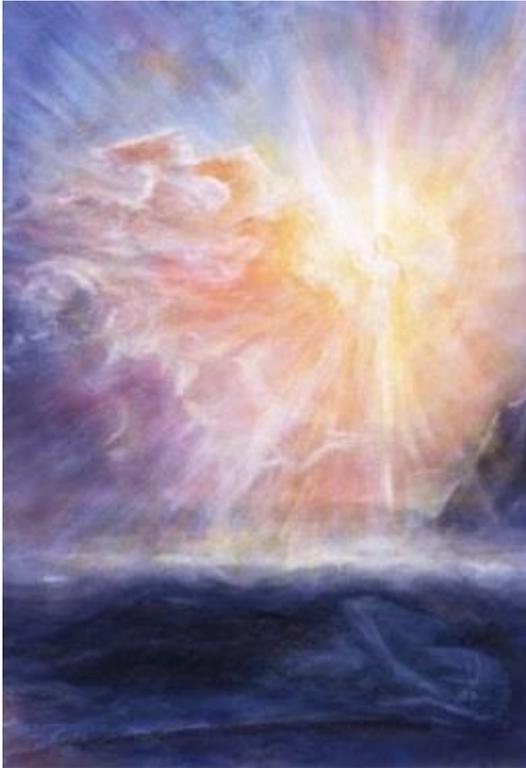




## Anthroposophical Society PORTLAND BRANCH

### Newsletter

September, 2016



Michael with the Heavenly Chariot  
contrasted by:  
Sleeping over the right moment.  
David Newbatt, available from Wynstones Press

### Rudolf Steiner's Last Address, at Michaelmas [RS Archive](#) for full address

By Valerie Hope

As we approach Michaelmas, it may be useful to consider the fact that Rudolf Steiner's heroic final lecture was on Michaelmas eve. In fact, he told his listeners that, "... today — the day when the Michael mood of dedication must pour its light into all our hearts, I did not want to let pass without speaking to you at least a few words. That I am able to do so is due entirely to the loving and devoted care of our friend Dr. Ita Wegman. And so I hope that I will still be able to say today what I desire particularly to say to you on the occasion of this festival." Why was it so important to Dr. Steiner that he speak under circumstances that were so difficult for him?

He spoke to the need for a "rightly ordered Michael Festival", which would "only be possible when the might and power of the Michael Thoughts, of which today men have no more than a dim feeling, has taken hold in a number of human souls who will then be able to create the right starting-point for such a festival."

Rudolf Steiner sought to awaken the Michael mood in the souls of his listeners by bringing before their souls "... beings who are intimately connected, and will always be intimately connected, with the Michael stream, in the sense in which we have described it here. Let us direct our gaze to beings who in at least two successive incarnations made a powerful impression on great numbers of their fellow-men, beings who, however, only show themselves in their true unity when we recognize them as successive incarnations of one and the same being."

He then followed the individuality who had incarnations as Elijah, Lazarus John, Raphael, and Novalis, characterizing Elijah as one who set before the people of the Old Testament the goal and destiny of their existence; Lazarus John as the one who received from Christ Jesus the Initiation for the evolution of mankind; Raphael as the one who impelled into color and form the very nature and being of Christianity; and Novalis as the poet who "revealed in wondrously beautiful words what Raphael had placed before mankind in colors and forms of rarest loveliness."

We are next treated to a description of the experiences Raphael has after death in the various spheres, the influences of other souls that he meets there upon him, and how: "... all that he has painted in shining light for the followers of Christ Jesus, — he now beholds all this pour its rays into the cosmic transformation of the human heart."

There is so much more that is beautifully presented in this talk, including a description of Raphael and Novalis as "not touching the Earth", Raphael "only

present through what Lazarus-John gave to this soul to be poured out into color and line for all mankind.”

I can only give indications here. I encourage you to follow the link to the Archive above to read Steiner’s beautiful descriptions and live into the Michael mood that he is bringing forth in them.

Steiner continues: “And so we see in Novalis a radiant and splendid forerunner of that Michael stream which is now to lead you all, my dear friends, while you live; and then, after you have gone through the gate of death, you will find in the spiritual supersensible worlds all those others — among them also the being of whom I have been speaking to you today — all those with whom you are to prepare the work that shall be accomplished at the end of the century, and that shall lead mankind past the great crisis in which it is involved.”

“This work is: to let the Michael Power and the Michael Will penetrate the whole of life. The Michael Power and the Michael Will are none other than the Christ Will and the Christ Power, going before in order to implant in the right way into the Earth the Power of the Christ. If this Michael Power is able verily to overcome all that is of the demon and the dragon [and you will know what that is], if you all, who have in this way received in the light Michael Thought, have indeed received it with true and faithful heart and with tender love, and will endeavour to go forward from the Michael mood of this year, until not only is the Michael Thought revealed in your soul, but you are able also to make the Michael Thought live in your deeds in all its strength and all its power — if this is so, then will you be true servants of the Michael Thought, worthy helpers of what has now to enter Earth-evolution through Anthroposophy, and take its place there in the meaning of Michael.”

“If, in the near future, in four times twelve human beings, the Michael Thought becomes fully alive — four times twelve human beings, that is, who are recognized not by themselves but by the Leadership of the Goetheanum in Dornach — if in four times twelve such human beings, leaders arise having the mood of soul that belongs to the Michael festival, then we can look up to the light that through the Michael stream and the Michael activity will be shed abroad in the future among mankind.”

“Because this is so, my dear friends, I have made the effort today to rise up and speak to you, if only in these few short words. My strength is not sufficient for more today. May the words so speak to your soul that you receive the Michael Thought in the sense of

what a faithful follower of Michael may feel when, clothed in the light rays of the Sun, Michael appears and points us to that which must now take place. For it must even be so that this Michael garment, this garment of Light, shall become the Words of the Worlds, which can transform the Logos of the Worlds into the Logos of Mankind. Therefore let my words to you today be these:

Springing from Powers of the Sun,  
Radiant Spirit-powers, blessing all Worlds!  
For Michael’s garment of rays  
Ye are predestined by Thought Divine.

He, the Christ-messenger, revealeth in you —  
Bearing mankind aloft — the sacred Will of Worlds.  
Ye, the radiant Beings of Aether-Worlds,  
Bear the Christ-Word to Man.

Thus shall the Heralds of Christ appear  
To the thirstily waiting souls,  
To whom your Word of Light shines forth  
In cosmic age of Spirit-Man.

Ye, the disciples of Spirit-Knowledge,  
Take Michael’s Wisdom beckoning,  
Take the Word of Love of the Will of Worlds  
Into your soul’s aspiring, actively!

Dear Friends, we have no evidence that four times twelve leaders were identified by the leadership of the Goetheanum to carry the Michael Thought into the world. What then, are we to do? Will we “sleep over the right moment?” Can we, in our time, look around us, perceive the conditions of our time, and chart a course forward for ourselves, such that we can receive Michael Thought, and become true servants of Michael - so that “the Michael Power and the Michael Will penetrate the whole of life?” Can we begin to follow the example of the individuality that Dr. Steiner brings to us so beautifully in this address?

It seems to me that we *must* take up this task and carry it forward with all the strength and courage that Michael has bestowed on us by means of the iron from the meteor showers this (and every) August. Can you feel it in your blood? By coming together with this intention, together we can begin to find our way. vh



## Zvi Svir's Visit to Portland: A Review

By Christopher Guilfoil and Carrie Gibbons

The art of mastering life is the prerequisite for all further forms of expression, whether they are paintings, sculptures, tragedies, or musical compositions. ~ Paul Klee

How do we truthfully experience color? Are our experiences of color more than subjective? Are we able to actually taste color? Does the process of exploration in the mixing of different colors lead to revelations in color experience? How are the dynamics of space and time experienced in the creation and reception of a painting? These research questions, among many others, were at the forefront of work during the two workshops and five evening talks given by artist and teacher, Zvi Svir on his visit from Basel, Switzerland.

Zvi's Portland sojourn took place over seven days in August, and he returned home on the eighth. As described in the book of Genesis, each day of the seven days when God created the world closes with a reflection on the goodness of the work, the description of the sixth day being 'very good'. Creation and goodness flowed together throughout the week. In one characterization of the threefold picture of the human being, this quality of goodness stands alongside the will. Many aspects of Zvi's talks, and what he demonstrated during the workshops, were related to focused research into the distinctions between the Anthroposophical concept of the so-called Cosmos of Wisdom and the developing Cosmos of Love, or as he often characterized this realm, the "Cosmos of Will."

The perennial questions relating to time and space represented a key theme within the talks. Developed over a period of days, this overall theme unfolded from various perspectives. Zvi elevated and interwove the distinctions within this theme into aspects of the Cosmos of Will. His depiction of the activity in the visual arts as forming in time offered

an entry point into a new, courageous relationship with Cosmic Wisdom as well as a bridge from summertime into the season of Michaelmas.

The format enabled participants to join one or both workshops and attend one lecture or all five. A special public conversation on the topic, *Sources of Artistic Imagination and Insights Into Technology*, took place at the Jeffery Thomas Gallery, and was both provocative and well attended.

Please look for more detailed reflections from participants in next month's newsletter. Zvi has committed to return to Portland to carry forward a deeper exploration of research questions, and to work collaboratively to develop an Anthroposophically inspired Art impulse for the wider community here.

Special thanks and deep gratitude to the following for making Svi's visit possible: Cedarwood Waldorf School for the workshop space, Joan and John Takacs for gifting the use of Bothmer Hall, and Cpay, an Oregon Benefit Corporation and Steiner inspired business which provides alternative avenues for the movement of money in the community, <https://cpay.us/>.

## RUDOLF STEINER'S THE BEING OF THE ARTS: a call to artists!

The Art Hall is offering an opportunity for several art disciplines to work together and bring to life Rudolf Steiner's magical and tender story "The Being of the Arts." Eurythmists, musicians, fine artists and others are encouraged to consider this endeavor. Please send an email of interest to [robin@robinlieberman.net](mailto:robin@robinlieberman.net): A time and place for our first meeting will be announced. At this moment in time we will consider working on one chapter at a time.

## Jennifer Thomson Arriving in Portland! See fliers in this newsletter.

After years of loving invitations ("might you accompany your husband, Philip Incao, MD the next time he comes to Portland?") the legendary Jennifer Thomson has agreed to lead off our 2016 – 2017 season at [The Art Hall](#) as our September artist! In addition, Jennifer is offering a five-day painting retreat, until now exclusively held at her marvelous studio in Crestone, Colorado. Excited? Indeed! The following excerpt is from Jennifer's [website](#): Roaming the rolling hills around her childhood home in Tennessee, Jennifer developed a spiritual

connection to nature. In her art, she strives to use color to reflect the “aliveness” of the natural world, to express the interweaving of the living, musical elements of light, darkness and color. Jennifer is an established fine artist and art teacher. Her studies included, Goethe’s color theory, Rudolf Steiner’s color indications and Spiritual Science at the Beppe Assenza School of Art in Dornach Switzerland. Jennifer’s paintings are created watercolor, gouache, acrylic, encaustic, plant colors with beeswax and mixed medium on different surfaces. Jennifer’s work with students is very individual; her goal is to help students find their own path and voice through the unfolding colors. For 11 years, she was director of the Internationally known Atelier House School of Painting in New York, while continuing to develop her own work. Her students came from North America, Europe and Asia. She taught art at State Institutions for handicapped children and adults, Triform Camphill, Senior Citizen’s retirement centers, in Michigan, New York, Switzerland and Colorado. Presently Jennifer lives in Crestone, Colorado, teaching and developing her art.

The installation of Jennifer’s paintings, featuring new work and several works on loan from private collections, will take place on Tuesday, August 16, 2016. To learn more, join us for the opening reception on Friday, September, 16, 2016, including Jennifer’s presentation “A Path of an Artist.” If you are interested in Jennifer’s five-day art retreat please contact Robin Lieberman at 503-222-1192 or [robin@robinlieberman.net](mailto:robin@robinlieberman.net).

The Portland Branch of the Anthroposophical Society  
Invites you to  
**Save The Dates!**

See the attached Calendar & fliers for more info.  
And more events

**September 24**      **Transforming Evil in Every-  
day Life with Julian Roberts**  
**Free to Branch members!**

**October 8**            **Kaspar Hauser with Glen  
Williamson**

**November 2**        **All Souls**

**2017!**

**8/19-21**              **Oliver Conradt, Solar Eclipse**

**8/29-9/2**             **Dr. Jaap van der Wal**

**10/26-30**            **Thomas Meyer**

## Calendar of the Soul

### August 28-September 3, Verse 22

#### Light from Cosmic Widths

The Light from Space  
Strongly it lives on within:  
It becomes Light of the Soul  
And shines into the Spirit Depths  
Bringing to maturity  
The human self from cosmic self  
In the course of time.

### September 4-10, Verse 23

Autumn time softens  
The senses' lust for stimuli;  
The revelations of the Light are mixed  
With slow veils of mist  
I can see around me  
The winter's sleep in autumn.  
Summer has resigned itself  
To me.

### September 11-17, Verse 24

In the steady genesis of self  
The soul starts to perceive itself;  
The spirit of the world evolves  
Renewed by this self knowledge  
Creating from the shadows of the soul  
The child of will, the sense of self.

### September 18-24, Verse 25

I may now own my Self  
And radiate and spread my light  
In Space and Time so dark.  
The natural Being seeks to sleep,  
The depths of soul shall wakeful be  
And wakeful, being the sun's warm glow  
To frigid tides of winter.

### September 25-October 1, Verse 26

#### Michaelmas Mood

St. Michael's Ambience  
Mother Nature, thou who art!  
In my will I bear thee  
And my fire-strength of will,  
It firms my Spirit forces  
That they then birth my Sentient Self  
To hold and carry me within.

The **Portland Branch Newsletter** is published monthly to serve Branch members and friends. To learn more about the Portland Branch of the Anthroposophical Society, contact Diane Rumage at 971-271-7479.

To submit an article or a calendar item, email it both to Valerie Hope, [valerieannhpdx@aol.com](mailto:valerieannhpdx@aol.com) and Wes Burch, [truelion@comcast.net](mailto:truelion@comcast.net). The deadline for submissions is the 15th of the previous month. Items selected for publication may be edited for style, content and length.

To sign up for our email list, or to contact the Branch Council, go to <http://www.portlandbranch.org/contact>

Newsletter co-editors are Wes Burch & Valerie Hope; Seth Miller is our webmaster; and Ruth Klein is our treasurer.

The newsletter and calendar are posted on the Branch website, [www.portlandanthroposophy.org](http://www.portlandanthroposophy.org). Paper copies are available at the Pohala and Healthbridge Clinics; and the Cedarwood, Michael & Portland Waldorf Schools, and Swallowtail School.



The Portland Branch thanks the following Members & Friends for their Dues and Generous Donations in 2016: Cyndia Ashkar, Wesley Burch, Sandra Burch, Christopher Guilfoil, Helen Homola, Valerie Hope, Bob Kellum, Donna Patterson-Kellum, Tom Klein, Ruth Klein, Anne Kollender, James Lee, Judith Levin, Martin Levin, Robin Lieberman, Regina Loos, Cheri Munske, Natalie Norman, Padeen Quinn, Jannebeth Roell, Diane Rumage, Diane Schell-Rowley, Rebecca Soloway, Jerome Soloway, Linda Sussman, Marion Van Namen, Elizabeth Webber, Cindy Weinberg, Neil Weinberg, and thanks to a generous anonymous donor.

**We will gratefully receive your Branch membership dues (\$50 or what you can afford).**

Send to: The Portland Branch c/o Ruth Klein, 3609 SE Center, Portland, OR 97202

**Calendar translation by Stefan Schwabe.**  
**“A transposition; I tried to recast these calendar verses in cadence and tenor, into our current English, to bring to our appreciation their strength and spirituality in terms of today’s thinking, feeling and will. St. Michael’s Feast 2011”**

## Portland Branch Calendar September, 2016

### First Class of the School of Spiritual Science–

**September 11** (no admittance after the class starts) • Bothmer Hall, 5919 SE Division St, Portland, 97206, Contact Diane Ramage at 971-271-7479; Cheri Munske at 503-484-4133; or Rebecca Soloway, (516) 850-1027. **Blue card required.** Second Sunday of each month.

### Portland Branch Council Meeting

**September 12** • 2606 SE 58th Ave. • Contact Valerie Hope, 503-775-0778; [valerieannhpx@aol.com](mailto:valerieannhpx@aol.com).

All Branch members are welcome to attend, and/or to call us with agenda items, proposals, suggestions, or to observe. Meetings are on the second Monday of each month.

### Christian Community Events for September with Reverend Craig Wiggins

**Thursday, September 15-Sunday September 18** • Unless otherwise indicated, all events will be at Bothmer Hall, 5919 SE Division St. Contact Sandra Burch with questions 503-353-1818, [galenalyn@gmail.com](mailto:galenalyn@gmail.com) • \$10/talk, Saturday workshop \$ 20, or what you can afford.

- **Thursday September 15, 7:30pm at the Burch House (call for directions) *How it All Got Started Contemplations on the Founding of The Christian Community-*** come hear the history; learn about the past while looking to the future.
- **Friday September 16, 7:30pm *Wrestling with the Angel of Death - Musings around End of Life Issues -*** Physician Assisted Suicide and other topics.
- **Saturday September 17, 9:00am *The Act of Consecration of Man. 10:15am Gospel Study Learn From the Lilies of the Field*** (Matthew 6: 25 34) **1:00 - 3:30 Workshop- *Do I have my affairs in order? Getting my Final Act Together Practical, Social and Spiritual Aspects of the Advanced Directive*** \$20 (or what you can afford) We will have the legal forms, discuss questions and look at decision making.
- **Sunday September 18, 9:15 *Religious Instruction (grades 1-8),10:00 Children's Service (grades 18), 10:30 The Act of Consecration.***

### Jennifer Thomson: Landscape Paintings; Presentation, A Path of an Artist

**September 16, presentation 6 pm; reception 5-7:30** • The Art Hall at Cedarwood Waldorf School , 3030 SW 2<sup>nd</sup> Ave • Contact Robin Lieberman, [robin@robinlieberman.net](mailto:robin@robinlieberman.net) 503-222-1192 or [Camphill.inspired.PDX@gmail.com](mailto:Camphill.inspired.PDX@gmail.com)

See attached flier and article in this (September) newsletter.

### Portland Art Retreat – Landscape Painting with Jennifer Thomson

**September 19-23, 9am-5pm daily** • Venue details given upon registration • \$425 includes tuition, supplies, snacks, 5 lunches  
Contact Kathy Kremer, [KKremerDesigns@msn.com](mailto:KKremerDesigns@msn.com) or Robin Lieberman, [robin@robinlieberman.net](mailto:robin@robinlieberman.net) 503-222-1192

Experience fall through five days of ART. Let spaces of Blue, Gold, Orange & Red arise. A hint of Green, shimmering. In the periphery overlapping veils of yellow, red and blue die into grey, contrasting the light. Add Black for weight and wakefulness. Feel the release of light. As outer nature dies, an inner light appears in the autumn landscape. An ongoing veil painting over the 5 days. Studio and outdoors..various exercises..working with color moods, gestures, color relationships, composition light & dark & inspirational exercises from artists of the past. Materials: watercolor, gouache, charcoal.

### Transforming Evil in Everyday Life: Overcoming Fear, Boredom, Doubt, and Resentment as a Path to the Sacred, with Julian Roberts

**Saturday, September 24, 10 am–4 pm** • Cedarwood School, 3030 SW Second Ave. • Contact Valerie Hope, 503-775-0778; email [valerieannhpx@aol.com](mailto:valerieannhpx@aol.com). See registration form in the August newsletter or on our website, [www.portlandbranch.org](http://www.portlandbranch.org)

Where is true meaning in everyday life? How can I experience the spirit while carrying out my daily responsibilities? How do I survive the nine to five job? This course will explore these questions and the challenges normal life poses to inner development. Practices for transforming the evil in everyday life into pathways to experience the sacred will be shared. Julian will take a hands-on approach, and participants will use their own experience as a basis for learning. Presenter Julian Roberts is a '97 graduate of the Sacramento Waldorf School. He holds a BA in philosophy from UC Berkeley and an MPH/MBA from Johns Hopkins School of Public Health. He has worked as a consultant, in the non-profit sector and currently has a full time job in the public sector. **Sponsored by the Portland Branch of the Anthroposophical Society**

**Kaspar Hauser, The Open Secret of the Foundling Prince – told by Glen Williamson**  
**Saturday, October 8, • Portland Waldorf School Music Room • Suggested donation \$10 • Contact Valerie Hope, 503-775-0778; [valerieannhpx@aol.com](mailto:valerieannhpx@aol.com).**

A true story of an innocent boy imprisoned in a dark cell for most of his childhood. In a journey through darkness to light, this tale explores what it means to be human. 187 years ago a strange boy appeared on the streets of Nuremburg, barely able to stand, walk or speak. In *Kaspar Hauser: The Open Secret of the Foundling Prince*, historical facts and characters mix with a supernatural tale of a golden house, a wicked stepmother, and a boy kept in a dark cellar for most of his childhood. Who was he? And why does his story still affect us?

## ◆ Ongoing Local Activities and Study Groups ◆

**First Class of the School of Spiritual Science • On Second Sunday of the Month**  
9:30 am sharp (no admittance after the class starts) • Bothmer Hall, 5919 SE Division St, Portland, 97206 • Blue card required. Contact Diane Rumage at 971-271-7479, Cheri Munske at 503 772-2632, or Rebecca Soloway (516) 850-1027

**First Class Study: The First Class of the Michael School and its Christological Foundations by S. Prokofieff • Second Thursday of the Month • For Members of the School of Spiritual Science**  
7:30-9:00 pm • Contact Rebecca Soloway, [jrsoloway@hotmail.com](mailto:jrsoloway@hotmail.com) or 516-850-1027

**Council Meetings of the Portland Branch • Second Monday of the month**  
7-9 pm • 2606 SE 58th Ave., Portland • Contact Valerie Hope, (503) 775-0778, [valerieannhpx@aol.com](mailto:valerieannhpx@aol.com)

All Branch members are welcome to attend, and/or to call us with agenda items, proposals, suggestions, or to observe.

**An Outline of Esoteric Science Study Group • First Monday of the Month**  
7:45-9:00 pm • Bothmer Hall, 5919 SE Division St., Portland 97206 • Contact Jerry Soloway 503-908-7615 or [jrsoloway@hotmail.com](mailto:jrsoloway@hotmail.com)

Please join us in lively discussions centered on Rudolf Steiner's *An Outline of Esoteric Science*.

**Eurythmy Foundation Course with Jolanda Frischknecht • Tuesdays & One Weekend/Month**  
Tuesdays 6-7:30 pm, One weekend/month Friday 6-7:30, Saturday 10:30-2:30 with lunch break • Eurythmy Room, Portland Waldorf School, 2300 Harrison St., Milwaukie • \$20/session; Tuesdays Only \$80; weekend \$50; all classes \$120 • Contact Jolanda, [jolandafrischknecht@hotmail.com](mailto:jolandafrischknecht@hotmail.com), or 503-896-3345 See Flier, September newsletter.

This class is for those who have done Eurythmy for some time as well as for those new to it; for those who want to deepen their experience and dive into the eurythmical movements more intensively; session will consist of both Tone and Speech Eurythmy; we will explore and deepen the basic elements of Eurythmy as well as entering into an artistic process together of expressing poetry and music through the wonderfully enlivening and meaningful movements of Eurythmy.

**Eurythmy for Waldorf Alumni: Wednesdays**

Study, 6:30-7:30 pm; Eurythmy; 7:30-8:30 pm • Eurythmy Room, Portland Waldorf School, 2300 Harrison St., Milwaukie • Contact Carrie Mass, [Carrie.mass@portlandwaldorf.org](mailto:Carrie.mass@portlandwaldorf.org)

If you've ever attended a Waldorf High School, this is for you!

**Eurythmy, Portland Waldorf School Community: Wednesday Mornings**

8:45-9:30 am, Eurythmy Room, Portland Waldorf School, 2300 Harrison St., Milwaukie • Free

All are welcome. Contact: Carrie Mass, [Carrie.mass@portlandwaldorf.org](mailto:Carrie.mass@portlandwaldorf.org)

**Festivals Study Group: First and Third Thursdays**

7-8:30 pm • 3711 SE Brooklyn St. • To find out which Thursday is next contact Suzanne Walker, 503-208-2426 [zzwalker@mac.com](mailto:zzwalker@mac.com)

We are working with various of Dr. Steiner's lectures in an effort to better understand the festivals and how we may come to observe them. This is also greatly deepening our experience of the cycle of the year.

**Light, Color and Darkness in Painting (Therapy) Working with Indications from Liane Collot d'Herbois; a study and painting group: Last Monday of the Month Beginning September 26**  
10 am – 12 pm • Studio 901 at 1410 SW Morrison St. • Contact Robin Lieberman, 503-222-1192 or [robin@robinlieberman.net](mailto:robin@robinlieberman.net) or Cheri Munske 503-484-4133 • For artists working therapeutically out of Anthroposophy

Please join Robin Lieberman, MSW, painting therapist and Cheri Munske, art therapist, for study and painting. We will be working from Liane's book of the same title, exploring color each month.

**Mystery Dramas of Rudolf Steiner and Speech-Formation Exercises • Second and Fourth Wednesdays (holidays excluded)**

7:30-9:00 pm • Free. Beginners are welcome –come check us out! • 8654 NE Boehmer St., Portland 97220 • Contact Diane Ramage by e-mail at [dramage@comcast.net](mailto:dramage@comcast.net) or by phone at 971-271-7479.

**Portland Waldorf School Community Choir • Friday Mornings**

8:45-10:15 am • Portland Waldorf School, 2300 SE Harrison St., Milwaukie, in the Orchard Room • Free will donations gladly accepted, all voices are welcome. Contact [www.portlandwaldorf.org](http://www.portlandwaldorf.org) • [pws\\_choir-subscribe@yahoogroups.com](mailto:pws_choir-subscribe@yahoogroups.com) (503) 654-2200

**Painting and Study with Patricia Lynch, Starting October 14**

9:15-11:00 am, 3359 NE 72<sup>nd</sup> Ave., Portland. Contact Patricia Lynch at [patriciahomanlynch@gmail.com](mailto:patriciahomanlynch@gmail.com)

All are welcome. Painting from “Fifty-Two Weeks” by Laura Summer, and reading “Art as Spiritual Activity, Rudolf Steiner's Contribution to the Visual Arts.”

**The Temple Legend Study Group • First and third Tuesdays**

7:30-9 pm • 3046 NE 33<sup>rd</sup> Ave. Contact Donna Patterson and Bob Kellum, 503-331-7393 • All are welcome

**Threefold Social Renewal Study Group • Every Friday, beginning on September 18**

11:30 am – 1pm • Portland Waldorf School, 2300 SE Harrison St., Milwaukie • contact Michael Givens, [mgivens.lac@gmail.com](mailto:mgivens.lac@gmail.com) or 503-609-0890

We will be reading and discussing *Becoming Human: A Social Task – The Threefold Social Order* by Karl Konig

**Community Painting Group • Tuesday Mornings**

8:45-10:00 am • Portland Waldorf School, Grimm Room next to aftercare, 2300 SE Harrison St., Milwaukie • \$15 PWS parents & alumni, \$20 all others (per session) • Adults only. All levels of painting experience welcome! • To register contact Cheri Munske, [cherimunske@gmail.com](mailto:cherimunske@gmail.com), 503-484-4133 [www.transformativeartspdx.com](http://www.transformativeartspdx.com) •

Led by Cheri Munske of Transformative Arts, participants will explore the beauty, colors and moods of the ever-changing seasons through watercolor painting and dynamic drawing exercises.

**World Economy Study Group • Last Friday of the Month**

6:00-8:00 pm • 3046 NE 33<sup>rd</sup> Ave. • contact [mgivens.lac@gmail.com](mailto:mgivens.lac@gmail.com) or 503-609-0890

Please join us in a diverse study group around the principles and practices of Associative Economics. We will be reading and discussing Rudolf Steiner's 14 lectures on the “World Economy”. The recommended text is “Economics: World as One Economy”, translated by Dr. Christopher Houghton Budd. It can be found at <https://www.cfae.biz/publications/shop/>

**Waldorf Education and Teacher Training Lectures and Courses**

Conducted throughout the year by the Michael Institute. Contact John Miles, 503-774-4946 [johncmiles@usa.net](mailto:johncmiles@usa.net)

**Waldorf Teacher Education, Eugene**

September-June • Eugene Waldorf School • Contact Lee Ann Ernandes @ message phone, 541-686-9112

Preparing Waldorf teachers for their future vocation since 1990.

## Physical Medicine & Injury Rehabilitation



Susan Schmitt, M.D.

Joan Takacs, D.O.

John Takacs, D.O.



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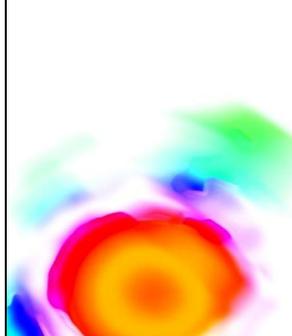
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# Place Your Ad Here!

## And Support the Portland Branch

Contact Valerie Hope at [Valerieannhpdx@aol.com](mailto:Valerieannhpdx@aol.com)

## Embryo In Motion: Understanding Ourselves as Embryo

4-DVD Set Now Available With Jaap van der Wal, PhD, MD

This beautiful 4-DVD set was professionally recorded live in Portland, OR, June 3–6, 2010.

To learn more about the 4-DVD set and for instructions on how to order it, go to the “shop” portal on the Portland Branch website at [www.PortlandAnthroposophy.org](http://www.PortlandAnthroposophy.org).

# Kaspar Hauser

## The Open Secret of the Foundling Prince

Told by actor and storyteller Glen Williamson



*A true story  
of an innocent boy imprisoned in a dark cell  
for most of his childhood.*

*In a journey through darkness  
to light,  
this tale explores what it means to be human.*

Created as an epic fairytale with historical interludes, this story includes inspiring spiritual pictures as well as the latest scientific research about one of 19<sup>th</sup> Century Europe's most compelling figures.

Saturday, October 8  
7:30 pm

Portland Waldorf School Music Room  
2300 SE Harrison St., Milwaukie, OR 97222

Presented by the Portland Branch of the Anthroposophical Society and Anthropos  
Glen Williamson appearing courtesy of Actor's Equity Association

# Jennifer Thomson

## Portland Art Retreat

September 19-23

Explore various artistic approaches to landscape painting with watercolor, gouache, and charcoal, such as color moods, gestures, color relationships, compositional light, and dark and inspirational exercises from artists of the past.

**Daily Class** 9:00 a.m. to 5:00 p.m. with a two hour lunch break

**Tuition** \$425 includes art supplies, five organic lunches, and snacks

\$325 tuition without food (bring your own)

Reserve a space now with a \$100 nonrefundable deposit.

**Location** Lovely westside forested setting in Portland, Oregon.

Some accommodations available.

**Info and Sign Up** Robin Lieberman: [robin@robinlieberman.net](mailto:robin@robinlieberman.net), 503-222-1192

Kathy Kremer: [KKremerDesigns@msn.com](mailto:KKremerDesigns@msn.com), 503-636-1977

Jennifer Thomson: [www.jenniferthomson.net](http://www.jenniferthomson.net)

**You are warmly invited**

**to a new exhibition at**

**The Art Hall at Cedarwood Waldorf School**

**Jennifer Thomson**

**Landscape Paintings**



**the ART  
HALL<sup>A</sup>  
CEDARWOOD  
WALDORF SCHOOL**

**Opening Reception**

Friday, September 16, 2016

5:00-7:30pm

**Artist Presentation**

6:00pm

“A Path of an Artist”

**Cedarwood Waldorf School**

**3030 SW Second Avenue**

**Portland, OR 97201**

Exhibit open to the public  
by appointment through  
October 14, 2016.

Please direct inquiries to  
[robin@robinlieberman.net](mailto:robin@robinlieberman.net)  
or 503-222-1192

**[thearthall.wordpress.com](http://thearthall.wordpress.com)**

Anthroposophical  
Prison Outreach Program

# Walk a Mile in my shoes

Walk-a-Thon  
September 23-25, 2016

As Michaelmas approaches with its mood of inner strengthening, our thoughts turn to the work of APO and the hundreds of individuals in prison who are studying anthroposophy and practicing spiritual exercises in their restrictive and chaotic environment. Once again we ask for your help in supporting our 4th annual walk-a-thon, **Walk a Mile in my Shoes**, over the weekend of **September 23-25, 2016**.

We recognize that those we serve in prison are spread around the country, and our supporters are around the world. Therefore, our walk-a-thon doesn't have a set location, course, or distance to walk. It is a unique 'walk where you are' walk-a-thon: **create a route wherever you like, for however many courageous miles you choose**. You can walk alone or put together a group of friends and family and make an outing of it in a nature setting or park. You have the whole weekend of September 23<sup>rd</sup>-25<sup>th</sup> to meet your goal!

As you've experienced, a peaceful walk in nature is a time when we are able to reflect and gain a different perspective of our everyday life; prisoners are unfortunately removed from these healing forces of nature, walled up in cinderblock and concrete. They do, however, share our capacity for healing in our lives of soul through the wisdom of anthroposophy. You can accompany and support them on their inner journey by joining us in this walk-a-thon.

If you are able to volunteer as a walker and gather pledges for your walk, there are two easy options:

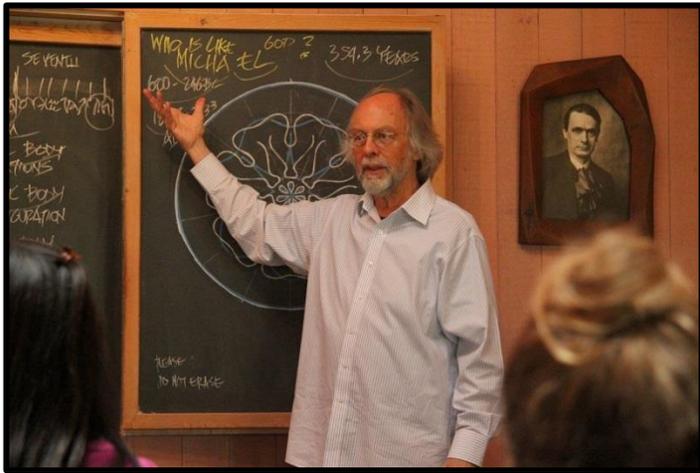
1. [Click here to download a Walker Registration Form](#) or just write the information in your email back to APO at [prisonoutreach@anthroposophy.org](mailto:prisonoutreach@anthroposophy.org). [Then download this Pledge Form](#) to use to gather pledges in person before your walk. In previous years, we have had 1 or 2 walkers designated in their *Group and Branch* that walked and others in the community helped with collecting pledges for the volunteer's walk. A beautiful picture of community!
2. Use our social fundraising option to reach possible sponsors through Facebook, email, or other social media. Each walker can customize their own unique page and share the link to easily collect donations. [Click on this link for more information](#) and to set up your page. Click on "become a fundraiser" in the top right corner of the screen to register as a walker and create your personal campaign page to share with friends and family.

If you're unable to walk and gather pledges yourself, we hope you'll consider sponsoring someone else in your group or branch who is walking, or perhaps one of the first few of many registered walkers below.

Deb Abrahams-Dematte	5 miles
Eileen Bristol	5 miles
Fred Janney	3 miles
Dorothea Mier	10 miles
Kathy Serafin	15 miles
Grace Worth	5 miles
Nathaniel Williams	10 miles

**Learn more and donate directly to the campaign or to these and other registered walkers by visiting**

[www.anthroposophy.org/apowalkathon](http://www.anthroposophy.org/apowalkathon). The Anthroposophical Prison Outreach program is part of the Anthroposophical Society in America, a 501(c)(3) non-profit organization. Contributions are tax deductible as allowed by law. Thank you for your consideration and interest. Please be in touch with Kathy at [kathys@anthroposophy.org](mailto:kathys@anthroposophy.org) or 734-662-9355 if you have any questions or need more information. In deep gratitude, we thank you for your on-going support! Together we make a difference. Sincerely, Kathy Serafin, Fred Janney, Eileen Bristol, and Grace Worth.



## About Brian Gray

Brian Gray teaches, lectures, and writes on topics drawn from the Anthroposophy developed by Rudolf Steiner. Brian loves to share research from the realms of Star Wisdom, Biography, Cosmology, Waldorf Education, Sacred Architecture, and Esoteric Christianity. Family life, music, art, architecture, astrology/astrosophy, community-building, and spiritual interests stimulate his research. Brian has been core faculty at Rudolf Steiner College in Fair Oaks, California for 35 years, from 1981-2016. He also served as RSC's Director of the Foundation Program from 1991-1998, and again from 2006-2015. Brian has helped lead tours through Europe, Egypt, and the Holy Land, exploring sacred architecture, sacred sites, and Parzival's quest for the Holy Grail. Brian earned a B.A. in Architecture from the Georgia Institute of Technology in 1967 and an M.L.Arch. (Landscape Architecture) from the University of Pennsylvania in 1972. Inspired in 1979 by René Querido – one of his master teachers at RSC – Brian completed a certificate in Waldorf Teacher Education in 1981. He states, "It is a blessing to be able to do the things that I love, and to share many interests with my brothers and sisters through our work together at Rudolf Steiner College." Brian is a founder and the board president of Wise Cosmos Educational Initiative.

## Becoming Human in the 21<sup>st</sup> Century: Three Intensive Studies in Anthroposophy with Brian Gray Eurythmy with Alice Stamm

September 9-18, 2016

What does it mean to become truly Human? Are we not already human beings...? Join us for in-depth study of themes essential to our becoming Human. These three interweaving study sessions (weekends, daytime, and evenings) are designed to "fit together" and provide you with rich experiences.

Participate fully in all three sessions at the discounted price of \$450 or attend those portions that best fit your schedule.

- \* Rudolf Steiner's essential book, *Theosophy*
- \* Star Wisdom, Birth Charts, Life Cycles and Biography
- \* *The Apocalypse of St. John* in Our Time

Register online through the [Rudolf Steiner College Website](http://www.rudolfsteinercollege.edu) and see more information for September as well as the October and December intensives.

Note that most of the courses being offered cover topics that Brian has *never before* presented in a full-length class. Also note that all the courses covering topics Brian *has* covered before will include *new material* never before presented.

In partnership with Wise Cosmos Educational Initiative



**Wise Cosmos**

[wisecosmos.com](http://wisecosmos.com)

**October 7-16, Parzival's Quest for the Grail: Three Intensive Studies in Anthroposophy with Brian Gray Eurythmy with Alice Stamm** • Rudolf Steiner's book, *How to Know Higher Worlds* • Wolfram von Eschenbach's *Parzival* and the Zodiac • Parzival's Role in the Four Pairs of Sun Mysteries  
**December 2-11, Esoteric Christianity: Three Intensive Studies in Anthroposophy with Brian Gray Eurythmy with Alice Stamm** • Rudolf Steiner's book, *Christianity as Mystical Fact* • Esoteric Christianity and Human Evolution • *The Gospel of St. John*, the Logos and Sophia

## Eurythmy Foundation Course 2016/2017

**Come and experience the wonder and beauty in the movements of Eurythmy!**

"Eurythmy takes its start with Goethe's view that all art is the revelation of concealed laws of nature, which, without such revelation, would remain concealed".  
(Rudolf Steiner in an introductory lecture to Eurythmy).

**Eurythmy is an art that teaches us balance between the world and our inner self.  
We create a dialogue with world and self, community and individuality.  
You will feel rejuvenated through this lively and supportive way of moving together!**

This class is for those who have done Eurythmy for some time as well as for those new to it; for those who want to deepen their experience and dive into the eurythmical movements more intensively; session will consist of both Tone and Speech Eurythmy; we will explore and deepen the basic elements of Eurythmy as well as entering into an artistic process together of expressing poetry and music through the wonderfully enlivening and meaningful movements of Eurythmy.

Where: Portland Waldorf School, Eurythmy Room

When: Tuesdays 6:00 to 7:30pm (September - April)  
One weekend a month, Fridays 6:00 to 7:30pm;  
Saturdays 10:30 to Noon, 1:00 to 2:30pm  
(9/23&24, 10/14&15, 11/11&12, 12/16&17, 1/20&21, 2/17&18, 4/7&8)

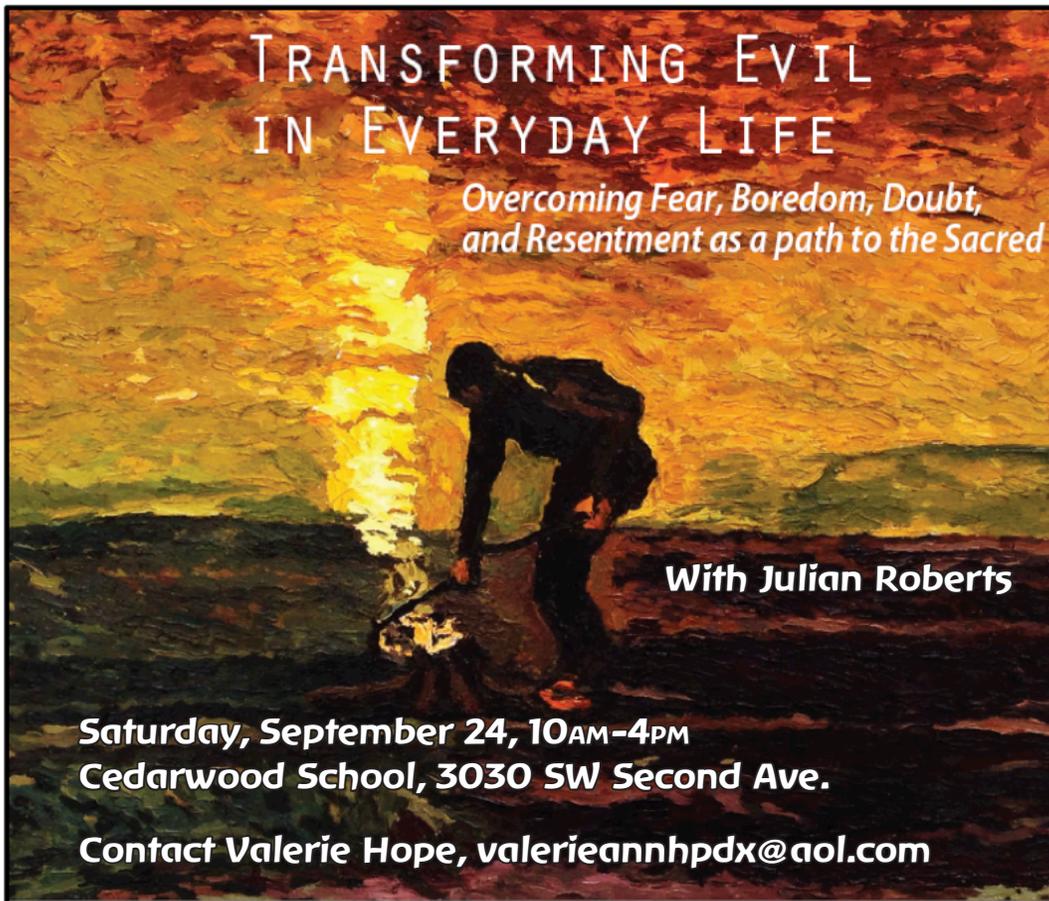
Cost: \$20.- per session; Tuesdays only \$80.-; weekend \$50.-; all classes \$120.- (to be paid per month; sliding scale available upon request)



Instructor: Jolanda Frischknecht, Eurythmy teacher at the Micha-el School and Micha-el Institute, member of Portland Eurythmy

Sign up: jolandafrischknecht@hotmail.com , or 503 896 3345

Sponsored by the MICHA - EL INSTITUTE [www.micha-elinstitute.com](http://www.micha-elinstitute.com)



- **Where is true meaning in everyday life?**
- **How can I experience the spirit while carrying out my daily responsibilities?**
- **How do I survive the nine to five job?**

**T**his course will explore these questions and the challenges normal life poses to inner development. Julian will share practices for transforming the evil in everyday life into pathways for experiencing the sacred. He will take a hands-on approach, and participants will use their own experience as a basis for learning.



**PRESENTER JULIAN ROBERTS** is a '97 graduate of the Sacramento Waldorf School. He holds a BA in philosophy from UC Berkeley and an MPH/MBA from Johns Hopkins School of Public Health. He has worked as a consultant in the non-profit sector and currently has a full time job in the public sector. In his early 20's he was mentored by Friedmann Schwarzkopf and Orland Bishop and currently studies Rudolf Steiner. He has participated in the Lakota Vision Quest ceremony and has an active meditative life. He has a deep interest in how the inner life can redeem and change everyday experience.

- Contact Valerie Hope at [valerieannhpdx@aol.com](mailto:valerieannhpdx@aol.com), 503-775-0778
- Free to paid members of the Portland Branch
- \$7 teachers • \$15 non-members • \$12 lunch
- See registration form

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**Sponsored by the Portland Branch of the Anthroposophical Society**

# Transforming Evil in Everyday Life

Overcoming Fear, Boredom, Doubt, and Resentment  
as a path to the Sacred

With

**Julian Roberts**

**Saturday, September 24, 2016**

**10 am – 4 pm**

**Cedarwood School**

**3030 SW Second Ave**

## Registration

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_ Telephone \_\_\_\_\_

Cost:	Number of attendees	\$ Amount
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\$15 general.....	_____	_____
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\$7 teacher.....	_____	_____
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Free for paid members of the Portland Branch.....	_____	_____
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Lunch (sandwich buffet) \$12	Number of lunches _____	_____
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(We recommend that if you don't sign up for a lunch, you instead bring your lunch so that we can stay together at this social time.)

Total payment \$ \_\_\_\_\_

Please make out your check to *Portland Branch* and mail with this form to:  
Valerie Hope, 2606 SE 58<sup>th</sup> Ave., Portland, Or. 97206  
[valerieannhpx@aol.com](mailto:valerieannhpx@aol.com) 503-775-0778