idea goes straight to our head.

Feeling: Colors speak directly to our soul. Whether a color is cool or warm, light or dark speaks directly to our feeling/soul life.

Willing: How does color speak to our will? Will is power, the ability to do something. Colors have the power to release you, pull you in or push you out. Both the transparency and intensity of the color speaks directly to our will.

These were the challenges we had before us as we spent 4 days painting with Zvi. It was a profound experience for many of us, providing food and inspiration for much more work and study. For me, this work directly speaks to my journey as a therapeutic practitioner and striving artist. I look forward to continuing along the path!



Transforming Evil in Everyday Life in Portland

As he began his most excellent workshop on Transforming Evil in Everyday Life, Julian Roberts offered the following from Rudolf Steiner on the topic of fear and anxiety. He grinned as he shared that as a young Waldorf Student he had never expected to be quoting Rudolf Steiner. Look forward to more on this workshop in the November newsletter.

There are beings in the spiritual realms for whom anxiety and fear emanating from human beings offer welcome food. When humans have no anxiety and fear, then these creatures starve. People not yet sufficiently convinced of this statement could understand it to be meant comparatively only. But for those who are familiar with this phenomenon, it is a reality. If fear and anxiety radiates from people and they break out in panic, then these creatures find welcome nutrition and they become more and more powerful. These beings are hostile towards humanity. Everything that feeds on negative feelings, on anxiety, fear and superstition, despair or doubt, are in reality hostile forces in supersensible worlds, launching cruel attacks on human beings, while they are being fed. Therefore, it is above all necessary to begin with that the person who enters the spiritual world overcomes fear, feelings

of helplessness, despair and anxiety. But these are exactly the feelings that belong to contemporary culture and materialism; because it estranges people from the spiritual world, it is especially suited to evoke hopelessness and fear of the unknown in people, thereby calling up the above mentioned hostile forces against them.

Source (German): Rudolf Steiner – GA 56
– Die Erkenntnis der Seele und des Geistes

The **Portland Branch Newsletter** is published monthly to serve Branch members and friends. To learn more about the Portland Branch of the Anthroposophical Society, contact Diane Rumage at 971-271-7479.

To submit an article or a calendar item, email it both to Valerie Hope, valerieannhpx@aol.com and Wes Burch, truelion@comcast.net. The deadline for submissions is the 15th of the previous month. Items selected for publication may be edited for style, content and length.

To sign up for our email list, or to contact the Branch Council, go to <http://www.portlandbranch.org/contact>

Newsletter co-editors are Wes Burch & Valerie Hope; Seth Miller is our webmaster; and Ruth Klein is our treasurer; Christopher Guilfoil is our design and layout artist.

The newsletter and calendar are posted on the Branch website, www.portlandanthroposophy.org. Paper copies are available at the Pohala and Healthbridge Clinics; and the Cedarwood, Michael & Portland Waldorf Schools, and Swallowtail School.

The Portland Branch thanks the following Members & Friends for their Dues and Generous Donations in 2016: Cyndia Ashkar, Betty Baldwin, Wesley Burch, Sandra Burch, Amanda Eastman, Christopher Guilfoil, Helen Homola, Valerie Hope, Tish Johnson, Bob Kellum, Donna Patterson-Kellum, Margaret Kerndt, Tom Klein, Ruth Klein, Anne Kollender, James Lee, Heidi Vaneck Leontie, Judith Levin, Martin Levin, Robin Lieberman, Regina Loos, Patricia Lynch, Cheri Munske, Natalie Norman, Padeen Quinn, Walter Rice, Susan Rice, Jannebeth Roell, Diane Rumage, Diane Schell-Rowley, Rebecca Soloway, Jerome Soloway, Barbara Strong, Linda Sussman, Marion Van Namen, Elizabeth Webber, Cindy Weinberg, Neil Weinberg, and thanks to a generous anonymous donor.

We will gratefully receive your Branch membership dues (\$50 or what you can afford).

Send to: The Portland Branch c/o Ruth Klein, 3609 SE Center, Portland, OR 97202

Portland Branch Calendar October, 2016

First Class of the School of Spiritual Science

October 9 (no admittance after the class starts) • Bothmer Hall, 5919 SE Division St, Portland, 97206, Contact Diane Rumage at 971-271-7479; Cheri Munske at 503- 484-4133; or Rebecca Soloway, (516) 850-1027. **Blue card required.** Second Sunday of each month.

Portland Branch Council Meeting

October 10 • 2606 SE 58th Ave. • Contact Valerie Hope, 503-775-0778; valerieannhpx@aol.com

All Branch members are welcome to attend, and/or to call us with agenda items, proposals, suggestions, or to observe. Meetings are on the second Monday of each month.

Kaspar Hauser, The Open Secret of the Foundling Prince – told by Glen Williamson

Saturday, October 8, • Portland Waldorf School Music Room • Suggested donation \$10 • Contact Valerie Hope, 503-775-0778; valerieannhpx@aol.com.

A true story of an innocent boy imprisoned in a dark cell for most of his childhood. In a journey through darkness to light, this tale explores what it means to be human. 187 years ago a strange boy appeared on the streets of Nuremburg, barely able to stand, walk or speak. In Kaspar Hauser: The Open Secret of the Foundling Prince, historical facts and characters mix with a supernatural tale of a golden house, a wicked stepmother, and a boy kept in a dark cellar for most of his childhood. Who was he? And why does his story still affect us?

Discuss the Story of Kaspar Hauser with Glen Williamson– Potluck Lunch

Sunday, October 9, 12:00 Noon • Home of Cheri Munske, please rsvp • Contact Cheri Munske, woolhorse@mindspring.com

This follow-up to Glen's Saturday performance was requested by community members, and promises to be a lively deeper dive into the implications of Kaspar's incarnation.

Playing with Color, Rhythm and Form – with Valerie Miles at The Art Hall

Thursday, October 27, 2016 •The Art Hall at Cedarwood Waldorf School

Contact: Robin Lieberman 503-222-1192 or robin@robinlieberman.net or camphill.inspired.PDX@gmail.com

Please see flier and article in this newsletter.

All Souls Observance

Sunday, November 2, 7pm • Bothmer Hall, 5919 SE Division St., Portland, 97206 • Contact Valerie Hope, 503-775-0778 valerieannhpx@aol.com

Please join us for a remembrance of your dead. You may bring pictures or other items associated with those you would like to remember. They can be placed on the tables with candles that will be provided. To deepen our understanding of this important observance we will read together and discuss a lecture – The Dead are With Us, by Rudolf Steiner. Excerpts are printed in this (October) newsletter, the full lecture is available at <http://wn.rsarchive.org/Lectures/19180210p01.html> Our eurythmists have become an important part of this observance, and will once again grace us with a performance.

Christian Community Events - November - with Reverend Sanford Miller

November 17 - 20, Contact Sandra Burch with questions 503-353-1818, galenalyn@gmail.com

Ongoing Local Activities and Study Groups

First Class of the School of Spiritual Science • On Second Sunday of the Month

9:30 am sharp (no admittance after the class starts) • Bothmer Hall, 5919 SE Division St, Portland, 97206 • Blue card required. Contact Diane Ramage at 971-271-7479, Cheri Munske at 503 772-2632, or Rebecca Soloway (516) 850-1027

First Class Study: The First Class of the Michael School and its Christological Foundations by S. Prokofieff • Second Thursday of the Month • For Members of the School of Spiritual Science

7:30-9:00 pm • Contact Rebecca Soloway, jrsoloway@hotmail.com or 516-850-1027

Council Meetings of the Portland Branch • Second Monday of the month

7-9 pm • 2606 SE 58th Ave., Portland • Contact Valerie Hope, (503) 775-0778, valerieannhpdx@aol.com

All Branch members are welcome to attend, and/or to call us with agenda items, proposals, suggestions, or to observe.

An Outline of Esoteric Science Study Group • First Monday of the Month

7:45-9:00 pm • Bothmer Hall, 5919 SE Division St., Portland 97206 • Contact Jerry Soloway 503-908-7615 or jrsoloway@hotmail.com

Please join us in lively discussions centered on Rudolf Steiner's An Outline of Esoteric Science.

Eurythmy Foundation Course with Jolanda Frischknecht • Tuesdays & One Weekend/Month

Tuesdays 6-7:30 pm, One weekend/month Friday 6-7:30, Saturday 10:30-2:30 with lunch break • Eurythmy Room, Portland Waldorf School, 2300 Harrison St., Milwaukie • \$20/session; Tuesdays Only \$80; weekend \$50; all classes \$120 • Contact Jolanda, jolandafrischknecht@hotmail.com, or 503-896-3345 See Flier, September newsletter.

This class is for those who have done Eurythmy for some time as well as for those new to it; for those who want to deepen their experience and dive into the eurythmical movements more intensively; session will consist of both Tone and Speech Eurythmy; we will explore and deepen the basic elements of Eurythmy as well as entering into an artistic process together of expressing poetry and music through the wonderfully enlivening and meaningful movements of Eurythmy.

Eurythmy for Waldorf Alumni: Wednesdays

Study, 6:30-7:30 pm; Eurythmy; 7:30-8:30 pm • Eurythmy Room, Portland Waldorf School, 2300 Harrison St., Milwaukie • Contact Carrie Mass, Carrie.mass@portlandwaldorf.org

If you've ever attended a Waldorf High School, this is for you!

Eurythmy, Portland Waldorf School Community: Wednesday Mornings

8:45-9:30 am, Eurythmy Room, Portland Waldorf School, 2300 Harrison St., Milwaukie • Free

All are welcome. Contact: Carrie Mass, Carrie.mass@portlandwaldorf.org

Festivals Study Group: First and Third Thursdays

7-8:30 pm • 3711 SE Brooklyn St.

To find out which Thursday is next contact Suzanne Walker, 503-208-2426 zzwalker@mac.com

We are working with various of Dr. Steiner's lectures in an effort to better understand the festivals and how we may come to

Light, Color and Darkness in Painting (Therapy) Working with Indications from Liane Collot d'Herbois; a study and painting group: Last Monday of the Month Beginning September 26

10 am – 12 pm • Studio 901 at 1410 SW Morrison St. • Contact Robin Lieberman, 503-222-1192 or robin@robinlieberman.net or Cheri Munske 503-484-4133 • For artists working therapeutically out of Anthroposophy

Please join Robin Lieberman, MSW, painting therapist and Cheri Munske, art therapist, for study and painting. We will be working from Liane's book of the same title, exploring color each month.

Mystery Dramas of Rudolf Steiner and Speech-Formation Exercises • Second and Fourth Wednesdays (holidays excluded)

7:30-9:00 pm • Free. Beginners are welcome –come check us out! • 8654 NE Boehmer St., Portland 97220 • Contact Diane Ramage by e-mail at drumage@comcast.net or by phone at 971-271-7479.

Portland Waldorf School Community Choir • Friday Mornings

8:45-10:15 am • Portland Waldorf School, 2300 SE Harrison St., Milwaukie, in the Orchard Room • Free will donations gladly accepted, all voices are welcome. Contact www.portlandwaldorf.org • pws_choir-subscribe@yahoogroups.com (503) 654-2200

Painting and Study with Patricia Lynch, Starting October 14

9:15-11:00 am, 3359 NE 72nd Ave., Portland. Contact Patricia Lynch at patriciahomanlynch@gmail.com

All are welcome. Painting from “Fifty-Two Weeks” by Laura Summer, and reading “Art as Spiritual Activity, Rudolf Steiner’s Contribution to the Visual Arts.”

Temple Legend Study Group • First and third Tuesdays

7:30-9 pm • 3046 NE 33rd Ave. Contact Donna Patterson and Bob Kellum, 503-331-7393 • All are welcome

Threefold Social Renewal Study Group • Every Friday, beginning on September 18

11:30 am – 1pm • Portland Waldorf School, 2300 SE Harrison St., Milwaukie • contact Michael Givens, mgivens.lac@gmail.com or 503-609-0890

We will be reading and discussing Becoming Human: A Social Task – The Threefold Social Order by Karl Konig

Community Painting Group • Tuesday Mornings

8:45-10:00 am • Portland Waldorf School, Grimm Room next to aftercare, 2300 SE Harrison St., Milwaukie
\$15 PWS parents & alumni, \$20 all others (per session) • Adults only. All levels of painting experience welcome! Led by Cheri Munske of Transformative Arts, participants will explore the beauty, colors and moods of the ever-changing seasons through watercolor painting and dynamic drawing exercises. observe them. This is also greatly deepening our experience of the cycle of the year.

• To register contact Cheri Munske, cherimunske@gmail.com, 503-484-4133 www.transformativeartspdx.com •

World Economy Study Group • Last Friday of the Month

6:00-8:00 pm • 3046 NE 33rd Ave. • contact mgivens.lac@gmail.com or 503-609-0890

Please join us in a diverse study group around the principles and practices of Associative Economics. We will be reading and discussing Rudolf Steiner’s 14 lectures on the “World Economy”. The recommended text is “Economics: World as One Economy”, translated by Dr. Christopher Houghton Budd. It can be found at <https://www.cfae.biz/publications/shop/>

Waldorf Education and Teacher Training Lectures and Courses

Conducted throughout the year by the Micha-el Institute. Contact John Miles, 503-774-4946 johncmiles@usa.net

Waldorf Teacher Education Eugene

September-June • Eugene Waldorf School • Contact LeeAnn Ernandes @ Message phone: 541-686-9112

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Embryo In Motion: Understanding Ourselves as Embryo

4-DVD Set Now Available With Jaap van der Wal, PhD, MD

This beautiful 4-DVD set was professionally recorded live in Portland, OR, June 3-6, 2010.

To learn more about the 4-DVD set and for instructions on how to order it, go to the "shop" portal on the Portland Branch website at www.PortlandAnthroposophy.org.

Kaspar Hauser

The Open Secret of the Foundling Prince

Told by actor and storyteller Glen Williamson



*A true story
of an innocent boy imprisoned in a dark cell
for most of his childhood.*

*In a journey through darkness
to light,
this tale explores what it means to be human.*

Created as an epic fairytale with historical interludes, this story includes inspiring spiritual pictures as well as the latest scientific research about one of 19th Century Europe's most compelling figures.

Saturday, October 8
7:30 pm

Portland Waldorf School Music Room
2300 SE Harrison St., Milwaukie, OR 97222
Admission \$10-\$25

Presented by the Portland Branch of the Anthroposophical Society and Anthropos
Glen Williamson appearing courtesy of Actor's Equity Association

The Art Hall at Cedarwood Waldorf School is
pleased to welcome Artist and Therapist

VALERIE MILES

PLAYING WITH COLOR, RHYTHM, AND FORM

Join us for the
OPENING RECEPTION
Thursday, October 27, 2016, 5:00-7:30 p.m.
Artist presentation: 6:00 p.m.

Exhibition open to the public by appointment
through December 1, 2016

Please direct all inquiries to Robin Lieberman at
503-222-1192 or robin@robinlieberman.net

Cedarwood Waldorf School
3030 SW Second Avenue
Portland, OR 97210

thearthall.wordpress.com





The Bridge, by David Newbatt
Available from Wynstones Press

All Souls Observance

Wednesday, November 2

Bothmer Hall, 5919 SE Division St.

7:00 pm - For Adults

Join us for a remembrance of your dead. You may bring pictures or other items associated with those you would like to remember. They can be placed on the tables where you can light candles that will be provided.

To deepen our understanding we will read together and discuss a lecture – *The Dead Are With Us*- by Rudolf Steiner (excerpts printed in the October newsletter).

In Light of Cosmic Thoughts
Now weaves the soul
That was united with me upon Earth.

May the warm life of my heart
Stream outward to thy soul
To warm thy cold
And mitigate thy heat.
In spiritual worlds
May my thoughts live in thine
And thy thoughts live in mine.

~Rudolf Steiner