



Anthroposophical Society PORTLAND BRANCH

Newsletter

September 2018



Michaelmas and Rudolf Steiner's Calendar of the Soul

by Herbert Hagens

On April 11, 1912, Rudolf Steiner distributed the first copies of the Calendar, 1912/13 in Helsinki, Finland, after a lecture to a group of Russians. The 52 verses we know today as the Calendar of the Soul appeared at the end of the original publication. The only statement that Steiner made on that occasion was: "Whoever meditates on these verses will achieve a great deal."

So, how do we meditate on these weekly verses during the course of the year? We will focus on the Michaelmas verse as an example. The fifty-two verses in the Calendar of the Soul accompany us through the seasons and the festivals, always starting on Easter Sunday with the first verse. With one exception, all of the verses given for the years 1912-1913 were dated to begin on Sunday of each week. Even the Michaelmas verse (#26) happened to fall on a Sunday (September 29, 1912).

Rudolf Steiner gave various guidelines for working with the verses in the two introductions that he wrote for the 1912 and 1918 editions. But for the purpose of this short study we will add another indication that Steiner offered in a lecture on Easter Sunday, April 1, 1923:

"They (human beings) must gain once more the esoteric force out of themselves to "speak" something into Nature that accords with natural events. It must become possible to grasp the Michael thought as the blossom of the Easter thought. While the Easter thought stems from physical blossoming, it will become possible to place the blossom of the Easter thought – the Michael thought – into the course of the year as the outcome of physical withering. People must learn once more to 'think' the spiritual 'together with' the course of nature." (Rudolf Steiner, *The Cycle of the Year as Breathing-Process of the Earth*. Anthroposophic Press, 1984).



Rogier van der Weyden St. Michael, From the Last Judgement 1450

The Michaelmas verse in the Calendar of the Soul can serve to illustrate these comments by Rudolf Steiner. We begin by observing that the yearly life cycle of the archetypal plant weaves like a thread throughout the course of the 52 verses. One could observe that the blossom stage of the plant just barely begins at Easter with the first opening of the bud. The expansion into a full blossom is achieved after St. John's Tide in verse 13. Verse 14 ushers in the hint of contraction only to eventually give rise to the expansion of the fruit at the

expense of the withering blossom and then of the whole plant. The Michaelmas verse corresponds to the moment of peak ripeness of the fruit, the perfect environment for the seeds within to mature, a process also of expansion and contraction that ends after Christmas with verse 39. We absorb the processes that we observe in nature

**The Portland Branch
of the Anthroposophical Society
Invites you to
Save The Dates!**

**See the attached calendar & fliers
for more information and more events**

September 28-29

Michaelmas Observance:
"Rudolf Steiner's Calendar of the Soul in Relation to
the Michaelmas Festival"
With Herbert Hagens

September 30

9:30AM
Herbert Hagens:
Nurturing the Esoteric: Working with the Lessons of
the First Class

November 2

All Souls Observance

November 14-18

National Biodynamic Conference

November 23-25

Lisa Romero: Inner Path Work



through our senses into our life of soul. But we also can say that at every stage of the plant cycle something is being born at the expense of a former stage. Each stage must "die" in order for the next stage to happen. This is the essence of metamorphosis and of Rosicrucian meditative practice. The bud must "die" in order for the blossom to form. The fruit must perish in order to nurture the seeds. The seed must give up its seed-like state in order to allow the sprout to break forth.

Let us marvel at the Michaelmas verse itself:

Michaelmas Mood

O Nature, thy maternal life,
I carry it within my will,
And my fiery power of willing
Steels my spirit's promptings,
Engendering the feel of self
That carries Me in me.

Natur, dein muettlerliches Sein
Ich trage es in meinem Willenswesen;
Und meines Willens Feuermacht,
Sie staehlet meines Geistes Triebe,
Dass sie gebaeren Selbstgefuehl
Zu tragen mich in mir.

(translation by John Gardner, 1995)

The meditant calls out to Nature, addresses Nature in the way one would speak to a close friend (dein is the familiar singular possessive pronoun "thy/your" in German). We then acknowledge that we carry Nature's maternal instinct within the being of our own will. The other element within our will is the fiery power, inherited from the summer, that heats up and forges the "promptings." The "promptings" are what lie deep within our spirit, like the seeds inside of the fruit, needing to be hardened (steeled!) in order to survive the winter.

But these promptings can be understood as impulses of the spirit that we are born with and that we nurture within the soul. The Michaelmas verse points to a dynamic of soul that gives birth (gebaeren) to a sheath for the feeling of self. The process is very much like strengthening the shell of the seed so that it can harbor the spark that becomes the shoot of a new plant in the spring. This is achieved through the right balance of growth and decay, birth and death, Lucifer and Ahriman.

We can also let the imagination of Michael with the sword and the scales arise in the background during the course of meditating the Michaelmas verse. The image of the dragon trying to tip the scales with his claw-like finger begins to appear as we journey further through the autumn verses. The fruit falls from the tree and the seeds penetrate into the earth. Thus we learn that the metamorphosis of the plant mirrors the development of our soul. With the strengthened forces of soul the self with its protective sheath is enabled to dive deep into the spirit: O human being, know thou thyself! We are treading the path of initiation.

Rudolf Steiner added one more dimension at the

end of his 1923 Easter lecture: “When it is understood how to think with the course of the year, then forces will intermingle with the thoughts that will let men again hold a dialogue with the divine spiritual powers revealing themselves from the stars.” The unique feature of the Michaelmas verse in the Calendar of the Soul lies in the moment when we speak to the goddess “Natura.” The mood of the verse is one of praise and gratitude for the gifts we receive from the earth and from the cosmos for the sake of developing our true “I.” The most precious maternal gift of all is selfless love, the “blossom of the Easter thought,” placed into our consciousness at Michaelmas!

Ed. note: Herbert will be joining us on Friday evening, September 28, 7PM, and Saturday, September 29, 9AM - at Michaelmas - for a workshop on Rudolf Steiner’s Calendar of the Soul and the Michaelmas Verse. James Knight will lead our eurythmy experiences. We can see in Herbert’s article above the theme of Metamorphosis, which we also worked with in the workshop for the School of Spiritual Science with Michael Howard in May. See the flier and the calendar in this newsletter for details of the schedule and topics. Herbert will also meet with members of the School of Spiritual Science/ First Class on Sunday, September 30 at 9:30AM on the topic, Nurturing the Esoteric: Working with the Lessons of the First Class.

For the Michael Age

Rudolf Steiner

We must eradicate from the soul all fear and terror of what comes towards Man, out of the future. We must acquire serenity in all feelings and sensations about the future.

We must look forward with absolute equanimity to everything that may come. And we must think only that whatever comes is given to us by a world-directive full of wisdom.

It is part of what we must learn in this age, namely, to live out of pure trust, without any security in existence - trust in the ever-present help of the spiritual world.

Truly, nothing else will do if our courage is not to fail us.

And let us seek the awakening from within ourselves, every morning and every evening.

Calendar of the Soul

22. (September 1 - 7)

The light from Space
Lives strongly on within.
It becomes Light of the Soul
And shines into the Spirit Depths,
Bringing to maturity
The human self from cosmic self
In the course of time.

23. (September 8 - 14)

Autumn time softens
The senses’ lust for stimuli;
The revelations of the Light are mixed
With slow veils of mist.
I can see around me
The winter’s sleep in autumn.
Summer has resigned itself
To me.

24. (September 15 - 21)

In the steady genesis of self
The soul starts to perceive itself;
The spirit of the world evolves
Renewed by this self knowledge
Creating from the shadows of the soul
The child of will, the sense of self.

25. (September 22 - 28)

I may now own my Self
And radiate and spread my light
In Space and Time so dark.
The natural Being seeks to sleep,
The depths of soul shall wakeful be
And wakeful, bring the sun’s warm glow
To frigid tides of winter.

26.

St. Michael’s Ambiance

Mother Nature, thou who art!
In my will I bear thee;
And my fire-strength of will,
It firms my Spirit forces
That they then birth my Sentient Self
To hold and carry me within.

Calendar translation by Stefan Schwabe



A Biographical Sketch of Sandra Burch

As Told to
Lauren Johnson

Ed. note: biographies of community members are back by popular demand. We appreciate the efforts of our writers and the willingness of our members to bring their stories into our community, cultivating warmth and understanding between us.

About 40 miles north of Albany, New York, in the history-infused woods, pastures and lakes near Saratoga, Sandra Burch's family made her childhood home. They lived just outside of town, but not quite in full farm country, their house at the end of a long, long driveway. At age 9 or 10, when not immersed in a Laura Ingalls Wilder book about pioneering on the frontier, or caring for a calf she was raising to show at the county fair, Sandra would grab her bike and ride up and down that driveway. Because she was the oldest child in the family (and the first grandchild as well) and lived in a rather isolated spot, there weren't a lot of friends to play with. Sandra created a friend, though, who would ride her own (imaginary) bike alongside her and share the long summer days exploring the woods and fields around Dungiven, their 90-acre farm.



Sandra 1966

As a young man Sandra's father was on a course to become a dairy farmer, but he shifted goals as the rapid consolidation of dairies in the early 1960's kept that from being practical. He instead worked first as a truck driver, and then at GE in nearby Schenectady. After working at his day job, his real work began on the farm, and as a fireman. For many years he served their community as a volunteer fire-

fighter, sometimes as chief.

Sandra's parents married in 1963, and in September of 1965 welcomed little Sandra Lee Cromie, who weighed-in at just 5 and half



Laneway to childhood home built 1786

pounds. She was called Sandy, a name that would stick with her for a long portion of her life before she consciously changed it as an adult. Sandra's mother worked as a homemaker, returning to work as a secretary after her youngest child was in middle school.

Sandra's earliest memories are not vivid ones; they are, rather, impressions of color and texture. She recalls the earth around their home — the velvety umber dirt of the driveway that made wonderful mud to explore and create; the soft green of the walls in both her great grandmother's kitchen, and the eye doctor's office. Her dad made a wonderful swing and hung it from the sugar maple tree by the house. Sandra also remembers that sleepy feeling of riding home in the front seat of

the car, feeling safe and secure leaning against her dad and next to her mom as they returned, late at night, from visiting grandparents.

As Sandra and I talk about her childhood in upstate NY, Sandra is quick to clarify that the farm was not a full working operation, but a 4H farm — a great place to raise a few animals, which Sandra and her younger brother and sister all did. Cows were the main attraction, but a pig made an appearance at one point.



Sandra and her family - 1971





Sandra and her prize calf, Brenna 1981

The home always had a dog and barn cats running about. Although she doesn't think of herself as growing up on a "real" farm, the rhythms of the seasons played through the life of the land: picking stone in the spring, haying in the summer, putting in firewood in the fall and winter, and always hauling manure out of the barn. Sandra is quick to clarify there was plenty of modern life too — probably, she reflects, too many cartoons and television in general.

Her father was perhaps one of Sandra's biggest influences. She admired that he gave back to their community by serving as a fireman, witnessing how dedicated he was to this work. Sandra learned from his example of volunteering and contribution to the community. Her mother was, likewise, a huge influence, especially in the cooking department. Sandra learned to bake the best pies and biscuits during 4-H projects taught by her mom. Both parents were way ahead of their times with their commitment to grow only organic food.

Sandra liked school well enough, but she recalls moments where she was unpleasantly surprised that her teachers really didn't seem to understand what she was thinking. One second grade event stood out. The children were about to take a standardized test and were told it was very important to do well. So Sandra didn't think it was a problem to look at the kid's test sheet next to her. She was scolded for that, and felt confused. At the time she didn't argue, but the memory was that adults' words don't always match what the reality is. She began to understand she had to set aside what was in her mind in order to meet the adult world's reality.

On the surface Sandra was rather quiet and shy, but she could also surprise people with strong feelings and even outbursts. She could, in her words, be sassy. To Sandra, the way adults treated children felt a little more like breaking them, as if taming a wild horse. Perhaps because of these early experiences, she's retained a quiet, slightly rebellious streak.

Sandra enjoyed the family trips to museums and historic sites. She read voraciously and especially loved books about pioneering and wilderness travails. A highlight of

her growing up years was a visit to Almanzo Wilder's home (astute readers will know Wilder as the protagonist in Laura Ingalls' "Farmer Boy"). She was attracted to stories about the challenges of the pioneers - of not staying where life was easy. Junior High was basically pure hell for Sandra. But when pressed to recall a few positives, she admitted to having a great art teacher, and English teacher, too.

While she had been baptized as an infant in the Presbyterian Church, Sandra took a big step in 10th grade toward her future direction by consciously choosing to become a Christian — she was "born again" (for the first time) by accepting Jesus. Her relationship to Christianity would shift and develop over the years, but a spiritual orientation would always be a central part of Sandra's life. She also joined a sports team in school the same year — playing field hockey on a team was a new experience. She experienced the enjoyment of being part of a group with a shared goal.

Sandra went on to college at the State University of New York in Binghamton - clear across the state from here she grew up. Suddenly she was exposed to a wide variety of people, many from New York City, who came from ethnic and religious backgrounds very different from her own. She participated in the Inter-Varsity Christian fellowship. It was a lively and welcoming community, but by her junior year she started questioning Christianity as she was exposed to other approaches to spirituality - Sufi and Vipassana meditation. She enjoyed a group of Jewish friends, and her Jewish boyfriend. She saw them as full of intellectual energy and emotion, things that she now realized had been lacking in her life growing up.

Sandra majored in environmental studies and pursued classes in studio art. She also worked at the organic food co-op in Binghamton. There she met someone who she would meet again, surprisingly, many years later in Portland - our own Dr. Bob Kellum. (Bob greeted her at a lecture by Dr. Philip Incao in 2007 at the Portland Waldorf School. Just as Sandra was deciding whether or not to become an anthroposophist, she met this someone from her past who had taken up the path and seemed to be doing fine. Re-meeting Bob cemented her decision to take up the practice of Spiritual Science.)

After college graduation in 1987 Sandra worked as a waitress for a while —and she enjoyed it very much. Sandra laughs as she says, "It's a very comfortable arrangement, the social set up. You know what to expect from people and they are happy to get their food." By the next year Sandra had moved to Portland with a friend from school. She worked at the restaurant Abou Karim downtown serving Lebanese food, and settled into a house, with



Soon to be newlyweds - 1994

Whitefish, Montana. She was sharing the journey with Wes Burch, who proposed to her on that train and to whom she is married today. Wes and Sandra had met in Portland a couple of years earlier and were returning from a visit his childhood home. Two years later they would move to Montana together and start a family and home-stead of their own.

Their son, Eli was born in 1997, and their daughter, Sheena three years later. While Wes and Sandra enjoyed their life in Montana, Sandra had reservations about her



Wes and Sandra at their home, Montana, 1995

children growing up in such an isolated place. She and Wes went looking for a school community. They heard about a wonderful pre-school in Missoula, and they met a teacher who was completing her Waldorf training in Eugene, Oregon. The trouble was that Missoula was five hours away. So they moved to Eugene, enabling their children to attend the Waldorf School there.

Sandra began painting classes with Chris Guilfoil and slowly took in bits and pieces of anthroposophy while holding a paintbrush. After a couple of years Wes enrolled in the teacher training program. The teachers included Willi Muller, Ilse Kolbuszowski, and Katherine Stewart. Learning about Waldorf education and anthroposophy resonated strongly with both Wes and Sandra.

housemates on SE 15th and Taylor - an airy old home with high ceilings and big rooms.

In the summer of 1993 Sandra happily found herself on a train headed up to

For Sandra it presented a path for a deeper understanding of Christ, as so many aspects of the Christian path that had never made sense were explained by Rudolf Steiner. She appreciated finding a practical way to put spiritual thinking into action — through painting and the arts, and creating sacred spaces for herself and her family. Another aspect of anthroposophy which has strongly influenced Sandra's attraction to it is the practice of maintaining a connection to people who have died, and creating a deeper relationship to the spiritual world through them. During this time Sandra and Wes were searching for a place where they felt they could settle for a longer period,



The Burches - Whitsun - 2011

together as a family in an Anthroposophical community. They explored the Camphill Copake community in the Hudson Valley, and the Threefold Fellowship in Spring Valley. Sandra became especially interested in developing herself through the Christian Community (which was first developed in 1922 in Switzerland by Lutheran pastors inspired by Rudolf Steiner's teaching). When Sandra and Wes finally decided to raise their family in Eugene, she began to coordinate Christian Community priest visits there.

By 2008 the family decided to relocate to Portland, so that everything would be in place for their children to be in a Waldorf High School. Eli and Sheena were entering 5th and 3rd grades and attended both the Cedarwood and Portland Waldorf Schools. Sandra worked to bring the impulse of The Christian Community into Portland as well. She continued in her love of painting and in 2013 established an art studio where she could teach art, so that others might also enjoy the benefits of painting using Steiner's indications (go to <http://rosewellstudio.com/> to take a peek).

Now that their children are grown and newly graduated from high school, Wes continues his work as a draftsman and honeybee whisperer and Sandra is looking ahead to writing her next chapter. She has been preparing for these

steps for the past five years, developing her skills and knowledge of spiritual counseling and direction through courses and retreats at the monastery in Mt. Angel. She is planning to begin the first year of a training program for the priesthood in The Christian Community in Toronto soon, unless another calling presents itself.

This phase of life is rich, as she reflects on the people and impulses which brought Sandra to this moment. She and Wes live with their lively West Highland terrier Mitzie and enjoy a lush garden at their home in Milwaukie, full of flowers to sustain Wes's beehives. They enjoy summers in Montana. Their children are taking their first steps as adults into their own future lives. The immediate years ahead are not quite crystal clear, but true to her seeking nature, and maybe with a little bit of boldness and a dose of sass, Sandra is pioneering once again.

P.S. A poem that Sandra is working with in her meditative life is offered below for late summer's reflection.

The Lake Isle of Innisfree

I will arise and go now, and go to Innisfree,
And a small cabin build there, of clay and wattles made;
Nine bean-rows will I have there, a hive for the honey-bee,
And live alone in the bee-loud glade.
And I shall have some peace there, for peace comes dropping slow,
Dropping from the veils of the morning to where the cricket sings;
There midnight's all a glimmer, and noon a purple glow,
And evening full of the linnet's wings.
I will arise and go now, for always night and day
I hear lake water lapping with low sounds by the shore;

While I stand on the roadway, or on the pavements grey,
I hear it in the deep heart's core.

~ William Butler Yeats



"To know that we are united by the same ideals with people who, as a rule, are widely separated from one another in space, but with whom we may meet on special occasions, is a stronger moral stimulus than being always together."

Anthroposophical Ethics, Lecture 3, Rudolf Steiner

Go to the web address below for the full schedule, including pre and post conferences, and to register.

<https://secure.anthroposophy.org/np/clients/anthroposophy/event.jsp?event=105&&secureIdCustomer=1&>



What's New at the Goetheanum?

by Anya Thaker

Meeting Esther Gerster, Goetheanum Staff, Head of Tours, Painter

Born in 1957 near Zurich, Esther enjoyed being in nature as a child and was always active artistically. She learned knitting and clothes making at school and from her mother and grandmother. Growing up Swiss, she was exposed to and learned French, Italian and German languages, and in her own home learned English from American exchange students. She recalls the fun cadence of Hey Diddle Diddle and other nursery rhymes she learned.

At age 10 Esther received a book that mentioned Rudolf Steiner. She says, "I immediately felt the importance of this person, not knowing more." Later, she searched for kindergarten methodologies and found a very special type of pedagogy. While in her 20's she went on to study to be a Waldorf kindergarten teacher, then lived and taught school in the Italian part of Switzerland. She began reading texts by Rudolf Steiner and found answers to her questions that nobody else could answer. She found out about a special opportunity to study Anthroposophic artistic methods at the Goetheanistische Studienstätte in Vienna, Austria with Christian Hitsch, who only years after would be asked to head the renovation of the Goetheanum's Great Hall.

When Esther's artistic studies were complete, she moved to Finland where she taught art history and painting for three years and became fluent in Finnish. She returned to Switzerland in 1992, when Hitsch began gathering painters for the Great Hall project.

The team of painters at first fluctuated as they practiced different subjects together. Esther says that it was not determined in the beginning what they would paint, only later did they decide on Rudolf Steiner's motifs. At the end of 5 years of preparation the team consisted of 12 people, and from these, 7 were selected. This group was paid for 1 year, and during this time they were to make necessary preparations. Once inside the Goetheanum, they were given just 13 weeks to paint the ceiling of the Great Hall.

They used living plant material and had to learn how to paint the scenes given by Rudolf Steiner; how to mix the colors, get the right strengths, layer the veils, and blend with the other artists' works. Most importantly they had to learn to paint on such a grand scale as the Great Hall ceiling, and work together! By the end of the execution, December 1996, the team was down to 6 painters.

This task was wearing on many of the individuals involved, resulting in illnesses and strained relations, and mostly wearing on each person's self. Imagine the etheric forces needed to do a work of that size, in plant color with water, lying on one's back, on themes of epic size covering development of earth and humanity. See the book found in the Goetheanum book shop for fantastic photos and descriptions of this process (*Der Grosse Saal im Goetheanum 1996-1998* by Hans Hasler).

From 2003-2011, Esther served on the board of the Swiss Anthroposophical Society and was the General Secretary for 6 years. Today she gives lectures about the forms and language of the Goetheanum in anthroposophical branches in Switzerland.

Those who have the fantastic opportunity to study at



the Goethanum in the English Studies Program will have the fortune to draw and paint with Esther, getting to know the messages of singular colors

as Goethe suggested. She also teaches painting at various conferences.

Esther is head of the Goetheanum-building tours and trains guides in multiple languages, also giving tours on varying topics. You may greatly enjoy a specialized tour from her on the Great Hall ceiling paintings, stained glass windows, or the Representative of Humanity. These need to be arranged in advance.

When asked what she sees as challenging in her work, she replies that it is good coordination and communication within the Goetheanum, between all the different sections, including the overall society, the First Class, the study programs and all of their activities and tasks.

She remarks that she enjoys the contact with all kinds of people interested in Anthroposophy from all over the world.

When asked her view on the Goetheanum's relations with the world Anthroposophic Society, she responds:

“I think a big change is happening right now: the Goetheanum today is generally seen as a place of cultural interest by the public world. Since the Michaelmas conference of 2016 when we were visited by active people in Anthroposophy internationally, the spreading out of Anthroposophy is flowing back to the Goetheanum with all its activities. This summer, the Mystery dramas were performed by groups from all over the world. The Goetheanum eurythmy stage-group will now be led by three eurythmists, from South Africa, Germany and the UK.

This year’s Michaelmas conference is: The World Goetheanum Forum. The ‘big G’ is now the ‘small G’ as a center and in reference to the whole Big world and the Anthroposophic movement.”

Esther recently heard: “The Waldorf school is not difficult to understand intellectually, but what is difficult, is to bring one to understand how to reach the reality of life!”

Esther joys include gardening, deepened thinking and painting. Contact her by email to schedule a tour: fuehrungen@goetheanum.ch
<http://studium-goetheanum.org/english-studies/>
open to most ages!



Savor the Flavors of the Pacific Northwest and the Quality and Vitality of Biodynamic and Organic Foods

Yes, there will be more than 60 workshops for the 2018 Biodynamic Conference, but there’s more! Each conference year, we look forward to enjoying the unique flavors and ingredients of the region where the conference is held. This year, here in the exciting and pioneering food city of Portland, Oregon, attendees can savor delicious meals throughout and a festive Tapas and Tasting Dinner on November 15th to celebrate the Biodynamic Association’s 80th anniversary.

There will also be opportunities to explore the diversity and individuality of Oregon’s Biodynamic® vineyards in Tasting Oregon’s Terroir; to discover the taste differences between varieties and farming systems during Culinary Breeding Network: Building Community among Plant Breeders, Farmers, Chefs, and Eaters to Create Better Varieties for All; and to think about food at the systems level in workshops such as Collaborative Strategies for the Emerging Food Economy.

Register by September 20 for the early-bird discount.
<https://www.biodynamics.com/civicrm/event/register?reset=1&id=74>

Do You Know *New View*? The Magazine ...and Now a Book!

From the Editor, Tom Raines

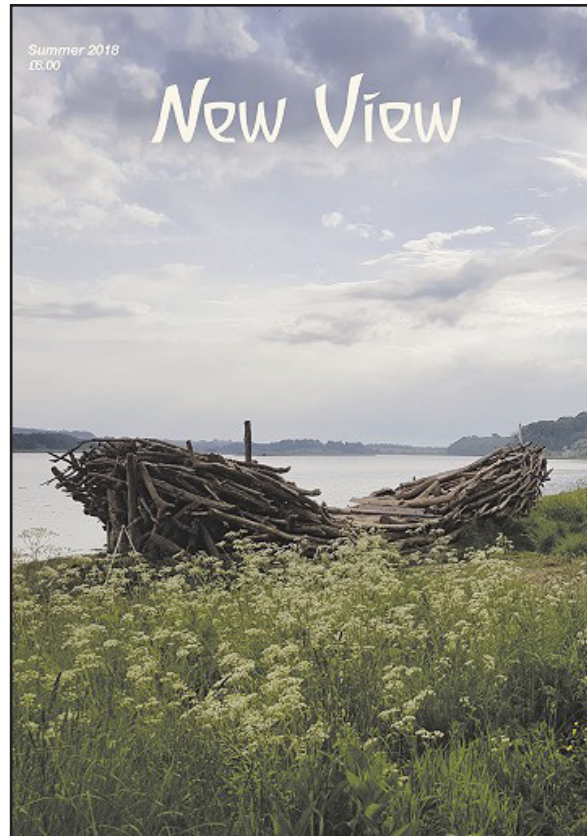
I lived near this driftwood sculpture for some months, always struck by its form as I often walked past it following the river's meandering, away from the sea. It looks like a boat; and that is what it stands for as its sculptor confirmed, a young man, whom I happened upon during one of my own riverside meanderings. The sculpture on the banks of the river is some two years old, having survived all winds and weathers through the cycle of the seasons and narrowly missing being swept away in the recent winter/spring floods. What it conjured up for me was the archetype of boat.

Boats carry people to places: a change of scene, circumstances, new experiences. A boat itself is always carried on water, that beautiful, life-enhancing, life underpinning substance which is so common to each of us and yet, on contemplation, becomes a mystery. Water, like air, flows. A boat flows, not always gently, through time and space, a temporal shelter for a journey to another place. Living as we do in a world of polarities, it is incumbent upon us to travel to other points of view, both outwardly and inwardly. What shelters us on an inward journey? Do we have a boat, not of driftwood, but of something essential in its ability to hold us, something that we can be carried on through our inner journeying as we discover what lies between the polarities of life? The questions, the choices, the knowing, one day. In some ways I could liken what Steiner opened out through spiritual science, anthroposophy, as the substance of an inner boat, which, if we are willing to embark on it, may carry us to come to know, in time, won for ourselves, the meaning of life's mysteries. A long journey, of course.

My hope is that *New View* offers some substance to prepare and inform such inner sailings out into the wide Ocean. ~Tom Raines, Editor, *New View*

Dear Readers of the Portland Branch Newsletter,

Following are excerpts from communications we received from Tom Raines, editor of *New View* magazine, in an effort to bring the publication to the attention of more people in the U.S. As you can see from the material above, it is a beautiful and inspiring Anthroposophical publication. He has gifted our branch with two sample copies of the summer issue (above) which can be viewed at the Calendar of the Soul events with Herbert Hagens and James Knight on September 28 & 29.



Dear Group or Branch leader,

Warm greetings to you in America!

New View is a quarterly magazine published in the UK whose aim is to disseminate the insights of Rudolf Steiner into the wider world.

I hold as very important for this publication a good and strong connection with America during these challenging times we are all living through. There are around 4,000 members of the Anthroposophical Society in America, yet our subscribers from your country number only in the hundreds and we would dearly like to try and increase that number.

When (two complimentary) magazines arrive, would you be willing to take them along to

your group and make them available for passing around between its members? What I hope to achieve with this is a stirring of interest for the magazine and, of course, we would be very pleased if some people found the magazine of sufficient interest to decide to subscribe to *New View*. (Here Tom suggests the possibility of a shared, group subscription. A digital version is also available. Go to <http://www.newview.org.uk/subscribe.php>)

I hope that your group will find something of interest in these complimentary copies of *New View* and I would be very grateful if, in due course, you might give me some feedback as to what your group makes of the magazine and what possibilities there are for any new subscriptions coming our way.

On 1st April this year we launched our first published book, a novel, called *The Viridian Sail: Seurat's Secret*.

This book is reviewed in the Summer issue of *New View* (p. 65) which I have sent copies of to you. The *Viridian Sail* "In our time, truth is becoming ever more difficult to know with any certainty. Fake news abounds. How can we determine the authenticity of anything? We need a new human faculty to help us do this. Centering around an old painting, found in an antiques shop, said to be by the French artist Seurat, *The Viridian Sail* is a novel of truth and fiction, fake and fact and takes us on a journey towards this new faculty."

With best wishes to our friends in America,
Tom Raines, Editor, *New View Magazine and Books*



Rudolf Steiner
From *The Last Address*
September 28, 1924

Springing from Powers of the Sun,
Radiant Spirit-powers, blessing all Worlds!
For Michael's garment of rays
Ye are predestined by Thought Divine.

He, the Christ-messenger, revealeth in you —
Bearing mankind aloft — the sacred Will of Worlds.
Ye, the radiant Beings of Aether-Worlds,
Bear the Christ-Word to Man.

Thus shall the Heralds of Christ appear
To the thirstily waiting souls,
To whom your Word of Light shines forth
In cosmic age of Spirit-Man.

Ye, the disciples of Spirit-Knowledge,
Take Michael's Wisdom beckoning,
Take the Word of Love of the Will of Worlds
Into your soul's aspiring, actively.

The End and the Beginning

BY WISŁAWA SZYMBORSKA
TRANSLATED BY JOANNA TRZECIAK

After every war
someone has to clean up.
Things won't
straighten themselves up, after all.

Someone has to push the rubble
to the side of the road,
so the corpse-filled wagons
can pass.

Someone has to get mired
in scum and ashes,
sofa springs,
splintered glass,
and bloody rags.

Someone has to drag in a girder
to prop up a wall.
Someone has to glaze a window,
rehang a door.

Photogenic it's not,
and takes years.
All the cameras have left
for another war.

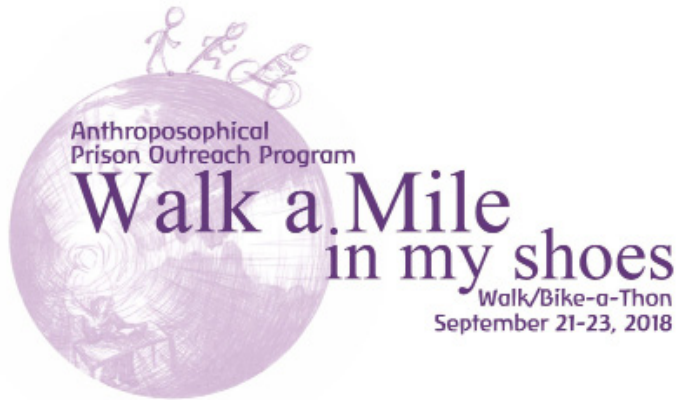
We'll need the bridges back,
and new railway stations.
Sleeves will go ragged
from rolling them up.

Someone, broom in hand,
still recalls the way it was.
Someone else listens
and nods with unsevered head.
But already there are those nearby
starting to mill about
who will find it dull.

From out of the bushes
sometimes someone still unearths
rusted-out arguments
and carries them to the garbage pile.

Those who knew
what was going on here
must make way for
those who know little.
And less than little.
And finally as little as nothing.

In the grass that has overgrown
causes and effects,
someone must be stretched out
blade of grass in his mouth
gazing at the clouds.



Anthroposophical Prison Outreach is holding its 6th annual walk and bike-a-thon, **Walk a Mile in My Shoes**, on September 21-23, 2018

Unlike most walk-a-thons, ours isn't limited to just walking, nor does it have a set course or distance. Walkers and cyclists will choose their own route wherever they like, for however many miles they choose. Volunteers can travel alone for a couple of hours a day throughout the weekend, or gather a group of friends and family and make a day of it.

Our goal this year is to raise \$25,000 in support of the APO and the hundreds of individuals in prison who are studying anthroposophy and practicing spiritual exercises in their restrictive and chaotic environment.

Your participation makes a difference in the lives of incarcerated individuals around the country, and we invite you to help us achieve our goal!

In prior years our walkers have been delightfully surprised by the generosity of their friends, family, and co-workers when they ask, "Would you be willing to sponsor me for a walk-a-thon I'm doing?" Some of our walkers have made it a social activity, while others have turned it into a quiet, meditative experience.

"I walk in silence in the woods today for those in prison. Peace be with you. As I took slow steps into the woods, I focused my thoughts and wondered, how would it be if you could not go places whenever you wanted to?" (Jolie)

You can also make a contribution directly to the program. You can write a check made out to ASA/APO Walkathon and send it to 1923 Geddes Av, Ann Arbor, MI 48104.

For more information and to donate online go to <https://secure.anthroposophy.org/np/clients/anthroposophy/publicFundraiserList.jsp?campaignId=191&&secureIdCusto mer=1&>

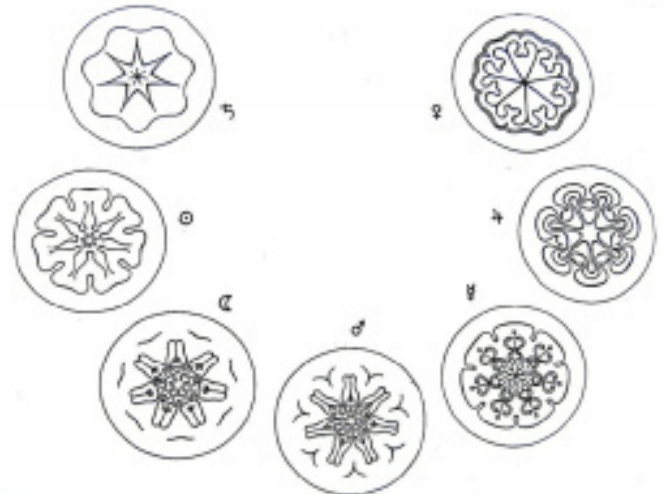


Pacific Eurythmy presents:

Form Drawing
Rudolf Steiner's
Planetary Seals

With
Patrick Marooney

Can we characterize the seven life processes artistically through form and gesture? Might there be correspondences in Rudolf Steiner's Planetary Seals? Explore through form drawing the quality of each planetary mood and the way they metamorphose one into the other. With pencil and paper we will work intensively with basic, archetypal principles governing growth, evolution and change. These same principles apply equally to all of outer nature as well as to our inner life of soul.



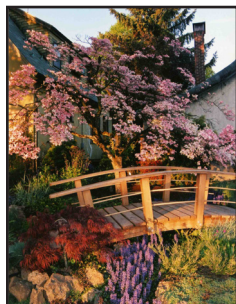
Join us at the Portland Waldorf School on Friday evening, October 19 and all day Saturday, October 20

Contact Don Marquiss, 503-626-7606
PacificEurythmy@gmail.com
See Calendar and Flier in this newsletter

Resistance is not only about battling the forces of darkness. It is about becoming a complete human being. It is about overcoming estrangement. It is about our neighbor. It is about honoring the sacred. It is about dignity. It is about sacrifice. It is about courage. It is about freedom. It is about the capacity to love. Resistance must become our vocation.

~ Chris Hedges

Chris Hedges is an author, ordained minister, and public speaker. He writes a weekly column at the website Truthdig and hosts the show *On Contact* on RT America.



HEALTHBRIDGE

3046 NE 33RD AVE
 PORTLAND 97212
 503-331-7393
 HEALTHBRIDGE@INTEGRA.NET

DONNA PATTERSON KELLUM LMT
BOB KELLUM ND, PhD, MSOM/L.Ac, LMT

With over 30 years of experience in advanced Craniosacral and Visceral therapies, Dynamic Manual Interface, Myofascial Release, Lymph Drainage, Zero Balance, and many other modalities, including Rhythmical Massage, Donna integratively weaves these together as needed for your unique issues.

With over 25 years of bodywork experience, extensive training and experience in Anthroposophic, Naturopathic, and Chinese Medicine, and a doctorate in social psychological sciences with 3 years clinical experience with Reichian psychotherapy, Bob works with you to discover the gesture of your illness and move you forward with your health challenges.

We work with you for a wide range of conditions including musculoskeletal/accident issues, cancer, diabetes and other chronic diseases, and all the typical acute illnesses associated with family medicine.

"The possibility of illness is due to the possibility of becoming human beings..."--Rudolf Steiner, Arnheim, July 4th, 1924

The Portland Branch Newsletter is published monthly to serve Branch members and friends. To learn more about the Portland Branch of the Anthroposophical Society, contact Diane Rumage at 971-271-7479.

To submit an article or a calendar item email it to Valerie Hope, valerieannhpx@aol.com. The deadline for submissions is the 15th of the month preceding publication. Items selected for publication may be edited for style, content and length.

To sign up for our newsletter/email list go to: <http://www.portlandbranch.org> and click on the button at the top of the right hand column on the home page.

The newsletter and calendar are posted on the Branch website, www.portlandanthroposophy.org. Paper copies are available at the Pohala and Healthbridge Clinics; and the Cedarwood, Michael & Portland Waldorf Schools, and Swallowtail School.

Our current newsletter team: Design and layout, Christopher Guilfoil; proofreading, Lauren Johnson; printing & distribution, Jerry Soloway; columnists Anya Thaker, & Lauren Johnson; treasurer, Ruth Klein; editor, Valerie Hope.

The Portland Branch thanks the following Members & Friends for their Dues and Generous Donations in 2018:

Cyndia Ashkar, Christine Badura, Betty Baldwin, Sandra Burch, Wes Burch, James Conlon, Leslie Cox, Yvonne De Maat, Sacha Etzel, Julie Foster, Ali Givens, Michael Givens, Kevin Gregg, Valerie Hope, Lauren Johnson, Paul Kalnins, Bob Kellum, Donna Patterson-Kellum, Timothy Owen-Kennedy, Ruth Klein, Tom Klein, Anne Kollender, Judith Levin, Martin Levin, Robin Lieberman, Joann Logan, Arnold Logan, Lisa Masterson, Brian McClure, Cheri Munske, Padeen Quinn, Jeffrey Rice, Susan Rice, Walter Rice, Diane Rumage, Frank Salvatore Jr, Diane Schell-Rowley, Barbara Strong, Kim Sinclair, Angela Sparks, Jerry Soloway, Rebecca Soloway, William Surface, Linda Sussman, Joan Takacs, John Takacs, Robin White, Brian Wickert



We will gratefully receive your Branch membership dues (\$50 or what you can afford).

Send to: The Portland Branch c/o Ruth Klein
 12286 SE 41st Court, Milwaukie, OR 97222

Another Way to Donate to the Portland Branch

If you shop at Amazon and use the following link, a small donation, .5% of the price of your eligible purchases will be donated to the Portland Branch. [smile.amazon.com/ch/93-1269233](https://www.amazon.com/ch/93-1269233)

First Class of the School of Spiritual Science

Sunday, September 9, 9:30 am sharp • (no admittance after the class starts) • Bothmer Hall, 5915 SE Division St, Portland, 97206 Blue card required. • Lessons are normally held on the second Sunday of each month • Contact Diane Ramage at 971-271-7479, Cheri Munske at 503-484-4133, or Rebecca Soloway at 516-850-1027.

Portland Branch Council Meeting

September 10, 7:00 pm • 2606 SE 58th Ave. • Contact Valerie Hope, 503-775-0778; valerieannhpdx@aol.com

All Branch members are welcome to attend, and/or call us with agenda items, proposals, suggestions, or to observe. Please contact Valerie to let her know you're coming. Meetings are normally held on the second Monday of each month.

Christian Community Events in September with Rev. Craig Wiggins

September 14-16 • Visit by Rev. Wiggins, Friday lecture, Bible study and Saturday and Sunday services. See the Christian Community blog for details and for other events in Portland, Eugene, and Seattle <http://ccoregon.blogspot.com>

Michaelmas Celebration for Children and Their Families Sponsored by the Portland Curative Collective

Sunday, September 23, 9:30 am to noon • Place to be announced • Suggested donation \$25 • For details and to register contact Eric Nielson, 503-939-9024 portlandcurative@gmail.com or <http://www.portlandcurative.org/>

The Portland Curative Collective warmly invites children needing extra support, and their families, to create community with us through the celebration of the seasons and festivals of the year. Our September Michaelmas event will be the creation of a dragon compost! Suitable for children ages 5 and up. Please plan to have at least one adult family member per child stay for the event, though all family members are welcome.

Rudolf Steiner's Calendar of the Soul in Relation to the Michaelmas Festival with Herbert Hagens

Friday, September 28, 7:00 to 9:00 pm and Saturday, September 29, 9:00 am to 4:15 pm • Bothmer Hall, 5915 SE Division St. •

The weekly verses in the Calendar of the Soul generate a special dynamic for one's meditative life over the course of the year. Mr. Hagens will speak about how working with the Calendar contemplations can awaken us to the Christ Impulse and the development of self-consciousness. We will focus in particular on the Michaelmas mood verse (#26). This will serve as our community Michaelmas Observance. Out of town attendees may inquire with Christine Badura about housing opportunities with local families badura88@hotmail.com Sponsored by the Portland Branch of the Anthroposophical Society.

Whoever meditates on these verses will achieve a great deal. ~Rudolf Steiner

School of Spiritual Science Meeting with Herbert Hagens – Nurturing the Esoteric: Working with the Lessons of the First Class

Sunday, September 30, 9:30 am to 11:15 am • Bothmer Hall, 5915 SE Division St. • Blue membership cards required. Contact Rebecca Soloway, jrsoloway@hotmail.com

Planetary Seals Form Drawing Workshop with Patrick Marooney

Friday, October 19, 6:30 to 8:30 pm and Saturday, October 20, 9:30 am to 3:30 pm • Portland Waldorf School, 2300 SE Harrison, Milwaukie 97222 • To register or with questions email PacificEurythmy@gmail.com or Contact Don Marquiss, 503-626-7606.

Can we characterize the seven life processes artistically through form and gesture? Might there be correspondences in Rudolf Steiner's Planetary Seals? Join us for a personal experience of the dynamic and unique quality of each planetary mood and the way they metamorphose one into the other. With pencil and paper we will work intensively with basic, archetypal principles governing growth, evolution and change. These principles apply equally to all of outer nature as well as to our inner life of soul.

Christian Community Events in November with Rev. Sanford Miller

November 15-18 • See the Christian Community blog for details and other events in Portland, Eugene, and Seattle <http://ccoregon.blogspot.com>.

Biodynamic Conference Sponsored by the Biodynamic Association

November 14-18 • Contact Christine Badura at badura88@hotmail.com if you can offer a homestay to attendees or presenters. Let her know what your rate will be and whether you have pets. Register by September 20 for the early-bird discount: <https://www.biodynamics.com/civcrm/event/register?reset=1&id=74>

All Souls Observance

Friday, November 2 • Watch this space for more details.

The Inner Work Path: Strengthening the Foundations of Meditation with Lisa Romero

November 23, 24, 25 • Bothmer Hall, 5915 SE Division St.

Lisa will be available during the week after the mediation workshop for more talks. For more information about this workshop and her local schedule contact Patricia Lynch, patriciahomanlynch@gmail.com. For more information about Lisa Romero go to innerworkpath.com.

Ongoing Local Activities and Study Groups

First Class of the School of Spiritual Science • Second Sunday of the Month

9:30 am sharp (**no admittance after the class starts**) • Bothmer Hall, 5919 SE Division St, Portland, 97206 • Blue card required. Contact Diane Ramage at 971-271-7479, Cheri Munske at 503 772-2632, or Rebecca Soloway (516) 850-1027

Council Meetings of the Portland Branch • Second Monday of the month

7-9 pm • 2606 SE 58th Ave., Portland • Contact Valerie Hope, (503) 775-0778, valerieannhpx@aol.com

All Branch members are welcome to attend, and/or to call us with agenda items, proposals, suggestions, or to observe.

School of Spiritual Science Study • Second Thursday of the Month

The First Class of the Michael School and its Christological Foundations by S. Prokofieff • For Members of the School of Spiritual Science 7:30-9:00 pm • Contact Rebecca Soloway, rsoloway1@gmail.com or 516-850-1027

An Outline of Esoteric Science Study Group • First Monday of the Month

7:45-9pm • Bothmer Hall, 5919 SE Division St., Portland 97206 • Contact Jerry Soloway 503-908-7615 or jrsoloway@hotmail.com
Please join us in lively discussions centered on Rudolf Steiner's *An Outline of Esoteric Science*.

Adult Eurythmy Class with Jolanda Frischknecht

Tuesdays 6-7:30 pm • Takes place in Bothmer Hall, 5919 SE Division St., Portland 97206 • Cost: \$20/session; paid monthly, sliding scale on request • Contact Jolanda, jolandamf44@gmail.com, or 503-896-3345

Eurythmy for Waldorf Alumni: Wednesdays

Study, 6:30-7:30 pm; Eurythmy; 7:30-8:30 pm • Eurythmy Room, Portland Waldorf School, 2300 Harrison St., Milwaukie • Contact Carrie Mass, Carrie.mass@portlandwaldorf.org If you've ever attended a Waldorf High School, this is for you!

Eurythmy, Portland Waldorf School Community: Thursday Mornings

8:45-9:15 am, Eurythmy Room, Portland Waldorf School, 2300 Harrison St., Milwaukie • Free - All are welcome. Contact: Sarah Rem, 503-729-1740 or sannerem@gmail.com

Pacific Eurythmy, Open Classes for the Community in Anthroposophy and the Arts: Friday Evenings

For details please see our website, www.PacificEurythmy.com or call Jolanda, 503-896-3345 or Carrie, 415-686-3791

Festivals Study Group: First and Third Friday Mornings

10:00 am-12:00 pm • 2606 SE 58th Ave, Portland • contact Suzanne Walker, 503-208-2426 zzwalker@mac.com

We are working with various of Dr. Steiner's lectures in an effort to better understand the festivals and how we may come to observe them according to his indications. This study is also greatly deepening our experience of the Calendar of the Soul and the cycle of the year.

Living Inner Development, the Necessity of True Inner Development in the Light of Anthroposophy by Lisa Romero • Friday Mornings

9:15 – 11:00 am • contact Patricia Lynch at patriciahomanlynch@gmail.com

Eurythmy, painting and reading. All are welcome! Contact: patriciahomanlynch@gmail.com

Man as Symphony of the Creative Word – Study Group • First and third Tuesdays

7:30-9 pm • 3046 NE 33rd Ave. Contact Donna Patterson and Bob Kellum 503-331-7393 • All are welcome

Mystery Dramas of Rudolf Steiner and Speech Formation Exercises • Second and Fourth Wednesdays (holidays excluded)

7:30-9:00 pm • Free. Beginners are welcome –come check us out! • 8654 NE Boehmer St., Portland 97220 • Contact Diane Ramage by e-mail at drumage@comcast.net or by phone at 971-271-7479

There will be an opportunity to act in Scenes 7 & 8 of *The Guardian of the Threshold*, which we hope to present some time in 2018. No experience necessary.

Portland Waldorf School Community Choir • Friday Mornings with David Edwards

9:00-10:15 am • Portland Waldorf School, 2300 SE Harrison St., Milwaukie, in the Orchard Room • Free will donations gladly accepted, all voices are welcome. Contact www.portlandwaldorf.org • pws_choir-subscribe@yahogroups.com (503) 654-2200 • No practice during school breaks.

Waldorf Education and Teacher Training Lectures and Courses

Conducted throughout the year by the Micha-el Institute. Contact John Miles, 503-774-4946 johncmiles@usa.net

Waldorf Teacher Education, Eugene

Two and Three year Career Training and Artistic Development Learn more at www.WTEE.org or call (541) 514-7905

Physical Medicine & Injury Rehabilitation



Susan Schmitt, M.D.
Joan Takacs, D.O.
John Takacs, D.O.



The clinic offers alternatively extended medicine including Physical Medicine and Rehabilitation and Comprehensive Family Practice. The physicians utilize holistic principles that include the Anthroposophical world conception and its medical modalities, movement principles from Spacial Dynamics®, Feldenkrais®, Intermuscular Stimulation (IMS), Musculoskeletal Ultrasound and refined hands-on techniques to augment alternative and mainstream medical approaches in diagnosis, treatment and prevention of illness and injury including work related injuries, personal injuries, motor vehicle injuries and sports injuries.

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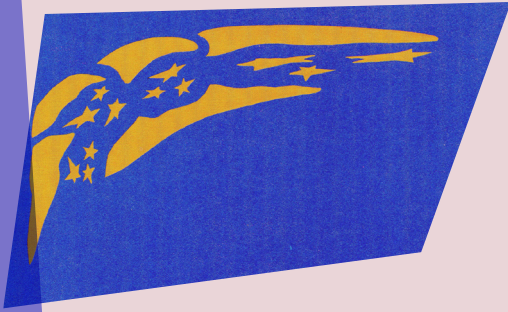
Eugene Scheduling
541-799-6097
1695 Jefferson St. Eugene, OR 97402

In lecture one of the "Study of Man" Rudolf Steiner explains "The task of education conceived in the spiritual sense is to bring the Soul-Spirit into harmony with the Life-Body... The child only begins to breath in the right sense of the word when he has left the mother-body.... As we breath in, we are continually pressing cerebrospinal fluid into the brain: and, as we breath out, we press it back again into the body.... We may say that breathing is the most important mediator between the outer physical world and the human being who is entering it."

In my 30 years experience of practicing Advanced CranioSacral Therapy (CST), I have found that most of us need help in resolving imbalances that originate from birth, our entry into the breathing experience. CST is one of the few modalities that I am aware of that has the potential to normalize our breathing by assisting self correction (Perhaps playing a part in a proper "education", assisting the harmonizing of the Soul-Spirit and the Life-Body). ~ Benjamin Bell

If you have a friend or family member interested in CST, bring them along to your first session for a free session.
(Please be sure to reserve two consecutive appointment time slots, one for each of you.)

Rudolf Steiner's 'Calendar of the Soul' in Relation to the Michaelmas Festival



with **Herbert Hagens,**
for **Michaelmas, 2018**
Friday Eve. and Saturday
September 28-29

Bothmer Hall, 5915 SE Division St.

Suggested Donation: Fri. Evening \$15;
Saturday \$15, \$25 for both, all are welcome

Friday, 7-9 PM The weekly verses in the Calendar of the Soul generate a special dynamic for one's meditative life over the course of the year. On this Michaelmas eve, Herbert Hagens will join us to speak about how working with the Calendar contemplations can awaken us to the Christ Impulse, and to the development of self-consciousness. We will focus in particular on the Michaelmas mood, Verse #26.

Saturday, 9 AM-4:15 PM Michaelmas will find us exploring Friday's theme in greater depth through short presentations, conversation, and eurythmy with James Knight. We will also trace the relationship of the Soul Calendar to the seasons and the major Christian festivals. Herbert will review some basic guidelines for meditating the verses and for setting the dates from one year to the next.

9:00 A.M. Eurythmy and opening presentation: Inner dynamics of the Soul Calendar verses. Discussion.

10:30 A.M. Break

11:00 A.M.-12:15 P.M. Eurythmy and presentation: The Michaelmas verse (#26) and the Christ Impulse. Discussion.

12:15 P.M.-1:30 P.M. Lunch

1:30 P.M. Eurythmy and presentation: Guidelines for working with the Soul Calendar through the course of the year.
Discussion.

3:00 - 4:15 P.M. Break, final session and closing performance by Portland Eurythmy.

"Each one of you will be able to use this Calendar of the Soul every year. In it you will find something that might be described as the finding of the path leading from the human soul to the living Spirit weaving through the Universe...I have thus tried to justify the deed that has taken the form of the Calendar. It is not to be regarded as a sudden inspiration but as something organically connected with our whole Movement."

Rudolf Steiner, May 7, 1912



Herbert Hagens has been active in the Anthroposophical Society for over 45 years. He holds graduate degrees in German from Middlebury College and Princeton University. His career as a German instructor covered thirty years. In addition to lecturing, Herbert conducts an annual course on Rudolf Steiner's Mystery Dramas in the Anthroposophical Studies Program at the Goetheanum in Dornach, Switzerland. He lives with his wife Adelaide in Princeton, New Jersey, where he works in a family business.

The Christian Community – Portland

Movement for Religious Renewal

REV. CRAIG WIGGINS VISITS SEPT. 14 - 16

All events at Bothmer Hall, 5919 SE Division St.
suggested donation per event \$10.
or what you can afford

More Information: Christine Badura
BADURA88@HOTMAIL.COM 707-494-6741

FRIDAY Sept. 14

7:30PM

Talk & Conversation

FAUSTIAN DILEMMA - "BEING OR BECOMING"

SATURDAY Sept. 15

9AM

The Act of Consecration of Man

Open Communion For Adults

10:30AM

Eurythmy - "Challenging our Times"

1:00PM

New Testament Study

Matthew: Chapter 6

SUNDAY Sept. 16

9:15AM Song and Story, Grades 1-8

10:00AM Children's Service, Grades 1-8

10:30AM The Act of Consecration of Man

• Open communion for adults

Potluck Following (Bring your own utensils)

12:15PM (APPROXIMATELY) Community meeting
including conversation on Christian Community birthday -
"96 Years Old and Still Searching"

Afterwards: Your help with cleanup is greatly appreciated!

Childcare must be pre-arranged. Call Christine Badura in advance.

To make an appointment with Rev. Wiggins
for the Sacrament of Consultation and other things:

Phone: (484)557-8086

email: craig@wiggins.nl

THE CHRISTIAN COMMUNITY
was founded in 1922 with the help of Rudolf Steiner, Austrian educator and esotericist. The Christian Community recognizes Christ's deed of life and death as the pivotal renewal in humanity's history. The church is centered around the seven sacraments in their renewed form.

There is no formal written dogma. Members are encouraged to form independent judgements in religious matters. Each priest has the freedom to teach anything which does not contradict the content of the sacraments. As a result, the teachings are rich, varied and evolving and can incorporate such ideas as reincarnation and karma, a truly cosmic conception of Christ, and the role of spiritual beings at all levels of existence.

www.thechristiancommunity.org

REV. CRAIG WIGGINS

was born and raised in Joplin, Missouri. He received a degree in German, which landed him an assignment to Cologne, Germany in the religious order of which he was then a member. After the order disbanded, he became involved in The Christian Community in Amsterdam where he and his family had moved in the meantime. He attended the Seminary in Stuttgart. After ordination in 1992 he worked in the Dutch cities Amsterdam, Arnhem, Zutphen and Groningen. After a 1 1/2 year stint in Devon, PA he was sent to San Francisco in 2011. He is the father of four adult children who all live in Holland, and one grandson.

Contact Information

For more information, to inquire about baptisms confirmations, or membership conversations please contact: **CHRISTINE BADURA**

BADURA88@HOTMAIL.COM

707-494-6741

Let's Create Community!

Michaelmas Celebration:

Creating a "Dragon" Compost Heap with the Portland Curative Collective

Sunday September 23rd

9:30am AM - Noon



Suggested Donation:

\$25/ Family

*No one turned away
for lack of funds*

For details and to register:

503-939-9024

portlandcurative@gmail.com

www.PortlandCurative.org

Suitable for children ages 5 and up. Please plan to have at least one adult family member per child stay for the event, though all family members are welcome! The Portland Curative Collective, Inc. (PCCI) warmly invites children needing extra support and their families to create community with us through the celebration of the seasons and festivals of the year.

The Portland Curative Collective, Inc. is a non-profit with the mission of creating community for those with developmental differences and their families.

Pacific Eurythmy

*Planetary Seals
Form
Drawing Workshop*

With Patrick
Maroney

Friday October 19th

6:30-8:30 pm

&

Saturday October 20th

9:30-3:30 pm

\$75 Fee

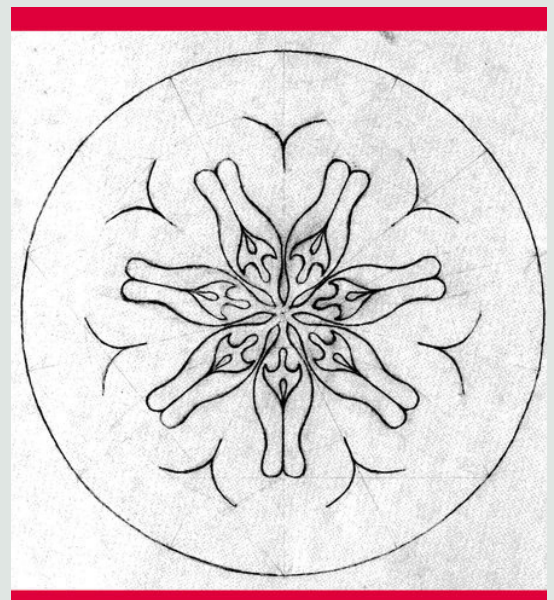
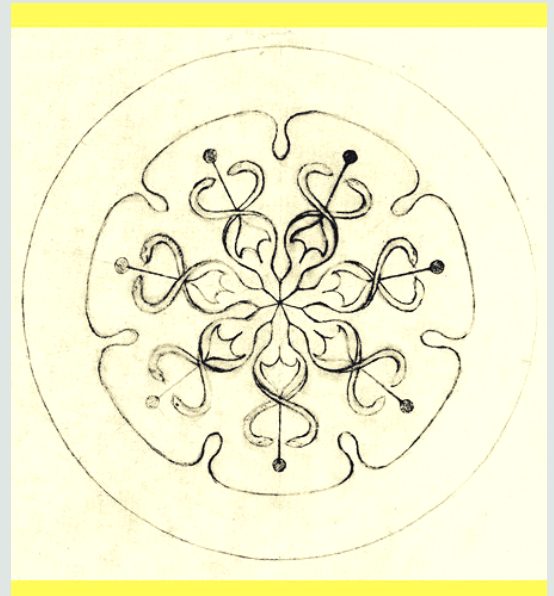
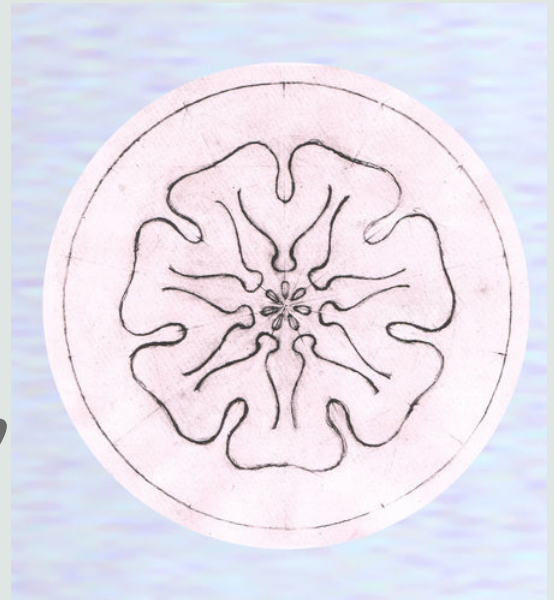
sliding scale is available upon request

To Register or with questions

E-mail: PacificEurythmy@gmail.com
or Call Don Marquiss at: 503-626-7606

At Portland Waldorf School

2300 SE Harrison Milwaukie, OR 97222



THE INNER WORK PATH

Strengthening the Foundations of Meditation



Painting by Patricia Lynch

Rudolf Steiner gave many exercises and meditations to strengthen the human being through its journey of developing consciousness. This weekend workshop will explore the inner work path, the birth of the higher self, the spiritual year, and how meditation can bring us closer to our own experience of these processes.

This workshop has been found invaluable for those wishing to establish a meditative life for the first time, as well as long-term meditants looking to deepen their relationship to the path.

LISA ROMERO is a complementary health practitioner, author, and adult educator. Her capacity to deliver esoteric wisdom warmed with personal insight has allowed Lisa to assist contemporary seekers throughout a diverse range of communities and professions in Australia, Japan, Europe and the U.S.

SAVE THE DATE: November 23-25, 2018

PLACE: Portland, Oregon – Location T.B.A.

COST: \$300 – Financial Assistance Available

MORE INFO: InnerWorkPath.com – innerworkpathusa@gmail.com



Embryo in Us

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A Workshop with Jaap van der Wal, MD, PhD
Recorded live in Portland, Oregon
August 29 – September 2, 2017
10 discs, 22 hours,
discs contain every word of the workshop and visual handouts

"By means of the Goetheanistic phenomenological method, the gestures of human embryonic development may be understood and interpreted as human behavior. In this phase for example the phenomena which accompany human incarnation may still clearly be 'read'. Also, the gestures of the embryo are to be understood as a kind of echo of the evolution of mankind. This means that the human incarnation and human evolution, biography and biology, approach more and more to each other and that it is possible, deepened by the view of Anthroposophy, to come to the spiritual essence of this human phase of being." Dr. van der Wal, from his website.

**The body developed
out of us,
not we from it.
We are bees,
and our body is a honeycomb.
We made the body,
cell by cell we made it..
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