



Anthroposophical Society PORTLAND BRANCH

Newsletter

October 2020

The Science of the Son

by Mieke Mosmuller

Editor's Note:

This is Part 4 in a cycle of talks by Dr. Mosmuller given in Arnhem, The Netherlands, in 2018. One can keep up with the work of Dr. Mosmuller on her website: miekemosmuller.com. A short biography follows this talk. Here is a link to her full biography: miekemosmuller.com/about-mieke-mosmuller

But the next step, after this diving into science and the longing for the lost spirituality, is to spiritualise the intelligence that we have been given as human beings. Then we will return in a rational way to occult science, occult philosophy, occult physiology, occult chemistry and physics.

It is clear that there is a strong counter-power that does everything possible to prevent this spiritualisation and to materialise and mechanise the intelligence.

We see how, in the course of history, counter-powers are at work in Christianity itself. This creates a division between exoteric and esoteric Christianity. In addition, there are, of course, forces coming from outside Christianity that want to strip what is actually the essence of Christianity of all its values in such a way that it can no longer exist.

Nature is the realm of the Father, the realm of necessity. We are born in the Father's realm and find a necessity there, we find our destiny there. We find our family, our environment. Everything we find there belongs in the first place to the necessity of our earthly existence. We have no power to do anything against it. So you could say: what you inherit from the hereditary line of DNA, you have to deal with it in that sense.

It is, of course, well known that the DNA can be changed by certain circumstances. Medicine is also working on this in order to learn to manipulate the DNA in such a way that you can process healings by doing so, by exchanging a gene that has pathological effects for a healthy gene. But these are manipulations. In fact, the realm of nature is the realm of the Father, and we have to imagine that the DNA belongs there, in the extensive horizontal plane of the earth's existence. Although, like everything else, it must be of cosmic origin. But the configuration is, of course, largely determined by that which comes from the hereditary line. And it really will come to a point where this can be mapped out very accurately and, as a result,

the processes that take place during the inheritance of certain disorders from the parents to the children and how to avoid this and what can be expected. This will become more and more known in the near future and will therefore also become useful - with all the dangers that this entails. But it is the Father's realm.

The realm of the Son is the realm of freedom that is received by the Spirit, but which in the Son's realm leads to the fact that it is still possible, and will become more and more possible, that in the realm of the necessity of nature miracles also take place.

The miracle does not actually belong to the Father. The Father gives the necessity, but the miracle comes from the Son and as a doctor you would very much like to get to know that better.

This brings us somewhat into the realm of a power other than that of DNA.

What possibilities does man himself have to connect with the Son in such a way that the power of the Son can become active in the area of the Father?

One could imagine that - while on the one hand what I have just said is happening in science with the DNA getting better



Excerpt from *The Disputa* by Raphael 1510 The Vatican, Rome
See the full painting on the last page

and better under control - on the other hand a possibility arises there that has nothing directly to do with that science, but that has to do with a spirit force that man can develop within him, creating a mutation force.

Just as the nuclear explosion can give rise to mutations in the DNA, so one can imagine that the nuclear force of the human mind, in conjunction with the power of the Son, could lead to a self-aware mutation in Christ of hereditary disposition. I really do see this as a possibility, and as a doctor I have always thought - even though there was no concrete idea how to stimulate this - that everything is possible, that fatalism in the field of health and disease only exists when you forget Christ. If you remember Him, if you seek healing with Him, then everything becomes possible, even if it doesn't happen. That also remains the other side.

That enormous power, which is actually given to the human spirit by the Holy Spirit, the healing Spirit, is related to man's self-awareness.

When you think of the transubstantiation in the cult, in the church, that which, for the most part, is no longer even really believed in the Catholic Church, but which Rudolf Steiner has restored to full glory in the shaping of the Christian community - if you think of that, of the transubstantiation, then that is actually the example in the cult of how the substance can change. So that which is given, that which comes from the realm of the Father, can carry another essence than that which is given naturally.

These are the three of faith, hope and love, which, when reconnected to them, give a holy faith in the power that man can have up to the fibres of the body up to the molecules of the cell nucleus, if we connect in the right way with the Holy Spirit and with Christ, that is faith, which gives an indescribable power of love with which you would like to live life and realise it - with all the powerlessness you also feel.

Hope, of course, is also active in the area of being sick and healthy, living and dying. It is clear, of course, that in one area at least we humans all share the same fate, and that is that one day we will die. You cannot, of course, say that you can overcome that. But medicine, as far as I am concerned, would not be - and never has been - that you feel subject to the structure of DNA.

And so I think, if we could live with that more and more, then something completely different would emerge in the human being, something that does not have to be in opposition at all. You live in that house that you have more or less built yourself, but you can become like the children again, who until the

seventh year know how to rebuild that hereditary house, as good as possible according to the image of your own soul and your own self.

Your own being wants to emerge and that is actually what wants to overcome the structure of the DNA, either by possibly changing it, or by being so formative in the smallest parts of the body, that that body becomes more and more the expression of the one who lives in it. If you could find that skill again at a later age, then you would find a very different kind of medical science.

We are dealing with a natural science that is a science of the Father. It is a science that carries out research in the field of the necessity of nature. We should not forget that. We then see very clearly in the Middle Ages how this movement of the Father's science is being carried to Europe on the lines of Arabian culture and is also gaining a firm foundation in Europe. This is increasingly becoming the natural science known to us. What we still find with Agrippa von Nettesheim in the late Middle Ages is gradually becoming ridiculous, and we must increasingly concern ourselves with the hard facts of paternal natural science.

You live in that house that you have more or less built yourself, but you can become like the children again, who until the seventh year know how to rebuild that hereditary house, as good as possible according to the image of your own soul and your own self.

Rudolf Steiner brings the first beginning of a spiritual science that is a science of the Son, and you can see that prepared in scholasticism in the battle between Thomas Aquinas and the Arab philosopher Averroës. Perhaps that is a very clear picture of the difference between that which becomes paternal science and is based on Arab philosophy coming from Aristotle and the science of the Son, which at that time is not yet able to break through in a conscious form, but which in philosophy is already in a struggle in the readings of Thomas Aquinas in Paris and of course in his writings against Averroës, where he tries to defend a Christian philosophy with the same Aristotle - and they both have Aristotle in their hands.

I also believe not only in the hand, but really in the heart, even for Averroës it is true. When you read writings of him you notice that he really loved Aristotle, really, but he interprets the texts in a completely different way than Thomas Aquinas.

It became a model for the struggle between the paternal philosophy of necessity and the philosophy of the Son's freedom, the philosophy of faith, hope and love.

This is more or less reflected in Rudolf Steiner's life. At one point he included in his proverbs a saying, 'In dir lebt das Menschenwesen...'

[A human being lives in you...] which he has taken from Eliphaz

Levi, about whom he generally does not speak very positively, but he takes up this saying and even adds vocal sounds, and with that I want to end, because in that saying, written down in 1924, which is in the Gesamtausgabe, [Complete Works of Rudolf Steiner, GA 268] you can find what was discussed tonight. It expresses, quite precisely, what the power of the human being is over DNA - and over anything else.

The saying was read.

I cannot repeat it here in the philosophical reflections. I give the reference to the text in the GA, the reader should make the effort to look up these words.

Editor: GA 268, in English: Soul Exercises Vol.2, Rudolf Steiner. If you are interested in this meditation please contact me: c.guilfoil@gmail.com



Short Biography

Mieke Mosmuller was born on 2nd February 1951 in Amsterdam. Her father, David Crull, hailed from Noord-Holland, her mother, Marie van den Broek, came from Limburg. The two met in Limburg

and settled in Amsterdam. Mieke was the only child and experienced the loss of her father at the age of eight (she was present at his sudden death). Ever since, the matter of death has lived in her continuously. She was a gifted child who had the desire to enroll in the city's Barlaeus Gymnasium after her Catholic primary school. She had a strong will to get to know life. She graduated with high marks for both the alpha as well as beta subjects. She learned to know Bach during math lessons and developed a deep love for that music; she herself played the piano and classical guitar. She studied medicine at the University of Amsterdam. During her studies she met her husband Jos Mosmuller, a fellow medical student. After graduating, they settled in Limbricht as general practitioners with a pharmacy. They had three children.

In 1981 they discovered homeopathy as an extraordinarily effective medicine - in spite of all scientific prejudices. In relation to this, they found the theoretical knowledge founded in the anthroposophy of Rudolf Steiner. In 1985 they moved to The Hague where they worked as general practitioners in homeopathy, and where they further researched anthroposophy and its meaning for the world and humanity. Since 1993 Mieke Mosmuller has been writing books, published by her husband through the Publishing House Occident.

([A more complete biography can be found here](#))

Here is [a link](#) to a preliminary review of the work of Mieke Mosmuller in Thomas O'Keefe's journal Deepening Anthroposophy.

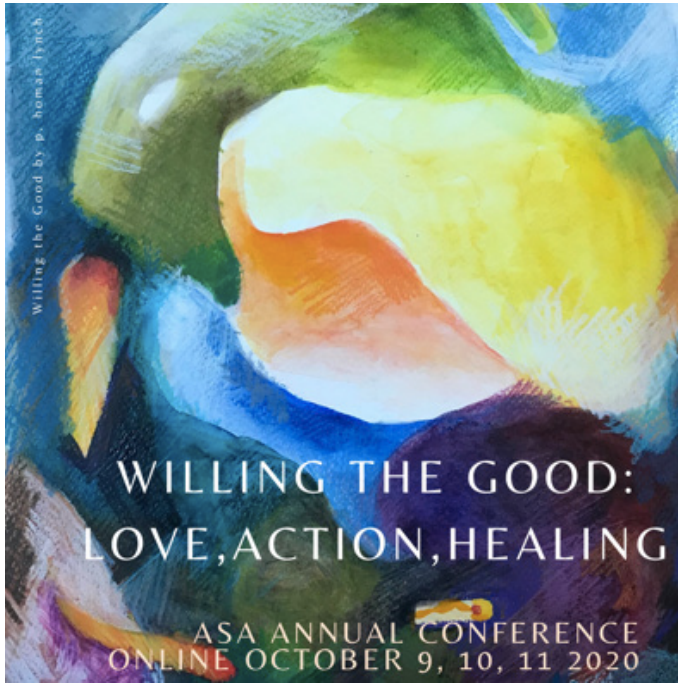
Seasonal Words from Rudolf Steiner

When the summer came to an end and autumn approached, when the leaves were withered and the seeds had ripened, when, that is, the full luxurious life of summer had faded and the trees become bare, then, because the insights of the Mysteries had flowed into all these perceptions, man felt: "The divine-spiritual world is withdrawing again from man." He notices how he is directed back to himself; he is in a certain sense growing out of the spiritual into Nature.

Thus man felt this "living-into" the autumn as a "living-out-from" the spiritual, as a living into Nature. The tree leaves became mineralized; the seeds dried up and mineralized. Everything inclined in a certain way towards the death of Nature's year.

In being thus interwoven with what was becoming mineral on the Earth and around the Earth, man felt that he himself was becoming woven together with Nature. For in that period man still stood closer in his inner experience to what was going on outside. And he also thought, he pondered in his mind about how he experienced his being woven-together with Nature. His whole thinking took on this character. If we want to express in our language today what man felt when autumn came, we should have to say the following — I beg you, however, to realize that I am using present-day words, and that in those days man would not have been able to speak thus, for then everything rested on perceptive feeling and was not characterized through thinking — but if we want to speak in modern terms we shall have to say: With his particular trend of thinking, with his feeling way of perceiving, the human being experienced the transition from summer to autumn in such a way that he found in it a passing from spirit-knowledge to Nature-knowledge (see diagram). Toward autumn man felt that he was no longer in a time of spirit-knowledge but that autumn required of him that he should learn to know Nature. Thus at the autumn equinox we have, instead of moral impulse, knowledge of Nature, coming to know Nature.

4th April, 1923 | Dornach | GA 223



Friends,

You have faithfully joined us for our face-to-face annual conferences. We create something beautiful when we come together in this way. Did you make new friends? Deepen your connection with those you already knew? Enliven your experiences with the wisdom of anthroposophy?

We hope you will help us continue this community spirit in our new online format...

This October, even though we aren't all gathered in a beautiful location, we can come together as a community for inspiration and a renewed commitment to our work and study.

Please join us online October 9, 10, 11 for Willing the Good: Love, Action, Healing.

Keynote conversations include:

Awakening to the Other in Our Work with
Thea Maria Carlson

Toward the Future: The Schooling Path of a
"Culture of Selflessness" In Our Time, with
Peter Selg

Three Paths to Community: Preparing the Future with Harrie Salman

Did you know we have an online art dispersal this year? [Check it out here!](#)

Registration Open Now for Willing the Good: Love, Action, Healing

What: The ASA's Annual Conference and Annual General Meeting

When: October 9, 10, 11, 2020

Where: Online with Zoom

Cost: \$100 Member Rate (Plus several other registration options!)

NOTE: The Annual General Meeting is free and open to all. [Click here for schedule details.](#)

Looking forward to seeing you online. If you've already registered, thank you so much!

Warmly,
The Annual Conference Planning Committee

*Angela Foster, Timothy Kennedy,
Micky Leach, Patricia Lynch,
Tess Parker & Laura Scappaticci*

* Artwork by P. Homan Lynch

The Portland Branch
of the Anthroposophical Society
Invites You to

Save The Dates!

Saturday, Oct. 3, 10AM to 5PM

Portland Branch Fundraiser Booksale
2606 SE 58th Ave., Portland
On the Porch



From the Portland Branch Council

Future Impulses for the Portland Branch! (Book Update)

Enthusiasm for our task and for one another warmed the morning air as we gathered on the porch on a cool-ish Saturday morning. Discussing possible futures for the books in our care necessarily led to considering the future of the Portland Branch community as a whole. The need for space in which our lively eurythmy initiatives, biodynamics, and art could thrive were in the mix.

We began with sharing the ground the Council had previously covered – that it is a priority for the books to be in circulation, that the books serve their purposes: to allow new people to encounter Anthroposophy; to allow those already engaged to keep learning; and to provide books for study groups.

We then shared the ideas that had been discussed which could accomplish those purposes and allow the books to be accessible and circulate: the ideal of a café, a meeting space; the many possibilities for donating and/or selling books (the Prison Outreach program was a favorite); leaving the library at PWS where there is limited, and currently, no accessibility. Suggestions which came from those who emailed their ideas to the Council were in the mix.

The conversation quickly turned to the question of procuring a space of our own, and how it might be funded. Ideas included sharing a space that could be rented out to others for their activities, and combining Branch space with an income-producing activity. Hard on the heels of those suggestions were fund-raising ideas to support a small initial initiative to procure a space for at least one year - which we called a seed which could grow. The finest ideas are nothing without people willing to act on them. We had thinking, feeling, but how about willing? Fortunately volunteers came forward for a site search committee to explore the possibilities. Anyone interested in this activity can contact Mark, markhwrw@aol.com

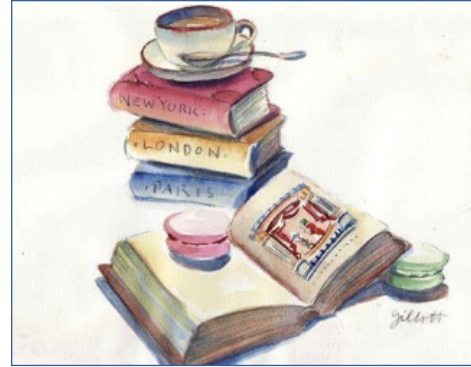
As an initial step in the direction of raising funds, the Book Sale Group that formed has organized a sale of the new books which had previously been purchased to sell at events, and which we will offer at a discount. You can also save on shipping charges! It was decided to give our own community first choice of these books before considering other options.

We are doing it quickly - while the dry weather holds - so that we can hold the sale outdoors on the porch.

We will also be culling part of our store of periodicals to offer for free! Although we won't store them all, there are gems of wisdom, written over time, that can still be appreciated today. We look forward to seeing you there!

James, Jerry, Sara, Valerie and Walter

FUNDRAISER BOOK SALE



Saturday Oct. 3
10AM - 5PM
2606 SE 58th Ave
On the Porch

Sharing Eurythmy with the Broader Community



In these quickly changing and challenging times we are all looking for ways to bring us joy, community, and centering. Eurythmy can bring all of these together. Sarah Rem and Carrie Mass are looking for ways to bring Eurythmy to our broader community. If you are a part of a small group or a home schooling group and would like to have eurythmy for yourself or your children please contact them at:
Carecare0@gmail.com or Sannerem@gmail.com.

Urban Biodynamic Gardening:

Trial by Fire

with Sandra Burch



My notes for this October essay were already planned out. I was getting ready to write. Then, on Labor Day the wind storm came, rapidly followed by fires and evacuation orders. And then the knockout punch: the suffocating interminable smoke that just would not leave us.

I will save the exploration of the substances that make up the compost preps, for

another time. For sure, October is a great time to build a compost pile. One thing needs to be corrected: the cost of a set of compost preps is \$21, a bit more than the \$8 that I wrote, but still a very good deal. If you need an act of will to get you back into the land of the living, building a compost pile might be the ticket. Read on for some other ideas.

For the past few years, we have added a new season, one that acknowledges an elemental kingdom - fire season, and this one has been a doozy. A few simple words can in no way convey the life altering experience that western Oregon, and just about all of the west coast of the U.S. has had this fire season. It will take long conversations and many attempts at understanding, to come to terms with what we have experienced with these wildfires in Oregon.

For sure I know now how much I have taken for granted - blue sky, any sky for that matter, sunsets, breathing clean air, inhaling and exhaling as a way to relax and ground myself, brisk walks and slow strolls, being outdoors at all. The rhythms of nature that help me orient myself in my day were so disrupted and many disappeared.

In between bouts of fear and despair, I tried to see what this wildfire season can be teaching me? What lesson can I learn here? There will probably be more to come on this, as it is too early to have any full answers. For now, I can feel that the nature spirits are needing something more from us. Anyone who would like to talk about this or gather to decide how to give our attention to these vital kingdoms of earth, water, air and fire, please send me an email at galenaln@gmail.com.

From a more specifically biodynamic perspective, I give you an excerpt from "Extremes of Drought and Flood" by Hugh Courtney, published in "Lilipoh" - Autumn 2002: "The floods and drought are but symptoms of an enormous imbalance in the health of this planet. What can be done? Collectively, the human race seems too paralyzed and too polarized to take the action needed to restore the balance. Lacking the collective will, are we left helpless as

individuals? Is there not some action, some concrete action that we as individual human beings can take to restore the balance and health of the earth?

Yes, there is something that we can do as individuals in answer to the last question. Restoring harmony and balance in the earth lies in the use of the biodynamic preparations of Rudolf Steiner. Since 1989, using a methodology I have termed the Sequential Spray Techniques..."

And this by way of explanation, also from Hugh Courtney in "Applied Biodynamics" - Winter 1993, issue 6:

"The sequential spraying technique was developed by myself, almost accidentally, in the early summer of 1988 when it appeared that we were about to face a third year of blistering drought. Frustrated by that possibility, I reasoned that surely there had to be something in biodynamic agriculture that could relieve or at least ameliorate the damage to our pastures, hayfields and gardens. After all, had not Steiner himself in the "Agriculture" course, (see lecture #5, especially page 89), suggested that the preparations could help the plant attract to itself from its environment what was needed for its best growth? I thought surely, if one knew precisely what preparations to use, then relief should be available somehow. That is, if one assumes that biodynamics really is valid and truly works. In my case, however, I did not have the wisdom to know the precise preparations to use.

At this point in my work with the preparations, I was convinced that it would be fairly difficult to cause harm with them, even if one used them in a situation that did not necessarily seem appropriate. The worst thing in such a case would be that their effects could be reduced, or negligible. So, I chose to use all nine of them (in a short period of time -SB).

The sequence is to be viewed as a technique to balance forces...In the beginning of my experience with it, I saw it as strengthening the plants and the soil to permit the attraction of what is needed for best plant growth. I then became aware that celestial and cosmic forces were also a probable factor of significance. In the case of drought, the sequence can be seen as supporting watery forces that have somehow become weakened. In the case of excessive rainfall, the sequence may likely be undergirding the drying (fiery/warmth) forces that are too weak."

I have used the Sequential Spray technique for many years. All nine preps are stirred and sprayed to bring balance. Here is a basic picture of the process: BD #500 and Barrel Compost (which includes all the compost preps) are stirred and sprayed in the evening. Then, BD #501 and BD #508 (Equisetum) are stirred and sprayed the next morning just after dawn. There are various ways to use all nine preps, depending on many factors. Mainly, you look at what the moon, planets, and your crops are experiencing. There is information about this technique on the Josephine Porter Institute website: <https://jpibiodynamics.org/> I am available if you want to talk about doing this process for your place, right here in the city (see the above email address). The human being has a unique and important role to play in the care of this amazing earth. We do have the ability to connect the spiritual world to the earthly realms, as a bridge. What mighty beings are ready to help us when we ask? And what elemental beings rely on our conscious striving, so that they may take care of the earth? What kind of a bridge do you want to be?

Calendar of the Soul

Week 27

To delve into my being's depths
Stirs up prophetic longing,
That, Self-beholding, I may find myself,
As gift of summer sun, a seed
Which, in autumn's mood, lives warming
As driving forces of my soul.

Week 28

New quicken'd, I can feel within
The width of my own being;
And, strength endow'd,
Lend light of thought
From sun-like power of the soul
Life's riddles to resolve,
Fulfillment grant to many a wish
Whose pinions hope had long laid lame.

Week 29

To fire thinking's radiance
Forcefully within myself,
Find meaning in experience,
From World-Spirit's fount of strength –
For me is summer's heritage
Is autumn's calm and winter's hope.

Week 30

In sunlight of the soul spring up
The mellow'd fruits of thinking;
To certainty of Self-awareness
All feeling is transformed;
Joyfully I can perceive
The autumn's Spirit waking.
The winter will arouse in me
The summer of the soul.

Calendar translation
by Liselotte and William Mann

The Portland Branch Newsletter is published monthly to serve Branch members and friends. To learn more about the Portland Branch of the Anthroposophical Society, contact Diane Ramage at 971-271-7479. All articles are the views of the authors not the Portland Branch or the Anthroposophical Society. We welcome article submissions.

To submit an article or a calendar item email it to Christopher Guilfoil: c.guilfoil@gmail.com. The deadline for submissions is the 15th of the month preceding publication. Items selected for publication may be edited for style, content and length.

To sign up for our newsletter/email list go to:

<http://www.portlandbranch.org> and click on the button at the top of the right hand column on the home page.

The newsletter and calendar are posted on the Branch website, www.portlandanthroposophy.org.

Our current newsletter team: Editor, design, layout, and illustrations: Christopher Guilfoil; Editing and proofreading: Valerie Hope, Ellen Walljasper, Wes Burch; Printing and distribution: Jerry Soloway; Webmaster Angelica Hesse; Treasurer: James Knight

The Portland Branch thanks the following Members & Friends for their Dues and Generous Donations in 2020:

Christine Badura, Virginia Berg, Diane Bolduc, Wes Burch, Sandra Burch, Jeremy Davis, Stacy Durych, Amanda Eastman, Sara Genta, Ali Givens, Michael Givens, Deborah Ham, Mark Hope, Valerie Hope, Marsha Johnson, Lauren Johnson, Tish Johnson, Lisa Jones, Donna Patterson Kellum, Bob Kellum, Tom Klein, Ruth Klein, Timothy Kennedy, James Knight, Anne Kollender, Martin Levin, Judith Levin, Robin Lieberman, Michele Limas, Regina Loos, Patricia Lynch, Lisa Masterson, Brian McClure, Jennifer McNeal, Cheri Munske, Padeen Quinn, Robin O'Brien, Nancy Peirce, Jeff Rice, Walter Rice, Susan Rice, Diane Ramage, Rebecca Soloway, Jerry Soloway, Elizabeth Webber, Brian Wickert

Your 2020 dues will be gratefully received:

Thank you for helping to make our lively community life possible. A typical contribution is \$50, but no amount is too large or too small. You can send a check to The Portland Branch, c/o Valerie Hope 2606 SE 58th Ave., Portland, OR 97206. Or you can donate online at portlandbranch.org.

You can also make your contribution online, by clicking 'pay here' toward the bottom of the right-hand column on the home page of our website, portlandbranch.org.

We would like to gratefully acknowledge the following who generously provide spaces for our many activities: Dr. Joan and John Takacs for their long-standing donation of Bothmer Hall; the Portland Waldorf School; and the Cedarwood School.

Another Way to Donate to the Portland Branch

If you shop at Amazon and use the following link, a small donation, .5% of the price of your eligible purchases will be donated to the Portland Branch. smile.amazon.com/ch/93-1269233

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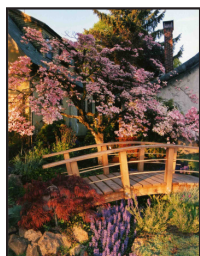
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“The possibility of illness is due to the possibility of becoming human beings...”--Rudolf Steiner

Donna provides adjunctive therapy for acute and chronic conditions including anxiety and depression, headache, TMJ and musculoskeletal problems related to trauma, also circulatory, respiratory, hormonal and digestive problems, diabetes, immune disorders and allergies. As a life-long learner with intense interest in the human body, soul and spirit, Donna has taken extensive professional continuing education courses over the past 30 years. She now integrates over a dozen manual therapies with emphasis on advanced craniosacral therapy, lymph drainage, and visceral massage, all of which is further informed by anthroposophic trainings in rhythmical massage, chirophonetics and psychology. While her interface is light with a strong energetic component, she does not consider this “energy work”. Familiarity with anatomical details, bio-mechanics and physiology makes her work feel warm and nurturing in a way akin to what Steiner calls “re-membering” (umformung), awakening the body to its own restorative processes of rhythm and breathing, its inner kinship with the Light, and facilitating then its own healing powers which can be profoundly transformative.

Portland Branch Calendar

October 2020

First Class of the School of Spiritual Science

Sunday, October 18* (* this is a change from our regular schedule due to the AGM), 9:30am • Lesson II • Bothmer Hall, 5919 SE Division St, Portland, 97206 • Blue card required. • Contact Cheri Munske, cherimunske@gmail.com, Diane Ramage, drumage@comcast.net, or Rebecca Soloway, rrsoloway1@gmail.com

Portland Branch Council Meeting

Monday, October 12, 7pm • Contact Valerie Hope, valerieannhpx@aol.com

All Branch members are welcome to attend, and/or call us with agenda items, proposals, suggestions, or to observe. Please contact Valerie to let her know you'd like to attend. Meetings are normally held on the second Monday of the month.

Portland Branch Fundraiser Booksale

Saturday, October 3, 10am-5pm • 2606 SE 58th Ave, Portland, 97206 • Contact Valerie Hope, valerieannhpx@aol.com

During this time of physical distancing, please contact the group organizer for each ongoing activity to confirm if the group is still meeting and what protocols they might require.

Ongoing Local Activities and Study

First Class of the School of Spiritual Science • Second Sunday of the Month

9:30am sharp • Bothmer Hall, 5919 SE Division St, Portland, 97206 • Blue card required. Contact Cheri Munske: cherimunske@gmail.com, Diane Ramage: drumage@comcast.net, or Rebecca Soloway: rrsoloway1@gmail.com

Council Meetings of the Portland Branch • Second Monday of the month

7-9pm • 2606 SE 58th Ave., Portland • Contact Valerie Hope, valerieannhpx@aol.com

All Branch members are welcome to attend, and/or to call us with agenda items, proposals, suggestions, or to observe.

Manifestations of Karma Study Group • First Monday of the Month

7:45-9pm • Temporarily conducted via Zoom • Contact Jerry Soloway 503-908-7615, jrsoloway@hotmail.com

Please join us in lively discussions centered on Rudolf Steiner's *Manifestations of Karma*.

Adult Eurythmy Class with Jolanda Frischknecht

Tuesdays 6:30-8pm • Bothmer Hall, 5919 SE Division St., Portland 97206 • Cost: \$20/session; paid monthly, sliding scale on request • Contact Jolanda, jolandamf44@gmail.com, or 503-896-3345 Feel free to drop in, invite friends.

Eurythmy for Waldorf Alumni: Wednesdays

Study, 6:30-7:30pm; Eurythmy; 7:30-8:30 pm • Eurythmy Room, Portland Waldorf School, 2300 Harrison St., Milwaukie • Contact Carrie Mass, Carrie.mass@portlandwaldorf.org If you've ever attended a Waldorf High School, this is for you!

Eurythmy, Portland Waldorf School Community: Thursday Mornings

8:45-9:30am, Eurythmy Room, Portland Waldorf School, 2300 Harrison St., Milwaukie • Free - All are welcome. Contact Sarah Rem, sannerem@gmail.com 503-729-1740

Pacific Eurythmy, Open Classes for the Community in Anthroposophy and the Arts: Monday Evenings

For details please see our website, www.PacificEurythmy.com or call Jolanda, 503-896-3345 or Carrie, 415-686-3791

Art as Spiritual Activity by Michael Howard • Friday Mornings

9:15-11am • Study group in NE Portland. The group starts each meeting with a short artistic activity and at this time we are singing led by Diane Rowley. All are welcome. • Contact Patricia Lynch at patriciahomanlynch@gmail.com

Singing Circle at the Portland Waldorf School • Friday Mornings

8:45-10:15am • Portland Waldorf School, 2300 SE Harrison St., Milwaukie, in the Orchard Room • all voices are welcomed. Contact Julianne Renzema at momartist@yahoo.com. No practice during school breaks.

Speech Formation and Mystery Drama Group • Every 2nd and 4th Wednesday

7:25-8:55pm • 8654 NE Boehmer St, Portland, OR 97220 • Free. New participants accepted. No experience necessary, just enthusiasm and a love of the Word. • Contact Diane Ramage 971 271-7479 drumage@comcast.net

Beginning Astrosophy Class • First and Third Tuesday of the Month

7-8:30pm • 8654 NE Boehmer St, Portland, OR 97220 • Free. This class will introduce participants to the basic principles of Astrosophy in a study of the works of Willi Sucher and Diane Ramage's work with the stars, with indications that Rudolf Steiner gave for those interested in the cosmos. No previous knowledge necessary. Please bring blank paper and colored pencils to the class in case we need to use them. If you are just curious if you'd be interested, please feel free to come and check us out. • Contact Diane Ramage 971 271-7479 drumage@comcast.net

Friday Book Study in Corvallis

5:15-6:15pm at the home of Renate Joy • 1020 NW 25th Street, Corvallis • Our new study is Rudolf Steiner's "Occult Science: An Outline" (If you are planning to buy this book, we suggest the classic translation by George and Mary Adams.) This is a great way to study anthroposophy in community with others, where different perspectives are shared, and understanding can deepen.

Study of Gospel Lectures • Every Sunday

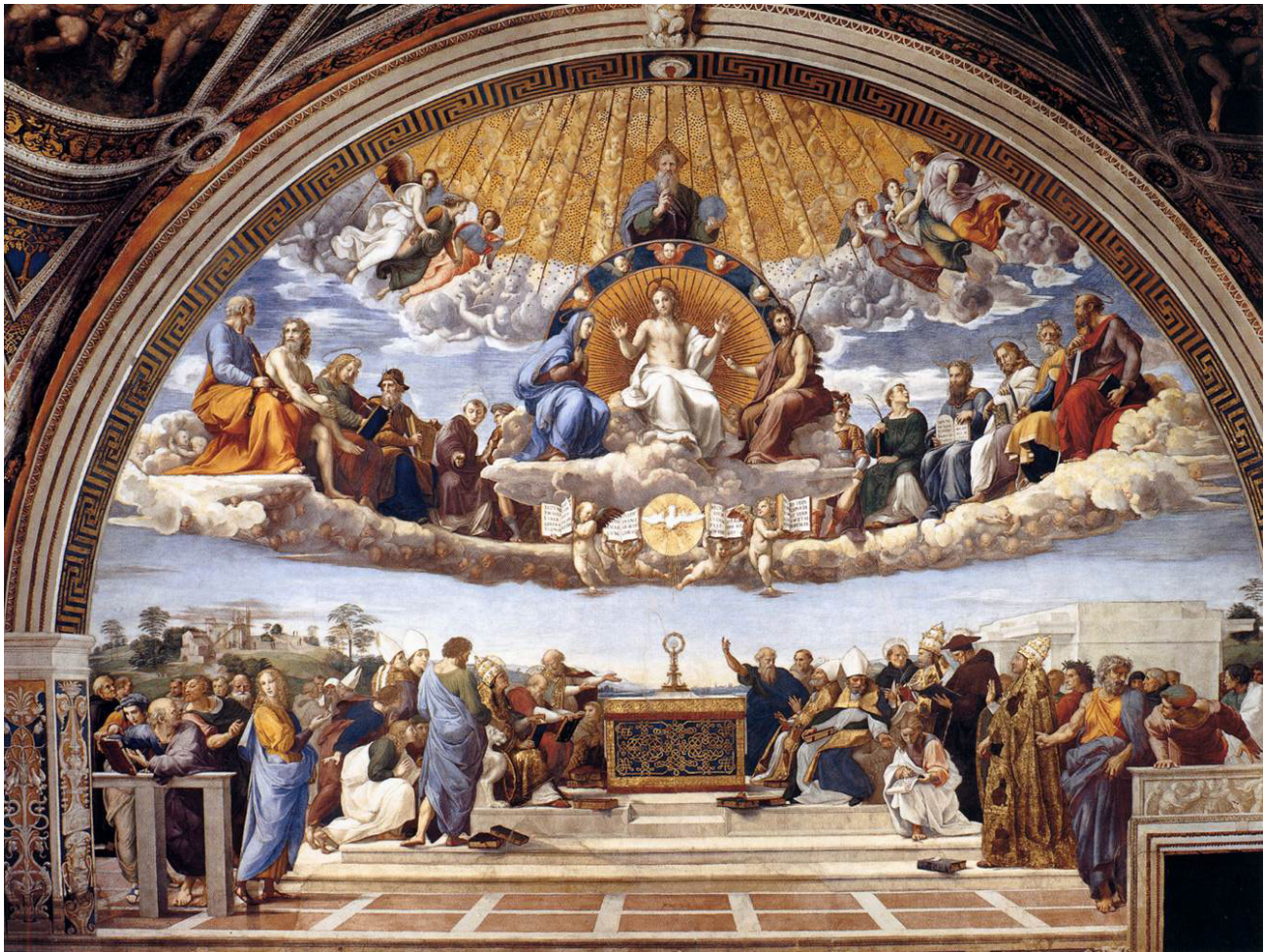
9-10:30am • Please call for venue • Free. Long established group of researchers reading and discussing Steiner lectures on the Gospels. • Contact Cliff W, 360-750-4858 or Suzanne W, 503-208-2426

Waldorf Education and Teacher Training Lectures and Courses

Conducted throughout the year by the Micha-el Institute. Contact Jen Davis, 503-449-7387 jennifer@micha-elinstitute.com

Waldorf Teacher Education, Eugene

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"The Disputation of the Sacrament" (Italian: La disputa del sacramento), or Disputa, is a painting by the Italian Renaissance artist Raphael. It was painted between 1509 and 1510 as the first part of Raphael's commission to decorate with frescoes the rooms that are now known as the Stanze di Raffaello, in the Apostolic Palace in the Vatican. At the time, this room was known as the Stanza della Segnatura, and was the private papal library where the supreme papal tribunal met. The work is a fresco painted on the wall and is approximately 200 x 300 inches. It shares a room with the famous "School of Athens."