



Anthroposophical Society PORTLAND BRANCH

Newsletter

September 2017

Reflections on the Michael Thought in its True Aspect – The Regeneration of the Michael Festival.

In his Christmas letter to the members that forms part of the Michael Mystery, Rudolf Steiner in 1924 emphasized in a single marvelously compressed paragraph the task of man especially in the middle period of the age of the consciousness soul in which we are now living.

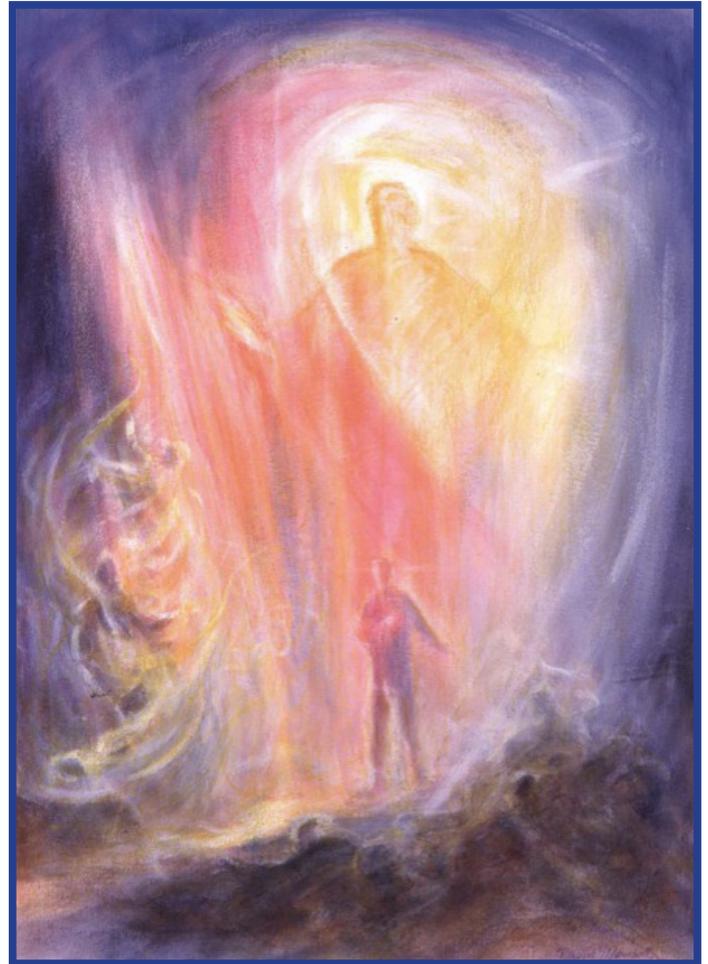
“In its essential nature the Spiritual Soul (Consciousness Soul) is not cold. It seems to be so only at the commencement of its unfolding, because at that stage it can

“Festivals are not merely the commemoration of historical events or personalities. They are in and of themselves, each year, spiritual events carrying a significance that grows and deepens with the developing phases of human evolution.”

~Rudolf Steiner

only reveal the light-element in its nature, and not as yet the cosmic warmth in which it has indeed its origin.”

This cosmic warmth must now be breathed out by men into their observing of the external world. Not only must we understand the world objectively after the manner of the scientist, but we must enter into this understanding with our life of feeling, and thus wrest the world from Ahriman's clutches, filling it with the Christ forces working from within ourselves. In this short cycle, as also in the two public lectures (Supersensible Knowledge as a Demand of the Age, and Anthroposophy and the Ethical-Religious Conduct of Life) Steiner describes just how it is possible to enter into the external world with love, endowing it with soul-warmth, in the process learning



also to celebrate a new kind of autumn festival in which Michael can truly participate. ~Stewart C. Easton, Excerpted Intro. to the lecture Series Michaelmas and the Soul-Forces of Man, Anthroposophy and the Human Gemut.

Dear Friends, it would be helpful if you are able to read these wonderful lectures in preparation for our September Michaelmas observance on the afternoon of September 30 at Bothmer Hall. They can be found at Rudolf Steiner Archive, link below:

http://wn.rsarchive.org/Lectures/GA223/English/AP1946/MiSoul_index.ht



Hosting the Sun Party

by Anya Thacker

As my aunt nicely described, “people from all over with diverse backgrounds, came together regardless of their political or religious views, and could experience this phenomenon for free”—an experience of the sun that we all share.

When I first asked my parents to host the solar eclipse event, my dad’s response to the possible 100 attendees, was no!-? Now 3 days later, the last guests are leaving and I ask him about his experience. He remarks how glad he was to have met so many interesting individuals.

As the great event grew nearer in August, a new contract from the bus company with revised conditions resulted in our cancelling the bus coming from PWS, and

instead 35 folks carpooled to our farm to camp out the night before the eclipse.

Our family prepared by mowing pastures, building an outhouse and organizing a water station and camping areas for the group who began arriving late in the afternoon of Sunday the 20th.



Soon, our honored guest, Oliver Conradt and son arrived, escorted by conference organizer Walter Rice and his grandchildren. Right after came star-lore historian Mary Stewart Adams and her daughter, escorted by conference organizer Valerie Hope and her husband Mark.

As the co-host of the event, I came to see this arrangement as an agreement made before coming to earth, for the location was just right, and it was our great honor to receive Oliver.

Oliver Conradt, head of the Math & Astronomy section at the Goetheanum, had been my main teacher in my 2nd and 3rd year studies in the English program at the Goetheanum, as well as my class’s astronomy and math teacher. It was thanks to his awe inspiring classes that one summer, visiting at home from the Goetheanum, I took my star chart and set out with a flashlight to map out the night sky. This was a profound experience that created my first fundamental relationship with the stars, and I prayed to get to know them better.

Oliver visiting our family farm was an answer to that prayer. Oliver introduced me to astronomy and taught me deep insights into Anthroposophy, which bridged my soul’s yearning to know the spirit world. I am indebted to him and to Virginia Sease for their very caring and profound teachings.

The evening before the eclipse I walked around the property after dusk and saw tents aglow, a group by the

The Portland Branch of the Anthroposophical Society Invites you to Save The Dates!

See the attached calendar & fliers for more info. and more events

9/11 Anthroposophy Today: A National and International Perspective with Joan Sleigh and John Bloom

9/30 Michaelmas Observance

10/27-28 Thomas Meyer

11/2 All Souls Observance

12/ 1, 8, 15 Making Space for Christmas, with Dr. John Takacs

bonfire with s'mores, and a group of chairs in the dark, being led by Mary in discovering the Northern Cross Swan's outstretched wings.

The next morning at 5a.m. a group met in the field to view Venus brightly rising against the periwinkle sky, with Orion stretched out to the south. Later, at 8a.m., we gathered again in the neighbor's open field for eurythmy vowels and then planetary movements, led by James Knight. He nicely reminded us that our feet all touched the earth, but our heads were each individually connected to a star, as we gathered there in a circle with arms outstretched to view the sun.

At 9 o'clock, we took out our viewing glasses on a very clear, sunny day outside of Monmouth, almost exactly on the midline of the eclipse totality. As that hour passed, we stood and sat together, with cushions, chairs, a telescope and dogs, chatting and excitedly finding Venus again in the daytime sky when it is not otherwise seen at that time. It was more Southward, and we watched as slowly the lighting dimmed and the trees took on shadows. The bright morning sunlight transformed to a midafternoon lull and then hues of evening came over the landscape.

Harald Hoven, BD gardener extraordinaire from Rudolf Steiner College, exclaimed just how different this experience was, as we watched the lighting on the field and forest turn to shadows, despite the partial bright shine of the sun still upon us.

As soon as dusk fell upon the land, we were encapsulated within the line-up of the sun, moon and earth, and the total eclipse was on!

I recall a deep blue sky and a flare of sunlight, surrounding a large, dark center. For those who saw it, the



image is likely to still be present in the mind's eye. With the deep space all around such a brilliant ball of flare and such darkness in the center, it appeared as an eye, witnessing, our witnessing. There we stood, eye to eye, with the cosmos.

In two minutes time, the moon moved passed, and we watched as daylight reappeared, releasing our gaze, and people began to connect and reconnect, having just shared a great experience.



Who are we and why is it that we came together here for this cosmic event? As I feel that this meeting was agreed upon a time before, time will tell the importance and implications of the meetings we had on the weekend of the Great American Solar Eclipse of 2017.



Eclipse Epilogue from Mary Stewart Adams

Paulina (my daughter) and I are back at the airport, hoping for sleep to visit us on the near cross-continental plane ride (how eclipsing of us!), and to grace us with dreams of the magic wonder we just experienced.

I am so deeply grateful to the Portland community for inviting us to join you in this event, for the rolling land that held us, the song, and joy, and stars and lectures,



Calendar of the Soul

22. Twenty-second Week (Sept. 1 - 7)

The light from Space
Lives strongly on within.
It becomes Light of the Soul
And shines into the Spirit Depths,
Bringing to maturity
The human self from cosmic self
In the course of time.

23. Twenty-third Week (Sept. 8 - 14)

Autumn time softens
The senses' lust for stimuli;
The revelations of the Light are mixed
With slow veils of mist.
I can see around me
The winter's sleep in autumn.
Summer has resigned itself
To me.

24. Twenty-fourth Week (Sept. 15 - 21)

In the steady genesis of self
The soul starts to perceive itself;
The spirit of the world evolves
Renewed by this self knowledge
Creating from the shadows of the soul
The child of will, the sense of self.

25. Twenty-fifth Week (Sept. 22 - 28)

I may now own my Self
And radiate and spread my light
In Space and Time so dark.
The natural Being seeks to sleep,
The depths of soul shall wakeful be
And wakeful, bring the sun's warm glow
To frigid tides of winter.

26. St. Michael's Ambiance

Mother Nature, thou who art!
In my will I bear thee;
And my fire-strength of will,
It firms my Spirit forces
That they then birth my Sentient Self
To hold and carry me within.

Calendar translation by Stefan Schwabe

the eurythmy, the friendships, the roses! Thanks, James (Knight), for turning the chocolate into a communion, and Anna for your prowess with tent poles! Glenda for grace, Walter for giggles and so very much more! I will be marveling over this for a long time, knowing that no matter how much we try, we can never fully prepare for such an experience. Still, through our shared striving it was as though we fashioned a mighty memory lens that will color and form the view through time back to those precious moments that can only happen when moon and sun align in us.

I look forward to seeing everyone's photos! And to seeing you on my birthday for the 2024 eclipse! ~Mary

Cedarwood Waldorf School is Hiring Event Support Contractors

Cedarwood Waldorf School is hiring event support contractors to manage events hosted at Cedarwood and care for the needs of attendees during conferences/events. They would ideally like to have one or more people who are familiar with Anthroposophy. The ideal candidates are reliable, resourceful, and able to provide excellent customer service. Candidates must be comfortable and proficient at problem solving independently. The contract hours are evenings and weekends, and vary based on the event schedule. You can see the job description with details about specific duties at the following link, and applicants can apply online. www.cedarwoodschool.org/about/employment-opportunities The contact person is Jen Martin: jenm@cedarwoodschool.org



Some Inspiration from the Filderklinik

Dr. Robert Kellum

Many of us who practice anthroposophic medicine here in North America often feel like we are doing it on our own, out on the spiritual fringe of our largely materialist culture. My recent experience at the Filderklinik (near Stuttgart, Germany), the model it provides both for teaching and the practice of medicine, was deeply moving for me, and really an inspiration for all of us to move forward in bringing Anthroposophic medicine more deeply home.

When you visit this hospital you see little in the way of the glass and steel furnishings of typical clinical settings, as wood is used for beds and cabinets as much as possible. The hospital itself is nestled within the beauty of nature, with landscaped gardens about, all viewable from patients' rooms, most of which have balconies. In



the obstetrics department, softly painted rooms look out from large glass sliding doors to garden settings. A large cafeteria serves healthy choices, including always a vegetarian entrée, and the uniquely Anthroposophic architecture of the buildings and rooms make the hospital a very special place. There is a large room equipped for all kinds of art therapy, and two rooms with a wealth of different instruments for music therapy, including pentatonic bells and singing bowls. There is a large space provided for various physiotherapies such as rhythmical massage

and oil dispersion baths, as well as for the making of topical applications. Space is provided for both local and systemic hyperthermia for cancer patients, as well as for IV mistletoe. More spaces are available for eurythmy and other movement therapies, as well as for speech and social therapies.

Supporting all this, a large team of therapists on staff work interchangeably with the doctors in a cooperative setting. Anthroposophic remedies and therapies are used with every patient. In the pediatrics department, the hallways are one continuous Lazure painting. There is even a school onsite so that children staying for long time periods (such as in their program for anorexia and other eating disorders) do not have to miss their education. A large auditorium and stage serve for lectures as well as musical and dramatic performances. By reorienting the chairs, attendees face an altar for Christian Community services. There are many individual classrooms, includ-



ing the "Novalis Room" where First Class meetings are held. On the ground floor, two rooms are joined by a room with a beautiful sculpture depicting life as a moment in cosmic time, where the deceased may lie in state on dry ice for three days, with family and friends able to be in attendance.

I feel privileged to have been among the small group of doctors from the United States who had the good fortune to take part in the first of three month-long clinical training modules in anthroposophic medicine at the Filderklinik (to be held each spring of 2017-2019), given this past May-June, and given, for the first time, in English. Forty six health professionals, mostly doctors (including naturopaths and chiropractors), participated in the training, coming from over 15 different countries around the world: Armenia, Australia, Brazil, Canada, Chile, Colombia, England, Iran, Mexico, New Zealand, South Africa, Taiwan, Thailand, various parts of Russia and the Ukraine, as well as the United States.

The Filderklinik is one of three major anthropo-

sophic hospitals in Germany, with medical services that include Internal Medicine, Psychosomatic Medicine for adults, adolescents and families, Surgery, Gynecology and Obstetrics (with about 2,000 births a year), Anesthesia, Intensive Care, Radiology and Pediatrics, as well as a large outpatient and emergency department. Enhancing modern conventional medicine with Anthroposophic and integrative medicine, this facility caters to the general medical problems of the surrounding population as well as special problems of patients from around the world.

The training itself was unique, in that, while there were many excellent well known guest lecturers and therapists in attendance as teachers, it was also quite common for the organizers (Drs. David Martin and Armin Husemann), to regularly pull patients off the wards and bring them forward for all the doctors to interact with firsthand, and then to brainstorm together about how to help. This was a novel first time experiment, which not only provided an excellent teaching model, but for which patients were clearly appreciative. In the sharing circle we held at the end of this year's training, every doctor in attendance was deeply moved by the experience. Many initiatives around the world are being spurred by this work. We sorely need to develop such an initiative further here in North America as well.

Dr. Robert Kellum is a board-licensed Naturopathic physician, and practitioner of Classical Chinese Medicine (graduated magna cum laude with honors in the dual degree six year program at NUNM in 2004), a licensed body worker for over 25 years, and holds advanced degrees/training in sociology, anthropology and psychology. As a board-certified IPMT Graduate of Anthroposophic Medicine, with other interested colleagues, Bob spearheaded the development in 2012 of the Society for Physicians of Anthroposophic Naturopathy (SPAN). Part of an umbrella group of practitioners within the Anthroposophic Association of Medical Therapies in America (AAMTA), SPAN offers a 5 year certification program for Naturopaths to take training in Anthroposophic Naturopathy.

He currently sees patients and preceptors students in Portland, Oregon. For more information, you can contact Bob directly at healthbridge@integra.net. For more on SPAN, visit: <https://span.wildapricot.org>, & <http://www.aamta.org>.

A FILDERSTADT SUNSET

A BLOOD RED YOLK
CRACKS ONTO EARTH,
SURRENDERING
ITS INNER LIGHT,
DYING ACROSS
A PATCH GREEN SEA,
IN WAVES OF FIELDS
TO BIRTH THE NIGHT.

THERE, ON A POLAR
COSMIC SHORE,
A WAXING MOON
OF HAUNTING WHITE,
SWELLS GIBBOUS
AS A PREGNANT SPORE,
AS TENUOUS
AS CANDLE LIGHT.

HERE COMPRISES
THE DANCE OF LIFE,
THE FRAGILE CORD,
THE GASPING BREATH,
THAT LEAPS ACROSS
THE COSMIC FJORD,
OVER THE THRESHOLD
THAT CONQUERS DEATH.

A LIFE'S FADING
SEA OF GREEN
WANES TO A DEEP
ETERNAL BLUE,
IT CARRIES A BEAM
FROM LIFE UNSEEN,
AND THE YELLOW HOPE
OF BIRTH ANEW.

JUNE 2, 2017
ROBERT KELLUM

The Portland Branch Newsletter is published monthly to serve Branch members and friends. To learn more about the Portland Branch of the Anthroposophical Society, contact Diane Rumage at 971-271-7479.

To submit an article or a calendar item, email it both to Valerie Hope, valerieannhpdx@aol.com and Wes Burch, truelion@comcast.net. The deadline for submissions is the 15th of the previous month. Items selected for publication may be edited for style, content and length.

To sign up for our email list, or to contact the Branch Council, go to <http://www.portlandbranch.org/contact>

The newsletter and calendar are posted on the Branch website, www.portlandanthroposophy.org. Paper copies are available at the Pohala and Healthbridge Clinics; and the Cedarwood, Michael & Portland Waldorf Schools, and Swallowtail School.

Newsletter co-editors are Wes Burch & Valerie Hope; Seth Miller is our webmaster; and Ruth Klein is our treasurer; Christopher Guilfoil is our design and layout artist.

The Portland Branch thanks the following Members & Friends for their Dues and Generous Donations in 2017:

Cyndia Ashkar, Christine Badura, Sandra Burch, Wes Burch, Julie Foster, Christopher Guilfoil, Helen Homola, Valerie Hope, Lauren Johnson, Tish Johnson, Bob Kellum, Donna Kellum, Ruth Klein, Tom Klein, James Knight, Anne Kollender, Vicki Lai, Robin Lieberman, Judith Levin, Martin Levin, Lisa Masterson, Brian McClure, Willi Muller, Jeff Rice, Diane Rumage, Jerry Soloway, Rebecca Soloway, William Surface, Linda Sussman, Joan Takacs, John Takacs, Chiaki Uchiyama, Beth Wieting, Brian Wickert

We will gratefully receive your Branch membership dues (\$50 or what you can afford).

Send to: The Portland Branch c/o Ruth Klein, 3609 SE Center, Portland, OR 97202

We would like to gratefully acknowledge the following who generously provide spaces for our many activities: Dr. Joan and John Takacs for their long-standing donation of Bothmer Hall; the Portland Waldorf School; and the Cedarwood School.



Springing from Powers of the Sun,
Radiant Spirit-powers, blessing all Worlds!
For Michael's garment of rays
Ye are predestined by Thought Divine.

He, the Christ-messenger, revealeth in you –
Bearing mankind aloft– the sacred Will of Worlds.
Ye, the radiant Beings of Aether-Worlds,
Bear the Christ-Word to Man.

Thus shall the Heralds of Christ appear
To the thirstily waiting souls,
To whom your Word of Light shines forth
In cosmic age of Spirit-Man.

Ye, the disciples of Spirit-Knowledge,
Take Michael's Wisdom beckoning,
Take the Word of Love of the Will of Worlds
Into your soul's aspiring, actively!

From Rudolf Steiner's "Last Address"
Dornach, Michaelmas Eve, 1924

Work-Study Opportunities for Thomas Meyer Lectures in Portland

We need a housing coordinator and several people for set-up and take-down and clean-up for four Thomas Meyer lectures October 27th, 28th, and 29th. These activities come with scholarships to the lectures. Please contact James Lee at: anthroposophynow@comcast.net to express your interest.

Several community members have asked that we publish the fact that in 2001, Thomas Meyer turned in his membership cards for both the Anthroposophical Society and the First Class of the School of Spiritual Science.

Portland Branch Calendar September, 2017

First Class of the School of Spiritual Science

Sunday, September 10 • Lesson 17 (no admittance after the class starts) • Bothmer Hall, 5915 SE Division St, Portland, 97206
Blue card required. • Lessons normally held second Sunday of each month • Contact Diane Ramage at 971-271-7479; Cheri Munske at 503-484-4133; or Rebecca Soloway, 516-850-1027.

Portland Branch Council Meeting

Monday, September 11, 7 pm • 2606 SE 58th Ave. • Contact Valerie Hope, 503-775-0778; valerieannhpx@aol.com
All Branch members are welcome to attend, and/or call us with agenda items, proposals, suggestions, or to observe.
Meetings are on the second Monday of each month.

Anthroposophy Today: a National and International Perspective with Joan Sleigh and John Bloom

Monday September 11, 7:45 pm • Bothmer Hall, 5915 SE Division St, Portland, 97206 • contact Valerie Hope
valerieannhpx@aol.com

This conversation with Joan and John will focus on the present and future of anthroposophy, and the life of the society. They will share some national and international perspectives about what is happening in the movement, and then open up the conversation. They are interested in learning from participants, hearing what is on hearts and minds as we navigate the early twenty-first century. How might today's issues inform research into a more human future? We look forward to lively and informative time together. See flier in the September newsletter.

Behind the Veil: the mystery, beauty and joy of the elementals with Jacqueline Freeman

Thursday, September 14, 7:15 pm • The Art Hall at Cedarwood Waldorf School, 3030 SW 2nd Ave., Portland • For more information contact Robin Lieberman 503-222-1192 robin@robinlieberman.net

Come meet renowned biodynamic farmer, storyteller and author, Jacqueline Freeman, who lives in service to the bees.

Love as Preparation for Michaelmas with Rev. Craig Wiggins

September 22-25 • All events at Bothmer Hall, 5919 SE Division St. unless otherwise noted • Donation: \$10/talk or what you can afford.

Friday September 22, 7:30pm, *The Fire of Love, Creative of Being: Eros, Fila and Agape*

Saturday September 23, 9:00am *The Act of Consecration of Man*. 10:30am Gospel Study: 1Corinthians Chapter 13, 1:30pm The Human Soul's Capacity for Love - Sing Michaelmas songs and study of part of a lecture by Steiner from "The Threshold of the Spiritual World"

Sunday September 24, 9:15 *Story and Singing (grades 1-8)*, 10:00 *Children's Service (grades 1-8)*, 10:30 *The Act of Consecration*.
See our blog for details and other events - <http://ccoregon.blogspot.com>

Michaelmas Observance

Saturday, September 30, 3-5 pm • Bothmer Hall • Contact Valerie Hope, 503-775-0778; valerieannhpx@aol.com

As we continue in our quest to penetrate the nature of the Michael Festival upon which Rudolf Steiner laid such emphasis, we will come together to read and converse about a lecture on 'gemut' in relation to Michaelmas. "In its essential nature the Spiritual Soul (Consciousness Soul) is not cold. It seems to be so only at the commencement of its unfolding, because at that stage it can only reveal the light-element in its nature, and not as yet the cosmic warmth in which it has indeed its origin." -Rudolf Steiner See flier in September newsletter.

Meditations on the Platonic Solids: An exhibit of geometric sculptures by Martin Levin, Ph.D.

October 6-24. Opening reception Friday evening, October 6 • At the art gallery of the Multnomah Art Center, 7688 SW Capital Hwy, Portland

Thomas Meyer, Three Lectures in Portland

Friday October 27, Saturday October 28 • Cedarwood Waldorf School, 3030 SW 2nd Ave., Portland 97201 • Contact James Lee, anthroposophynow@comcast.net for more information and to ask about work-study openings.

Friday, 7:30-9:30 pm, \$20 branch members, \$25 nonmembers • *The Mexican Mysteries and the Mystery of Golgotha*: This lecture will delve into a deeply esoteric mystery linking the Mystery of Golgotha and the simultaneous, parallel crucifixion of an "initiated black magician" in Mexico, as revealed by Rudolf Steiner in *Inner Impulses of Evolution: The Mexican Mysteries and the Knights Templar* (CW171). Comprehending this event in the light of Steiner's Law of Polarity and its relationship to the Earth's nine subterranean spheres is

critical to understanding modern times where new forces are entering human evolution from both sides of the two thresholds: the threshold to spiritual worlds and the threshold to the subterranean worlds.

Saturday, Lecture 1, 3:30-5:00 pm • dinner break • Lecture 2 , 7:30-9:30 pm • \$40 for Branch members, \$50 non-members, or \$30 each. *The Subterranean Spheres in the World and in the Human Being* : Rudolf Steiner gave only five lectures directly about the subterranean spheres, four of them in 1906, and one in 1909. He never returned to the topic again with specificity. However, his very last writing, Leading Thought of March 30, 1925 was titled "From Nature to Sub-Nature" and addressed the need to make such forces fully conscious. He warned "He [the human being] can only do this if he rises in spiritual knowledge as least as far into Super-Nature as he has descended in the technical sciences in to Sub-Nature." The nine levels of the spiritual world have their polar reflection in the nine layers of the subterranean world. Awareness of these complimentary but opposing spheres is found in literature (Dante), mythology and legend. The degree to which modern humanity is influenced by these unconscious and semi-conscious forces and the necessity of becoming fully conscious of these chthonic energies in order to achieve a balanced progress in one's moral/spiritual development will be presented in the light of Spiritual Science. Sponsored by the Portland Branch. See flier in the September newsletter.

The Meditative Path of the Michael School as interpreted by Thomas Meyer

Sunday, October 29, 9:30-11:00 am • Cedarwood Waldorf School, 3030 SW 2nd Ave., Portland • \$20 • For more information contact James Lee anthroposophynow@comcast.net.

A translation of Rudolf Steiner's esoteric "First Class Lessons" with related personal research by Thomas Meyer was published in English by SteinerBooks at the end of 2016. What may be described as the meditative path of the Michael School has been made available to the public. Thomas Meyer, editor of the publication, will discuss what he feels are the four phases of the Michael school. Privately sponsored by local Anthroposophic community members. See flier in the September newsletter.

All Souls Observance

Monday, November 2 • Bothmer Hall • Contact Valerie Hope, 503-775-0778; valerieannhpx@aol.com

Treating Soul-Imbalances Without Drugs with Beatrice Birch

Thursday, November 16, 7-9 pm • Home of Jannebeth and James in NE Portland • Free, donations to Inner Fire will be accepted • RSVP to Jannebeth Röell at jannebeth@comcast.net

Beatrice Birch is the Founder and Director of Inner-Fire, and a Hauschka Artistic Therapist. Inner Fire grew out of her personal and professional experience. She has extensive background in working with striving individuals who are wrestling with various soul challenges, from cancer to "mental" health issues, and wish to be proactive in their healing process. Flier in September newsletter.

Making Space for Christmas, led by Dr. John Takacs

Fridays December 1, 8, 15, 6-7:30 pm, promptness appreciated • Bothmer Hall, 5915 SE Division St., Portland 97206 • Free Admission, all welcome • Wear clothes you can move in • Disabilities and infirmities accommodated • Each session will build on the previous one

We will use movement to explore and enliven the inner and outer spaces, enhancing awareness and ability for the spirit of the Christmas season.

Ongoing Local Activities and Study Groups

First Class of the School of Spiritual Science • Second Sunday of the Month

9:30 am sharp (no admittance after the class starts) • Bothmer Hall, 5919 SE Division St, Portland, 97206 • Blue card required. Contact Diane Ramage at 971-271-7479, Cheri Munske at 503 772-2632, or Rebecca Soloway (516) 850-1027

First Class Study • Second Thursday of the Month

The First Class of the Michael School and its Christological Foundations by S. Prokofieff • For Members of the School of Spiritual Science 7:30-9:00 pm • Contact Rebecca Soloway, jrsoloway@hotmail.com or 516-850-1027

Council Meetings of the Portland Branch • Second Monday of the month

7-9 pm • 2606 SE 58th Ave., Portland • Contact Valerie Hope, (503) 775-0778, valerieannhpx@aol.com

All Branch members are welcome to attend, and/or to call us with agenda items, proposals, suggestions, or to observe.

An Outline of Esoteric Science Study Group • First Monday of the Month

7:45-9pm • Bothmer Hall, 5919 SE Division St., Portland 97206 • Contact Jerry Soloway 503-908-7615 or jrsoloway@hotmail.com
Please join us in lively discussions centered on Rudolf Steiner's *An Outline of Esoteric Science*.

Eurythmy Foundation Course with Jolanda Frischknecht • Tuesdays & One Weekend/ Month Tuesdays 6-7:30 pm, One weekend/month Friday 6-7:30, Saturday 10:30-2:30 with lunch break • Takes place in Bothmer Hall, 5919 SE Division St., Portland 97206 • \$20/session; Tuesdays Only \$80; weekend \$50; all classes \$120 • Contact Jolanda, jolandamf44@gmail.com, or 503-896-3345 • This class is for those who have done Eurythmy for some time as well as for those new to it; for those who want to deepen their experience and dive into the eurythmical movements more intensively; session will consist of both Tone and Speech Eurythmy; we will explore and deepen the basic elements of Eurythmy as well as entering into an artistic process together of expressing poetry and music through the wonderfully enlivening and meaningful movements of Eurythmy.

Eurythmy for Waldorf Alumni: Wednesdays

Study, 6:30-7:30 pm; Eurythmy; 7:30-8:30 pm • Eurythmy Room, Portland Waldorf School, 2300 Harrison St., Milwaukie • Contact Carrie Mass, Carrie.mass@portlandwaldorf.org If you've ever attended a Waldorf High School, this is for you!

Eurythmy, Portland Waldorf School Community: Wednesday Mornings

8:45-9:30 am, Eurythmy Room, Portland Waldorf School, 2300 Harrison St., Milwaukie • Free All are welcome. Contact: Carrie Mass, Carrie.mass@portlandwaldorf.org

Festivals Study Group: Friday Mornings

10:00 am-12:00 pm • 2606 SE 58th Ave, Portland • contact Suzanne Walker, 503-208-2426 zzwalker@mac.com
We are working with various of Dr. Steiner's lectures in an effort to better understand the festivals and how we may come to observe them. This is also greatly deepening our experience of the Calendar of the Soul and the cycle of the year.

Living Inner Development by Lisa Romero Friday Mornings beginning September 29

9:15 – 11:00 am • contact Patricia Lynch at patriciahomanlynch@gmail.com
Beginning with artistic work from the Calendar of the Soul, we will spend time painting and then working with *Living Inner Development*.

Light, Color and Darkness in Painting (Therapy) Working with Indications from Liane Collot d'Herbois; a study and painting group: Last Monday of the Month

10 am – 12 pm • Studio 901 at 1410 SW Morrison St. • Contact Robin Lieberman, 503-222-1192 or robin@robinlieberman.net or Cheri Munske 503-484-4133 • For artists working therapeutically out of Anthroposophy
Please join Robin Lieberman, MSW, painting therapist and Cheri Munske, art therapist, for study and painting. We will be working from Liane's book of the same title, exploring color each month.

Mystery Dramas of Rudolf Steiner and Speech Formation Exercises • Second and Fourth Wednesdays (holidays excluded)

7:30-9:00 pm • Free. Beginners are welcome –come check us out! • 8654 NE Boehmer St., Portland 97220 • Contact Diane Ramage by e-mail at drumage@comcast.net or by phone at 971-271-7479
We will work with play *The Soul's Awakening*, and Steiner's 1913 lecture series, *The Secrets of the Threshold*, which he gave after the performance of the play.

Portland Waldorf School Community Choir • Friday Mornings with David Edwards

9:00-10:15 am • Portland Waldorf School, 2300 SE Harrison St., Milwaukie, in the Orchard Room • Free will donations gladly accepted, all voices are welcome. Contact www.portlandwaldorf.org • pws_choir-subscribe@yahoogroups.com (503) 654-2200 • No practice during school breaks.

Temple Legend Study Group • First and third Tuesdays

7:30-9 pm • 3046 NE 33rd Ave. Contact Donna Patterson and Bob Kellum, 503-331-7393 • All are welcome

Waldorf Education and Teacher Training Lectures and Courses

Conducted throughout the year by the Micha-el Institute. Contact John Miles, 503-774-4946 johncmiles@usa.net

Waldorf Teacher Education Eugene

September-June • Eugene Waldorf School • Contact LeeAnn Ernandes @ Message phone: 541-686-9112 Preparing Waldorf teachers for their future vocation since 1990

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To learn more about the 4-DVD set and for instructions on how to order it, go to the "shop" portal on the Portland Branch website at www.PortlandAnthroposophy.org.

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Susan Schmitt, M.D.

Joan Takacs, D.O.

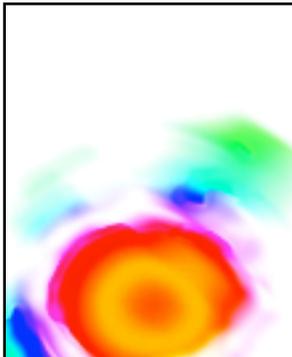
John Takacs, D.O.



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Anthroposophy Today: A National and International Perspective

A conversation with

**Joan Sleigh, Goetheanum Leadership, and
John Bloom, General Secretary for the U.S.**

Monday, September 11, 7:45 pm

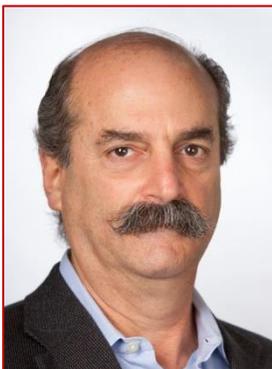
Bothmer Hall, 5915 SE División St



This conversation with Joan and John will focus on the present and future of anthroposophy, and the life of the society. They will share some national and international perspectives about what is happening in the movement, and then open up the conversation. They are interested in learning from participants, hearing what is on hearts and minds as we navigate the early twenty-first century. How might today's issues inform research into a more human future? We look forward to a lively and informative time together.



Joan Sleigh has been a member of the Executive Council at the Goetheanum since April 2013, and is co-responsible for the Anthroposophical studies in English. She was born and raised in Camphill, South Africa, moved to Germany in 1982, and was trained as a Waldorf Class Teacher in Witten-Annen. She returned to Cape Town in 1995, taught at Michael Oak Waldorf School until 2012, and lectured at the Center for Creative Education from 2006-2012. She is a member of the International Forum for Steiner Schools (Hague Circle), and has been coordinator of the Pedagogical Section in Cape Town since 2010.



John Bloom was appointed as General Secretary of the Anthroposophical Society in America in October 2016. He is Vice President, Organizational Culture at RSF Social Finance in San Francisco (www.rsfsocialfinance.org). As part of his work at RSF he has been developing and facilitating conversations and programs that address the intersection of money and spirit in personal and social transformation. He writes frequently for RSF's *Reimagine Money* blog and has fostered collaborative dialogues on the challenging social aspects money. As part of his work he has helped develop awareness of issues of land and biodynamic agriculture across the US. He has written two books, *The Genius of Money*, and *Inhabiting Interdependence*, both published by SteinerBooks. He lives in San Francisco.



Jacqueline Freeman

BEHIND THE VEIL

The Mystery, Beauty
and Joy of the Elementals



The Art Hall at Cedarwood Waldorf School

3030 SW 2nd Ave, Portland, OR 97201
thearthall.wordpress.com

September 14
November 9

Direct all inquires to Robin Lieberman at
503.222.1192, robin@robinlieberman.net



Opening Reception
September 14, 7:15
Artist's Talk at 7:30





Portland Branch Michaelmas Observance

Saturday, September 30, 2017
3-5 pm

Bothmer Hall, 5919 SE Division St.

With Eurythmist James Knight

Michael at the Side of Mankind *contrasted by* : Word acrobatics (lower left) and dissipation (lower right). ~ David Newbatt, from *Twelve Aspects of Michael*, available from Wynstones Press
Michael above in the light, gesturing from a distance and offering direction to the person who has sought his guidance. *Contrasted by*, on the left, the expression of *word acrobatics*, which leads to lack of focus on the truth and blurs the right direction, with on the right, *dissipation*, a dissolving of clarity. Both of these images are pictured as a temptation and as a threat to the integrity of the person on the path.

This is the fourth year in a row that we will have come together in this way in response to Rudolf Steiner's call: That we learn to celebrate a new kind of autumn festival in which Michael can truly participate.

Together we will read and ponder one of a series of lectures given around Michaelmas in Vienna in September, 1923. Stewart Easton notes in his introduction that, "At Michaelmas, 1923, for the last time in his earthly life Rudolf Steiner was able to celebrate fully a Michaelmas festival."

The lecture for this year, given on September 27, 1923, is **Man as Earth Citizen and Cosmic Citizen, Michael and the Dragon**. The title of the series of lectures is **Michaelmas and the Soul-Forces of Man**. They can be found at Steiner Archive, http://wn.rsarchive.org/Lectures/GA223/English/AP1946/MiSoul_index.ht

The translator introduces us to the much-needed quality of 'Gemüt', which is not easily translated: *The mind warmed by a loving heart and stimulated by the soul's imaginative power...the soul in a state of unconscious intuition arising from the working together of heart and mind*. According to Rudolf Steiner, *This human Gemüt dwells in the very center of the soul life*.

Pease rsvp to help us with preparations/materials, but do come if you find at the last minute that you can. Contact Valerie Hope, valerieannhpdx@aol.com



THOMAS MEYER LECTURES IN PORTLAND

SPONSORED BY THE PORTLAND BRANCH

Friday, October 27 and Saturday, October 28

THE MEXICAN MYSTERIES AND THE MYSTERY OF GOLGOTHA

Friday, October 27 from 7:30 PM – 9:30 PM \$20 for Branch members \$25 for non-members.

This lecture will delve into deeply esoteric mystery linking the Mystery of Golgotha and the simultaneous, parallel crucifixion of an “initiated black magician” in Mexico, as revealed by Rudolf Steiner in *Inner Impulses of Evolution: The Mexican Mysteries and the Knights Templar* (CW171). Comprehending this event in the light of Steiner’s Law of Polarity and its relationship to the Earth’s nine subterranean spheres is critical to understanding modern times where new forces are entering human evolution from both sides of the two thresholds: the threshold to spiritual worlds and the threshold to the subterranean worlds.

THE SUBTERRANEAN SPHERES IN THE WORLD AND IN THE HUMAN BEING,

a two-lecture series by Thomas Meyer on Saturday, October 28th. Lecture 1: 3:30 PM to 5:00 PM; dinner break; Lecture 2: 7:30 to 9:30 PM \$40 for the two-lecture series for Branch members, \$50 series for non-members or \$30 each.

Rudolf Steiner gave only five lectures directly about the subterranean spheres, four of them in 1906, and one in 1909 and never returned to the topic again with specificity. However, his very last writing, *Leading Thought of March 30, 1925* was titled “From Nature to Sub-Nature” and addressed the need to make such forces fully conscious. He warned “He [the human being] can only do this if he rises in spiritual knowledge as least as far into Super-Nature as he has descended in the technical sciences in to Sub-Nature.” The nine levels of the spiritual world have their polar reflection in the nine layers of the subterranean world. Awareness of these complimentary but opposing spheres is found in literature (Dante), mythology and legend. The degree to which modern humanity is influenced by these unconscious and semi-conscious forces and the necessity of becoming fully conscious of these chthonic energies in order to achieve a balanced progress in one’s moral/spiritual development will be presented in the light of Spiritual Science.

These Thomas Meyer lectures are sponsored by the Portland Branch and will be held at the Cedarwood Waldorf School, 3030 SW 2nd Ave. Portland, OR 97201. For more information and to ask about work-study openings contact James Lee at anthroposophynow@comcast.net.

INTRODUCTORY BIO FOR THOMAS H. MEYER

Thomas H. Meyer was born in Switzerland in 1950. He taught at the original Waldorf School in Stuttgart, Germany and later was an editor working for the publishing house at the Goetheanum in Dornach, Switzerland. In 1990 he founded Perseus Publishing (Verlag), Basel, Switzerland. Since 1997 he has been the publisher and editor of the monthly journal (in German) *Der Europaer*. In 2016 he launched *The Present Age*, a monthly journal in English. Learn more about the author and his publications at <http://www.perseus.ch/fremdsprachiges/about-us>. He is the author of many books, several of which have been translated into English and other languages. These include the definitive biographies of Daniel N. Dunlop and Ludwig Polzer-Hoditz. Other recent books include *The Meditative Path of the Michael School in Nineteen Steps*; *The Sign of Five*; *Milestones*; *The Development of Anthroposophy Since Rudolf Steiner’s Death*; *Representative Men*; *When a Stone Begins to Roll*; *Rudolf Steiner’s Core Mission*; *The Bodhisattva Question*; *Clairvoyance and Consciousness*; and *Reality, Truth and Evil and Barefoot through the Burning Lava*. Thomas Meyer is also the editor of *Light for the New Millennium*. He has written numerous articles and regularly gives seminars, courses and lectures around the world.

THOMAS MEYER LECTURE

PRIVATELY SPONSORED BY LOCAL ANTHROPOSOPHIC COMMUNITY MEMBERS

SUNDAY, OCTOBER 29 AT CEDARWOOD WALDORF SCHOOL

THE MEDITATIVE PATH OF THE MICHAEL SCHOOL by Thomas Meyer

Sunday, October 29th at 9:30 AM to 11:00 AM

This Thomas Meyer lecture is privately sponsored by members of the local Anthroposophic community and will take place at the Cedarwood Waldorf School, 3030 SW 2nd Ave. Portland, OR 97201.

For more information and to ask about work-study openings contact James Lee at

anthroposophynow@comcast.net. Fee for the lecture is \$20, and is open to all with an interest in the subject.

A translation of Rudolf Steiner's esoteric "First Class Lessons" with related personal research by Thomas Meyer was published in English by SteinerBooks at the end of 2016. What may be described as a version of the meditative path of the Michael School has been made available to the public. Thomas Meyer, editor of the publication, will discuss what he feels are the four phases of the Michael school.

The first phase consisted in a purely supersensible "institution" active in the spiritual world for centuries and culminating in the "cosmic cult" at the turn of the 18th/19th century. A reflection of its teaching can be found in Goethe's *Fairy Tale* and later in the spiritual science developed by Rudolf Steiner. Many souls were spiritually present in this phase who later became drawn to anthroposophy. A certain disturbance during this first phase was brought about by the influence of the demonic beings engendered by the materialistic and nominalist philosophy of Francis Bacon. This disturbing influence had to be checked by the individualities who had been incarnated as Aristotle and Alexander the Great.

The second phase brought down to earth a mantric-meditative essence of the supersensible teachings of the Michael school. Rudolf Steiner accomplished this during the period between February and September 1924 in the form of the nineteen stages, or steps, of the meditative path of the Michael school.

The third phase of the Michael school was to be continued in the supersensible world, starting after Steiner's death and continuing until the present time. In this third phase Rudolf Steiner himself was to become a teacher next to Michael. The contents of the teachings of this phase are not found in external documents. They are not accessible to ordinary consciousness, but only to clairvoyant consciousness or symptomatic research.

The fourth phase will start when Rudolf Steiner, or those chosen by him, will continue the Michael school *on earth*, adding new mantras to those given outwardly in the second phase and spiritually in the third phase. In order to preserve the continuity of the school, knowledge of and especially exercising the contents of the second phase are basic and indispensable. At the end of the second phase, Steiner outlined the inner character of the new mantras that his illness and death prevented him from giving concrete form to.

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Inner Fire grew out of the personal and professional experience of Beatrice Birch who has extensive background in working with striving individuals, wrestling with various soul challenges from cancer to “mental” health issues who wish to be proactive in their healing process. Beatrice is a leading practitioner of Hauschka Artistic Therapy and has worked throughout the world in treatment facilities and training institutes. She has applied knowledge from over thirty years of professional practice in anthroposophical medical and therapeutic practices in England and Holland, as well as in prisons, inner cities, residential facilities, and her own private practice. Inner Fire simply offers the choice everyone deserves.

Sponsored by: Jannebeth Röell and James Lee

To reserve your place, please RSVP:

jannebeth@comcast.net